

Dale Carnegie

Active Life Banishes Worry

GUION L. PHILLIPS, Charlotte, N.C., once was so dissatisfied with his job that he hated to see the sun rise. He says he made life miserable for his wife when he came home at night. He was ready to quit his job, but not having another one to go to he hung on.

Then his manager told him to pack up and go to Atlanta to a sales training school. He had decided that this job offered no career for him and he felt he was wasting his time as well as the company's. But just to hold on to a job, he reported at the school.

Suddenly he realized that there were two alternatives for him: (1) He could just waste time and do nothing but be bored. (2) He could fill every minute with study and activity and get all he could out of this course; he had nothing to lose. The sales training would be good for any new undertaking.

So he grabbed on to that course with jaws firm and he got every speck of knowledge and experience from it he could. His enthusiasm overwhelmed him. He hadn't known he could forget worry so easily. Every day his assignments were in on time, his lessons prepared, and he participated in class discussion more than he ever had in any lecture course. To his surprise he gained weight, felt better and got a tremendous boost from the training school. He reported back to his company a new man; worry was gone; enthusiastic activity was the answer. Since then he has kept so busy practicing the things he learned that his mind has had no time for worry.

Time passed. At times discouragement and doubt try to creep into his mind when things don't do right, but he has found the answer. Get busy! An active life is too full to have any room for idle worry!



Carnegie

GARDEN TIME

BY ROBERT SCHMIDT

This is the month to plant many of our cool season crops for the fall arden. In the extreme eastern portion of the state even such crops as Irish potatoes and tomatoes plants may still be planted for a late fall crop with a fair chance of making a crop. In other sections of the State it would be too late for them.

Turnips, rutabagas, mustard lettuce, Tendergreen, Broccoli, cabbage, Chinese cabbage, cauliflower, snap beans, beets, carrots, kohlrabi, collards, peas, onions, shallots, spinach, radishes, and kale are some of the crops that may be planted in August with safety.

A number of this list may be planted in September. Of course the key to success is sufficient moisture and fertility to bring about rapid growth. That, along with proper control of insects will give you quality, which is as necessary for the home garden as for the commercial grower.

I would like especially to urge you to try out kohlrabi. The edible portion of kohlrabi is the swollen stem which forms just above the ground and resembles a turnip in shape and taste. However, it is much milder than turnip in flavor and of higher quality, if grown rapidly.

Another good fall crop is Chinese cabbage. This is not a true cabbage but rather a mustard although it forms a head. The variety "Wong Bok" forms a short compact head while the "Chihill" variety forms a tall slender head. They may be used in raw salads or may be cooked.

Head lettuce does not usually head up well in the fall but may be grown for its leaves, or the regular leaf lettuce should give good results. A good variety is the new one, "Salad Bowl."

Daffy Dictionary

ALCOHOL: A liquid good for pre-serving almost everything except secrets.

ALIMONY: When two people make a mistake and one of them continues to pay for it.

AMERICA: A country where they lock up juries and let the defendant go free.

APPENDICITIS: A modern pain that costs about \$200 more than the old-fashioned stomach ache.

ATHLETE: A dignified bunch of muscles, unable to split the wood or carry out the ashes.

BANK: An institution where you can borrow money if you can present evidence that you don't need it.

BARGAIN SALE: Where a woman can ruin one dress while she buys another.

BIGOT: One who is obstinately and zealously attached to an opinion that you do not entertain.

BORE: One who insists upon talking about himself when you want to talk about yourself.

CHILDISH GAME: One at which your wife beats you.

COMMITTEE: A body that keeps minutes and wastes hours.

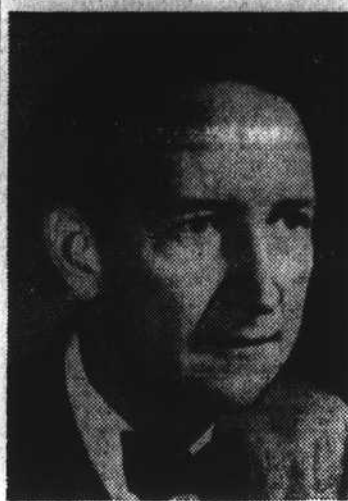
COURTSHIP: A period during which a girl decides whether or not she could do any better.

DOUBLE JEOPARDY: When your doctor calls in a consulting physician.

ECHO: The only thing that can cheat a woman out of the last word.

ENGLISH: Language spoken almost everywhere except England.

Vesicular exanthema, the disease which has recently caused quarantine of swine shipments in several instances, does not affect cattle, sheep, other ruminants or humans.



TO AUSTRIA . . . President Truman recently named Liwellyn E. Thompson, Jr., (above) of Colorado to succeed Walter J. Donnelly in the joint posts of U.S. ambassador and high commissioner for Austria.

The 1952 lamb crop in North Carolina totals 32,000 head—10 per cent greater than the 1951 crop, but 3 per cent below the 1941-50 average.

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