

# SPEAKING OF HOMEMAKING

BY MRS. ELIZABETH G. PARHAM  
Home Service Representative of Carolina  
Power & Light Company



## VEGETABLES DELUXE

### Stuffed Egg Plant

- 1 good sized egg plant
- 1 can mushrooms
- 1/2 cup chopped onion
- 1 cup cooked minced ham
- Salt and pepper

Cut slice from top of egg plant and scoop out center to within a half inch of outer skin. Chop mushrooms and egg plant meat, and saute in butter. Add onion, minced ham, and salt and pepper. Fill egg plant shell, sprinkle top with buttered bread crumbs. Bake at 350 degrees F. for 30 to 45 minutes. Garnish with pimiento strips.

### Vegetable Souffle

- 2 cups cooked vegetables (chopped corn, carrots, beans, etc.)
- 1 cup thick white sauce
- 3 egg yolks
- 4 tbsp. butter
- Salt and pepper
- 1/4 tsp. nutmeg
- 3 egg whites
- Buttered crumbs

Combine cooked vegetables with 1 cup of thick white sauce. Add egg yolks, butter, salt and pepper, and nutmeg. Beat until stiff, three egg whites, and fold into vegetable mixture. Turn into buttered casserole and sprinkle with buttered crumbs. Bake at 375 degrees F. from 45 minutes to one hour. Serve immediately.

### Red Cabbage

- 4 to 6 strips bacon
- 1 medium sized red cabbage
- 1 sour apple, chopped
- 1 onion, chopped fine
- 1/2 cup sugar
- Salt and pepper
- 1/4 cup vinegar

Cut bacon into small pieces and fry until crisp. Shred cabbage and add to bacon in pan. Add onion and apple and cook 15 minutes. Add salt, pepper, sugar, and vinegar. Cook about 15 minutes longer on very low heat.

### Green Beans Creole

- 1 tbsp. butter
- 1 tsp. prepared mustard
- 1 tsp. Worcestershire Sauce
- 1/4 tsp. salt

4 cups cooked green beans, (fresh or frozen)  
Few grains cayenne pepper  
Cream butter and add other ingredients. Serve on hot green beans.

## POET'S CORNER

Conducted by Anne K. Sharp,  
Creative Writing Club

### A PRAYER

O Lord, we thank Thee for the boys who fight  
Our battles for us while we sit in chairs.  
Give them clothes to warm them in the night.  
Forgive the dinner of the one who shares  
No hardship; the wine that sparkles as a gem,  
While over there a soldier's blood runs cold.  
Forgive our polished leather. Give to them  
The thickness of a sole worth more than gold  
That bands a neck or decorates a chest.  
Forgive our air-foam mattresses while those  
Who fight to keep for us these comforts, rest  
On rock, in filth, to conquer our own foes.  
Give to us, O Lord, who stay behind  
A worthiness of all who free mankind.

—Dorothy Loosley  
Contributed by permission, by Miss Mary Young. Although this poem was composed during World War II, it is most timely now. We are grateful to Miss Young for sharing this one of her "treasures" with the public. We hope that each reader of the NEWS will clip the poem out, memorize it, and use it, as a "prayer."

—While servicemen are in Korea, many of their families need counseling and financial aid at home. Become a member of your RED CROSS Chapter and do your bit.

## Fraternal Order Meeting Schedule

### MASONS

Black Mountain Lodge No. 663 AF & AM. Stated Communications First Friday of each month 7:30 P. M. Robert Hauth, Master.

### ORDER OF EASTERN STAR

Black Mountain Chapter No. 200 First and third Tuesdays of each month 7:30 P. M. Mrs. Reva Hinkle, W. M.

### JUNIOR ORDER UNITED AMERICAN MECHANICS

Black Mountain Council No. 145 Every Monday at 7:30 P. M. Clarence Pegg, Councilor.

Swannanoa Camp 970  
WOODMEN OF THE WORLD  
Swannanoa Camp 970 Woodmen of the World meet fourth Wednesday, 7:00 p. m. Woodmen Hall Buckner building, Swannanoa. Don Wright, council commander. Boys of Woodcraft, every Monday night, 7 p. m. W.O.W. hall.

### JUNIOR RED CROSS

Junior Red Cross members at Black Mountain elementary school have collected 69 books and \$5.00 in cash, which they presented to the new Carver elementary school, as a start toward its school library.

### HERE FROM MORGANTON

Mrs. Jim Beach and son, Eddy, of Morganton spent several days this week with Mr. and Mrs. Blane Gilliam.

### TO PHILADELPHIA

Mrs. B. N. Foster left last Friday for Philadelphia, Pa., after spending some time with her daughter and family, Mr. and Mrs. James Atkins and Becky. Mr. Foster is with the Veterans Administration in Philadelphia.

### SETTLE HERE

Mr. and Mrs. C. E. Long, formerly of Spindale, N. C., who purchased the Arnold house on Briarbrook lane, have moved here to make their home. Mr. Long is retired from the furniture business.

### HERE ON BUSINESS

Joseph Brown of Belfast, N. Y., spent last week in town attending to business, and was a guest at the Claude Betts home.

### VISITS PARENTS

Dillon Gaskins, student at W.C.T.C., Cullowhee, spent from Wednesday to Sunday of last week with his parents, Mr. and Mrs. Cortez Gaskins.

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