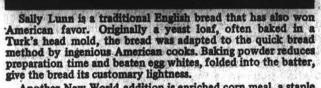
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Another New World addition is enriched corn meal, a staple. of so many American kitchens. Corn meal adds a subtle flavor and slightly crunchy texture that is truly delightful. Attractive Sally Lunn Ring is delicious with butter and marmalade. Serve-it with tea or coffee and bring a charming custom of the British tea table to your own table soon.

#### SALLY LUNN RING Makes one 1 %-qt. ring mold

% cup enriched corn

meal

cup sifted all-

½ teaspoon salt

purpose flour

1 tablespoon baking powder .

tablespoons butter or margarine

2 tablespoons sugar

3 eggs; separated ¾ cup milk

Heat oven to hot (400°F.). Sift together corn meal, flour, sugar, salt and baking powder into medium-sized bowl. Cut in butter until mixture resembles coarse crumbs. Beat egg whites until stiff peaks form. Beat together egg yolks and milk. Add to corn meal mixture; stir only until dry ingredients are moistened. Fold in stiffly beaten egg whites.

Pour into well-greased 1 <sup>1</sup>/<sub>2</sub>-qt. ring mold. Bake in preheated oven (400°F.) 25 to 30 minutes. Serve hot with butter and marmalade.

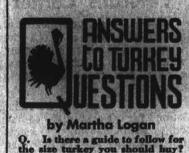
## **Tips Given for Boosting** Lagging Milk Production

ing milk production per cow has keep down mastitis. been suggested to Tar Heel dairymen by Marvin E. Senger, who heads dairy extension work at North Carolina State University.

Senger said he was suggesting the plan because "most dairy plants are short of milk .... " His plan, which is designed to help dairymen get a quick increase

A seven-point plan for increas- | will increase production and

4. Small grain supplemental pasture stimulates production. If dairymen have small grain that is starting to grow, they may want to consider using some of it for pasture. Turn the cows on small grain when it is several inches high for only an hour a



Q. Is there a guide to follow for the size turkey you should kuy? A. Allow for each person 1½ lbs, of the ready-to-stuff turkey and 1½ to 2 lbs. of already stuffed turkey. This amount will yield generous servines with yield generous servings with enough left for snacks and next

enough left for snacks and next day dishes. Q. What is the advantage of a deep basted tarkey? A. Special self-basting mixture, added deep inside where hand basting can't reach, bastes the Butterball Swift's Premium Tur-key all the way through as it cooks. Exclusive vegetable oil rec-ipe won't alter the natural flavor but assures you of tenderness and juiciness never before possible ... every time.



Q. How much stuffing should you make for a 12 lb. turkey? A. Count on about ¼ cup stuff-ing per lb. of turkey or about 9 cups stuffing for a 12 lb. bird. Stuff the bird lightly just before weasting roasting. O. Why do you stuff poultry Q. Why do you sum point lightly? A. Because stuffing expands during the cooking period.

## **Bill Nicholson is** Promoted to Sqt.

William J. Nicholson, son of Mr. and Mrs. William J. Nicholson, Jr., 1300 W. Vernon Ave., Kinston, has been promoted to sergeant in the Air Force.

Sergeant Nicholson, a missile facilities specialist at Johnston Island, is assigned to a unit of the Aerospace Defense Command.

A 1964 graduate of Grainger High School, he attended Lenoir County Community College.

be in addition to the mineral in the grain mixture. Insufficient phosphorus can limit milk production. Availability of defluorinated rock phosphate or dicalcium phosphate in the exercise lot will take care of this.

7. Don't overlook plenty of fresh water. High producing

SYNON

ified as Administrator of the payment of the indebted ified as Administrator of the Estate of Floyd Franklin Hug-gins, deceased, late of Jones County, this is to notify all per-sons having claims against said Estate to present them to the undersigned before the 22nd day of May, 1969, otherwise, this notice will be pleaded in bar of their recovery

All persons indebted to said Estate will please make imme-diate settlement.

This the 22nd day of November, 1968.

- Lloyd Franklin Huggins, Administrator of the **Estate of Floyd Franklin**
- Huggins P. O. Box 1

Trenton, North Carolina JJ-2-20,27; 3-6,13pd.

# NORTH CAROLINA JONES COUNTY

Having qualified as Adminis-trator for the Estate of Cheatom Wesley Parry, Deceased, late of County of Jones, State of North Carolina, notice is hereby serv-ed on all persons holding claims against said Estate to present them, duly itemized and veri-fied on or before the 13th day of August, 1969, or this notice will be pleaded in bar of their recovery. All persons indebted to said Estate will please make immediate settlement.

This 10th day of February 1969.

- Branch Banking and
- Trust Company, Administrator for the
- Estate of

Cheatom Wesley Parry, Deceased

JJ-2-13,20,27; 3-6

#### NOTICE OF FORECLOSURE NORTH CAROLINA JONES COUNTY

Under and by virtue of the power of sale contained in a certain deed of trust executed description. by J. N. KORNEGAY and wife, VIOLA KORNEGAY, to S. A. Wilson, Jr., Trustee, dated the 29th day of January, 1965, and recorded in Book 138, at Page 245, in the office of the Register of Deeds of Jones County; and under and by virtue of the authority vested in the undersigned as substituted trustee by an instrument of writing dated the 31st day of December, 1968, and recorded in Book 152, at Page 689, in the office of the Register of Deeds of Jones County, de-fault having been made in the J-2-6,13,20,27

deed of trust being by the term hereof subject to foreclosu and the holder of the indebt and the holder of the indepted-ness thereby secured having de-manded a foreclosure thereof for th purpose of satisfying said indebtedness, the undersigned substituted trustee will offer for sale at public auction to the highest bidder for cash at the courthouse door in Trepton. courthouse door in Trenton, North Carolina, at twelve o'clock noon, on the 7th day of March, 1969, the land conveyed in said deed of trust, the same lying and being in Trenton Township, Jones County, North Carolina, and more particularly described as follows: FIRST TRACT:

Lying and being in Trenton Township, Jones County, North Carolina, on the north side of Trent River and the south side of Mussell Shell Branch containing 15 acres more or less and being designated as share numbeing designared as share num-ber 4 as shown on a map en-titled "Division of lands of Oli-via Kornegay formerly known as the 'Poor House Tract' "; said map prepared by William H. Ut-ley is of record in Map Book 3, page 51 of the Jones County Registry and said map is incor-porated herein by reference for a more particular description.

SECOND TRACT:

All our rights title, and interest, said interest being a one-four undivided interest in and to that certain tract of land lying and being in Trenton Township, Jones County, North Carolina, and being more particularly described in that certain deed from the Joint Stock Land Bank to Booker W. Kornegay, J. N. Kornegay, Nettie and Olivia Kornegay of record in Book 99, Page 554, of the Jones County Registry to which reference is hereby made for a more particular

But this sale will be made subject to all outstanding and unpaid taxes and special assessments, and a cash deposit of 10 per cent of the first \$1,000.00 bid and 5 per cent of the excess of the bid will be required of the highest bidder at the time of the sale.

John R. Whitty, Trustee Norris Reed, Jr. Attorney at Law P. O. Box 89

