

Doctors Say Fear and Anger May Cause More Winter Colds

FEAR, ANGER or anxiety may cause more winter colds than that old stand-by, "I sat in a draught," according to a new study by a medical research team.

The researchers found that "emotional sweating" . . . a phenomenon touched off by worry or sudden fear . . . first attacks the feet, causing cold and dampness, which leaves you prey to the next cold germ that comes along.

Cold, wet feet, whether caused by "emotional sweating" or merely wearing rubbers and overshoes for extended periods, are one of the most common causes of colds, medical men say. They recommend that you remove overshoes as soon as you step indoors, or when you

take a journey in a heated automobile, bus or train.

Over-protection of the feet, a common fault in winter, can bring on considerable trouble, foot specialists warn. By all means keep your feet dry, but don't suffocate them with extra-heavy shoes or shoes made of impermeable materials.

Your feet will weather the winter months better if you give them a nightly soak in warm water, and a short exercising session that will loosen up the numerous tiny muscles and ligaments and whip up blood circulation. Before you go to bed, walk on tiptoe two or three times around the room, then rub the soles vigorously with a dry towel.

Records Fall At '52 Hog Shows and Sales

Records were broken in 1952 for market hog shows and sales in North Carolina when the grand champion hog at Smithfield sold for \$1,97½ per pound, according to Jack Kelley, in charge of animal husbandry for the State College Extension Service.

This was the highest price ever paid for a grand champion hog in a North Carolina hog show and sale.

From the standpoint of entries and the total number of sales, another record was broken, Kelley points out.

Sixteen sales were held with 1,466 hogs sold; in 1951 there were 13 sales with 1,398 swine sold. Future Farmers exhibited the grand champion at two of the shows, and 4-H'ers entered the champion at 14 of the 16 events.

hundred at Smithfield. The average of all sales was \$18.56 per hundred.

The 1952 U. S. pig crop totaled 91.5 million head, a decrease of 16 per cent from the previous year. The spring crop was down 9 per cent and the fall crop 11 per cent.

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