

Tamale Muffins



Go "fiesta" tonight — serve muffins inspired by the sunny taste of Mexican cookery.

Tamales are a staple item on any list of popular Mexican dishes. Two characteristic ingredients in any tamale recipe, corn meal and chile powder, add a touch of Mexico to an easy quick-bread recipe — Tamale Muffins.

Tomato juice plus chile seasoning mix give these muffins a warm, rosy appearance and authentic taste. One bite and you know you're enjoying Mexico's savory best — but in easy "Gringo" style.

Enriched self-rising corn meal and flour make this trip south of the border even easier. Salt and leavening, preblended for you by the miller in all enriched self-rising products, save measuring and mixing steps. Another "plus" is the bonus of three essential B-vitamins, thiamine, niacin and riboflavin, plus the minerals iron and calcium, added to all enriched products. Ole for Tamale Muffins!

TAMALE MUFFINS
12 muffins

- 1 cup enriched self-rising corn meal
- 1 cup enriched self-rising flour*
- 3 tablespoons chili seasoning mix
- 2 eggs, beaten
- 1 cup tomato juice
- 1/4 cup oil

Stir together dry ingredients. Blend eggs, tomato juice and oil. Add liquid all at once to corn meal mixture, stirring until smooth. If necessary, add more tomato juice to make a medium thick batter. Fill greased muffin cup 2/3 full. Bake in preheated 425° oven 15 to 20 minutes, or until done.

*Spoon flour into dry measuring cup; level. Do not scoop.



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WHAT IS THE ANSWER?

by Henry E. Garrett, Ph.D.
PROFESSOR EMERITUS
COLUMBIA UNIVERSITY
PAST PRESIDENT
AMERICAN PSYCHOLOGICAL ASSOCIATION

Dr. Garrett, what do you think of the terms, "brotherhood," or "brotherhood of man?"

A: Not much, really. Such terms are sentimental, not logical or reasonable concepts. It is difficult enough for most of us to achieve an intimate relation (i. e. brotherhood) with members of our family. Rarely do we have more than a very few thoroughly reliable friends who might be considered "brothers." These terms, as you must recognize, are part of the equality myth. We can try to respect and be courteous to people but we cannot achieve "brotherhood." The idea is fatuous.

LEWIS ON USS ALBANY

Navy Senior Chief Petty Officer Horson S. Lewis, husband of the former Miss Nancy L. Howard of Kinston, is serving aboard the guided missile cruiser US Albany at Mayport, Fla.

CRUMBAKER AT NEW RIVER

Marine Sgt. Walter R. Crumbaker, son of Mr. and Mrs. Harry R. Crumbaker Sr. of Pollock St., and husband of the former Miss Nancy P. Faulkner of 1101 N. College Street, all of Kinston, is serving at the Marine Corps Air Station, New River, Jacksonville.

SUFFERS BROKEN LEG

Leslie Eugene Howard of Kinston route 1 suffered a broken leg at about 6:30 Saturday night when he stepped into the path of a car driven by Gene R. Potter of Kinston route 7 on Highway 58 north of Kinston near Humphrey's store.

MULTIPLE CHARGES

James Leroy Edmundson of 1519 Andrews Street, Kinston, was charged with drunken and reckless driving at about 5:15 p.m. Friday when his car hit the car of Robert Lee Brown of 410 East Gordon Street, knocking it into another vehicle belonging to Best Funeral Home.

DEATHS

Mrs. Effie Strayhorn
Funeral services were held Tuesday for Mrs. Effie Strayhorn, 79, wife of Elijah Strayhorn of Trenton, who died Saturday.

Legal Notices

IN THE GENERAL COURT OF JUSTICE SUPERIOR COURT DIVISION STATE OF NORTH CAROLINA JONES COUNTY ADMINISTRATOR'S — EXECUTOR'S NOTICE

Having qualified as Executor of the estate of Henry Green of Jones County, North Carolina, this is to notify all persons having claims against the estate of said Henry Green to present them to the undersigned within 6 months from date of the publication of this notice or same will be pleaded in bar of their recovery. All persons indebted to said estate please make immediate payment.

This the 5th day of January, 1971.

Avery Mae Brock
Route 2, Box 585,
Trenton, N. C. 28585

Brock and Gerrans,
P. O. Box 219,
Trenton, N. C.

J—1-7,14,21

IN THE GENERAL COURT OF JUSTICE SUPERIOR COURT DIVISION STATE OF NORTH CAROLINA JONES COUNTY ADMINISTRATOR'S — EXECUTOR'S NOTICE

Having qualified as Executor of the estate of Joseph Clifton Wilson of Jones County, North Carolina, this is to notify all persons having claims against the estate of said Joseph Clifton Wilson to present them to the undersigned within 6 months from date of the publication of this notice or same will be pleaded in bar of their recovery. All persons indebted to said estate please make immediate payment.

This the 30th day of December, 1970.

Joseph Clifton Wilson, Jr.
Route 1, Box 73,
Pollockville, N. C. 28573

Brock and Gerrans,

P. O. Box 219,
Trenton, N. C.

Attorney

J—1-7,14,21

IN THE GENERAL COURT OF JUSTICE SUPERIOR COURT DIVISION STATE OF NORTH CAROLINA JONES COUNTY ADMINISTRATOR'S — EXECUTOR'S NOTICE

Having qualified as Executrix of the estate of Council Lee Foy of Jones County, North Carolina, this is to notify all persons having claims against the estate of said Council Lee Foy to present them to the undersigned within 6 months from date of the publication of this notice or same will be pleaded in bar of their recovery. All persons indebted to said estate please make immediate payment.

This the 22nd day of December, 1970.

Sue F. Robinson
P. O. Box 205
Vanceboro, N. C.

J—12-31; 1-7,14

IN THE GENERAL COURT OF JUSTICE SUPERIOR COURT DIVISION State of North Carolina Jones County

Administrator's Notice
Having qualified as Administrator of the estate of John Lee Collins of Jones County, North Carolina, this is to notify all persons having claims against the estate of said John Lee Collins to present them to the undersigned within 6 months from date of publication of this notice or same will be pleaded in bar of their recovery. All persons indebted to said estate please make immediate payment.

This the 10th day of December, 1970.

Lessie Greer Collins
Maysville, N. C.

J—12,24,31; 1-7

IN THE GENERAL COURT OF JUSTICE SUPERIOR COURT DIVISION STATE OF NORTH CAROLINA JONES COUNTY ADMINISTRATOR'S — EXECUTOR'S NOTICE

Having qualified as Executor of the estate of Otis M. Banks of Jones County, North Carolina, this is to notify all persons having claims against the estate of said Otis M. Banks to present them to the undersigned within 6 months from date of the publication of this notice or same will be pleaded in bar of their recovery. All persons indebted to said estate please make immediate payment.

This the 4th day of January, 1971.

Carl Rouse Brown
309 Long Acre Drive,
Jacksonville, N. C.

Brock and Gerrans,
P. O. Box 219, Trenton, N. C.

Attorney
J—1-7,14,21