

# SPEAKING OF HOMEMAKING

BY MRS. ELIZABETH G. PARHAM  
Home Service Representative of Carolina  
Power & Light Company



## COME FOR BRUNCH!

Designed to serve as breakfast  
lunch, brunch fits into the  
Sunday pattern most of us follow  
on Sundays and holidays. The  
formality of brunch is one of  
most pleasant features and  
it is a favorite way to enter-  
tain. Invitations can be casual,  
simple and gay, and the menu  
can be different. The menu should  
be easy to manage, so that you  
can spend the time with your  
guests instead of in exile in the  
kitchen.  
Today's convenience foods sim-

plify and speed up the preparation  
of brunch. Meats that require  
brief cooking or even merely heat-  
ing through; flavorful cheddar  
cheese that comes already shred-  
ded; packaged mixes to convert  
quickly into muffins, pancakes or  
waffles; the wonderful variety of  
brown-and-serve rolls; time-sav-  
ing canned and frozen fruits—all  
of these items provide the "built-  
in maid service" the modern homemaker appreciates.

Modern appliances, too, lend  
themselves to the preparation and  
service of an informal brunch.  
Electric coffee-makers, toasters,

waffle-irons, fry-pans, egg cookers  
—they come right to the table, to  
serve with greater efficiency than  
the most competent head-waiter.  
And watch how your guests enjoy  
seeing the food prepared right be-  
fore their eyes!

In planning a brunch, remember  
that it's a combination breakfast-  
lunch and that appetites will be-  
have accordingly. Try scrambled  
eggs on toasted English muffins,  
with grilled Canadian bacon. For  
a really spectacular brunch, ac-  
company an apricot glazed baked  
ham slice with banana and apricot  
halves, and serve with fragrant  
spiced muffins hot from the oven.  
Or, spoon creamed chicken studded  
with crunchy pecans over golden  
waffles for a special treat. Serve  
well-chilled fruit or fruit juices,  
a hot bread and, of course, great  
tides of piping-hot coffee.

You'll find yourself having a  
wonderful time at your own party,  
and your friends will accept with  
enthusiasm when you phone and  
say, "Come for brunch!"

## PENNY SAVER SUPPER

- Pork Chop Spaghetti Bake
- Buttered Green Beans
- Cole Slaw
- Rolls
- Butter or Margarine
- Baked Apples
- Beverage

Even the most "Scotch" Scots-  
man would approve of Penny Saver  
Supper. Pork is plentiful now,  
hence low in price—so Pork Chop  
Spaghetti Bake is in tune with the  
times. Spaghetti is low in cost,  
too, and widely popular—a logical  
partner for pork. Buttered green  
beans and cole slaw are easy-to-  
prepare menu-mates for Pork  
Chop Spaghetti Bake.

## Pork Chop Spaghetti Bake

- 2 T fat
- 4 loin pork chops
- Salt and pepper
- 1 C. tomato sauce
- 1 1/2 C. condensed tomato soup
- 1/2 C. water
- 1/2 C. chopped onion
- 1 tsp. salt
- 1 tsp. paprika
- 1 T. Worcestershire Sauce
- Dash cayenne pepper
- 6 ozs. long spaghetti



This trio was among the 55 members of the new girls  
vocational education class established at the Black Mountain  
Grade school as a "Finer Carolina" project by the B. and P.W.  
club. The girls turned their talents to making Christmas  
ornaments for the school tree last week. They are, left to  
right, Brenda Cordell, Margaret McDonald, and Katherine  
Farkas, and like the rest of the group, had the direction of  
Mrs. Elizabeth Parham of the Carolina Light & Power com-  
pany in making colorful ornaments from such unlikely objects  
as tin can tops (made into vari-shaped ornaments and bells  
with button clappers); spools (wound with colored ribbon or  
tape and decked with glitter; fruit-jar rubbers, painted to  
encircle Christmas bells or pictures; half eggshells, painted  
and framing delicate Christmas scenes cut from old greeting  
cards; multi-colored paper chains made from comic sheets;  
decorated pine cones and other easily accessible items.

A boys' class, which also comprises 8th-graders at the  
school and also established this year as a "Finer Carolina"  
project, had the job of bringing in the school's Yule tree for  
which decorations are supplied by the girls. The tree was  
scheduled to be erected in the school cafeteria Monday of  
this week.

Heat fat in large skillet. Add  
pork chops and brown well on both  
sides. Season meat with salt and  
pepper. While meat is browning,  
combine tomato sauce, soup, wat-  
er, onion, salt, paprika, Worces-  
tershire Sauce and pepper. Then  
cook spaghetti. Add 1 tablespoon  
salt and spaghetti to 4 1/2 cups  
boiling water. Boil rapidly, stir-  
ring constantly for two minutes.  
Rinse spaghetti with hot water,  
and drain well. Add to tomato  
mixture and mix well. Turn into  
greased two-quart casserole. Re-  
move pork chops from skillet, and  
drain off excess fat. Arrange over  
top of spaghetti mixture. Cover  
and bake in moderate oven 350 de-  
grees F. about 45 minutes. (Makes  
4 servings.)

For the radio and vacuum and the  
table lamps and all  
The other modern fixtures that no  
living room should slight,  
For a room that's built for com-  
fort should be cheerful, neat and  
bright.

Now a dim and greasy igloo may  
be just the thing in Rome,  
But it takes a heap o' lightin' in a  
house to make it home.

There's just one time in life when  
the lightin' may be dim—  
When the living room is cozy and  
there's only her and him,  
And when the folks are in the  
driveway and he's reachin' for  
his hat,  
And she's wipin' off the lipstick—  
but then you get too old for that,  
Though I always will remember  
when footloose I used to roam,  
That it took a heap o' levin' in a  
house to make it a home.

But those days are gone forever,  
and today I'd like to see  
A playroom in the basement, and  
a work-shop just for me;  
Home movies in the parlor, yes,  
and television too;  
All sorts of kitchen gadgets and  
everything that's new;  
And the house completely wired  
from cellar up to the dome;  
Today it takes a heap o' lightin'  
in a house to make it a home.  
(With apologies to Edgar Guest)

## GARDEN TIME

By M. E. Gardner

Our students in horticulture  
built a float for the "Homecoming  
Parade" at State college last Sat-  
urday. The floor of the trailer was  
covered with a green raffia mat,  
representing a football field, and  
fringed with goal posts and a giant  
football completely covered with  
hardy red and white chrysanthem-  
um blossoms. Fringing the two  
sides of the trailer were cardboard  
strips covered with chrysanthem-  
ums and spelling out the words,  
"Welcome Grads." In back, we  
spelled out "Horticulture" in red  
and white. In all we used about  
20,000 blossoms, most of which  
were wired to floral picks in order  
that they might be held securely  
in place. This was quite a task  
which was finished about 4 a.m.  
Saturday. The trailer was pulled  
by a red and white convertible  
adorned with two pretty coeds in  
evening gowns. The float placed  
third in the Campus Organizations  
division.

I am writing about this because  
it was such a splendid group ef-  
fort on the part of student mem-  
bers of our Horticultural club. Ap-  
proximately 20 boys and girls  
worked from 5 p.m. Friday until  
after 4 a.m. Saturday to accom-  
plish the task.

If you want to undertake some-  
thing of this nature for high school  
or college festivities next fall,  
why not begin preparation now?  
Your local florist and nurseryman,

## Doctor Shortage Is Predicted

Imagine that you're living in the  
year 1970. As you walk down the  
street, you pass a long line of peo-  
ple waiting on the sidewalk. Smash  
Broadway hit? World Series? As  
you follow the block-long line, it  
leads into a door labeled: John  
M. Doe, M.D.

This will be the picture if some-  
thing isn't done about the doctor  
shortage foreseen by the experts.  
You won't be able to choose the  
physician whose bedside manner  
appeals to you. You'll go to the  
one who can fit you into his sched-  
ule. You'll make an appointment  
weeks in advance and still probably  
have to stand in line. Important  
research into the cause and cure  
of disease may be stymied for lack  
of trained men to carry it out.

Expenditures for medical re-  
search in this country can and  
should be tripled by 1970. The  
number of physicians and other  
scientists engaged in research  
should be more than doubled. But  
where are they to come from?  
The medical schools we have to-  
day can't turn out enough doctors  
to staff the research programs we  
should have. They can't even turn  
out enough private practitioners  
to care for the day-to-day medical  
needs of our growing population.  
Just to maintain the present ratio  
of 132 physicians for each 100,000  
people will necessitate the con-  
struction of from 14 to 20 new

vocational agriculture teacher,  
county agent and local garden  
clubs will be glad to offer sugges-  
tions concerning suitable flowers  
that can be produced outside as a  
school project. Right now I can  
think of nothing better than hardy  
chrysanthemums, about which I  
have already written.

A number of requests have been  
received for information concern-  
ing variety lists of tree fruits,  
small fruits and grapes for the  
home and farmstead. I will write  
about this next week.

medical schools at a cost of be-  
tween \$500,000,000 to \$1,000,000,-  
000.

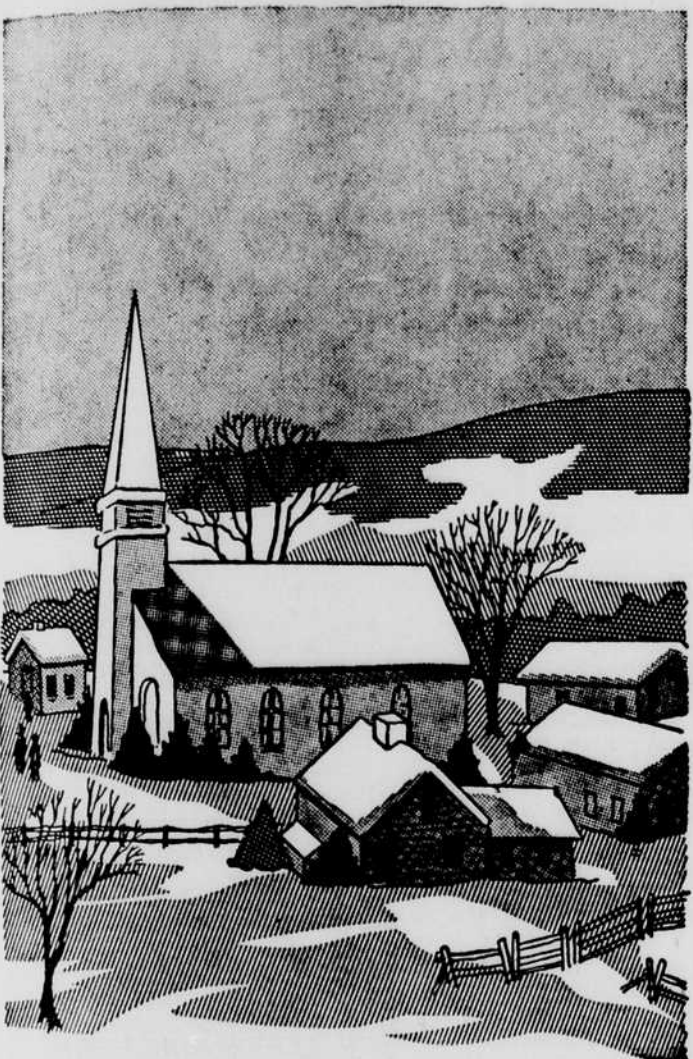
When you visit your family doc-  
tor, do you ever think of the train-  
ing and the teachers that were  
needed to make him what he is?  
When you take a pill, do you ap-  
preciate the skill, time, and money  
that went into the research that  
brought help to you? You, too,

play a part in medical progress in  
this country. A portion of your  
Christmas Seal contribution to your  
tuberculosis association is spent on  
medical research and medical edu-  
cation.

—Be sure a farm machine will  
pay for itself in use before buy-  
ing.

Classifieds Sell - Ph. NO 9-4101

**SAVE!!!**  
**Black Mountain Building & Loan**  
**Association**  
CURRENT INTEREST RATE 3%  
Full Paid Stock or Optional Shares  
COME IN AND TALK WITH US



## Merry Christmas

TO ALL OF OUR FRIENDS WE SEND  
GREETINGS AND WISH YOU A  
MERRY CHRISTMAS.

## DRAPER CORPORATION

Swannanoa, N. C.



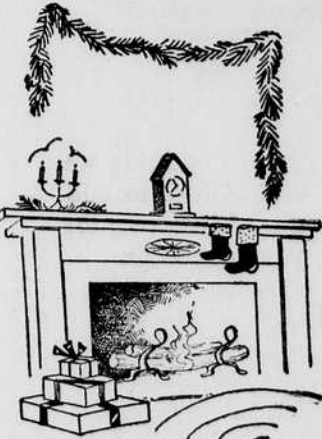
1958  
Wishing  
You -

... great happiness  
and joy not only at  
Christmastime ...  
but for every day.  
And thank you for  
your many expres-  
sions of faith and  
good-will during  
1958.

Frank Huggins  
Jeweler  
NO 9-8124  
Swannanoa, N. C.

## Merry Christmas

May happiness dwell upon  
every hearth.



Joe Porcher  
Garage  
Swannanoa — NO 9-6641

## Prescription Service

CITY - WIDE  
PRESCRIPTION PICKUP AND DELIVERY  
You may depend on us for prompt, efficient Pre-  
scription Service.

When you need a prescription filled, just call on  
us. Our long experience and large stock of Pharma-  
ceuticals mean quickest service for you.

So, when your doctor gives you a prescription,  
stop in here or PHONE US 4121. WE DELIVER.

For emergency prescription service PHONE 6111.

## BLACK MOUNTAIN DRUG CO.

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Member Western North Carolina Drug Club  
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New look  
for a good old habit!



SHARE IN AMERICA WITH THE  
NEW PUNCH CARD  
U.S. SAVINGS BONDS



May this day  
bring you peace

Earley's Drive-In  
Cleaners  
135 Broadway—NO 9-7313  
Black Mountain, N. C.



1958

## A Very Merry Christmas

All good wishes to our  
many patrons. We hope  
your Christmas will be  
a merry one and in the  
years to come you will  
remember it with great  
pleasure.



## SEAWRIGHT FLORIST

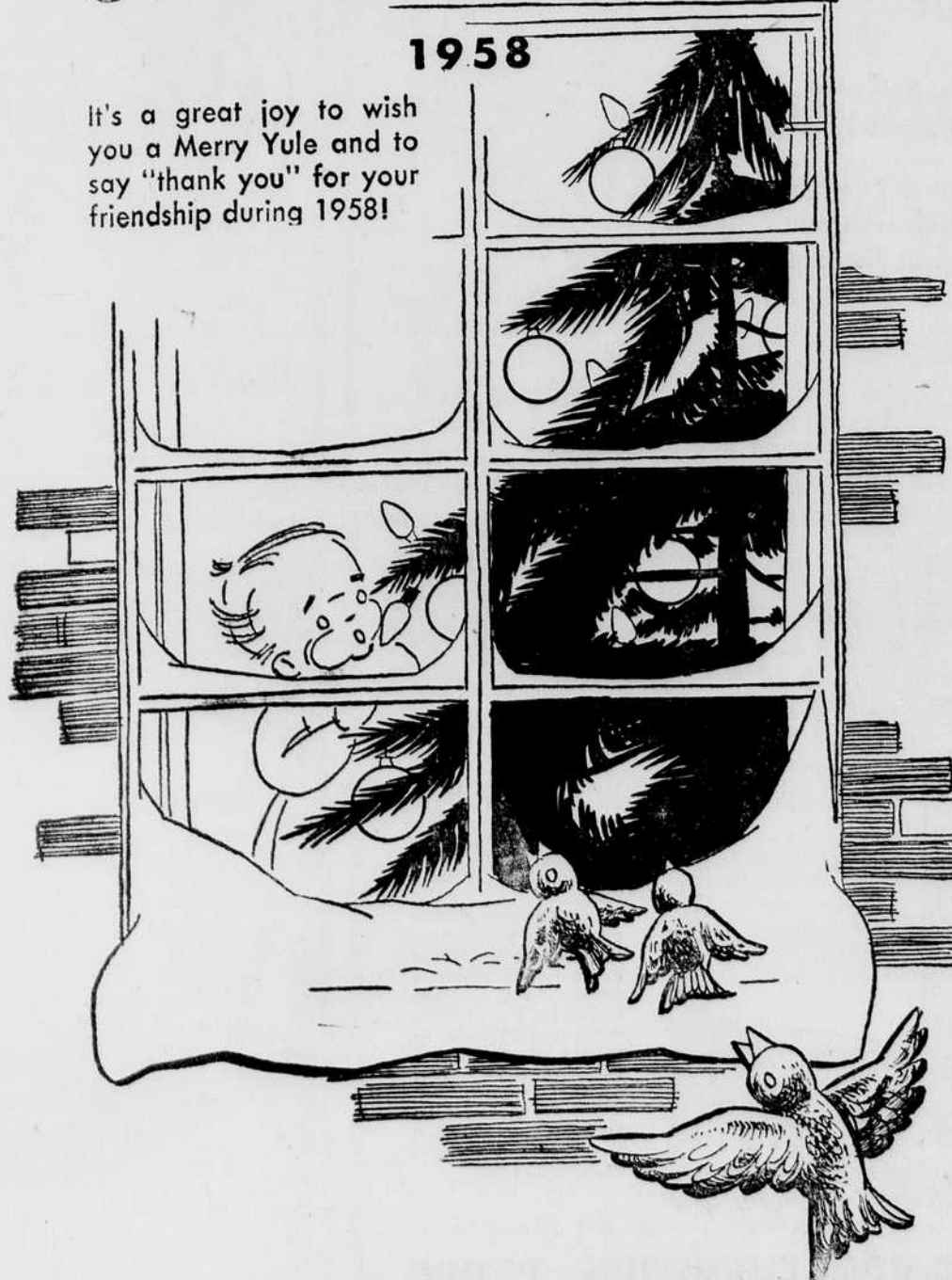
Black Mountain, N. C.

NO 9-7325

## Christmas Cheer

1958

It's a great joy to wish  
you a Merry Yule and to  
say "thank you" for your  
friendship during 1958!



## THE KEARFOTT COMPANY Inc.

BLACK MOUNTAIN, N. C.

## Merry Christmas

We value highly our friends  
and wish each of you a most  
happy Yule. Your patronage  
and good-will is sincerely ap-  
preciated.

## SWANNANOA BANK & TRUST CO.