



## Speaking OF Homemaking

By Elizabeth Greenwood

Home Service Representative  
Carolina Power and Light Company

### EGGS ARE PLENTIFUL

This is the season when birds get busy. Hens are working at top speed. They enjoy the longer daylight hours as much as we do. Chickens get up earlier and stay up later, eat more food and lay more eggs because it is Spring. Egg prices are slightly lower but food values are as high as ever.

A well accepted luncheon or supper dish is a casserole of hard boiled eggs, boiled potatoes, chopped parsley and white sauce. A special recipe is needed. Allow one potato, one egg and one-half cup of sauce for each person. Dice the eggs; dice the potatoes, combine with well-seasoned white sauce and parsley. Put into a buttered casserole (this looks pretty in oven-glass), top with corn flakes and bake until hot. Fruit for dessert is the right follow-up for the egg casserole. Combine canned apricots with sliced bananas or serve whole bananas or oranges which the children can eat out of hand or outdoors. If you feel that this meal provides too little energy, add some good cookies.

### Chiquita Corn Flakes Cinnamon Cookies

4 cups Corn Flakes  
2 tps. cinnamon  
1/3 cup sugar  
2 1/4 cups sifted flour  
2 tps. baking powder  
1/4 tsp. baking soda  
3/4 tsp. salt  
2/3 cup shortening  
1 cup sugar  
2 eggs  
1 teaspoon vanilla  
1 cup mashed ripe bananas (2 to 3). Use fully ripe bananas—yellow peel flecked with brown.

- Crush corn flakes into fine crumbs. Add cinnamon and sugar.
- Sift together flour, baking powder, soda and salt. Beat shortening until creamy; add sugar gradually, beating until light and fluffy. Add eggs, one at a time, beat well. Stir in vanilla. Stir in sifted dry ingredients alternately with bananas, beating until smooth after each addition. Roll teaspoonfuls of dough in corn flakes crumbs and place on greased baking sheet. Bake in moderately hot oven (400 degrees Fahrenheit) about 10 minutes.

Yield: 5 dozen cookies, 2 inches in diameter.

(Courtesy—Kellogg Company).

### Smokey Says:



It's up to everyone to prevent needless woods fires.

ance of materials throughout the plant.

The power plant, located just across the rail siding which runs full length of the building, is built of masonry walls and reinforced concrete and structural steel frame. This plant houses the steam boilers which produce the steam for operation and processing. These boilers can be operated by either pulverized coal or oil. Adjoining the boiler room or as a wing to the boiler room is the turbine room, where a large turbine produces the power for the plant.

Modern means have been used for production facilities as well as for conveniences and service to all employees of the plant.

### VISITING FRIENDS

Miss Louise Whitehead is visiting friends at Fort Lauderdale, Charleston, and Washington, D. C. Later in the summer she will be with her mother, Mrs. William A. Whitehead.

### VACATION AT HOME

Clarence Cook, student at Cullowhee, spent the spring vacation with his parents, Mr. and Mrs. J. I. Cook.

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ing plant, uses considerable water. This being a dyeing and finishing, which is obtained from an artificial reservoir formed by large scale excavation and the erection of a dam. The water is pumped by vertical pumps through a coagulation tank and filter plant either directly to the production

A control and testing laboratory has been completely furnished with the latest equipment and material. All processing equipment for the plant was especially designed and stainless steel is used throughout where advisable.

Automatically operated doors and conveyors and trucks are used for the economic convey-

• TRY A CLASSIFIED-They sell

### KYLES' GUESTS

Mrs. R. C. Kyles, mother of W. B. Kyles, Mrs. J. W. McClamrock, Mrs. R. E. Goebel, sisters of Mr. Kyles, and Charles Lentz, nephew, of Salisbury, N. C., spent a couple of days last week with Mr. and Mrs. W. B. Kyles of East College street.

### WEEK END GUESTS

Dr. and Mrs. C. L. Bittinger and children, Charles, Jr., and Ann, of Mooresville, N. C., were week end guests of Dr. and Mrs. S. M. Bittinger.

• Have you paid up your NEWS' subscription?

### MRS. TRICKETT HOME

Mrs. Carl Trickett returned Friday from Pittsburgh, Pa., where she had spent a week with Mrs. Ruth Weir, who came home with her to spend a week in Black Mountain.

### GUESTS OF SABISTONS

Miss Sara Tracy and Dade Fisher of Macon, Ga., spent the week end with Mr. and Mrs. Borden Sabiston of Montreat road. On Sunday they made a trip to Craggy.

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### Old Fort Plants Now Working Three Shifts

(Continued from preceding issue)

The interior of this plant is of highly glazed structural tile, buff in color, which extends four feet from the ceiling. This is surmounted by glass block. Thus, with the exception of the offices, there are no windows; the interior being lighter by waterproof drop lights and fluorescent lights. Carrier air conditioning maintains comfortable working temperatures and humidity.

Working conditions are excellent. Air conditioning and ample exhaust vents over all kettles and dryers assure a comfortable atmosphere. A completely equipped first aid room with a registered nurse in attendance is at the service of all employees. Rest rooms are arranged along one side of the building and are also of structural tile with shower and toilet stalls of the same material. Each employee has an individual clothes locker. Entrances and exits to departments by workers is through these rest rooms. Two ten-minute rest periods are permitted during each shift, in addition to a lunch period. Of the 880 employees now on the payroll, about 90% are from the local area, Marion, Old Fort and Black Mountain.

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