



**A mighty smart driver was Huntington Swick,
He drove to his office on roads that were slick—
With icy winds blowing,
And drifts quickly growing,
He put on his tire chains—but quick!**

PREVENT THOSE WINTER DRIVING WOES

The Safe Winter Driving League recommends that you stay home when the weather gets this bad. But if you do have to drive under severe snow and ice conditions, be sure your car is equipped with reinforced tire chains. They provide four to seven times the pulling ability of regular tires on snow and ice, according to test findings by the National Safety Council.

GARDEN TIME

BY M. E. GARDNER, N. C. State University

We have always associated holly with Christmas. The bright shiny leaves contrasting with the red berries lend color, warmth and meaning.

Perhaps it is not generally known that all sorts of supernatural powers were once attributed to holly. This shiny plant was thought to have power to repel lightning. The eastern Indians believed that holly trees planted near the cabin would act as protectors and ward off evil spirits. Since the leaves of the holly do not readily fall off, they also looked up to the plant as an emblem of courage.

Early Christians believed that holly was used to make the crown of thorns for the crucifixion. The plant was then called "righteous branch" or thorn of Christ, for the red berries supposedly symbolized the drops of blood on Christ's brow.

The legend has it in Brittany that when Christ was bearing His cross, a small bird attempted to relieve His suffering by plucking thorns from His brow. The bird's breast became stained with blood and was known ever after as Robin Redbreast.

To this day in England and Germany, it is considered unlucky by some people to step on a holly berry, a favorite food of the robin, in recognition of the bird's charitable act.

Many superstitions existed about bringing the holly into the home before Christmas. In Wales, if it was brought in before Christmas Eve, it was sure to

cause family quarrels throughout the year. The type of holly brought into the household determined who was to dominate during the year. If the holly was smooth, the wife was in command; if prickly, the husband governed.

Infusions, decoctions and fomentations of holly were used for a wide assortment of human disorders. In England, a tea of holly bark was a cure for a cough. In France, a decoction of leaves and bark was considered equal to quinine in the treatment of intermittent fever. A tea of holly leaves was believed to be a cure for measles by North American Indians.

A beverage of the berries pacified the squaws of Cherokees and curbed their urge for wandering. The juice of leaves was recommended as a cure for jaundice and was also good for a pain in the side.

Other infusions, decoctions and fomentations of leaves, berries, bark or combinations were used for many other human ills — whooping cough, chilblains, toothache, kidney ailments and as stimulants for the nerves and brain.

Veterans totally and permanently disabled by a service-connected disability are now entitled to direct loans for specially constructed housing anywhere in the country.

David Parsons is Named to Office At Bob Jones U.

Charles Gary Lanvermeier of Jacksonville and David Leslie Parsons of Kinston have been elected to society offices at Bob Jones University.

Lanvermeier, son of Mr. and Mrs. George E. Lanvermeier of 415 Nelson Drive, Jacksonville, has been elected treasurer of Chi Delta Theta Literary Society. A 1969 graduate of Jacksonville Senior High School, he is a sophomore at BJU majoring in accounting.

Parsons, son of Mr. and Mrs. Leslie E. Parsons of 1107 Morningside Drive, Kinston, has been elected athletic director of Delta Theta Pi Literary Society. A 1969 graduate of Grainger High School, he is a second-year student in the Institute of Christian Service, a three-year non-academic program at BJU.

Osborne Tripp is Now Master Sgt.

Osborne M. Tripp, formerly of Grifton, has been promoted to master sergeant in the Air Force.

Sergeant Tripp is an air traffic control technician at Pope AFB, with a unit of the Tactical Air Command. He previously served at Takhi Royal Thai AFB, Thailand.

The sergeant is a 1950 graduate of Contentnea High School. His wife is the former Ella B. Brock.

Many veterans with chronic, long-term kidney conditions will be provided home dialysis, artificial kidney unit during the next two years.

HOLIDAY LEFTOVERS PLUS CANNED GRAVY MAKE TEMPTING MEAL



Mealtime is more special during the holiday season. Even though the feasting is over, the tempting leftovers carry on the festive spirit to many meals thereafter.

Here's an idea that uses the last of the succulent Thanksgiving turkey to create a luscious Turkey Benedict. This glorified sandwich is perfect for a small, informal brunch or a quiet Sunday supper. And because convenience foods play a part in the preparation, this dish is a cinch to fix.

Turkey Benedict begins with poached eggs and English muffins. Place slices of hot turkey on each muffin and top with an egg. Then pour on a velvety, smooth sauce that's a blend of canned, golden brown chicken giblet gravy, lemon juice, and tarragon. Because you use canned chicken giblet gravy, you're assured of a lumpless, perfectly seasoned sauce every time.

To complete this deliciously simple meal, serve crisp raw vegetables, more English muffins, and fresh fruit and cheese for dessert. Don't forget to pass plenty of milk and coffee.

TURKEY BENEDICT

- 1 can (10½ ounces) chicken giblet gravy
- 1 teaspoon lemon juice.
- ¼ teaspoon tarragon, crushed
- 4 servings sliced hot turkey
- 2 English muffins, split and toasted
- 4 poached eggs
- Parsley sprigs
- Orange sections

In saucepan, combine gravy, lemon juice, and tarragon; heat. Arrange turkey slices on muffin halves; top with eggs. Pour gravy over sandwiches. Garnish with parsley and orange sections. 4 servings.

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