

SPEAKING OF HOMEMAKING

BY MRS. ELIZABETH G. PARHAM
Home Service Representative of Carolina
Power & Light Company



TO SWEETEN AND FLAVOR MAKE IT WITH MOLASSES

Women like to use molasses because it is a shortcut ingredient that does two jobs in one. It flavors at the same time that it sweetens.

Unsulphured molasses has sweet, delicate flavor. It is not a by-product of the sugaring process like some molasses. It is manufactured for itself from the juice of sun-ripened, fully mature sugar cane. The juice is clarified and concentrated. Then it is aged, blended and packaged. It contains no sulphur or other preservatives.

Molasses Shortcuts to Good Cooking

Molasses is rich in iron and is well known energy food. Use these excellent qualities in snacks for children. A good one is slices of bread with molasses peanut butter spread. Just spread each slice of bread with peanut butter and top with 1 tablespoon of unsulphured molasses. Another excellent snack for children is a Molasses Milk-shake. Stir 1 tablespoon of unsulphured molasses into 1 cup cold milk. Serve cold. Molasses Milk-shake is that simple.

Hot Spiced Molasses Milk-shake is a delicious drink for folks of all ages. For this nourishing beverage, stir 1 tablespoon unsulphured molasses into 1 cup hot milk. Beat thoroughly. Dust with cinnamon, allspice or nutmeg.

Flavor Sweetener for Cereal

Whether hot or cold cereal is the favorite in your family, molasses is delicious with both kinds. To sweeten dry cereals, stir 1 tablespoon of unsulphured molasses into 1 cup of milk or cream and pour over the cereal. To serve molasses with hot cereals, allow 1 to 2 tablespoons of unsulphured molasses for each sup of uncooked cereal, and stir it into the cereal while it is cooking.

For a delicious topping to use on gingerbread or puddings, add 2 tablespoons of unsulphured molasses to a cup of whipped cream. This makes a topping with a rich, old-fashioned flavor you will like.

Don't forget the role that molasses plays in dried bean dishes. Whether dried navy beans or dried limas make the dish, unsulphured molasses give the traditional flavoring and coloring. Unsulphured molasses is a beautiful reddish-brown color.

More Ridge. Ramblings—

From Page 2, this Sec.

Friends here of the Winters family of DeLand, Fla., regret to learn of the death one day last week of Mrs. Dr. Alan C. Winters in Alexandria, La. The Winters have been summer residents here for more than 30 years and are well known and greatly loved by our people.

Mr. and Mrs. J. A. Eye, Greenwood, S. C., spent the week end with her parents, Mr. and Mrs. J. L. Wooten. They took Sarah Wooten back home with them for a week.

The Rev. and Mrs. Wm. E. Brant of South Carolina spent the week end at their summer cottage on Bowers avenue. They attended services at the Ridgecrest church.

Miss Mary Paschal, Hickory, was a visitor at the Ridgecrest church Sunday. Over the week end she was in her cottage on Meeks avenue.

The Woman's Christian Temperance Union met at the home of Mrs. Wm. L. Hatcher at three o'clock on Thursday afternoon of last week. Guest speaker was Mrs. Thomas H. Plemmons, editor of White Ribbon, the official organ of the union, Charlotte.

Mr. and Mrs. A. L. Biddix have established residence in Hendersonville where Mr. Biddix is conductor of the local train running from Hendersonville to Toxaway. When these two valuable and beloved citizens came home from Saluda recently we thought they would be with us for a long time but it proved not to be so.

Guests of Dr. and Mrs. B. A. Bowers at their home "Parkland" for the week end were Mr. and Mrs. O. K. Hunerwadel, their son-in-law and daughter, "Katherine", as Ridgecrest knew her while she was growing up here during the summers of her girlhood. They came from Burma, India, by way of Washington for a conference with the Mutual Security Agency under which they work promoting agriculture, and more abundant living for the peoples of that far-away land. Enjoying diplomatic status, they are recognized as outstanding representatives of the United States in the field of better living for all peoples, better understanding between nations and the immediate development of the world's natural resources and in

particular, agriculture. In a few days Mr. Hunerwadel will return to Burma by way of the west coast from Washington. When he reaches his destination he will have completely encircled the world in his travels. Mrs. Hunerwadel will go to Teheran, Iran, in August to begin a new field of operations and will be joined there by her husband after his special work in Burma has been completed in late summer.

HOME FROM GEORGIA

Mr. and Mrs. E. F. Smith have returned home after a two months' stay in Dallas, Ga.

REPORT OF THE CONDITION OF SWANNANOVA BANK & TRUST CO.

At Swannanoa, North Carolina

To The Commissioner of Banks

At the close of business on March 31, 1952

ASSETS

Cash, balances with other banks, including reserve balances, and cash items in process of collection.....	\$ 290,541.98
United States Government obligations, direct and guaranteed.....	145,000.00
Obligations of States and political subdivisions.....	100,000.00
N. C. Bonds.....	514,983.16
Loans and discounts (including \$ No overdrafts).....	\$3,794.45
Bank premises owned.....	\$1.00
Furniture and Fixtures.....	3,795.45
Other assets.....	464.37
TOTAL ASSETS.....	\$ 1,054,784.96

LIABILITIES

Demand deposits of individuals, partnerships, and corporations.....	\$ 444,482.53
Time deposits of individuals, partnerships, and corporations.....	452,457.80
Deposits of United States Government (including postal savings).....	760.50
Deposits of States and political subdivisions.....	30,000.00
Other deposits (certified and officer's checks, etc.).....	2,884.21
TOTAL DEPOSITS.....	\$930,585.04
Other liabilities.....	10,549.75
TOTAL LIABILITIES (not including subordinated obligations shown below).....	\$ 941,134.79

CAPITAL ACCOUNTS

Capital*.....	\$ 25,000.00
Surplus.....	55,000.00
Undivided profits.....	33,650.17
TOTAL CAPITAL ACCOUNTS.....	113,650.17
TOTAL LIABILITIES AND CAPITAL ACCOUNTS.....	\$ 1,054,784.96

*This bank's capital consists of:

Common stock with total par value of \$25,000.00

MEMORANDA

Total deposits to the credit of the State of North Carolina or any official thereof.....	\$ 25,000.00
Assets pledged or assigned to secure liabilities and for other purposes.....	\$ 25,000.00

I, Roy W. Alexander, Cashier of the above named bank, do solemnly swear that the above statement is true, and that it fully and correctly represents the true state of the several matters herein contained and set forth, to the best of my knowledge and belief.

ROY W. ALEXANDER, Cashier

Correct—Attest:

John H. Smith
D. W. Harrison
George W. Craig
Directors

SEAL State of North Carolina, County of Buncombe, ss Sworn to and subscribed before me this 22nd day of April, 1952, and I hereby certify that I am not an officer or director of this bank.

VIVIAN P. NICHOLS, Notary Public

My commission expires 7/24/52



C'mon Mommy, Let's Play!

Lucky little tyke! Because Mommy CAN play! She's a lady of leisure with time to give her children golden hours of companionship, love and fun!

Rich — lots of hired help? Not a bit — but Mommy does have plenty of wired help! Electricity helps her with the washing, the ironing, the sewing, the dish-washing. Electricity cleans the rugs — tells the time — protects the food! In fact, there's hardly a household task that isn't lightened by this silent, efficient servant! And the "wages" are so low — only a few cents a day!

That's why mothers from here to there say: *Electricity is the biggest bargain in our family budget!*

HELPING TO BUILD

A Finer Carolina

CAROLINA POWER & LIGHT COMPANY