

### People, Spots In The News

**PUMPKIN'S** a mere peasant to Yuba, touring circus hippo that stopped in a West Berlin zoo for a shower and a snack.



**POOL-TYPE** training reactor designed by Nuclear Products-Erco division of ACF Industries for use in engineering schools is studied, in model form, by girl student and technician.



**COMEBACK.** Shirley Temple, one of greatest child actresses, back before cameras as TV series narrator.



**NIBBLING** thermometers before traditional ice cream orgy of tonsillectomy patients are "all five" children, ranging from 9 to 3, of the James Durhams of Lincoln Park, Mich.



### OYSTER CREAM RICE CASSEROLE

Oysters combine with cooked rice in a delicate lemon cream sauce to make a casserole topped with Parmesan cheese and buttered crumbs. A dish designed for those who really love oysters seasoned just right! Complete the menu with buttered green beans, citrus fruit salad, bran muffins and applesauce cake.

#### Oyster Cream Rice Casserole

- 1 pint (2 cups) oysters
  - 1/2 cup milk (about)
  - 3 tablespoons butter or margarine
  - 1 teaspoon salt
  - 1 tablespoon flour
  - 1/4 teaspoon paprika
  - 1 tablespoon grated onion
  - 1 tablespoon lemon juice
  - 2 cups cooked rice
  - 1/2 cup buttered cereal crumbs
  - 1/4 cup grated Parmesan cheese
- Drain oysters, reserving liquid. Add enough of the milk to make one cup liquid.

Melt butter in saucepan; stir in flour, salt, and paprika. Add milk and oyster liquid all at once, stirring constantly until smooth. Cook until thickened, stirring occasionally.

Fold in onions, lemon juice, rice, and drained oysters. Pour into a greased 1-quart casserole.

Combine buttered crumbs and cheese. Sprinkle over casserole.

Bake in moderate oven (375 degrees) about 20 minutes, or until thoroughly heated and crumbs are browned. Yields six servings.

promptly.

Compare costs of fresh, canned, dried, and frozen fruits and vegetables. Check by the cost per serving. For instance, you may find that frozen peas cost twice as much for each serving as canned tomatoes or fresh carrots. Prices vary, so each shopper must do her own comparing. Of course it depends on the type vegetable you want.

Cook with skins on when possible. In paring potatoes, carrots, apples, peaches, pears, and other foods, use a peeler or sharp knife to lose as little of the food as possible. Don't be ruthless in trimming such vegetables as asparagus, cauliflower, cabbage, lettuce, broccoli. Use outer stalks and leaves of celery in soups, mixed vegetables, casseroles, gravies and cream sauce.

Read labels to make sure you are getting the best return for your money. When you buy breads, flours and cereals, be sure "enriched" or "restored" or "whole-grain" is imprinted on the labels. You get more B-vitamins and minerals for your money. Buy breads made with milk for additional food value.

**COFFEE PERCOLATORS SERVE DOUBLE DUTY** — Percolators can be made to give a lot of extra service in making instant coffee, hot malted milks, tea, cocoa, and consommé from bouillon cubes.

**RENEW YOUR TO THE JOURNAL**  
Just \$3 Per Year

**RULANE**  
GAS SERVICE

— REMEMBER —  
**Rulane Gas Service**  
Is Economical!

409 N. Queen St.  
KINSTON, N. C.

**IF-**  
You have chickens to sell see P. L.

- CHICKENS DRESSED For Table or Freezer
- WE DO THE BEST JOB IN TOWN
- WE PAY TOP PRICES FOR PECANS 'TIL 1ST OF MARCH

**P. L. Nethercutt**  
Phone 2484 — Kinston, N. C.  
Next Door to Lincoln-Mercury Dealer  
Plenty of Free Parking Space



**CONTROL COST OF FRUITS AND VEGETABLES** — Make the most of what you buy. Avoid, wilt, decay, bruises, soft spots, and other imperfections; but not all skin flaws mean poor quality. Fruits and vegetables are sometimes marked down because they

will soon be unsalable. They may be good buys if you can use them

**Avoid the January RUSH** —  
Buy Your Auto Liability Now

—FOR COMPLETE INSURANCE NEEDS—  
Call

**M. Bailey Barrow**

INSURANCE AND REAL ESTATE

Office phone 6981 — Residence phone 6202

429 N. Queen St.

Kinston, N. C.

## Frosty Morn Meats Inc.

"Helping to build a better Livestock Market for Eastern North Carolina"

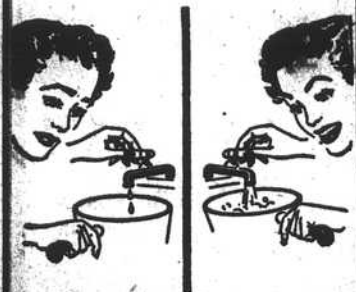
Top prices paid for Hogs & Cattle Daily

No Commission Charge  
No Waiting

Phone 5103

Kinston, N. C.

**MYERS EJECTO PUMP**  
water by the gallon---  
not by the drop



**MYERS WATER SYSTEMS**

**KINSTON PAINT & HARDWARE Co.**

123 S. Queen St. — Phone 2670  
Kinston, N. C.

### Appreciated

Flowers help to provide a memory picture of lasting loveliness. When floral offerings are received at Garner's Funeral Home, we always take the utmost care to protect and preserve the delicate beauty of all floral pieces.

Member  
of the  
Order of  
the  
Golden Key



PRIVATE ENTRANCE

**Garner's Funeral Home**  
KINSTON - NORTH CAROLINA  
DIAL 2124

