February 14-19

February 21-March 2

Health Hews & Views

\*Home Games [X Conference Games

#### Pharmacists likened to basketball heroes

In some respects the pharmacist is like the basketball player who plays the whole game unnoticed, but who scores a last second goal that wins the game.

It only takes a second

It only takes a second, but perhaps the most important obligation that a pharmacist has to his "team" of health officials is to insure a correct, safe prescription. We are the last ones on your health team to take a "shot" at catching a possible error in your medicine. So, like



the basketball player, your pharmacist stands ready to "score" when you need the points!

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## New Regional Blood Center Planned

Chapel Quartet, Glory Road

Ouartet. Pleasant Valley

Youth Choir, Gatesmen Quar-

This church is located 4

miles north of Mars Hill on

the Burnsville highway. All

singers and the public are

invited to attend. Edd Ball

Student On

Deans List

daughter of Mr. and Mrs.

Edgar F. Hunter Jr. of

Burnsville, has qualified for

the first semester dean's list

Miss Hunter is a freshman

at Wake Forest University.

Shrubbery

at the university.

Vinita Marie Hunter, the

will be in charge.

Facing growing demands and inadequate space, Red Cross leaders have announced plans for a new Regional Blood Center in Asheville. The regional blood program has been in existance for 28 years and last year distributed 24,434 units of blood for residents of western North Carolina. The present building cannot feasibly be expanded, according to Red Cross officials, who point out that a lack of land also restricts expansion of the present structure. The new \$1,126,000 building, plans for which are a result of a three-year

study, will be located on Merrimon Avenue in Asheville. With a low-interest loan from the National Red Cross and the estimated income from the sale of the present property, \$800,000 is still needed to cover construction costs. No federal money is available and the United Way is not a source for capital funds. Contributions from individuals and businesses are now being accepted. Contact Regional Blood Center Building Fund Office, P.O. Box 352, Asheville, N.C. 28801.

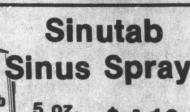
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#### Regular 5th Saturday Gospel Sing Is Slated The Middle Fork Indepenwill be: Peek Family Quartet, dent Baptist Church will have Silver Chapel Singers, Laurel

their regular 5th Saturday night Gospel Singing January 29th, starting at 7:30 p.m.

Featured on this program



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Sale In **Progress** The annual 4-H shrubbery sale is now in progress. Many varieties of plants are offered

this season. Fruit trees and grape vines will also be included on this years list of plants available through the Yancey County 4-H Clubs. until after 1500 A.D. It was Azaleas, Rhododendron, used as a seasoning, not as Photinia, Pyracantha and several varieties of Hollies

> Orders may be placed on any 4-H shrubbery order form or by calling 682-6186. Shrubbery will be available for pick up at the Yancey County Courthouse around March 1,

and Junipers are available.

Applications for wildlife planting materials are available at the Agricultural Extension Service office.

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REPORT FROM U.S. Sengtor

WASHINGTON-During the holidays, I drafted a piece of legislation which I am convinced the American people ought to consider seriously.

I feel that there are sound arguments for limiting the President of the United States to one six-year term. A Constitutional Amendment would be required, of course, and the amendment, if ratified; would not be applicable to the President who happens to be in office at the time of ratification. I have drafted such an amendment, and have introduced it in

Like other Americans, I have been watching the political activities of the White House for many years. Things have happened, with both Democrat and Republican Presidents, which should never have happened. A good case can be made that many of these improprieties would not have occurred if the President involved could not have succeeded himself.

WATERGATE-Not long ago, a lady wrote to me, suggesting that "Watergate was a tea-party compared to some of the things that went on when (various Presidents) were in office." She may be right, but the point is that we ought to have every possible safeguard against political misconduct by any President or his staff.

The temptations of public office are great, from the national level down to the local level. People in public office are human, and too many of them yield to temptation. They want to be popular. They want to be reelected. Therefore, a lot of things go on that should never happen.

Small wonder that so many Americans are disillusioned. Nearly 50% of the eligible voters in the November election didn't even bother to go to the polls. During the holidays, I read an item quoting a man who said that he had stopped voting because he didn't want to encourage the politicians.

a great deal of the taxpayers' money is used for political purposes. A number of my friends have complained to me about my refusal to mail out hundreds of thousands of so-called "newsletters" to citizens of my state. I don't do it, because I want to practice, as a Senator,

MONEY-There is no question about the fact that

what I preached before I came to Washington. When I first arrived here, we did make a limited distribution of two or three reports. But I stopped it, because I didn't want it to develop into a costly, massive thing.

Nevertheless, many citizens have told me that they would like to receive a regular report from my office. Some have said, in effect, "All the others do it-so why don't you?"

This report that you are reading costs the taxpayers nothing. I write it at home, on my own time. It is prepared in column form in Raleigh by a private printing firm, paid for with private funds. This newspaper provides the space without cost, for which I am most grateful.

Of course, some newspapers, for political reasons or otherwise, decline to run this report. This is to be expected, and I respect their right not to do so. On the other hand, the question arises as to whether the people of North Carolina should have available to them the views of their Senatorsand, if so, what is the proper way to distribute those views?

OPINION—I would genuinely appreciate your thinking about this matter, and letting me know. One friend'suggested that I distribute one newsletter-just one-and ask those citizens who desire to receive such reports on a regular basis, to let me know. I confess that I am exceedingly reluctant to do even that, but I promised to think about it.

Maybe you have some ideas. If so, I would greatly appreciate hearing from you. My address is simply U. S. Senate, Washington, D. C. 20510. In the meantime, I intend to continue to "practice what I preach" in matters involving the spending of the taxpayers' money.

#### Arthritis, Rheumatism Sufferers! **Time Proven ICY-HOT** PUTS PAIN TO SLEEP "Without taking Pills"

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