

SHRIMP SALAD THE HOT-COLD WAY



Have you ever wished for a little more shape and firmness in shrimp salad? There is a way to make it "shape up" and still leave the shrimp whole or in sizeable pieces the way most people prefer them in salad. Simply put everything together "chaud-froid" or, literally, the hot-cold way by mixing dissolved gelatin with the mayonnaise! It works. Result: well-behaved salad which will stay together even though the greenery underneath travels on skis. Use any shape mold you wish but use canned shrimp if you would do it all the easy way. Shrimp salad is a popular one and you will be wise to keep a can or two chilling in the refrigerator.

SHRIMP SALAD, CHAUD-FROID

- 2 cans (4 1/4 ounces each) shrimp, chilled
- 1 cup sliced celery
- 1 cup diced cucumber
- 1/2 cup finely chopped onion
- 1/3 cup drained capers
- 2 hard-cooked eggs, chopped fine
- 1 envelope unflavored gelatin
- 1/4 cup water
- 1 cup mayonnaise
- 1/4 teaspoon hot pepper sauce
- 3/4 cup broken cashew nuts

Rinse shrimp in cool water; blot dry. Combine shrimp, vegetables, capers, and eggs. Soften gelatin in water; dissolve over hot water; stir into mayonnaise, a little at a time. Add hot pepper sauce and combine with shrimp salad mixture. Mix thoroughly. Add the cashews. (Be sure the nuts are very dry and crisp.) Press into individual molds or one 5-cup mold. Chill until set. Makes 6 servings.

GARDEN TIME

BY M. E. GARDNER, N. C. State University

These tips on growing African violets are contributed by Mrs. S. E. Collins Sr., of Marion:

"Will Rogers' favorite saying was: 'Well, all I know is what I read in the papers.' Well, all I know about African violets is from trying and failing, and trying again. And, as practice makes perfect in all things, so goes in growing African violets.

"I found their likes and dislikes. They do not like direct sunlight in the heat of the day. They never like it too hot or too cool. Set them back a ways and in front of a south or south-east window with a venetian blind open. They don't like it too wet in rainy weather; if they are left standing in water the leaves on the underside will drop off. Before watering, let the soil begin to feel dry on top. In hot and dry weather give plenty of water. One of my lessons I learned was, don't try to grow them in planters with no drainage. Plant them in clay pots so they can breathe and set the pots in a planter. Water by pouring the water in the planter. It is also good to use a wick, taping it to the inside of the pot and running it out through the hole in the bottom and let them draw their water up through the wick. Always water from the bottom.

"African violets root easily. Use an old flat pan. Mix about a gallon of rooting soil by using three quarts of good garden soil, one and one half quarts of clean coarse concrete sand, and about

one pint of vermiculite. Mix thoroughly and water, but not too wet.

Now, pinch off leaves with about one and one-half inches of stem. Insert in mixture covering about one-fourth inch of the leaf base as this is where they put up new plants. Place rooting pan in a sunny window and keep moist at all times. One leaf will often produce half a dozen tiny plants.

The best time of year to start or to repot African violets is in February; and you can start rootings on up until June. Feed about every two weeks for older plants using any good African Violet food on the market. Dissolve the plant food in water before applying. Don't feed newly rooted plants more than every three weeks.

In this way I have had growing as many as 200 plants at one time."

What we need for our happiness is often close at hand, if we knew how to seek it.

Aviation won't really be safe until they do away with the ride to the airport.

Some stretch pants, it has been noted, have no other choice.

—from South Railway "Ties"



Farmers Urged To Plow Up Tobacco Roots

Tar Heel farmers have done one of the best jobs in years of cleaning up their old tobacco fields.

Furney Todd, extension tobacco specialist at North Carolina State University, said estimates show that over 90 per cent of the fields have been cleaned up in some counties.

These clean fields, he predicts, will go a long way toward reducing disease and insect losses in 1971.

Growers are urged each fall to destroy their old tobacco stalks and plow up the roots immediately after harvest. They are also urged to disk their field a second time and plant a cover crop.

Research has shown that such practices will reduce the infestation of six different insect and disease organisms, thus the practices are referred to as Operation Reduce Six Pests (R-6-P).

"We are still striving for 100 per cent participation," Todd said. "Although it is getting

WOLFGRAM GETS MEDAL

Marine Sgt. Lyle L. Wolgram, son of Mrs. Christine Essenberg of 210 Old Snow Hill Road, and husband of the former Miss Beverly J. Hughes of 205 E. Granger Ave., all of Kinston, was awarded the Good Conduct Medal while serving with Marine Wing Communications Squadron One at Danang Air Base, Vietnam.

S-SGT. PAULING ON GUAM

Marine Staff Sergeant Curtis A. Pauling, husband of the former Miss Nola Smith of Route 7, Kinston, is participating in the North Atlantic Treaty Organization exercise "Deep Express" with the Eighth Marine Amphibious Brigade aboard the amphibious ship USS Guam in the Mediterranean Sea.

STRICKLAND ON CRUISER

Navy Petty Officer Third Class Joseph S. Strickland, son of Mr. and Mrs. Elbert H. Strickland of Route 1, Pink Hill, is serving aboard the light guided missile cruiser USS Springfield in the Mediterranean Sea. Springfield, homeported at Gaeta, Italy, is the U. S. Sixth Fleet flagship. late in the season, it will still

Smokey Bear needs you



Smokey Says:



pay a farmer to follow R-6-P." Estimates by county extension agents show that about three-fourths of the tobacco fields in the state have been cleaned up so far. But some counties have reached 90 per cent and over. They include Bladen, Cumberland, Carteret, Chowan, Halifax, Pamlico, Onslow, Sampson, Wayne, Division, Guilford and Surry.

Legal Notices

In The General Court of Justice
State of North Carolina
Jones County

Administrator's-Executor's Notice

Having qualified as Executor of the Estate of Henry E. Scott, of Jones County, North Carolina, this is to notify all persons having claims against the estate of said Henry E. Scott to present them to the undersigned within 6 months from date of the publication of this notice or same will be pleaded in bar of their recovery. All persons indebted to said estate please make immediate payment.

This the 7th day of October, 1970.

Carl E. Scott,
Executor

Route 3, Box 191
New Bern, N. C.
Brock and Gerrans,
P. O. Box 219,
Trenton, N. C.
J-10-16, 22, 29; 11-5

In The General Court of Justice
Supervision Court Division
STATE OF NORTH CAROLINA
Jones County

ADMINISTRATOR'S NOTICE

Having qualified as Administrator of the estate of Richard Kinloch of Jones County, North Carolina, this is to notify all persons having claims against the estate of said Richard Kinloch to present them to the undersigned within 6 months from date of the publication of this notice or same will be pleaded in bar of their recovery. All persons indebted to said estate please make immediate payment.

This the 21st day of October, 1970.

Dora S. Jackson,
Administratrix
Route 1,
Pollocksville, N. C. 28573

Brock and Gerrans,
Attorneys at Law
P. O. Box 219,
Trenton, N. C.
Attorneys.
JJ-10-29; 11-5, 12, 19

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