



From time to time we have pointed out the importance of the apple in the daily diet, as an aid in oral hygiene and its value in reducing upper respiratory infections. But have we really ever settled the question: What is an apple?

An apple is what the small boys shinny up trees after — and once upon a time when one fell down on an Englishman's head, it led to Newton's law of gravity and a new age in science.

It tells teacher she's favorite — and its blossoms tell poets, song writers and young lovers that spring has come.

An apple is cider, sauce, butter, dumplings, pie pan dowdy and about 90 calories.

It gets bartered for, begged for and bobbed for. It is sliced, diced, canned, peeled and polished. It gets cooked and candied, but mostly just chewed and chomped on.

It goes into bushel baskets, boxes, paper bags, polyethylene bags, tray packs, school lunches, fruit stand racks and policeman's pockets.

One a day keeps the doctor away and brings the little ones in from play. An apple is as old as Adam yet it's always news when the "crop's in." (With a few variations, this was taken from a Great Northern railway advertisement.)

The American Cyanamid Company in its publication "Cyanograms," comes forth with this rather alarming bit of news concerning lime depletion in soils east of the Rocky Mountains which, of course, includes us.

"Available statistics of about 286,000,000 acres east of the Rocky Mountains on which 59 principal marketed crops are grown, show that due to leaching, crop removal, rainfall, and nitrogen applications, approximately 86,000,000 tons of lime are removed annually. On the other hand, only 20,000,000 tons of lime are applied in the entire U.S. and 5 per cent of this acreage is already too acid for efficient fertilizer usage. It would take 300 million tons of lime to gain full productivity."

As I have advised many times, have your soil tested to be sure of the lime requirements. Most of our vegetable, fruit and ornamental crops thrive best at a pH of about 6.5, except azaleas, camellias and blueberries. They like an acid soil of about 5.6.

### Piedmont 4-H Club Members Win Trip To Washington, D. C.

The highest honor in 4-H Club work has gone to a quartet of 4-H'ers from the Piedmont.

Two girls and two boys will represent North Carolina at the National 4-H Conference April 21-27 in Washington. They are:

Mary Sink, daughter of Mr. and Mrs. Clarence Sink of Lexington, Rt. 7; Lucille Mayes, daughter of Mr. and Mrs. W. Elmer Mayes of Statesville, Rt. 1, Eddie Davis, son of Mrs. C. O. Davis, of Cornelius; and Preston Cornelius, son of Mr. and Mrs. Homer Cornelius of Troutman.

Miss Mayes, 20, has completed ten years of 4-H Club projects; Miss Sink, 18, nine years; Davis, 19, nine years; and Cornelius, 20, ten years. All have won numerous honors for their work.

Emphasis at the conference is on citizenship. The delegates (four from each state) get a chance to see the President at the White House; visit with their con-

gressmen, tour historical shrines and take part in a week of discussions on citizenship.

Accompanying the 4-H'ers will be L. R. Harrill, State 4-H Leader; Miss Margaret Clark and Dan Holler, District 4-H Agents — all of Raleigh.

### Remodeling Tips For Your Bathroom

Thinking of "doing over" your bathroom?

Here are some tips from the U.S. Department of Agriculture's Research Service. Although developed originally for a farmhouse, they make good sense wherever you live.

Install a cabinet with mirror for the children. Place it beside the lavatory with its center 2 1/2 or 3 feet from the floor. This will give the children a place to keep their own toilet articles. Later, when the youngsters are grown, you can use the cabinet to store shoe polish, brushes and other supplies.

Install cabinets under the sink. Put a drawer at the bottom and add a hinged cover. The drawer makes a handy step-up for the children. The board which forms the toeplate provides the necessary support.

Put in a floor-to-ceiling cabinet at the end of the tub — or wherever else you can find space. Plan shelves at least 18 inches deep. Make them adjustable to get the best use of storage space.

Have plenty of towel rods. Allow 21 inches of rod space for each person. If you're short of space, install rods on the bathroom door. Or, if there is no shower, you can put them over the tub.

Crab bars by the tub or shower help prevent falls. Make sure bars are firmly anchored. For a shower, place a vertical bar about 18 inches from the shower end of the tub. The center of a horizontal bar for tub-users should be placed about a third of the length of the tub from the faucets.

Hooks for attaching a clothes line can be placed at each end of the tub.

### LEGAL NOTICES

NOTICE NORTH CAROLINA JONES COUNTY

Under and by virtue of an Order of Resale of the Superior Court of Jones County, made in the Superior Court in a special proceeding therein entitled LESSIE R. BRAFFORD and LLOYD PENNUEL vs. FRANK PENNUEL and wife, if any; WILBUR PENNUEL and wife, if any; ROSA PENNUEL JAMES and husband, EARL JAMES; MAMIE PENNUEL and husband, if any; RUTH PENNUEL DAVIS and husband, if any; ANNIE PENNUEL DAVIS and husband, if any; VENNIE PENNUEL GURGANUS and husband, if any; JULIA PENNUEL MARSHBURN and husband, FRANK MARSHBURN; and WILLIE PENNUEL and wife, if any, and for all the unknown heirs at law and next of kin of WILLIAM PENNUEL, deceased, by their trustee, GEORGE R. HUGHES, and signed by His Honor W. Murray Whitaker, Clerk of the Superior Court of Jones County on the 27th day of February, 1962 upon an advance bid, the undersigned Commissioners will on the 15th day of March, 1962 at twelve o'clock noon, at the Courthouse door in Trenton, North Carolina, offer for sale to the highest bidder for cash upon an opening bid of

Four Thousand Five Hundred Twelve Dollars and Fifty Cents (\$4,512.50) but subject to the confirmation of the Court, a certain tract or parcel of land lying and being in Cypress Creek Township, Jones County, North Carolina, and more particularly described as follows:

On the north side of Treat River, bounded on the South by the river, on the East by John Pennuel land, on the North by the Pollock entry and others, on the West by Nancy Pennuel land. BEGINNING on the river and runs North with the John Pennuel line North 2 1/2 West 400 poles to the back line, then South 74 West to Nancy Pennuel corner, then with her line South 2 1/2 West to a stake near William Pennuel fence, then South 37 West 35 poles to a stake on the corner of his new ground, then South 62 1/2 East 22 poles to a stake at the corner of his fence, then South 2 1/2 West 60 poles to a poplar, then South 30 East 25 poles to a stake, then South 23 1/2 West 38 poles to a stake in the field near the woods, then South 2 1/2 West to the river, then down the river to the beginning, containing seventy-four acres (74), more or less, and being the same tract of land deeded to William Pennuel by Leah Pennuel by deed dated March 5, 1889 and recorded in the office of the Register of Deeds of Jones County in Book 35, at page 545 to which reference is here made.

The terms of said sale are cash and the successful bidder will be required to deposit ten per cent of the first thousand dollars of said bid and five per cent of all in excess of One Thousand Dollars in evidence of good faith.

This the 27th day of February, 1962.

Darris W. Koonce, Commissioner  
Donald P. Brock, Commissioner  
Donald P. Brock  
Attorney  
Trenton, N. C.  
Mar. 1, 8

### NOTICE TO CREDITORS

The undersigned, having qualified as Administrator c.t.a. of the Estate of Nannie Whitty Collins, deceased, late of Jones County, this is to notify all persons having claims against said estate to present them to the undersigned or his attorney before the 30th day of January, 1963, otherwise, this notice will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate settle-

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ment.  
This the 30th day of January, 1962.  
EARL B. COLLINS,  
Administrator c.t.a. of the  
Estate of  
Nannie Whitty Collins  
Donald P. Brock  
Attorney at Law  
Trenton, N. C.  
Feb. 1, 8, 15, 22 Mar. 1, 8

### NOTICE TO CREDITORS

HAVING qualified as Administratrix of the estate of Snoden E. Wilder late of Jones County, this is to notify all persons having claims against his estate to present them to the undersigned on or before the 9th day of February, 1963, or to her Attorney, otherwise this notice will be pleaded in bar of their recovery.

All person indebted to said estate will please make immediate settlement.  
This the 9th day of February, 1962.

Dollie L. Wilder,  
Administratrix  
George R. Hughes,  
Attorney-At-Law  
Trenton, N. C.  
Feb. 15, 22, Mar. 1, 8

### NOTICE TO CREDITORS

The undersigned, having qualified as Administrator and Administratrix of the Estate of S. C. Gooding, deceased, late of Jones County, this is to notify all persons having claims against said estate to pres-

ent them to the undersigned or their attorney before the 17th day of January, 1963, otherwise, this notice will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate settlement.

This the 17th day of January, 1962.

S. R. GOODING,  
Administrator and  
ANNIE G. SCOTT,  
Administratrix of the  
Estate of S. C. Gooding  
Donald P. Brock  
Attorney at Law  
Trenton, N. C.  
Feb. 1, 8, 15, 22, Mar. 1, 8

### NOTICE TO CREDITORS

The undersigned, having qualified as Administratrix of the estate of Leamon White, deceased, late of Jones County, this is to notify all persons having claims against said estate to present them to the undersigned or her attorney before the 23rd day of January, 1963, otherwise this notice will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate settlement.

This the 23rd day of January, 1962.

Essie Mae White,  
Administratrix of the estate  
of Leamon White, deceased.  
Darris W. Koonce  
Attorney at Law  
Trenton, North Carolina  
1-25; 2-1, 8, 15, 22; 3-1

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