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First Choice for a Picnic—Fried Chicken
(See Recipes Below)

Eat Outdoors!

The time has come to take the picnic baskets out to the shady glen or under the old oak tree in the back yard and let the outdoors spread its inimitable seasoning to savory-cooked foods. Why not plan to eat outdoors at least once a week this summer?

Eating outdoors will get Mother put of the sweltering kitchen for at least two hours; it will give Dad time to contemplate the beauties of nature; and it will give youngsters a chance to catch up on out-of-doors secrets.

Outdoor eating is spoiled if there's too much fuss connected with it, so plan everything as simply as possible. The family will enjoy nibbling on a chicken leg with their fingers much more than trying to carve a piece of pot roast for every bite they take. If they don't want to wrestle with salads, take along whole fruits like oranges and tomatoes, pears or grapes, or such things as carrot sticks and celery hearts and let them get their vitamins that way.

If it's pie or cake for dessert they like, bake and leave in its pan, as it's easy enough to place that in a box and slice as it's needed on the picnic.

Here's an unusual way of preparing potato salad that's both flavorful and easy to make. If you are having a light supper, you won't need extra meat:

Hot Potato-Sausage Salad.

(Serves 6)

- 1 pound sausage links
- 6 medium-sized potatoes
- 1/2 cup minced onion
- 1/2 cup vinegar
- 3 tablespoons sugar
- 2 teaspoons water
- 1/2 teaspoon salt

Pare potatoes and cook. Drain and cut in 1/2-inch squares. Place sausage links in skillet and add a small amount of water. Cover and steam for 5 minutes. Drain off remaining water and cook sausage over low heat, turning to brown evenly. Remove links from pan. Add onion to drippings and brown. Add vinegar, water, sugar and salt. Stir and cook about 10 minutes. Pour over potatoes. Top with sausage links.

Lynn Says:

Sandwiches for Summer: Nut bread tastes mighty good when spread with orange marmalade, currant jelly and a grated rind of lemon mixed with cream cheese.

Or mix chopped, cooked fruits with cream cheese and spread on date bread.

Date paste or mixed dried fruits ground into a paste and mixed with cottage cheese offer a taste treat on raisin brown bread.

Cut peeled cucumber very fine, mix with mayonnaise and give it a dash of onion juice and spread on thin slices of white bread.

You'll also like these combinations: cottage cheese with grated carrots, apple butter with raisins and chopped nuts; cream cheese with finely ground, hard-cooked egg and minced green pepper.

Cottage cheese mixed with ripe olives or green stuffed olives gives an attractive color to pinwheel sandwiches.

Sweet salad desserts are excellent for strictly feminine luncheons. Diced canned cling peaches plus assorted fruits, frozen in gelatin-thickened whipped cream, are tops.

For enjoyable eating, include shiny black olives in your picnic lunches. To keep them shiny and to prevent shriveling, roll them in a few drops of olive oil or salad oil and wrap them in wax paper.

Art Club—Ceramics

"Just mud"! Yes and no! Not the kind of mud that we are said "to sling". This is supposedly the prerogative of politicians. But "glorified mud", mud touched by the skill of creative genius.

"Hath not the potter power over the clay, from the same lineup to make one part a vessel unto honor and another unto dishonor?" Romans 9:21.

Can pottery speak? Yes, but not in our language. It is "eloquent" in a language that all who wish may understand. Knowledge of "ceramics" can have a direct bearing on a much disputed climatic theory. This will be mentioned later.

Traiss-Jordan is now of great interest, with the Palestine question at the forefront of the news and, especially, since the 63 year old Emir of Traiss Jordan, Abdullah Ion Hussein, elevated himself to be king by permission of the British. Amman, his sun baked capitol, is the Rabbath. Ammon of the Bible. This 35,000 square mile territory is rich in historical and archaeological treasures.

Nelson Glueck, director of American School of Oriental Research, Jerusalem, thinks that the Nabatean civilization was in many ways the finest of all those which rose and fell in Traus-Jordan. Extensive commerce was carried on by them with Arabia and Syria. Gaza was the seaport, from which the vessels carried their merchandise to Rhodes, Italy, Alexandria and other places on each side of the Mediterranean. At least 1,500 Nabatean watch towers, fortresses, villages and cities have been discovered, recognized as Nabatean by the evidence of their pottery made of finely levigated clay. The color ranged from reddish-brown, to red, to drab, between layers of red-brown or red. It is unbelievably thin. There are very fragile cups, saucers, shallow dishes, jugs, and bowls of most delicate workmanship. There is said to be no traceable affinity with any other pottery in the painted designs on some. The stylized floral or leaf patterns in solid red-brown color are superimposed on very delicate parallel lines, stylized, representative veins of leaves.

In 106 A. D., the Romans under Trojan conquered Traus-Jordan. The discovery of the long line of early bronze age settlements throughout the length of this country authenticates the general validity of the back ground of the length of the land several Eastern Kings who swept through Genesis 14, which tells of the centuries before the 20th century, B.C., about 4,000 years ago.

For better protection from enemy invaders, settlements were usually located on a hill or some rise of land, and surrounded by a fortification wall. When any settlement was destroyed, regardless of the cause, the people that came later built for the same reasons on exactly the same place. These seldom, if ever removed the debris. They merely levelled off the ruins and built above them. Possibly twenty cities would be built over each other in this sky scraper fashion, as were Troy, Jericho and many others. Even in Jerusalem, the street levels are in some places approximately twenty-five meters above the level of the first structures. Thus many civilizations were superimposed each upon the preceding one. This type of artificial city-hill is called a "tell". Tell Beit Mersein (Quayath-sefer, or Keryath-sepher or Debir) showed fifteen different settlements built during the course of 1600 years. This was arrived at on the basis of the hundreds of fragments of pottery, which belonged to all the layers of the ruined villages contained in it. The Arabs use this term "tell" for the "neglected monuments of destroyed civilization". "A tell forever, an everlasting ruin".

At Ebon Geber (Elath), Solomon's seaport and industrial site on the northern shore of the eastern arm of the Red Sea, five successive settlements were excavated by an expedition of the American School of Oriental Research. Fell Khelifeh contained the outer fortification, wall and the gateway of Ezion-Geber I, their foundations resting on virgin soil.

To be continued next week.

Northern Port
Although Hammerfest, Norway, is farther north than any other town in Europe, its harbor is ice-free all year round. Because of warm westerly winds and the North Atlantic drift originating in the Gulf of Mexico, the average January temperature in Hammerfest is only a little below freezing.



New York Symphony:

Silhouettes in the Night: Fannie Hurst and her pup in the Park at the crack of dawn. . . Tony Eden, the diplomat, checking his luggage at LaGuardia Airport. . . Frank Thimatra devouring a meal (at Howie's) that would fill two heavy-weights. . . George Raft among the other Sardines at Sardi's. . . Andy Russell and the Ritz (Aff) Bros. dining at Olin's. . . Ann Sheridan (and her feller) at the Rivera ringside. . . B. Baruch (the United Statesman) quitting his Central Park bench to amuse the tots at the playground. . . Meeshaaa Auer thrilled about being cast for the radio version of "Tovarich." . . Mrs. John Mason Brown (wife of the critic) looking refreshing despite the whewmidity. . . Mrs. Wendell Willkie at the Blue Angel. . . The man who makes you pause and say: "Oooh, there's Mr. Molotov!" He is Bill McKamy, executive at the J. Walter Thompson agency.

Memos of a Midnighter: Her ex-husband says Rita Hayworth isn't at all proud about the Atom being named for her and her film, "Gilda," one of the best press agent tie-ups (we thawt) in history. He says it wasn't any tie-up—that they really adore Rita and so christened it after her. He wished, however, their child, Rebecca, could one day say: "My mother's name was on the very last atomic bomb!"

Midtown Vignette: It happened in the Krotz Bulc the other night. Our reporter was none other than the boss himself, Shoim Billingsberg. . . He was touched by the episode. . . An army officer asked that bar-keeper Tony Butrico join him at his table for a drink. "We served together overseas," said the officer. . . He reminisced long with Tony and then insisted on having a photo taken of their meeting. . . The officer made a terrific hit with the staff and patrons by this demonstration of democracy and being a nice guy. . . His name (and mark it down high on your list) is General H. F. Kramer.

Sounds in the Dark: At the China Doll: "She knows all the answers. It's the questions that confuse her." . . . At the Mermaid Room: "He's lost weight, but he was once the biggest jerk in town." . . . At Monte's on the Park: "She has the lead in his next flop." . . . At Leon & Eddie's: "She's saving her husband's money for a Reno day." . . . At Chandler's: "Now that there's no OPA people should be reminded that a fool and his money are soon worthless."

Lois Thrasher, a Chicago news-gal, belongs in any column about newspaper heroes. . . Not too long ago the wife of a gov't official was slain in a Chicago hotel and Lois took a job there as a chambermaid to check the movements of a suspect. . . After maneuvering to be assigned to the floor where the suspect lived, Lois inspected his suite with no luck. . . In addition she had to scrub a dozen bathrooms on hands and knees!

Jackie Kelk witnessed a woman trying to navigate in a traffic jam. She rammed the car in front of her, then tried to back up and knocked down a pedestrian. Then she tried to move over to the curb and smacked into a hydrant. A gendarme rushed up. "O.K., lady," he demanded, "let's see your license." "Don't be silly," she grunted. "Who'd give ME a license?"

When Frank Ward O'Malley (one of the craft's greatest) was on the New York newspapers they could always be counted on to give you your two cents worth. . . Frank once had a city editor (of the old school) who made him rewrite his copy at least once—no matter how good it was. . . To even matters with him, O'Malley (who was doing an article on the origin of the Supreme Court) dug up a piece of the city editor had written on the subject years before. . . O'Malley copied it word for word and then handed it in. . . The editor glared, read and barked: "I could do a better job than this when I was in the newspaper business six months!" "That's funny," jibed Frank. "You wrote this junk when you were in the business six years!"

Judy Canova knows the laziest television performer in the country: "A comedian who just holds up his joke book before the camera."

Morton Thompson's new book, "How to Be a Civilian," revives the one about the G.I. in his first Automat. He kept putting nickels in slots and carrying the food back to a table, repeating the trick for 15 minutes. The food was a foot high all over the table.

A fascinated civilian asked him: "Haven't you enough food? You'll never eat all that. Why don't you quit?" "What!" exclaimed the G.I. "Quit when I'm winning?"

NATURE STUDY

By Mrs Thomas Sharp
Red Lobelia—Cardinal Flower

The strikingly attractive member of the Lobelia family may well be called, "The Scarlet Tanager of the Wild Flowers". Its glowing red-coloring sends out a special invitation to the Ruby-throated humming bird, by which bird it is chiefly fertilized.

The slightly angular, smooth, leafy, and hollow stalk grows, usually single, from perennial off shoots, or slightly hairy, and are oblong to lance-shaped. The numerous flowers of unsurpassing vividness are gathered in a loose and often one-sided terminal spike. The corolla (one inch long) is split down the upper side. Its five narrow, pointed, flaring, velvety lobes are bent at right angles, the three central ones being set together, and partly separated from the other two which are erect and at right angles with the central one and opposite each other. United in a tube around the style, and standing out far beyond the throat of the flower, are the five stamens with prominent, curving tip. The green calyx has five long, slender parts.

Look for this lobelia in very moist places such as banks of streams and ditches.

The Great or Blue Lobelia has large and handsome bright blue flowers. The lobes are much shorter than those of the Red Lobelia, and the stamen tube does not stand out beyond the corolla.

In grassy meadows when the soil is dry and somewhat sandy, one may find the pale spiked Lobelia with its slender, wand-like spikes. The brittle stalk is noticeably twisted. Scattered along the spike are small, two-lipped pale blue flowers with the lower lip of each three-parted and two white swellings at the throat. The smaller upper lip is divided. This cleft separates the tube its entire length.

Although Samuel Thompson is supposed to be the discoverer of the medicinal value of the Lobelia Inflata (Indian Tobacco Asthma Weed), it was in domestic practice by New Englanders long before. The whole plant is "active", but the roots are more so. It is an expectorant a relaxant, sedative, and secondarily, a cathartic. It is dangerous unless given with care, but excellent as an ointment for external use. If the leaves and capsules (seed cases) are chewed for a short time, a sensation of giddiness, followed by headache, nausea and vomiting, will be produced. Serious results may be caused by swallowing these parts. The Indians used the leaves as tobacco, hence one name. It is now used in various affections of the throat. Croup, asthma ("asthma weed"), and acute attacks of catarrh.

The small light blue flowers are set on tiny stems, generally in the axil of a leaflet. Prominent in flated seed cases ("inflata") succeed the flowers, making this lobelia easily distinguished from the others.

The red and great blue Lobelias are very rare as ruthless hands, because of their gorgeous coloring, have almost exterminated them.

(Copr. Black Mt. News, 1946)

Colorful Eruption

The two-day eruption of the volcano Krakatoa, Netherlands Indies, 1883, was so violent that actual sounds of the explosion were heard nearly 3,000 miles away. This distance is the greatest at which sound waves have ever been perceived. Dust, stones and ashes were shot up into the air more than 17 miles, and a remarkable series of red sunsets appeared all over the world, caused by the spread of fine volcanic dust through the atmosphere.

The William Brearley

(S. C. Home)

Seven Sisters circling around Montreat, our summer home, are found.

Slaty, first of the maidens fair Lifts her head in the sunlight air. And then on Piney's height we gaze With Greybeard lost in the misty haze.

Next, Little Piney stands in line Her head exposed to rain and shine.

On regal Rainbow's lovely breast A jewel, Chapman home, finds rest.

While laughing Lookout sounds the call To hikers, tempting one and all.

At last, to Brushy leads the trail Where views of beauty never fail.

'Tis here on Brushy's ample breast We find the place we love the best.

It's called "The William Brearley Home"

It welcomes us when'er we come Our pastors from Palmetto State.

It greets with pleasure soon or late. And welcomes them without a fee.

The others pay the cost, you see. Read Second Kings, four and ten.

To learn what we would do for them. Our women through their budget gifts.

Improvements make, and mend the rifts.

And so in beauty and in size Our S. C. Home delights the eyes.

But, sad the fact they must relate Some failed to get in who asked too late.

Now, friends so dear who found rest here Please work for the ANNEX year by year.

FOR WINTER TIME:

"As I was coming down the trail I got an awful scare. I saw a man in a woolly coat And I tho't he was a bear!"

THE FAREWELL ONE FOR THIS WEEK

"Now I'll bid you a fond farewell I'll go with my scribe to the gulf state fair, But since that's not really where I belong Guess I'll be a pelican there".

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