

SPEAKING OF HOMEMAKING

BY MRS. ELIZABETH G. PARHAM
Home Service Representative of Carolina
Power & Light Company



MEAT COOKERY

Meat cookery today is an art. The most important guide to follow when cooking meat is to use low cooking temperature. This keeps the juice and flavor in the meat, cuts down shrinkage, makes meat more tender and palatable, and prevents burnt fat drippings. Your aim in cooking meat is to make the meat more attractive and more appetizing, and in less tender cuts, to soften the connective tissue and to keep the fat tissues tender.

It is easy to learn to cook any cut of meat so that it will be tender, flavorful and appetizing. These factors determine the method used to cook any cut of meat:

1. The degree of tenderness of the meat.
2. The size of the cut.
3. The kind of meat it is — beef, lamb, pork or veal.
4. The more tender cuts of meat are usually cooked by dry heat in roasting, chunky cuts, and slicing slices, steaks or chops. Beef and veal should not be broiled because these two kinds of meat should always be served well done. The less tender cuts of meat should be cooked with moist heat as in braising or in water cooking.

Do's and Don'ts for Meat Cookery

1. Do not sear a roast. If meat is roasted in a moderately slow oven (325 degrees F.), the meat will be well browned, tender and juicy, with less shrinkage and lighter colored drippings than if the meat is seared or roasted at high temperature through the water cooking time.
2. Do not cover meat while roasting because steam will form and give the meat a water-cooked flavor.
3. Roast may be seasoned before cooking. Season steaks and chops after broiling.

4. If meat is to be cooked in water, use only a small amount.

5. Do not boil meat. High temperatures toughen meat. In water cooking, keep the water just under the boiling temperature. This is called simmering.

6. Long slow cooking of meat pays better in flavor, more tenderness, and a larger yield of servable meat.

7. Use trimmed fat and strained fat for pan frying.

8. Use bones and lean meat trimmings for soup stock.

VIRGINIA VISITOR

H. J. Engle of Rocky Mount, Va., was a visitor in town over the week end. He came down for his son-in-law and daughter, Mr. and Mrs. Lonnie Ingram, and Sidney, who moved over the week end to Rocky Mount to make their home.

BELMONT GUEST

Mrs. Shirley Johnson of Belmont was a week end guest of Mr. and Mrs. Jack Thompson and Miss Sarah Thompson. They all visited Mr. and Mrs. Clayton White during her visit here.

VISIT PARENTS

Mr. and Mrs. W. E. Vernon Jr. and son, Tommy, of Aiken, spent the week end with the W. T. Wrights and the W. E. Vernons Sr.

POET'S CORNER

Conducted by Anne K. Sharp,
Creative Writing Club

ADIOS!

Bougainvillea flaunting high
Crimson glory to the sky.
Plodding burros hardly seen
Beneath baskets fresh and green,
Sacks of charcoal, pots of clay
From the hills and far away,
Skirts of red, rebosas blue,
Plaited hair and sandaled shoe,
Sounds of sweeping brooms at
dawn
Vendors - beggars - markets
spawn,
Setting sun in sea of light,
Shining stars in tropic night,
Towers outlined 'gainst the sky,
Calling bells that say "Good-bye!"

Fraternal Order Meeting Schedule

MASONS

Black Mountain Lodge No. 663
AF & AM. Stated Communica-
tions First Friday of each month
7:30 P. M. Robert Hauth, Master.

ORDER OF EASTERN STAR
Black Mountain Chapter No. 200
First and third Tuesdays of each
month 7:30 P. M. Mrs. Reva Hinkle,
W. M.

JUNIOR ORDER UNITED
AMERICAN MECHANICS
Black Mountain Council No. 145
Every Monday at 7:30 P. M.
Clarence Pegg, Councilor.

Swannanoa Camp 970
WOODMEN OF THE WORLD
Swannanoa Camp 970 Woodmen
of the World meet fourth Wednes-
day, 7:00 p. m. Woodmen Hall
Buckner building, Swannanoa. Don
Wright, council commander.
Boys of Woodcraft, every Monday
night, 7 p. m. W.O.W. hall.

Red tile roofs, a patio—
Adois to Mexico!

—Mrs. Llewellyn Coppedge,
member Creative Writing
group.

"Adois to Mexico!" many of our
North Carolinians are now saying
after weeks of happy and profit-
able vacations there. Next winter,
the yearning to return will seize
them. The chairman speaks from
experience. The "call" is almost
irresistible.

Mrs. Coppedge lived many years
in Morelia, Mexico, where Dr.
Coppedge, as a physician and
surgeon, had charge of the Pres-
byterian hospital.

The In Memoriam poem in last
week's issue of the News was an
exquisite tribute to Miss Emma
her home in Ellijay, Ga.

Robinson. Miss Emma was one of
the charter members of the Crea-
tive Writing group. For several
years all meetings were held in
her home, with Mrs. Whitehead
as the leader, instructor and in-
spiration. It is most fitting that
this poem should be mentioned in
our Corner. Miss Emma's life was
a full, rich one, ever given in
service for others. Her influence
will live on and on.

MOTHER ILL

Mrs. J. N. Wright left Sunday
to spend a few days with her
mother, Mrs. Holt, who is ill at
her home in Ellijay, Ga.

DUNHAM'S MUSIC HOUSE

"THE HOME OF HIGH GRADE PIANOS"
62 Patton Ave., Asheville, N. C.

Phone 3-3393

—HAS—

- Crosley Shelvador
Refrigerators
- Television Sets
- Ranges
- Radios



— SEE OR CALL —

E. A. Kendrick

412 Vance Avenue

Black Mountain

Phone 7292

NEW 1952 Chevrolet



CENTERPOISE POWER

Vibration and power
impulses are "screened
out" as engine is cen-
tered and rubber-
cushioned between new
high-side mountings.

LARGEST BRAKES

Big 11-inch brake
drums apply more le-
verage for more stop-
ping power. Stops are
smoother, safer, with
less effort.

WIDEST COLOR CHOICE

26 rich new colors and
two-tone combinations
... widest choice in
Chevrolet's field. New
De Luxe interiors are
color-matched.

Lowest priced in its field!

This beautiful new Chevrolet Bel Air—
like many Chevrolet models—lists for
less than any comparable model in its
field. (Continuation of standard equip-
ment and trim illustrated is dependent
on availability of material.)

No other low-priced car offers these fine features!

Every single feature shown here is offered only by Chevrolet in
its field. And every single one means extra pleasure, extra safety,
or extra economy for you. Yet again in 1952 Chevrolet is the
lowest-priced line in its field! Come in and see for yourself!

The Only Fine Cars
PRICED SO LOW!



MORE PEOPLE BUY CHEVROLETS THAN ANY OTHER CARS!

BODY BY FISHER

Fisher Body sets the
standard—for styling,
for craftsmanship, for
comfort! Fisher Uni-
steel construction is ex-
tra strong and sturdy.

4-WAY ENGINE LUBRICATION

Chevrolet's exclusive
engine lubricating sys-
tem supplies exactly
the right kind and
amount of lubrication
to each moving part.

POWERGLIDE AUTOMATIC TRANSMISSION

Powerglide is simpler
with fewer parts to
wear. It's smoother—
no complicated inter-
mediate gears. (Op-
tional on De Luxe
models at extra cost.)

UNITIZED KNEE-ACTION RIDE

Chevrolet's famous
Knee-Action ride is
now even softer,
smoother. New shock
absorbers give even
finer ride control.

CAST IRON ALLOY PISTONS

Pistons are of same
material as the cylin-
der block—expand and
contract at the same
rate. Reduces wear,
saves oil!

MOST POWERFUL VALVE-IN-HEAD ENGINE

Teamed with Power-
glide is the most pow-
erful valve-in-head
engine in Chevrolet's
field and an outstand-
ingly fine performer in
any field!

WIDEST TREAD

Chevrolet measures
58 3/4 inches between
centers of rear wheels
— a broader base to
give you more sta-
bility, less sway!

SAFETY PLATE GLASS ALL AROUND

Chevrolet alone in its
field gives you safety
plate glass in wind-
shield and all win-
dows for a clearer,
truer all-round view.

E-Z-EYE SAFETY PLATE GLASS

This superior tinted
glass cuts down glare
and heat from sun,
glare from sky, snow
and oncoming head-
lights. (Optional at
extra cost.)

McMurray Chevrolet Co.

BLACK MOUNTAIN, N. C.



Venetian Blinds
of



Dust rolls right off these satin-
smooth slats! Made to last a life-
time, of featherlight, flexible
aluminum! Plastic finish is fire-
proof; can't chip, crack, or be
harmed by weather. Custom-
made only. Come in for a low-
cost estimate!

CALL US AT
4 3 8 1

Tyson Furniture
Company Inc
Black Mountain, N. C.