AROUND HE DISTRIC By George Vitas

then ever a prolonged spell of weather hits us the most sant sound to our ears is the zling patter of a steady rain, as we've just had. Since Jan. e've had 5 fires on the Dis-two that started on priland and three on national st land. Carelesseness was resible for all three fires on ernment land. Two were startby smokers and one by hunt-In these times of national gency, with our fire fighting cut down to a bone and lumvitally needed for defense, it take great care and cooperaon the part of all of us to the woods from burning up. might add that whenever the onal forest burns—it's your ds that's burning up. If the age in the country's 151 naal forests was equally divided ing all the people your share ald be about 1 and one-third

This week is a week of inspec-ns for us. Don Morriss, Pisgah est supervisor, Don Nichols, ninistrative assistant, Seaborn nson, timber management asand Rudy Fairfax, engant, er-all from Asheville, will give our annual inspection. Incidentbeen just one year since came to this district.

you're one of the folks who s to occasionally eat cheese 'll be interested in what the S. Department of Agriculture to say about it: "Cheese has ong history, its origin is buried legend, and Arab horsemen re been said to have 'discovered' thousands of years B. C. It ced the banquet table of the ars and occurs now in some types which belong to 20 main ties or groups. In 1949, our l output of all types except age cheese was 1,100 million nds, of which 927 million was erican Cheddar."

Cheddar cheese gets its name m the village of Cheddar in mersetshire, England, where it first made about three centurago, though the modern profor its manufacture is relaly new. USDA home economsay that 5 ounces of American ddar are about equal to 1 quart ilk in calcium, phosphorus and ein content, and this cheese ich in vitamin A, though low on. A half pound of cheddar give you as much protein as bund of meat containing bone in moderation, and cheese fat ne of the most popular dietetic mates for meat."

And now comes science and its

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With an assist from a Red Cross swimming instructor, this young miss picks up a few water tricks which will come in handy next summer.

complications: A long time ago cheese makers learned they could produce uniformity of quality in cheese by first pasturizing the milk and then substituting their own carefully selected varieties of bacteria as "starters." All went well until the wonder drug penicillion came along and dairymen began to use it to treat Bossy's common udder trouble-mastitis. But penicillin is no respecter of the dairyman's pet cheese - building bacteria, with the result that milk from cows recently treated for mastitis may contain enough of the giant-killer drug to cause a batch of cheese to come out maybe limburger or something. So now research will have to get busy and find some way to make that ag-ressive penicillin let the cheesebuilding bacterial house guests alone.

GODFREYS VISIT

Mr. and Mrs. C. C. Godfrey spent the week end in Atlanta with their son-in-law and daughter, Mr. and Mrs. Walter Platt. gdest at the Assembly Int. Mrs. Mellinger Henry is con-ducting the annual Red Cross roll call for Montreat. Any one wishing to join Red Cross this year, please

MONTREAT

The every member canvass will be conducted all this week by the Montreat Presbyterian church.

last Sunday were given by Mrs. Crosby Adams in memory of her husband.

The Women of the Montreat Church will hold their annual meeting and dinner Tuesday, March 20. A business session with an-nual reports, Mrs. W. J. Gammon, presiding, will be held in the Assembly inn lobby at 4:30 p. m. Dinner will be at 6:30 p. m. This is a family affair, with husbands, brothers and children present. A program has been prepared with special music, speakers, and the installation of new officers. Keith Townsend, who has been

quite ill at his home on Assembly drive, is much better and was able to be out on Sunday.

to be out on Sunday. There were two groups of young people from the First Church, Charlotte, holding retreats in Montreat over the past week end. Mrs. Julia Wyly has had as her recent guest her daughter, Mrs. Holland, of Marietta, Ga. The Rev. C. W. Solomon is holding special meetings this week

holding special meetings this week in Lillington, S. C., and will be in Lenoir, N. C., this next week end

Marina Punt, who has been quite sick with an infected ear,

is better. Little Larrie Smith is better, after being confined to the house with a heavy cold. Mrs. W. R. Potter spent the past

week end with her son and daugh-

week end with her son and daugn-ter-in-law, the Rev. and Mrs. Robert Potter of Arden. Will Jones has been spending some time at Bishopville, S. C. Dr. and Mrs. Thomas Spence spent this past week in Atlanta as the guests of their brother-in-law and sister, Mr. and Mrs. H. B. McCoy. While the Spences were in Atlanta Maria Spence was a

guest at the Assembly Inn.

Lakewood Area Groups **Meets With Nesbitts**

conducted all this week by the ontreat Presbyterian church. The lovely flowers in church st Sunday were given by Mrs. Toshy Adams in more finance for the takewood area was held Fri-day evening in the home of Mr. treat road. The host opened the meeting

with the record playing "The Lord's Prayer." Barbara Nesbitt and Anne Sawyer sang a duet "Living For Jesus," after which the Rev. Jones Earl Corwin gave a running exposition on I Thess. 2: in which he stressed personal evangelism.

Those present were: Mr. J. B. Tornton, Mrs. T. W. Wright, Mrs. Charles Miller, Mrs. J. N. Wright, Mrs. J. C. Champion, Mr. and Mrs. Zeb Sawyer and daughters, Judy

see her. There has been a very generous response so far.

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and Anne, Mrs. G. M. Prouix, the Rev. and Mrs. Corwin, the host and hostess and their daughters, Barbara and Anne.

The next meeting will be Fri-day evening, March 16, in the home of Mr. and Mrs. Zeb Saw-yer on North Fork road.

FREE TO SERVICEMEN

The American Red Cross opened a recreation club in Pusan, in South Korea, in mid-November. On opening night the club was visited by 10,000 servicemen. The club's facilities, including refreshments and comfort articles, are free to all servicemen.

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Registered nurses, in increasing abers, are showing a keen in-

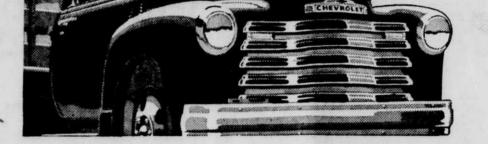


ACOL and in the results that are being se-cured with this great modern formula. Requests have been received from many of these nurses for professional

samples of HADACOL and many of them Mrs. Lovett licated that they recommend HADACOL formula to pa-nts who are deficient in Vita-ns B₁, B₂, Iron and Niacin. Mrs. L. D. Lovett, a registered rse who lives at 2205 Walnut , Philadelphia 3, Pennsylvania, ys this about HADACOL: I was down in Florida for the

st month. I had no energy so reral members of my family told to try a bottle of HADACOL y sister, who is a nurse, was king a bottle so I tried a bottle. feel fine since taking HADA-OL. I do private duty here. I am years old."

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