

1976-77  
Basketball Schedule

**MOUNTAIN HERITAGE  
"COUGARS"**

December 31	
January 4 X*	East Henderson
January 7 X	Owen
January 11 X	West Henderson
January 14 X*	Sylva
January 15	Enka
January 21 X*	Madison
January 22	Ketron
January 25 X	Hendersonville
January 28 X*	Mitchell
February 1 X	East Henderson
February 4 X*	Owen
February 8 X*	West Henderson
February 11 X	Sylva
February 14-19	County Tournament
February 21-March 2	District Tournament

[\*Home Games]  
[X Conference Games]

**Letters TO THE EDITOR**

Dear Editor:  
The Traffic Safety Information Office of the North Carolina Highway Patrol would like to take this opportunity to thank you and your staff for the cooperation given us in our efforts to make the highways safer.

As you know we have experienced a decline in fatal accidents this year. We feel that your public information editions on highway safety have been a contributing factor in this decline.

We pledge to you our continued support in the future and again thank you for your past support.

Sincerely,  
W.D. Stiles, Sergeant  
Traffic Safety Information  
Officer-Troop G

Dear Editor:  
When a traffic accident occurs in rural India the drivers start shouting at each other. The one who shouts most quickly and loudest and gains the support of the onlookers is deemed to be in the right. If a driver remains silent he is automatically assumed to be in the wrong. This process is very natural and very human.

In America, having lived longer with the automobile, we have a different system. The drivers inspect the damage, scratch their heads, and send for a highway patrolman. He comes quickly, asks questions, takes measurements and tries to form an unbiased judgment as to who was responsible. The drivers and their insurance companies generally accept his judgment, even if they may have some doubts about it.

Two women had a minor collision in Micaville recently. No one was injured. The Patrolman was sent for. He came quickly, asked the appropriate questions and made the appropriate measurements, from which he determined the responsibility. The driver judged to be responsible rejected the officer's opinion, scolded the other driver and was able to convince her nearby friends and relatives that she was in the right. Through personal connections she and her family sought to influence the insurance company and to have the patrolman dismissed.

I have no direct knowledge of the accident and offer no personal opinion as to who was responsible. I am not well acquainted with either driver and I have no personal stake in the decision. I don't know the patrolman. But I do have a strong and direct concern with the procedures followed. If a conscientious patrolman is replaced by one more sensitive to political influence we are all losers. If persuasive talk and numerous relatives can tip the scales, who of us can expect justice outside of his own immediate community?

There is no disgrace in having an accident. Even the best driver can be at fault. But there are financial considerations. The driver who is judged to be responsible must pay the deductible portion of his own repair bill and, if the damage to the other car is over \$200, must pay higher insurance rates for three years. That's why the decision of the patrolman is important.

If I am off base in any of these things I would appreciate being corrected. I am anxious not to be unfair to anyone. My concern is to protect our American system of impartial justice.

Sincerely,  
Ernest Morgan

**NEW YEAR GREETINGS**

**Folk-Ways and Folk-Speech**

Apparently the comments on hair receivers carried in this column recently have caused a certain amount of attic commotion. At least half a dozen readers have confessed to rummaging through "junk" storage in search of these receptacles.



And several have indicated that their finds have been restored to their rightful place on the vanity table.

Mrs. Beatrice Dickey of Richlands, Virginia, has an additional word about the construction of rats from such hair banks.

"About the hair receptacles ladies once used, I have seen these wads of hair washed, dried and made into what was called rats. These were used in building up the hair style much as is done now by the tease method.

"Once I watched an aunt of mine picking out, straightening, and wrapping a few hairs at a time with dark silk thread, making a switch to add back to make her have a larger bun on the nape of her neck."

Another Virginia reader, Ms. Dorothy Bullock of Bristol, passes along information on the why of using hair in pin cushions, a practice still apparently followed in some quarters:

"I am sure many people have written to you about the why of making a pin cushion out of hair. The pins and needles won't rust, you see."

Ms Bullock also notes the salutary effect on hair on another familiar household item, the safety pin:

"There is another good way to use your hair-run safety pins through it when they get hard to pin diapers and they will slip through easily. I reared four daughters and one grandson, so I know this works!"

**WEATHER LORE**  
Confirmation of one of the rain signs recently mentioned in this column comes from Mrs. Wade Shelton of Mt. Airy:

"Your folk sayings about predicting the weather are very true, especially the ones about the screech owl and chickens predicting rain. I have guineas that do this type of thing (become agitated and noisy). I can always tell when it's going to rain."

Another bit of weather lore comes from Mrs. Loye Shores of Boone by way of Dr. Cratis Williams:

1. Once every seven or eight years (in a cycle) we have a frost every month of the year in Watauga County.
2. The day on which there is a thunderstorm in February will be the day on which there is a frost in May.

**FOLK MEDICINE**

Folk medicine continues to strike a responsive note among readers and occasionally I receive information in this area that I have difficulty in tracing. Perhaps someone can supply additional information on two items recently gleaned from Ms. Wanda Miller, formerly of Kingsport and now of Boone.

Ms. Miller says that she recalls the wearing of tistic shirts by the Tennessee young in her family and neighborhood as a means of warding off asthma and other phthisic (cq) conditions. I have heard of tistic sticks, spider web concoctions, and various teas to cure this condition but never a mention of tistic shirt.

Ms. Miller also mentions another practice employed to keep a child from becoming "liver hung."

"I don't know what being liver hung was, but I do know that a child was sometimes turned upside down and the mother or other adult grasped the hem of the child's nightgown and shook the child almost as if you were flouring a chicken in a paper bag. This was to keep the child from being liver hung."

Readers are invited to send folk material to: Folk-Ways and Folk-Speech, Box 376, Appalachian State University, Boone, North Carolina 28608.



Mary Hicks, Third Century Artist

**YANCEY COUNTY COUNTRY STORE  
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**ALL SORTS OF STUFF  
10 TO 50% OFF**

**CLOSED NEW YEARS DAY  
OPEN DAILY 19-5  
SUNDAY 11-5  
HAPPY 1977!!**

**Performance Slated**

[Cont'd from page 1]  
Carolina (North Carolina Arts Council) of which the Toe River Arts County participates in.

Before coming to Brevard, she performed with the Appalachian Dance Company, the outdoor drama "Horn in the West," and in the Atlanta Symphony production of Leonard Bernstein's Mass.

Ms. Hicks has a B.A. degree from Appalachian State University and has also studied at the North Carolina School of the Arts (drama), the Norwegian Ballet Company School, the Boston Conservatory of Music (dance division) and the Washington School of Ballet.

The Crooked Pine String Band-Dance Concert will celebrate mountain life in tradition and transition. It will include music, original dances set to mountain music and a dance set to the music of Aaron Copland. Mary Hicks and the Crooked Pine String Band have performed together throughout western North Carolina with a performance at the Fourth Bicentennial celebration in Raleigh.

The concert scheduled for January 8th is sponsored by the Toe River Arts Council of Yancey and Mitchell County. Tickets may be purchased: 50c for children (12 years of age and younger); \$2.50 for adults if purchased prior to the performance or \$3.00 at the door. Any Toe River Arts Council board member may be contacted for tickets. For more information, contact Theresa Coletta at 682-2282 or Susan Larson at 765-2652.

**Sports News**

Yancey County Recreation Commission

The Yancey County Men's Basketball League teams are as follows:

1. Celtics
2. Clearmont
3. Dragons
4. Henredon
5. Maxwells
6. Micaville
7. Mitchell County
8. Robo
9. Super Stars

Games are scheduled thru December and January as follows:

At East Yancey	At Cane River	January 5, 6:00 p.m.	5 vs. 8	January 5, 8:00 p.m.	6 vs. 7	January 9, 2:00 p.m.	9 vs. 3	January 9, 4:00 p.m.	1 vs. 2	January 12, 6:00 p.m.	6 vs. 9	January 12, 8:00 p.m.	7 vs. 8	January 16, 2:00 p.m.	1 vs. 4
3 vs. 1															
4 vs. 9															
7 vs. 5															
8 vs. 4															
4 vs. 2															
5 vs. 1															
8 vs. 6															

Teams in the Yancey County Women's Volleyball League have been given numbers to facilitate the schedule of their games as follows:

76'ers	#1	January 6, 1977	4 vs 1
Burnsville Bombers	#2	7:00 p.m.	6 vs 2
Ben Franklin	#3	7:30 p.m.	8:00 p.m.
Spikers	#4	8:00 p.m.	5 vs 3
Lucky Ladies	#5	January 13, 1977	
Charlie's Angels	#6	7:00 p.m.	4 vs 2
Games through January are slated in the order listed below:		7:30 p.m.	1 vs 3
		8:00 p.m.	5 vs 6

**1977 NEW YEAR Greetings**

<p><b>SEARLE METAMUCIL POWDER</b></p> <p>14 OZ.</p> <p><b>\$3.39</b></p> <p>\$4.28 VALUE</p>	<p><b>LIQUID CONTACT</b></p> <p>4 FL. OZ.</p> <p><b>\$1.77</b></p> <p>\$2.50 VALUE</p>
<p><b>DI-GEL TABLETS</b></p> <p>Anti-Gas Antacid</p> <p>100 Reg.</p> <p><b>\$1.59</b></p> <p>\$2.19 VALUE</p>	<p><b>DI-GEL LIQUID</b></p> <p>Anti-Gas Antacid</p> <p>12 OZ. Reg.</p> <p><b>\$1.59</b></p> <p>\$2.19 VALUE</p>
<p><b>Pepto-Bismol</b></p> <p>8 OZ.</p> <p><b>\$1.19</b></p> <p>\$1.59 VALUE</p>	<p><b>PHILLIPS' MILK OF MAGNESIA</b></p> <p>12 OZ.</p> <p><b>\$1.99</b></p> <p>\$1.39 VALUE</p>

**Health News & Views**

**Plan your work and work your plan - 1977**

Let's make a deal. Wrap up all your old, nasty habits of years gone by and 8 o'clock Monday morning toss them to the winds. Set out with a determined set of sensible new habits. Resolve to trim excess weight, eat leaner and livelier foods, partake not of addictive drinks, and exercise upwards to 60 minutes thrice weekly.

Your year of 1977 can be one of improved health and great personal achievement.

To help you get started, send for our 25 Weight Watchers, low-calorie recipes, plus our handy Calorie-food Expenditure Chart. Enclose a stamped, self-addressed envelope to our Clipping Service, c/o this pharmacy, Box 5051, Raleigh, NC 27607.

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682-2146 Burnsville

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The modern way to cleaner teeth, fresher breath, healthier gums.

- Recommended by 4 out of 5 dentists.
- Powers away food particles your toothbrush can't reach.
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- Puts real power behind your mouthwash (add a capful to the reservoir and send freshness where it's never been before).

A great gift for anybody. Any time of the year.

**WaterPik** \$22.88  
Oral Hygiene Instrument \$31.95 VALUE

Model 49

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