

Hil I suppose the beaches are really beginning to be crowded by now. I spent last weeknd at Cedar Island which is a lovely little island located on Pamlico Sound. As many of you know it is also the location of the ferry which makes two daily trips to Ocracoke. Because of the ferry, there are many tourists on the island during the summer; so the island is not quite as private as it used to be. However, to me, it is still a beautiful place and one where I love to spend as much time as possbile.

We have recently received word that two of our teachers at Jones Central, Miss Amy White and Mr. Amos Taylor, will not be with us next year. I am sure that I speak for the students when I say that their absence wil be felt greatly Miss White is loved, I'm sure, by everyone she has ever taught. Her teaching ability and her ability to "talk" to the students have won her a high place in their hearts. Mr. Taylor has shown also that he is deeply interested in the students, not just as students, but as people. His genuine concern has helped to stimulate school spirit at the school, and we would like to extend to both of these teachers our deep gratitude for their contribution to the students and to hte school, and we would like to wish each of them much success and happiness.

We were very happy to hear that Jackie Spradley is recovering. We air out. want to wish him a very speedy recovery, and we hope that he'll be "up and around" in no time. in a convered contained to keep air out. ?—How can I figure cost of fryers and cost per serving? When you atempt to consider the cost of

Wonder . . . What Julia McCoy and Ella Hawkins are doing in Charleston? (2½ to 3½ ounces of cooked lean

What's going on at the "Big B.

What we heard recently concerning a certain Danny Terry? If everyone is prepared for the arrival of P. B.?

What Robin O'Bryan was wearing on his finger when he left for Oklahoma?

If Danny Yates is getting to be as much to a "casanova" as his brother?

HOME ECHOES By Marie Penuel

Lenoir Home Agent

?—Are bright 'green vegetables desirable, for salads? Bright green color in salad greens indicates high vitamin content.

?-Should salad greens be cut or torn into pieces? Tear greens into smaller pieces; cutting them will cause more rapid wilting.

?--Can salad greens be prepared in advance of a meal? Yes. If a salad is to be prepared in advance, tear greens and wrap loosely in a plastic wrap or place in a plastic bag.

?--Can wilted greens be revived satisfactorily? Wilted greens may be revived by placing in cold water for an hour or so.

we were very happy to hear that We were very happy to hear that

air out. ?-How can I figure cost of fryers and cost per serving? When you atempt to consider the cost of fryers and cost per serving, figure that a pound of whole broiler fryer equals a b out 1½ servings (2½ to 3½ ounces of cooked lean



Wilson Lowery Jr. is home for the summery months from Carolina where he is a student. Lowery also made the Dean's list.

Annette Lowery visited Nelle Jones at Pollocksville during the weekend.

Mr. and Mrs. Jesse Thomas and Mr. and Mrs. Kenneth Jarman visited Oxford Orphanage Sunday.

Mr. and Mrs. Bryan Mercer of Kinston visited Mr. and Mrs. Kenneth Jarman Wednesday.

Mrs. Garland White and children of Cove City visited her parents, Mr. and Mrs. Winfield Davenport, Saturday.

Brent Hill is at home with his parents, Mr. and Mrs. W. F. Hill.

Mr. and Mrs. Joseph Thomas and family of Norfolk are spending this week with his parents, Mr. and Jesse Thomas.

meat). Chicken breasts provide four servings per pound; a pound of drumsticks, legs or thighs will provide about three servings.

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Variety

## Cattlemen Offered Help In Controlling Grubs

Trenton, N. C., Thursday, June

Two new forms of help are available to cattlemen whose herds are plagued by grubs. Both the U. S. Department of Agriculture and the N. C. Agricultural Extension Service have recently published up-todate information on how to control this pest.

The USDA publication is leaflet No. 527, "How to Control Cattle Grubs." The extension publication is Folder No. 221, "Cattle Grubs in North Carolina." Free copies may be obtained from local agricultural

extension agents. Dr. Billy S. Perryman, extension veterinarian at North Carolina State, said nearly all cattlemen are familiar with the swellings that appear on the backs of cattle in the winter. These swellings contain grubs, which are the maggot stage

The Trenton Methodist Fellowship Class will hold its quarterly meeting at Mr. and Mrs. Jack Dixon's Cottage at Bogue Sound, Sunday, June 14th. All Members and families a r e invited. A covered dish supper will be served.

"Of all the insect pests that prey on livestock, heel flies are among the hardest to control," Perryman said. "They, and the cattle grubs (also called warbles or wolves) may be blamed for losses to producers, feeders, dairymen, packers and tanner. The losses," he added, "may nearly equal those caused by all other insect pests of cattle combined."

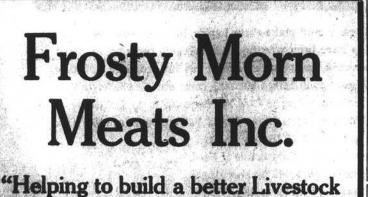
Perryman explained that grubs migrating through the body tissues and the larva boring into backs of cattle cause injuries, and dollar losses that are hard to estimate.

Millions of pounds of choice meat are condemned each year because of the need to trim out grub damage. One third of all cattle hides produced in the U. S. contain five or more grub holes and are, therefore, sold at a discount of

at least one cent per pound. Perryman points out that several products are on the market which provide excellent control of grubs in beef cattle. Control in dairy cattle is more difficult.

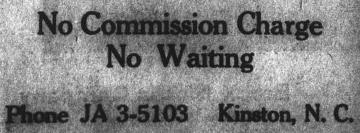
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