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GARDEN TIME

If you have planted a new lawn or have sown ryegrass for a winter lawn, you should be well aware of the fact that the leaves are falling rapidly from the deciduous trees and that they must be raked from the lawn before they smother the young grass. What to do with them?

Many people burn them, but that is a waste of good organic matter which is badly needed in our soils. Save this organic matter by composting the leaves to form leaf mold which may then be dug into the soil or used as a mulch.

A simple way of making leaf mold is to place a 12-inch layer of leaves on the ground and wet them down. Then apply about one cup of a 6-8-6 fertilizer for each 10 square feet of leaf pile surface. Continue to pile alternate layers of leaves and fertilizer until all of the leaves have been used.

The fertilizer acts as a rotting agent. The pile should be kept continually moist until the leaves have rotted, which should be accomplished in from 8 to 12 months.

If the leaf mold is to be used for the usual garden crops, it will be necessary to add sufficient lime to counteract the acidity of the leaves. If the leaf mold is to be used as a mulch around

azaleas, camellias, or other acid loving plants, no lime should be added. Instead of the 6-8-6 fertilizer, any complete fertilizer high in nitrogen may be used as a rotting agent.

If raking and composting leaves seems like a big job, I understand there is a machine on the market that will rake your leaves, grind them up, and spread the ground-up materials back on your lawn or garden. That might be the answer to your problem.

Hints to Homemaker From State College

Decrease Footaches

There is a correct way to walk. It is described by foot specialists as a "beautiful walk," toes straight ahead and parallel, weight on the outside of the feet, using big toe to propel the body forward. The second recommendation is that people with aching feet take special exercises to strengthen weakened foot muscles. Your good shoe salesman perhaps could help you out with simple exercises that would make everyday walking mileage easier on your two feet.

Women who have to stand and walk a lot should be very sure to wear properly fitted and constructed shoes to give support to arches, and shoes that conform to shape of the foot. Shoes should be long enough to give adequate freedom to the big toe. This is most important.

If you are suffering with aching feet don't wait longer to give prompt attention to your foot defects. We do have, in many towns, foot specialists. Most women know the bathroom surgeon best.

Don't forget that your skin needs food, exercise, plenty of sleep and perhaps a proper mental outlook to function efficiently. A diet over-balanced with sugar, starches and fats is not conducive to a clear skin.

A. D. Vann made 91 bushels of oats on one acre planted to the Arlington variety. He believes sowing good seed of the right variety is half the battle in producing a good crop of oats.

Some 6 1-2 million more tons of steel scrap must move to mills and foundries this year than in

1950 if the nation's steel industry is to meet current heavy requirements. Farmers all over the country are being asked to round up all available iron and steel scrap.

Some 40 or more Columbus County farmers have built farm ponds in the last few years.

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