



Beverly Gouge



Patty Simmons



Jean Whitson



Patsy Pritchard

## Panthers Defeat Newland Indians

The East Yancey Panthers picked up a pair of convincing wins against the Newland Indians here last week.

In the girls contest the Lady Panthers won easily, despite a lackluster performance in the second half of the game. In the first half they combined a balanced offense with a stingy defense to run up a 23 to 4 lead. With substitutes gaining valuable playing time in the second half, East Yancey scored only 2 points, but it was more than enough as they held on to win by a margin of 25 to 9. High scorer for the Panthers was Tammy Simmons with 6 points. She was followed closely by Violet Briggs with 5, Kelly Chrisawn, Sandra Autrey, and Pam Robinson with 4 each and Mary Huskins with 2.

The boys game saw East Yancey place eleven players in the scoring column as they completely dominated Newland, winning by a score of 75 to 23.

The game was never close

as East Yancey opened up a 16 to 0 first quarter lead on the strength of a pressure defense led by Brett Hughes who picked up six steals in the first quarter. The offensive charge was led by Joey Wilson who scored 19 points and gathered in 12 rebounds despite playing less than half of the game. Next came defensive standout Brett Hughes with 10, Randal Weatherman with 9, Garry Chrisawn 8, Doug Fox and Bobby Joe Young with 6 each, Bradley Grindstaff 5, Steve Boone and Gary Holcombe with 4 each, David Beaver 3, and Jackie Wilson with 2.

The Panthers' next game is December 16 with Cane River at the East Yancey gym.



Brenda Fox

## Fox And Ray Are Engaged

Mr. and Mrs. Carl Fox announce the engagement of their daughter, Brenda Lee, to Charles Rickey Ray, son of Mr. and Mrs. Charles Ray.

Miss Fox is a senior at Mountain Heritage High School, and Mr. Ray is a 1976 graduate of Cane River High.

## Wampler Is Selected

Dr. Garland E. Wampler, a local physician, has been selected as a class leader in High Point College's Annual Alumni Fund project to raise \$77,000 for current operations, scholarships, and capi-

tal expansion. As chairman of his class, Wampler will send personal communications to fellow alumni suggesting contributions to the annual campaign. Last year's effort brought the College over \$111,000.

# Heritage High News

Beverly Gouge, Patty Simmons, Jean Whitson, and Patsy Pritchard have been named Co-Ed Correspondents at Mountain Heritage High School for the 1976-77 school year, according to an announcement by Kathy Gogick, editor of Co-Ed Magazine. Co-Ed published nationally by Scholastic Magazines, Inc. for home economics students, contains features on personal development, careers, and consumer awareness as well as the latest trends in fashion, food, beauty and home furnishings.

Beverly is the daughter of Mr. and Mrs. Phillip Gouge, Patty is the daughter of Mr. and Mrs. Phillip Simmons, Jean is the daughter of Mr. and Mrs. O.C. Whitson, and Patsy is the daughter of Mr. and Mrs. Oather Pritchard.

These girls were appointed Correspondents by the Mountain Heritage Home Economics Teachers Mrs. Pat Whitson, Mrs. Dorothy Ray, Mrs. Iva Neill, and Mrs. Louise Hughes.

Selected for qualities of leadership and enthusiasm for home economics, these girls will serve as junior advisors to Co-Ed editors. Like the other Co-Ed Correspondents throughout the United States and Canada, they will keep the editors informed of activities at their school.

### AMERICAN HERITAGE PROJECT

**By Debbie Buchanan**  
The students of Mrs. Westall's accelerated English class have been chosen along with three other schools in North Carolina to participate in the American Heritage Project.

Each student will be interviewing one older adult. After six hours of interviews a detailed biography will be prepared on each adult interviewed and will be published in *The Yancey Journal*. The biographies will also be bound into a book and placed in the Yancey Public Library.

The purpose of the interviews is to provide a planned program of interaction between the student and the older adult over a period of time.

### H.C.C. RALLY

**By Janice Wilson**  
On November 18, the Mountain Heritage Health Careers Club members attended a District VIII Rally at Sylva-Webster. Registration was from 10:00 to 10:30 a.m. During the first session

(10:30-1:00) those clubs competing in the talent competition presented their entries. Denise Harris played the piano for the Mountain Heritage entry. Club members attending the rally ate lunch at Sylva-Webster.

The second session began at 1:40 p.m. with the presentation of the Attendance Banner which was given to the club with the highest percentage of its members present at the rally. Tuscola High H.C.C. won the Attendance Banner, which they had made and donated to District VIII. They will keep the banner until the Spring Rally.

Talent awards were presented next and were as follows: First Place went to Hayesville High H.C.C., Second Place was won by A.C. Reynolds High H.C.C., Third Place was Swain High H.C.C. Brevard High H.C.C. was chosen to be the host of the Spring Rally to be held April 8, 1977.

### COUGAR CHRISTMAS CAROL

**By Janet Elkins**  
Stephanie Allen, a senior at Mountain Heritage just wrote a new song for Mountain Heritage and faculty. It has the same tune as "Hark the Herald Angels Sing." This is the song she wrote: "Hark the Herald Cougars sing, glory to the white and green, Peace on Mountain Heritage, Mercy on the Cougar team. All other teams beware, or we'll tear out your hair. We have got to win the games and win all of us great fame."

**SCHOOL SCREENING**  
**By Janet Elkins**  
The public health nurse and Health Occupation II have been screening students at Micaville and Burnsville Elementary Schools. Karen Hoover, Evelyn Boone and Weddea Stevens helped the public health nurses at Micaville Elementary. Stephanie Allen, Janet Elkins, and Betty Hylemon helped at Burnsville Elementary. The two middle schools, a few more elementary schools, and the ninth grade at Mountain Heritage have not yet been screened.

### BLOODMOBILE RETURNS

**By Janet Elkins**  
On Monday, December 6, the Red Cross Bloodmobile returned to the First Baptist Church in Burnsville. There were 90 pints of blood received and 10 medical rejects. The Red Cross Blood-

mobile program is a vital necessity to 37 hospitals in the twenty-seven counties served in Western North Carolina. Some of the Health Career's students at Mountain Heritage helped at the Bloodmobile. We sincerely thank everyone for their help and consideration at the Bloodmobile.

The Bloodmobile will return in March, 1977. Please be prepared to come out and give blood.

### CONVENTION HELD

The National Vocational Convention was held in Houston, Texas on November 13, 14, and 15, 1976. The National Health Occupations Organization was founded. This national organization will

be known as Health Occupations Students of America (HOSA). The signing of this national proclamation was not only historical but marked another milestone in vocational education. Health Occupations students in Western North Carolina are especially proud because the first national president is from the western district. The national president is Lynn McGee from Brevard. North Carolina was represented by a 49 member delegation composed of students and local and state advisors.

We as Health Occupations students are indeed proud that North Carolina was one of the founders of the National Organization--Health Occupations Students of America.

# GOSPEL SING

SUNDAY AFTERNOON

DECEMBER 19

2:00 P.M.

MTN. HERITAGE HIGH SCHOOL

## BENEFIT PROGRAM FOR LISA HANEY

INJURED IN SCHOOL BUS ACCIDENT



LISA HANEY

NO ADMISSION CHARGE  
FREE WILL OFFERING WILL BE TAKEN

### Featured On This Program:

MT. BETHEL YOUTH CHOIR

Weaverville, NC

NEW HOPE QUARTET

Robbinsville, NC

GLORY ROAD QUARTET

Burnsville, NC

HAPPY TRAVELERS

Canton, NC

CALVIN RUNYON & THE ORIGINALS

Asheville, NC

### SCHOOL Lunch Menu

DECEMBER 20-24

Monday

Macaroni and Cheese  
Peanuts  
Green Beans  
Cole Slaw  
Cornbread, butter  
Cranberry Coffee Cake  
Milk

Tuesday

[Christmas Lunch]  
Baked Turkey w/Dressing, and gravy  
Cranberry Sauce  
Green Beans  
Marshmallow Sweet Potatoes  
Red Velvet Cake  
Milk

Wednesday

No Lunch, half day of school.

CHRISTMAS VACATION

Thursday

No School

CHRISTMAS VACATION

Friday

No School

CHRISTMAS VACATION

(Week of December 27-31, 1976--No School, Christmas Vacation)

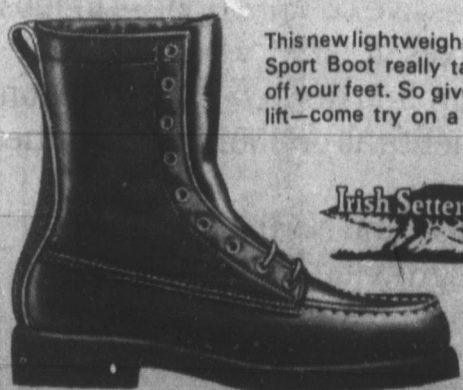
### 1976-77 Basketball Schedule

MOUNTAIN HERITAGE "COUGARS"

December 1*	Enka
December 3	North Buncombe
December 7	
December 10 X	Madison
December 14 X*	Hendersonville
December 17 X	Mitchell
December 18*	North Buncombe
December 20*	Ketron
December 28	
December 31	
January 4 X*	East Henderson
January 7 X	Owen
January 11 X	West Henderson
January 14 X*	Sylva
January 18	Enka
January 21 X*	Madison
January 22	Ketron
January 25 X	Hendersonville
January 28 X*	Mitchell
February 1 X	East Henderson
February 4 X*	Owen
February 8 X*	West Henderson
February 11 X	Sylva
February 14-19	County Tournament
February 21-March 2	District Tournament

[\*Home Games]  
[X Conference Games]

## LIGHTWEIGHT CHAMPION



This new lightweight Irish Setter Sport Boot really takes a load off your feet. So give yourself a lift--come try on a pair today.

Irish Setter Sport Boots

RED WING

Dellinger & Silver  
Micaville, N.C.

*Come Browse Around*

*We have a lovely collection of gift ideas just waiting for you. Do stop in soon!*

**Ginny-Lisa Shoppe**

Banks Family Square

Starting Dec. 17th

Open Until 9:00 P.M.

'Til Christmas

**A RAINBOW OF FASHION**

Orange Navy Yellow Green Black White Red

**A Great Gift Idea Is**

**Betmar's Famous Slicker! —**

Now Available

**The Ginny-Lisa Shoppe**

In 7 Great Colors — Only \$6.00

**Gift For Someone That Has Everything**

**Vibrance Gloves by Fownes**

Do Something For Your Hands...  
They Do So Much For You.

Many Colors \$10.00

Enjoy energizing massage for active, supple, younger looking hands.

One Size Stretch Try These For Arthritic Hands