



**AMERICA'S REALTOR**

**REALTOR RICH PORT**  
PRESIDENT OF THE 91,000-MEMBER NATIONAL ASSOCIATION OF REAL ESTATE BOARDS. HAS A LEANING FOR LEARNING THAT HAS LED TO HIS WRITING OF MANY ARTICLES AND BULLETINS FOR REAL ESTATE PUBLICATIONS AIMED AT IMPROVING THE REALTOR'S ABILITY TO SERVE THEIR CLIENTS.

**FOUNDER AND DEAN OF THE REALTOR'S INSTITUTE OF ILLINOIS AND PRESIDENT OF HIS OWN FIRM, HE HAS SERVED TWO TERMS AS PRESIDENT OF THE LA GRANGE REAL ESTATE BOARD AND ONE AS HEAD OF THE ILLINOIS ASSOCIATION OF REAL ESTATE BOARDS. HE HAS BEEN HONORED AS THE STATE ASSOCIATION'S 'REALTOR OF THE YEAR.'**

**MEMBERSHIP**

Year	Membership
60	100
61	110
62	120
63	130
64	140
65	150

**ACTIVE IN MANY CIVIC ORGANIZATIONS, INCLUDING THE UNITED FUND, AMERICAN LEGION, LA GRANGE AREA CHAMBER OF COMMERCE, AND YMCA, REALTOR PORT HAS SERVED ON THE EXECUTIVE COMMITTEE OF NAREB, THE BOARD OF DIRECTORS, AND MANY OF ITS COMMITTEES. WHEN HE WAS CHAIRMAN OF THE MEMBERSHIP COMMITTEE IN 1964, THE ORGANIZATION SCORED ITS LARGEST GAIN IN RECENT HISTORY.**

**DURING WORLD WAR II, IN WHICH HE EARNED SEVERAL DECORATIONS, HE SERVED AS AN INFANTRY OFFICER IN THE EUROPEAN THEATRE. LAST YEAR HE WAS NAMED MILITARY AIDE TO ILLINOIS GOVERNOR RICHARD OGILVIE WITH THE RANK OF COLONEL.**

**REALTOR PORT IN HIS ACCEPTANCE SPEECH DIRECTED ATTENTION TO THE REMARKABLE 'MAKE AMERICA BETTER' CAMPAIGN IN WHICH HUNDREDS OF BOARDS OF REALTORS ARE TAKING PART IN ACTIVITIES TO DEVELOP VOCATIONAL EDUCATION, TO REDUCE CRIME, TO REHABILITATE HOMES FOR THE LOWER INCOME CLASSES, TO FIGHT CRIME AND DRUG ABUSE, TO CLEAN UP CITIES, TO MODERNIZE BUILDING AND HOUSING CODES, TO LIGHT UP THE DARK PLACES WHICH BREED CRIME, TO HELP THE UNEMPLOYED.**

Other Editors Say

THE GRIFTON TIMES

**Marijuana Is Dangerous**

For a long time the "hop heads" have insisted that no physical danger is involved in smoking "pot," or marijuana. The truth is, up until now there had been very little hard information available, one way or the other, as to any lasting physical damage.

The short-range effects have been apparent; hallucinations, narrowed vision and distortion of time, loss of coordination, the lack of ability to concentrate and reason, confused associations, blurred speech, etc. But all of this, claim the apologists for "pot," is "no worse than" getting drunk on alcohol. But if getting high on marijuana is as bad as intoxication from booze, this alone should be sufficient condemnation. According to Dr. Hardin Jones, Prof. of Physiology and Medical Physics at the University of California in Berkeley, each year 75,000 persons die because of alcohol (25,000 from accidents and 50,000 because they graduate from heavy use of alcohol and perish from liver disease). Additionally, says Dr. Jones, about 300,000 live but have alcohol-induced injuries.

An additional hazard of marijuana is that when a new and more powerful drug is introduced into a circle of "pot" smokers, the group will take up the new drug. The history of most hard drug addicts shows that they started with marijuana.

Now, however, scientists are turning up evidence about marijuana which should discourage any sane person from touching the stuff. Dr. Davis Wade, Texas State Commissioner for mental health, reports that research is turning up definite evidence that marijuana causes perma-

nent and irreversible brain damage. Dr. Wade told a conference of the Texas Association of Mental Health that "We are getting substantial research evidence to indicate that marijuana is causing brain damage — irreversible brain damage."

"This is organic cellular damage," Dr. Wade said. "First it causes personality alterations... a flattening of the personality. what we might call a decay of the moral fiber."

Such victims, he said, display apathy; a deterioration of personal appearance; a deterioration in behavior patterns; loss of motivation toward accomplishment; and a clumsy way of thinking.

Dr. Wade's chilling conclusion: "Persons who suffer such brain damage do not ever recover from it."

Investigation shows that most users of marijuana first do so for no better reason than that some person already using the drug asks another to "join the fun." There is only one answer to give to that invitation: "No; no; and a thousand times, no!"

on his head." Instead, the evidence shows, Booth himself was murdered while in the act of surrendering — but who fired the shot was never conclusively established. Boston Corbett, who subsequently claimed to have "done in the man who done in Lincoln," talked his way into an insane asylum, where he ended his days.

Booth's diary was hand delivered to Stanton. When Stanton gave it up, two years later, 18 pages had been ripped away.

Upon Stanton's orders, the eight people charged in the conspiracy were hooded. A canvas sack was placed over the head of each and tied at the neck. Only an opening for the mouth was allowed, and speech was forbidden. All but the woman, Mary Surratt, were so treated. At their "trial," ear and eye wadding were added to this medieval torture device. In addition, the prisoners were placed in stiff shackles that prevented their writing.

"Tried" is hardly the word. These living dead were railroaded by a military commission made up of officers of Stanton's choosing. Those misbegot who did not mount the gibbet were sent to the malaria-infested Dry Tortugas.

You didn't know all this? Well, unpalatable facts have a way of becoming historically recessive.

I have been thinking of Kennedy's assassination, you see.



**Doctor in the Kitchen®**

by Laurence M. Hursh, M.D.  
Consultant, National Dairy Council

**NUTRITIONAL MUSINGS**

Today seems a day for having some random thoughts about how we eat, rather than an essay on a single phase of nutrition.

Take color coordination. It has been suggested by some nutritionists as an approach to food selection, for planning menus as a matter of balanced nutrition.

**Combine Colors**

The idea is to combine the greens and yellows of vegetables with the reds of meat, the whites of cereals and bread, the pinks and yellows of fruits, the whites of cream and the golds of milk and cheese.

"If you're a one color person," says an item in Food and Nutrition News, "you'll be skipping the necessary foods and sooner or later, this lack will show up in the way you look and feel."

Well, that's one approach to selecting foods from the basic four food groups. Perhaps it's for you, unless you're color blind.

**Hair and Nutrition**

And then, perhaps for the ladies in particular, there is the fact that your hair can be noticeably affected by your nutrition. It is well known that human hair color, and texture, change during protein-calorie malnutrition. In countries where starvation and famine are common, loss of color and natural curl, brittleness and

sparseness are so evident and frequent that they are used for diagnosis of protein deficiency.

**Three Meals A Day?**

And what if you don't like three meals a day? Why not divide the same amount of food into 5 or 6 smaller meals. There's no set rule you have to follow unless your doctor says otherwise. For variety you can also vary the size of your meals. Have a heavier meal for your weekend lunch, then a light supper. And some day, instead of skipping, try a hearty breakfast.

**Women Need Nutrients**

Finally, of all things, surveys show that women are less likely than men to get the nutrients they need each day. Mothers may be prone to neglect their own meals because they must pay attention to the food needs of the family — or they are figure conscious without fully understanding nutrition.

Thus, women should be more careful about their eating habits. For both their own sake — and in order to set a better example for their children, especially their teenage daughters who soon may experience the stress of motherhood without the health backlog of sound nutrition having prepared them ideally for the experience.

**The Curious Death Of Abraham Lincoln**

JOHN J. SYNON

The assassination of Lincoln has always intrigued me. It has because there was so much more to it than the senseless act of an ego-bloated thespian: To think of the crime in the simple phrase, "Booth did it," is to gloss over its core.

In a larger sense, I would suggest, Stanton did it; Edwin M. Stanton, Secretary of War. And behind Stanton were the Abolitionists, the Radical-Liberals of that day.

Let me tell you why I think so:

● Throughout the almost-four years Stanton served in Lincoln's cabinet, he ruthlessly undercut the President, all the while serving as a secret transmission belt to such congressional South haters as Sumner, Wade, Stevens and the like.

● Stanton established his "in" with these powerful people while serving the out-going Democratic administration, that of Buchanan, as its pro-slavery Attorney General. He did so by funneling information to the incoming Republicans. Such duplicity was the hallmark of the man.

● The day of Lincoln's murder, April 14, 1865, Stanton broke the engagement he had made to accompany the doomed President to Ford's theatre. Moreover, Stanton induced Grant to do the same.

● Lincoln, who knew a plot was afoot (it wasn't the first one) that day asked Stanton to assign a particular person to be his bodyguard. Stanton, without explanation, said, "No, he would not. Lincoln, in his humble way, then went to the desired gentleman and asked him, personally, if he would go along.

He, too, refused, giving as his reason the press of business. Subsequent investigation disclosed that the two of them really had nothing much to do. Stanton, as a matter of fact, went home and to bed.

Immediately after Booth fired his bullet and for three hours thereafter, every commercial telegraph line out of Washington went dead. The lines were not cut; they were grounded. All were controlled from Stanton's office.

● The search for the fugitive began immediately — in every direction but the most obvious, along the road leading south out of Washington, down the Maryland peninsula. This road — Anacostia to Port Tobacco — was a notorious underground railroad and was inhabited by persons of rabid secessionist sympathies. For four hours after the shooting, the road was left uncovered. That was time enough, if Booth had not broken his leg, for the assassin to have crossed the Potomac into The Confederacy.

● Days later, when a certain Major O'Brien, searching for Booth, luckily stumbled upon his trail, he wired Stanton's War office of his findings. O'Brien was immediately summoned back to Washington and Stanton's notorious henchman, Lafayette C. Baker, "Father of the Secret Service" was assigned to bring in Booth. By then, the crippled man was holed up at the Garrett farm.

Wide publicity had been given Stanton's order to bring in Booth "alive, don't touch a hair

**Answers to Turkey Questions**

by Martha Logan

Q. What are some tips that will help make carving the turkey easy for the host?

A. Place the turkey on a large platter. Avoid overcrowding the platter with garnishes. The breast of the turkey should be at the carver's left. Have a sharp carving knife, a long pronged fork, and an extra plate handy for carving thigh and drumstick.

Q. Why does the roasting time for poultry sometimes vary from the recommended printed schedules?

A. The shape, quality and temperature of the bird; the roasting pan; method used (dry vs. moist heat) and oven temperature are all variables which will influence the roasting time. The roasting time charts for deep-basted Butterball Swift's Premium Turkeys found on the outside of the wrappers are carefully tested each year for best cooking methods and most accurate schedules. The directions are written for cooks who know all about turkey and especially for those who don't.

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