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FAMOUS SOUTHERN RECIPES

CHEESE ROLLS
1½ cup sifted flour
1 teaspoon baking powder
¾ cup grated Am. cheese
3 tablespoons shortening
Speck cayenne
2 pimentos
½ cup milk
½ teaspoon salt
Sift dry ingredients together, cut in shortening with two knives or pastry blender until of consistency of corn meal add milk, then turn dough onto floured board and roll inot 8x12 sheet. Sprinkle with cheese and diced pimentos, roll up like jelly roll and cut into 8 crosswise slices. Arrange the rolls cut side down on top of tuna mixture. Bake in hot oven, 450 degrees, for 30 minutes.

SWISS STEAK
Cut of round steak 1 inch thick

Salt and pepper
Carrots
Flour
Potatoes
Onion (optional)
Catsup
Pound steak well on both sides, then pound in salt, pepper and flour, use flour generously as you want a nice gravy in the finished dish. Melt grease in hot skillet, place meat in skillet and brown well on both sides; add 1 or 2 cups of water to meat and let simmer for 1 hour. When meat is fairly tender, add vegetables which have been cut in medium pieces, also enough more salt to season vegetables. Over all this sprinkle generously with catsup. Let simmer for 1-2 to 1 hour. You will need to add more water as the meat and vegetables cook, so you will have gravy. The amount of meat and vegetables will depend upon your individual needs.

MONTREAT NEWS

Sympathy is extended to the family of Mr. Marion Walker who passed away in Black Mountain last Friday. He had been employed by the Montreat Association for over a year and is greatly missed by his former associates.

Mr. A. S. Arnold, of Greensboro, is again spending a short vacation here. He has recently retired as Executive Secretary of the Cone Memorial Y. M. C. A. and upon returning home will be with Guilford College on a part time basis. We hope that he and Mrs. Arnold will continue to make this their favorite vacation spot.

The many friends of Mrs. Robert Guillen will sympathize with her in the homegoing of her mother, at Fountain Inn, S. C. We have missed her regular visits to Montreat and hope that she will be able to resume them soon.

Following balloting for the "Superlatives" in Montreat College, these students were elected as the most versatile (in the college): Elizabeth Harkey, (in the High School) Peggy Shelling; most friendly, Helen Cassell and Ann Carpenter, most athletic, Faith May and Martha Hunter; most successful, Mary Jo Jackson and Ruth Smith; most dependable, Joan Radrian and Ann Carpenter; most attractive, Gloria Diaz and Wanda Pierce; and the most intellectual, Mary Ellen Lucas and Grace Payser.

Mrs. Barbara Hassell, accompanied by her daughters, Lt. Rosalee and Miss Rachel Hassell, visited her other daughter, Carolyn, here this week. Carolyn returned to their home in Hendersonville, with them.

On January 26, Jack Rank,



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is supported by the students of many schools and colleges throughout our country.

June Garland and Alma Lancaster, 1945 graduates of Montreat College, visited here over the week-end. They are now students in Maryville College, majoring in Bible.

Miss Elizabeth Hoyt spent the week-end at her home in Maryville, Tenn. She went to see her brother who has recently returned from Germany.

Mrs. W. R. Henderson has returned and will take up her work again, after spending some time at the home of her son, in Birmingham, Ala., while recuperating from the flu. She will be hostess for the college personnel now residing at the Inn.

Seven new students registered at the beginning of mid-term, three in the college and four in the high school department.

The Mountain Elf says: "Yes, I like this winter world, All sifted with falling snows, But excuse me while I go inside And warm my freezing toes."
—M. Robertson.

NOTES ON RATIONING

The Buncombe County war price and rationing board offices, situated on the seventh floor of the courthouse are open from 9 a.m. to 3 p.m., Mondays through Fridays and remain closed Saturdays. The board office is closed the first work day of each month. SUGAR—Stamp 39 is good for five pounds through April 30.

Persons desiring to make application for replacement of lost or destroyed sugar ration books or for furlough rations of sugar must obtain application forms from the Area Price board on the seventh floor of the courthouse and mail them to the Raleigh district office, in the Capitol Club building, Raleigh.

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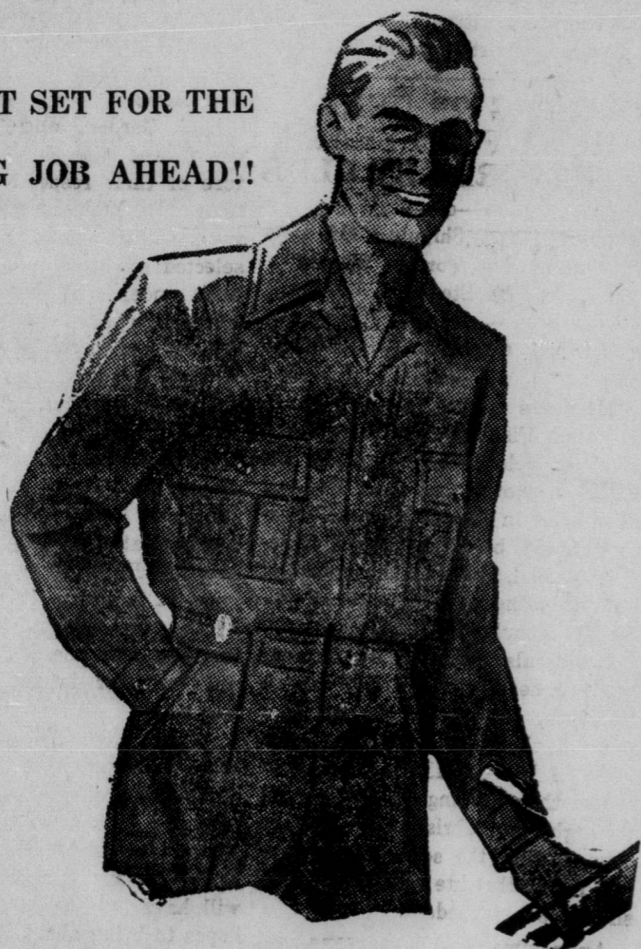
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