

Mind Your Mind

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This series of paragraphs will be discontinued at the end of this month until after the summer. The next two or three weeks will deal with some basic principles for maintaining mental health in one's own self. But this week I want to emphasize the need of county mental hygiene clinics.

Recently a doctor, a minister, and a school superintendent all asked—"Where can we get some mental hygienic help for people with mental difficulties in our community?" I had to answer unfortunately the nearest mental hygiene clinic was 60 miles away from their county. But the time will surely come when an enlightened public opinion, knowing that prevention of mental disease is so much cheaper and so much easier than its cure, will demand that such clinics be established throughout the State. Our splendid State public health department has established clinics for the treatment and prevention of infectious diseases in many centers. Public health doctors are unanimous in the opinion that similar clinics for the prevention and treatment of mental disease should be established.

In order that mental hygiene help may become available for all those who need it all classes of community leaders should work together to spread mental hygiene information. Doctors, ministers, teachers, welfare workers and especially the many families who have had relatives and friends committed to State hospitals because of nervous breakdowns, should cooperate.

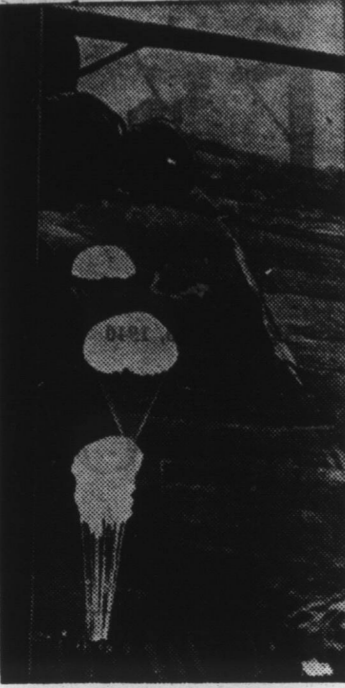
Her Autograph Is Hard To Get

Because of its scarcity, Vivien Leigh's autograph is rated right up with Greta Garbo's the most prized of all, on the autograph marts. But Miss Leigh is soon going to flood the market, if she continues to turn out signatures the way she did during the filming of "Waterloo Bridge," her new starring picture with Robert Taylor, now at the Palace theatre. Miss Leigh literally signed hundreds of autographs between scenes, mostly for extras. That Miss Leigh is one of the most glamorous personalities Hollywood has ever had was evidenced by the attention the extras paid her. Director Mervyn LeRoy finally had to insist that extras focus their eyes at definite points when scenes were being taken. They all were staring at Miss Leigh.

FRUITS

Early prospects indicate that supplies of most fruits in 1940 will be smaller than relatively large supplies of 1939 but about equal to the average of recent years.

Invaders From Sky



The launching of an attack by Nazi parachute troops. The parachutes are bailed out at one-second intervals, their chutes blossoming out as they dive for their objective.

In Memoriam

On May 20, 1940, the Death Angel visited in the home of S. R. Young and claimed his wife, Mrs. Cornelia Young who had been in declining health for several years. On Saturday she was stricken with another stroke, and was seriously ill 'till Monday when the Death Angel called her to her Heavenly Home. She had been a faithful member of Helena Primitive Baptist church for many years, and as long as her health permitted, she always attended her church. To know her was to love her. She lived a good Christian life and leaves to mourn her death a heart-broken husband and two daughters, Misses Beatrice and Lucy Young, of Cavell, and two sisters, Mrs. H. W. Wilson and Miss Emma Rycroft, of Timberlake, and many sorrowing relatives and friends.

Funeral services were conducted Tuesday at 2:30 by Elder L. J. Chandler and after services she was laid to rest in the family cemetery near Timberlake beneath a beautiful mound of flowers.

Pall bearers were Clifton Robertson, Frank Whisnant, Ollie Turner, Leonard Hobgood, Dalton Hobgood and Arthur Dunigan.

Flower bearers were Mrs. Frank Whisnant, Louise Robertson, Leroy Honeycutt, Elsie Hobgood, Lera Turner, Miss Nannie Mae Wilson, Gracie Wilson, Thelma Stewart.

Sleep on dear sister, it was so hard to give you up, but we feel that you are safe in the arms of Jesus in that Heavenly Mansion.

Sleep on dear sister and take thy rest,
We all loved you, but God loved you best,
And called you home to be at rest.

Written by her loving sister,
Miss Emma Rycroft.

ADVERTISE IN THE TIMES
FOR RESULTS

Commodities Given In April Greater Than Ever Before

Raleigh, June 5 — More food, clothing and household articles were distributed to North Carolina's needy in April, 1940 than during any previous month since the beginning of the surplus commodity program, A. E. Langston, State director, said yesterday.

Total value of distribution during the month reached \$313,747 for the 5,052,835 units going to 43,774 families and 1,876 schools lunch rooms. Each of the 132,460 children aided received slightly more than 11 pounds of food valued at 78 cents. An average of 70.6 children were serviced through each of the schools co-operating in the free lunch program, each child receiving 20 meals during the month at a cost of about four cents a meal.

Average amount of food going to a family was 82 pounds worth \$4.82. The 209,408 individuals aided in their homes got a little over 17 pounds each with a cash

value of \$1.01. Comforts, mattresses and clothing given away were estimated at a retail value of \$67,337, and the 4,965,801 pounds of food was worth \$246,409, Langston said.

Three items of food: canned apples, canned peaches and shelled pecans were distributed exclusively through lunch rooms to add extra vitamins to the diets of needy, undernourished children.

Butter, graham flour, white flour, grits, corn meal, rolled oats, fresh apples and oranges, dried prunes, raisins and lard were given both to lunch rooms and to individual families through the county welfare departments.

An agency of the State Board of Charities and Public Welfare, the commodity distribution division received the surplus food products from the Federal Surplus Commodities Corporation which purchased them in areas of over-production to effect market stabilization.

ADVERTISE IN THE TIMES
FOR RESULTS.

Reverses Old Film Tradition

Christy Cabanne, veteran motion picture director, defies screen tradition in Universal's new Bob Burns comedy, "Alias the Deacon," now playing at the Dolly Madison.

A highlight of the picture is a prizefight between Dennis O'Keefe, the young hero, and Guinn "Big Boy" Williams, who

appears as a beetle-browed heavyweight. Tradition decrees that the hero must always win, but director Cabanne ruled otherwise.

The fight goes at a tremendous pace for ten rounds, and ends with Williams the winner and, of course, O'Keefe, the hero looser.

A highlight of the picture is a prizefight between Dennis O'Keefe, the young hero, and Guinn "Big Boy" Williams, who

appears, according to tests made by Dr. W. D. Valleau and Dr. E. M. Johnson of Kentucky College of Agriculture.

RUBBER

Because the armed clash in Europe may affect the United States' rubber supply, the U. S. Department of Agriculture has revealed a plan to increase rubber production in the Western Hemisphere.

Hotels...

AN ASSET TO THE COMMUNITY AND A SERVICE TO THE NATION

The Week of June 2nd. to 8th. Has Been Set Aside As

National Hotel Week

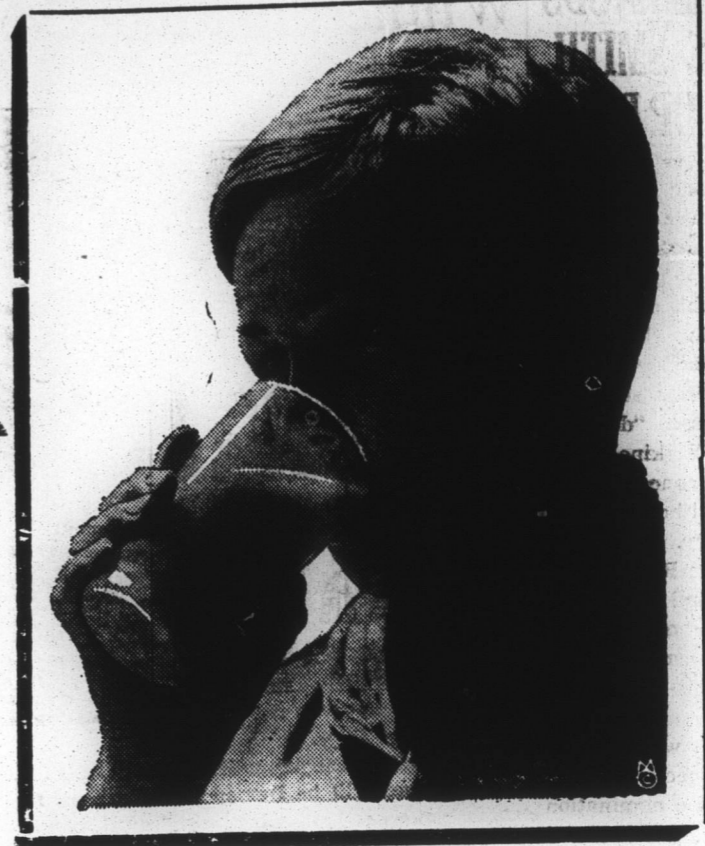
You Are Cordially Invited To Visit

Hotel Roxboro

During National Hotel Week.

See the rooms — Take a meal at your hotel — It's your hotel — Come to see it.

Mr. and Mrs. Karl Burger



June is National Dairy Month

We salute DAIRY MONTH in saying: "Drink three glasses of milk daily for thirty days and feel the difference in energy — Stamina — and health." Here's why: Milk prolongs youth for it supplies protein which builds and renews worn-out muscles and nerve tissues. Milk gives strength and energy. It supplies calcium and phosphorus which keep teeth, bones, muscles and heart healthy and strong. Rich in vitamin A, milk builds resistance. Join the millions — drink milk at meal time and between meals. You'll feel the difference in energy and good health.

ROXBORO DAIRY PRODUCTS CO.

A. C. Fair, Manager

Quail Roost Grade A Milk

Photo 2921

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to delight the hearts of Summer brides...

Practical—Lasting—Easy and Inexpensive to Buy from a Wide Selection—Economical to Use with Cheap Electricity!

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PONTIAC BUILDS ANOTHER MILLION CARS!



NO WONDER PONTIAC IS HAVING THE BIGGEST YEAR IN ITS HISTORY!

PONTIAC VOLUME GIVES CAR BUYERS ALL TIME HIGH IN CAR VALUES

<p>THE FIRST PONTIAC (1908)</p> <p>Base price, \$205. Wheelbase, 110 inches. Horsepower, 36. Weight, 2320 lbs. Price per H. P., \$56.97. Price per lb., 30 1/2 cents.</p>	<p>THE 1934 PONTIAC</p> <p>Base price, \$783. Wheelbase, 117 inches. Horsepower, 37. Weight, 2320 lbs. Price per H. P., \$21.16. Price per pound, 25 cents.</p>
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PONTIAC is built to order for people who want to make a change from small cars! That's why Pontiac, which passed the 2,000,000-car mark this week, is having the greatest year in its history!

Ask any one of the thousands of small car owners who have changed over to Pontiac this year why he did so and he'll tell you plenty!

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