Right And Wrong Ways Of Cooking Eggs Described

There is a difference between "hard boiled' and 'hard cooked" eggs, says Miss Mary E. Thomas, nutritionist of the State College Extension Service. Likewise. soft boiled eggs may be hard cooked, she says.

In discussing the "how of egg cooking, Miss Thomas offered suggestions in connection with the second week of the Springtime Egg Festival, a consumerproducer campaign to increase the use of eggs, which begins today. This drive has the support of C. F. Parrish and other Extension poultrymen of State College The Southeastern Chain Store Council, through P. D. May, its North Carolina representative, is also active in the Egg Festival

Miss Thomas explained that eggs should always be cooked slowly, at moderate, even heat. High cooking temperatures make eggs tough. "For either soft cooked or hard cooked eggs with tender whites," the nutritionist said, "the eggs should be placed in boiling water and then the vessel should be set back from the heat where the water will simmer but not boil. For soft cooking, leave eggs in water for six minutes; for hard cooking, allow 20 minutes.

"The same general method is following in poaching eggs. That is, the water should be boiling when the eggs are put in, but the heat should be lowered immediately and the eggs cooked at the simmering temperature."

The State College poultry specialists point out that eggs are Plant Pathologist cheap now, and the wise homemaker will use quantities of them in the family meals, since they are one of the protective foods For "Mold" Cure needed in every diet.

Palace Theatre ADVANCE PROGRAM

From Thursday, April 11 thru Saturday, April 13

Motion Pictures Are Your Best Entertainment

Thursday - Friday, April 11-12 Thomas Mitchell - Edna Best -Freddie Bartholomew - Terry

Kilburn - Tim Holt - Baby Bobby Quillan, in "Swiss Family Robinson" Sail with them to Adventure Island! Wondrous Sights! Hidden Terrors! The Classic of a

Metro Cartoon in Color: "The Mad Maestro"

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Special Morning Show Friday 10:30; Afternoons daily 3:15-3:45; Admission 10-25c: Evening daily 7:15-9:00; Admission 10-30c

Saturday, April 13 Richard Arlen - Andy Devine with Peggy Moran - Mary

"Danger on Wheels" Episode No. 6 of the serial "The Green Hornet" ("Highways of Peril") with Gordon Jones . Keye Luke - Anne Nagel Terrytoon Cartoon in Color:

"The Orphan Duck" Matinee 2:30-4:00; Admission 10-25c; Evening 6:45 - 8:15 9:30. (Box office opens at 6:30.) Admission 10-30c.

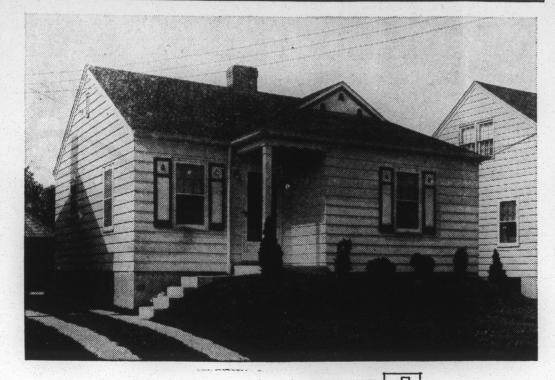
Coming To The Palace Monday, Tuesday. Wednesday, and Thursday, April 22, 23, 24 and 25th Margaret Mitchell's Story of the Old South

"Gone With The Wind" In Technicolor With Vivien Leigh and Clark

Gable. Nights (7:30 p. m.) All Seats Reserved \$1.10 including tax. Matinees Daily (10:30 a. m. 2 p. fn.) No reserved seats 750 including tax. Tickets now on sale at office. Buy your re-

erved seats early!

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Simplicity and compactness of design effected without sacrifice of charm and detail make this small cottage stand out. Two large airy bedrooms, both with two exposures and adequate privacy, highlight the home's many features. The up-to-date standards of good planning are maintained in the arrangement of the living room and the kitchen, which utilizes to better value the space ordinarily allocated for a separate dining room

The Federal Housing Administration insured a mortgage on the property for \$4,500. A mortgage of this amount may be paid off over a period of 25 years with average monthly payments of \$26.15, exclusive of local taxes and hazard insurance.



FLOOR PLAN

Has Three Plans

of controlling blue mold are recommended by the State College Extension Service and Experiment Station. Dr. Luther Shaw, ferably from a pond or stream. Extension plant pathologist, says

The first of these, and the stream. pound lots, the price ranges from 12 to 15 cens per pound. The crystals are spread over the regular seed bed cover and a mold control are contained in Exheavier cover is then placed over tension Circular No. 229, which the entire bed and fastened is free upon request to the Agrisecurely to prevent escape of the

The second recommended treatment is also a fumigant. It is benzol (benzene) and comes in liquid form. It also requires TENANTS

tight plant bed covers. The cost, In 1937, two out of every five of benzol is usually 20 to 30 cents farmers in the United States were per gallon.

The third treatment is a spray, and there are two formulas recommended. One consists of 6 Three, and only three, methods ounces of yellow copper oxide, 6 ounces of a reliable spreader, such as Vastole OTC, Over, or Lethane; one quart of cottonseed oil, and 25 gallons of water, pre-

The other formular calls for 6 farmers should play safe and ad- ounces of yellow copper oxide, 1 opt a centrol method which has quart of self emulsified cottonbeen proven in laboratory and seed oil, and 25 gallons of water, preferably from a pond or

most effective in the majority of If the spray treatment is used, tests, is fumigation with para-it should be started when the dichlorobenzene. This material plants are the size of a dime, or consists of solid white crystals. larger. The fumigants are best When purchased in 100 and 200- applied when blue mold makes its first appearance in the community.

> Complete directions for blue cultural editor at State College, Raleigh.

LAND POSTED SIGNS AT THE TIMES OFFICE

Income Groups Cotton and other materials for ducting the demonstrations.

Mattress Project

May Help Low

making of mattresses is being given to low income families of EXPORTS the State through a cooperative program of the U.S. Department of Agriculture and the State Colsix counties have availed them- ximately 53 million dollars in selves of this opportunity to re- both 1937 and 1938. ceive without cost surplus cotton held by the Surplus Commodities Corporation.

The materials for making cotton mattresses for low income families are furnished in any county where the County AAA committee certifies that there are at least 120 rural families in the specified low income group.

The Extension Service, through its county agents, takes the lead in conducting demonstrations to show members of the families and other leaders how to make the mattresses, and in distributing the cotton and ticking.

Farm families with a total cash income for the calendar year of not more than \$400, and nonfarm families with a gross income for the year of not more than \$500 are eligible to participate in the surplus cotton program.

The first counties approved were Anson, McDowell, Alexander, Person, Halifax and Wayne. Demonstrations have already been held in those counties and the cotton and ticking is on the

In addition to these six counties, applications have been received from Hoke, Avery, Vance, Bertie, and Yancey Counties. John W. Goodman, assistant director of Extension, and Miss Ruth Current, state home demon-

stration agent, are in charge of DEBT the program for the Extension Service. Miss Pauline Gordon, gage debt, in the fall of 1939, was Extension economist in home management and house furnishings, and Eugene Starnes, assistant farm agent-at-large, are con-

United States farm exports to Latin America increased from 33 lege Extension Service. Already million dollars in 1952 to appro-

The United States farm mortthe smallest in 20 years.



isfy the eyes -\$2.00 to \$8.00

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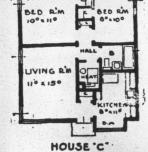
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