

PELICANS RETURN

Brown pelicans, which used to shun the coast of North Carolina during the winter months and only occasionally established residence there even in summer, have been observed by the hundreds in the vicinity of Ocracoke within the past few weeks, according to Harry Davis, curator of the Museum Division of the State Agriculture Department.

Say You Saw It In The NEWS

SUNDAY VISITORS

Mr. and Mrs. Carrol Jones of Black Mountain and Mrs. Bertha Moody of Asheville were Sunday visitors of Phillip and Jennie Mae Creasman of Black Mountain. Mrs. Moody is a niece of Mr. Creasman.

ROANS HERE

Miss Ester Roan and her mother, Mrs. G. R. Roan, of Athens, Tenn., are in their summer home on Blue Ridge Road for a few days.

Babies Sensitive To Diet Change; Dr. Richardson

How time has brought about change in the methods used in feeding babies and in weaning them is described in detail by Dr. Frank Howard Richardson in an article "Well Baby Clinic" which appears in the February number of Holland's, the magazine of the South. Because babies are creatures of habit and sensitive to sudden changes, he usually did not like the abrupt manner in which he was taken off his mother's milk or a formula in a bottle and changed to solid food and milk from a cup. This was called weaning, and it was an experience painful to mother and baby alike, Dr. Richardson, who is a recognized authority in his field said.

"Today, the addition of various items to the baby's diet begins much earlier, and is increased gradually throughout the year," the Black Mountain physician points out. "The first of these is water which is offered the very first day, not in any prescribed quantity, but as much or as little as the baby will take when the bottle is given him."

Rickets are prevented by adding vitamin D and vitamin A. Some physicians prefer other products but whatever the item used deformities characteristic of rickets are rarely seen.

"Scurvy, with its bleeding gums and swollen joints, is prevented by the early use of vitamin C," the article continues. "Cereal is usually added around the age of five months; vegetables at six; fruits at seven. The starting time for each of these varies with the season, the climate, and the size and requirements of the baby."

In conclusion Dr. Richardson warns his readers not to take the instructions as laid down in his article too literally. The information is not supposed to take the place of the directions and guidance of the baby's own doctor—a service that every baby deserves and that every mother ought to have.

—Mrs. John Obermeyer left Tuesday for a week's visit with friends in Monroe, N. C.

IN MEMORY OF MR. GEORGE WRENN

In appreciation of Mr. Wrenn's helpfulness and many out-of-the-way kindnesses, the children of the playground have presented to the Black Mountain Library one of the choice book of the year, "Story Parade".

Children from all parts of our country are familiar with the magic story telling and imaginative drawings of the authors and artists who have combined to make this book a "chest of treasures" far better than "Pieces of Eight!" The book has been described as a "literary potpourri"—"A little of this and a little of that," a bit of seasoning. Especially pepper and salt, a touch of poetry with a real flavor of its own to bring out the real flavor of the stories as does salt in our daily meals. There are stories for every mood—the doings of girls and boys like yourselves, strangs adventures, strange places, animals, and pure nonsense are the ingredients in this Story Parade Treasure Book.

Letters To The Editor

January 27, 1947. 2605 Swern St. New Orleans 20, La.

The Black Mountain News Black Mountain, N. C.

Dear Editor:

We have been receiving our paper regularly and we eagerly look forward to each issue to see what has happened back home.

As the W. N. C. Sanatorium means much to us we would like to say Miss Brown is doing a great job of the events there, and we read with interest Mr. Roy Taylor's efforts and interests for additional funds for our sanatoriums and other state institutions. We, knowing some of the needs, feel they should be supported more adequately, for they are doing a great job with what they have available to care for their patients, and help those who are unable to have medical care otherwise.

May we say "Hello" to our many friends around Black Mountain, and we are all fine.

Very sincerely, The Mack Summeys.

List Those With Perfect Attendance

The following grade school pupils were neither absent nor tardy during the period which closed last week at Black Mountain elementary school:

First grade, B. Shuford, teacher, Alvin Clark, Alain Holcombe, Sherman Hyder, Larry Morriss, Dallass Nanney, Rodger Rodgers, Bobby Watkins, Hilda Worley, Murle Capell, Johnnie Clements, and Keevie Ballard.

First grade, Mrs. Dempsey Whitaker, teacher, Louise Ball, Opal Brown, Carleton Bowling, and Robert Hutchins.

First grade, Mrs. Ruth Kennedy, teacher, Revonda Medford, Carl Bartlett, Clayton Harden, Jerry Kerlee, Andy Stafford, Jerry Stafford, and Terry Swann.

First grade, Margaret B. Maloney, teacher, Lwan, Atkins, Sandra McCall, Melba Riddle, Charles Bartlett, and Jamie Knupp.

Second grade, Miss Lucille Thayer, teacher, Daniel Elliott, Bobby Gasperson, Danny Hampton, Perry McAfee, Daniel Nanney, Marvin Nelson, Charles Rogers, Jimmy Watkins, Lattie Slagle, Ann Ham, Wanda Reese, Margaret Watkins, and Rosa Whitaker.

Second grade, Mrs. Evelyn Mann, teacher, Jimmie Burke, Vanlee Burgin, Bill Garrison, Gene Grant, Richard Johnson, Beatrice Bailey, Mae Burnett, Julene Dotson, Jeanette Grant, Inez Hughes, Edna Myers, and Leona Whitaker.

Third grade, Joy Edwards, teacher, Russell Bentley, Eugene Burke, Lawrence Elliott, David Hamby, Betty Burnette, Margie Gardner, Vivian Griffin, Grace Robinson, Willie Kate Slagle, Josie Surret, and Barbara Jean Harvey.

Third grade, Mrs. Bennett, teacher, Ray Ballard, Jay Ballew, Billy Bartlett, Frank Jordan, Kenneth Martin, Leon Taylor, Grady York, McClenda Creasman, Faye Hollifield, Faye Rice, and Nora Williams.

Third grade, Mrs. White, teacher, George Blanton, Mark Elliott, Benny Joe Hyder, Michael Levesav, Bobby Nix, Melvin Rollins, Billy Wells, Loretta Allison, Betty Jean Ball, Myrna Bartlett, Dorothy Ann Elliott, Mary Louise Fortune, Estelle Levi, Georgia Melton, and Marilyn Morris.

Fourth grade, Mrs. Evelyn D. Goodson, teacher, Paul Gasperson, A. T. Hollifield, Dale Ritchie, Henry Rogers, Edward Shoemaker, Carl Thompson, George Thompson, Charles Whitaker, J. R. Williams, Jr., Katherine Bailey, Mary F. Kellev, Peggy Marlow, Ann Morris, Rhoda Morris, Delores Odom, Shirley Ried, Juanita Rice, Elaine Shoemaker Patricia Tyson, Pauline Vanover, Mary A. Whitaker, and Carolyn Wood.

Fourth grade, Miss Higgins, teacher, Johnnie Rainis, Landon Runion, Bobby Stone, Lois Blankenship, Ann Letherwood, Pansy Melton, and Mary Ann Wellet.

Fourth grade, Miss Evelyn Cauble, teacher, James Byrd, Wayne Cordell, Jon Dannenhower, Harold Davidson, Eugene Kelly, Donald Knighten, Charles Morris, Arnold Nelson, Lewis Quinn, Eugene Sneed, Robert Ellis Willoughby, Geneva Brown, Loretta Brown, Rowena Garrison, Julia Kerlee, Peggy Ann McCall, Susan Merrick, Lois Nanney, Hazel Pittman, and Shirley White.

Fifth grade, Mrs. Frankie R. Earley, teacher, Gary Grove, Johnnie Hall, Charles Hensley, Eleanor Justus, Eugene Knoefel, Betty Lytle, Doris McMahan, Virginia Reid, Arlene Swann, Bobby Whitaker, and Paul Wright.

Fifth grade, Miss Tipton, teacher, Ellen Bartlett, Joan Lunsford, Viola Melton, Betty Stroud, Helen Taylor, Hazel Wheelon, and Gerald Bartlett.

Fifth grade, Roberta B. Hudgins, teacher, Kenneth Burgess, E. V. Gouge, Billy Henderson, J. L. Hollifield, James Jones, Glenn Melton, Sanford Sarti, Thomas Solesby, Dean Summey, Alma Ballew, Lillian Brown, Julia Anna Capps, Virginia Dotson, Betty Lee Hutchins, Texie Mundy, Hazel Reese, Betty Stephenson, Janet Swenson, Faye Williams, and Jean Williams.

Sixth grade, Mrs. Wm. Hickey, teacher, Theodore Nelson, David Lee Parris, Gordon Spendlove, Howard Thompson, Sidney Maccauley, Jean Rogers, and Wetzell Nanney.

Sixth grade, Eunice Beddingfield, teacher, Jacky Atkins, Charles Curtis, Kenneth Davidson, Arnold Jones, Earl Jordan, Jack

Stafford, Betty Jane Freeman, Kerstein, David Mundy, Charles ne Fox, Evelyn Franks, Sybil smith, Glenn Hentschell, Joyner, Eugene Jones, Johnson, Larry McCall, Tabers, Eloise Norton, Carolyn mons, Lee Palsom, Jimmy Jerry Prescott, Walter Reed sell Rowland, Junior Sparks, Simmons, Rowena Stepp, and Willit.

Sixth grade, Miss Lindsey, teacher, Lawrence Allen, James Allison, Andrew Cook, Charles Davis, Donald Fortune, Lynn Gilliam, Wilburn Kelly, Howard Melton, Braza Odum, Betty Austin, Allie Bartlett, Katie Dalton, Nancy Dougherty, Geraldine High, Celeste McCall, and Mittie Melton.

Sixth grade, Miss Lena Allen teacher, Naomi Elliott, Elizabeth Hughes, Andy Jumper, Dean Moffitt, Shirley Mull, Jvonne Nanney, Ann Sawyer, Eva Smith, Maria Spence, Bobby Wheelon, and Mary Jo York.

Seventh grade, Mrs. Billie F. Burgess, teacher, Jimmie Rayfield, Arnold Runion, Margaret Harrison, Joe Ann Norton, Rita Gasperson, Elaine Allison, Doris Higgenboth-widdieam, Connie Daugherty, Carolyn Dinwiddie, Sybil Joyner, Ann Burnette, Barbara Justus, Georgia Robinson, and Ola Mae Bartlett.

Seventh grade, M. S. Stephens, teacher, Bobby Joe Bartlett, Way-

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JFG Special Coffee advertisement with product image and slogan 'The Best Part of the Meal'.

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MARKETING with Marjorie February may be short on days, but it's certainly long on holidays... what with national holidays and Valentine's Day, too, all calling for celebration this month!

HEAVENLY HEARTS Your family will elect you their valentine when they taste this dessert starring SPARKLE VANILLA PUDDING from the A&P! Cut pastry (1/2" thick) with heart-shaped cookie cutter.

CHEER-WORTHY CHERRY PIE Washington's Birthday without cherry pie? No, indeed! And, to give it an extra festive touch, before baking I cut out with a sharp knife two hatchet-shaped designs about three inches long in the top crust.

THE BEGINING OF AN ERA

It was in January of 1879 that Thomas Edison publicly demonstrated the first incandescent electric light. Eight years of tireless work—some six thousand experiments, and great sums of money had gone into the search for a suitable filament for this first bulb even after the basic principle had been established.



This month the entire world honors the memory of Thomas A. Edison on the hundredth anniversary of his birth.

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