

"SOUPER" SIPPER TAKES THE CHILL OUT OF WINTER



After your family comes home cold and hungry from skiing, skating, or just plodding through the snow, greet them with a big mug of hot, sipping soup. It's one of the best ways yet discovered to take away the chill.

"Souper" sippers are the perfect snack to serve all winter long. So be prepared with a pantry well stocked with canned condensed soup and a good supply of crackers, cheese and other crisp munchies. You'll not only be ready to warm up a chilly family, but you'll be ready for drop-in guests at any time.

For some special sipping, try this smooth 'n savory soup mate, Celery-Tomato Cup. Just combine a can of condensed celery soup with a can of rosy, condensed tomato soup. Add milk; heat... and "soup's on".

Serve Celery-Tomato Cup in mugs alongside crisp crackers and fresh fruit for a hearty, satisfying snack, day or night.

Other sippers you'll enjoy are: Condensed beef broth, hot garnished with lemon, or cold on the rocks; condensed green pea with a sprig of mint or a festive candy cane stirrer.

CELERY-TOMATO CUP

- 1 can (10½ ounces) condensed cream of celery soup
- 1 can (10½ ounces) condensed tomato soup
- 1½ soup cans milk

Stir cream of celery soup until smooth; blend in tomato soup. Slowly add milk, stirring constantly. Heat, but do not boil. 4 servings.

GARDEN TIME

BY M. E. GARDNER, N. C. State University

We have utilized space in our last two columns to bring to your attention the award winning All-American flower and vegetable varieties for 1971. While we are about it, it might be well to review some of the previous winners for 1969 and 1970.

Still popular are the 1969 award winning zinnias: Cherry Buttons, Rosy Future and Torch. Another winner in 1969 is the dwarf white cornflower, Snow Ball.

The 1970 winning flowers: marigold, Bolero; snapdragon, Madame Butterfly; Dianthus chinensis, China Doll; and morning glory, Early Call Rose. All of these new

varieties are outstanding and you should try them along with the 1971 winners.

In 1969 there were five awards given to new vegetable varieties in the cabbage family: broccoli, Green Comet; turnip, Tokyo Cross; cauliflower, Snow King; and two new cabbage varieties, Stonehead and Harvester Queen.

Most every family enjoys fresh broccoli from the garden. The 1969 winner, Green Comet, is the early hybrid which is very uniform and flavorful. It could well be the best early type variety yet developed for the home garden.

Snow King cauliflower is early maturing, delicately flavored

and productive. For variety, try both Green Comet and Snow King in 1971.

Toyko Cross is a fine hybrid turnip with globe-shaped roots and piquant greens of high quality.

Hybrid cabbage Stonehead is an extra early selection. It produces a small, hard icebox type head. It is desirable for both the home and commercial market.

Harvester Queen is another outstanding hybrid cabbage which produces large heads and heavy main crop. This selection is highly recommended for kraut.

An extremely prolific ornamental is the beautiful and luscious hybrid cherry tomato, Small Fry. A few plants of this 1970 winner will give a continuous supply of large cluster one-inch fruits until the plants are killed by frost. Small Fry is fine for tidbits and fancy salad dishes.

Waltham Butternut is an outstanding late or winter squash. This 1970 winner is more productive, fleshy and uniform than the previous butternut types. Store and use them fall and winter.

Smokey Says



PREVENT FOREST FIRES!

SAM ERVIN

Continued from page 4

Constitutional mandate to achieve a balanced budget.

In brief, if this Amendment became a part of the Constitution, the Federal Government would be required to balance its budgets over a 2-year period, except that during a war or other national emergency the President could submit a budget requesting deficit spending and this would have to be approved by a two-thirds vote in each House. Presently, the Constitution only requires money bills to be approved by a majority of both Houses of Congress and the President.

The effect of such an Amendment would be to require our Government to make prudent use of its credit, and if it operated at a deficit one year it would have to cut back spending or raise taxes to pay off the previous year's deficit and balance the new budget.

Thus Congress would be required to see that Federal programs were funded by current revenues or it would have to pass tax legislation to provide funds to pay for these programs over a 2-year period. The Federal Government would have to operate on a pay-as-you-go basis as is the practice in a majority of the states.

One may honestly ask why it is necessary to enact an Amendment to the Constitution to require Congress and the President to act as fiscally responsible individuals should. The truth of the matter is there is an overriding tendency among men in public office at the Washington level to conform their actions to what they believe to be the demands of the people.

Unfortunately, however, the demands they hear are not ordinarily the demands from our soundest thinking people, or, indeed, the demands of a majority of our people, but, on the contrary, are the demands of highly organized pressure groups seek-

WHAT IS THE ANSWER?

by Henry E. Garrett, Ph.D.

PROFESSOR EMERITUS
COLUMBIA UNIVERSITY

Q: Dr. Garrett, I see Congress failed to appropriate that \$150 million Nixon was urging it to give to further classroom desegregation. What is your reaction to that?

A: Except for the money involved, I think the refusal of Congress to meet Nixon's demand is relatively inconsequential. It seems to me the federal courts are destroying the public school systems without the additional aid Nixon proposed. This money would have greased the skids a little more, that's all. And that would have been good or bad, depending on your point of view.

ing money from the public treasury. Big spending in Washington has become a way of life, and deficit spending an integral part of it.

Consider the fact that the national debt was \$1.4 billion at the turn of the 20th Century, and only \$55.3 in 1941. Even at the end of World War II, the national debt only reached a peak of \$269.9 billion, and it was then expected to diminish in the post-war era. Actually, that hope never became a reality.

Since June 1946 when the debt ceiling stood at \$275 billion, Congress has approved some 22 "temporary" and "permanent" debt limit increases. The latest increase came last summer when the "temporary" debt limit was raised to \$395 billion.

The Fannin Amendment, which I hope Senator Fannin will reintroduce at this session of the Congress, seems to me to be meritorious on two grounds: it would be a deterrent to deficit spending and it would focus national attention on how we are financing the Federal Government.

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