

New way to enjoy green beans: Serve with a smoky cheese sauce.

Green Beans

BY DOROTHY MADDOX

Everyone welcomes a new way to cook the familiar green bean. Ever try them with a smoky cheese sauce? You'll be surprised how different and delicious they are that way.

GREEN BEANS WITH SMOKY SAUCE (Makes 4 servings)

1 (5-ounce) jar Smoky Cheese

French-style green beans

Spread 1 pound fresh green string beans

1 can French-style green beans
4 cup toasted blanched almonds
(optional) OR

1 (10-ounce) package frozen

Place cheese spread in a small saucepan and place over low heat. Stir occasionally while the cheese is melting. If a thinner sauce is desired, add a small amount of milk or cream. Cook beans. Drain and place in a

Four cheese sauce over beans. If desired, garnish with toasted almonds. This sauce is also good served over broccoli or lima beans,

Note: If canned beans are used, simply heat and drain.

Nine-Point System Boosts Apex Farmer's Weed Yield to 2600 lbs.

growing tobacco has boosted per- ASC," he says. acre income from less than \$1,000

tobacco and small grain seed at useful for last-minute tests, after his farm near Apex, averaged more long periods of wet weather. than 3,000 pounds to the acre on five acres in 1961. His average for his whole 20-acre allotment was 2,600 pounds.

Here's his nine-point, all-practice system:

- 1. Soil testing.
- 2. Top-soiling eroded areas of fields.
- 3. Rotation for Réams, fescue with grain and tobacco.
- 4. Using drainage tile in poorly drained areas of fields.
- 5. Proper use of terraces and/or strip-cropping, to prevent surface erosion of soil and to conserve
- 6. Subsoiling in fields with tight clays or hardpans.
- 7. Careful and judicious selection of fertilizers.
- 8. Use of well-adopted varieties for planting - certified seed or known origin.
- F. Fumigation of nematode-infested soil.

He irrigates, too, when the need comes. "If you're looking for maximum crop production, you've got to irrigate to be sure your fertilization isn't excessive," he says. "We think we can use 20 to 30 pounds more nitrogen per acre if we irrigate; but it's not safe if we

Reams puts a great deal of stress on testing the soil, which he does with his own kit and laboratory. "More and more farmers are us-

The "all-practice" method of the area soil maps they get from

With a kit, the farmer can find to about \$2,000 for Robert Reams. out the acidity and phosphate levels Reams, who produces certified of his soil in minutes. And kits are

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may be only days before time to apply phospate and lime," says Reams.

Unless the farmer's unfamiliar with his soil, it's not to important to get more than the pH and phosphate levels, Reams believes. "Since most of us are using right heavy levels of nitrogen and less of the organic-type nitrogens, the carryovers aren't sufficient to upset, the plants, and the potash lev-

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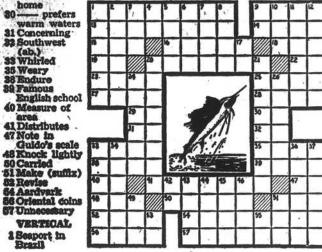
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els are usually fairly low anyway, he says.

But the acidity level becomes very critical when the farmer's using high levels of fertilizer, he believes. "Under especially acid conditions of soil, certain fertility elements aren't available to plants" he says. "Then it's impossible to reach the best plant growth, and make the most efficient use of commercial and other fertilizers."

Time and lime will bring most soils back into the proper balance, he believes; but . . .

"We think of each of our fields as individuals ,and treat them accordingly."

Pvt. Billy Bass Takes Military Police Course

Pvt. Billy H. Bass, son of Mr. and Mrs. Marvin H. Bass, Route 1, Seven Springs, completed eight weeks of military police training at The Provost Marshall General Center, Fort Gordon, Ga., March 23.

Bass received instruction in such military subjects as self defense, traffic control and the basic procedures of civil and military law. He entered the Army last October and completed basic training at

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