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Third quarter comeback gives Owen Little Mac title

by Ron Price

Trailing 28-0 and for all practical purposes dead, the Owen Warhorses rose from the floor and ripped Hendersonville for 29 points in the second half and won their first outright Little Mac championship ever.

The victory propelled the Warhorses into the championship round of the state play-offs and a return match with the Erwin Warriors who will be itching for another shot at the team that upset them 18-14 in the season's opener.

The Warhorses floundered in the first half of the game played on a cold windy night in Hendersonville. Dropped passes, fumbles and flags plagued Owen throughout the first 24 minutes and the Bearcats capitalized by building a 21-0 lead on the running of tailback Doug Haynes.

The miseries of the first half carried over into the third quarter when Owen's Jeff Gardner fumbled after a return of the kick-off to his own 45. The Bearcats quickly converted the turn-over by grinding out another score and building a seemingly overwhelming 28-0 lead.

Then began a comeback which cannot be called anything except a miracle. It was as if the Warhorses left the field and another team took their place, so complete was the turn-around.

The Warhorses took over at their own 20 yard line and marched 80 yards for their first score behind the passing of Jamie Rumbough. Rumbough ended the drive with a 4 yard toss into the end zone to Shannon Boling and Owen was

on the board.

Two minutes later the fired-up Owen defense separated Haynes from the ball at the Hendersonville 45 and the Warhorses recovered. With 11 seconds remaining in the third quarter, John Hamilton slipped into the end zone and added a run for the two point conversion. The score then was a respectable 28-14.

In the last quarter the Owen defense stopped the Bearcats cold and forced punts into the strong wind which gave the offense good field position.

The offense responded to the gifts by driving 68 and 47 yards for the scores which put the Warhorses on top. Hamilton scored the next two touchdowns on short runs and also picked up another two-point conversion which proved to be the key to the victory.

The two pointer came after Owen's third touchdown to cut the margin to six points at 28-22 and set the stage for a game-winning kick by David Duncan following the final Warhorse touchdown.

The alert Owen secondary prevented the Bearcats from retaking the lead as Ben Martin intercepted a Nicky Britnell pass in the final minutes.

The comeback win in itself was the most amazing in the history of Owen football but even more unbelievable was the time span involved in the point explosion. In only 17 minutes the Warhorses came from the short end of a rout and grabbed a victory from one of

the toughest teams in Western North Carolina.

The Warhorses closed the regular season with a record of 6-0 in the conference and 8-2 overall and sweetest of all, an undisputed conference championship.

The Bearcats also enjoyed a fine season, winding up with a 5-1 confer-

ence record and 6-4 overall. The Bearcats also qualified for post season play by taking second place in the Little Mac and will meet Brevard in the first round of the runner-up playoffs.

Meanwhile, the Warhorses will be preparing for the Erwin Warriors, probably the most dangerous team in the area. The Warriors were upset by

Pisgah in their final game but with the Big Mac title already in the bank they may have been looking ahead to the playoffs. The Warriors sport the top running back in the area in William Humes and one of the best passers in Lawrence Sluder. Whether the Warhorses advance in the play-offs will depend heavily on whether they can

contain the low-flying Humes. Sluder will also be a factor but since the Owen pass rush has been getting the job done lately, the big "if" will be stopping the run.

The game will be played at Erwin's home field with kick-off set for 7:30 p.m.

Awards made for long service to the state

by Fran Hagga

Two long-time state employees received recognition for 30 and 35 years of service at the annual awards ceremony at the Juvenile Evaluation Center Monday, Ella Ragsdale and Ed West.

Thirty-five years of service to the State of North Carolina earned Ella Ragsdale special recognition. A native of the western North Carolina mountains and a graduate of Winston-Salem State University and A & T State University Master's degree program in education, Mrs. Ragsdale began her teaching career with 20 years at the Texana School in Murphy, N.C. when teachers earned less than \$100 per month.

After supporting many extracurricular activities at Texana, such as basketball, Scouts and field trips, Mrs. Ragsdale came to the Juvenile Evaluation Center in 1965. Here she has served as an elementary teacher, a teacher of the Reception and Diagnostic Unit, until 1975 when she joined the math-science team. During her years at the center she has been a faithful member of the NCAE and served as president in 1967 and later as treasurer.

Ed West began teaching in Jonesville Elementary School 30 years ago. He had already served in the United States Army, with action in the Southeast Asian theater of WWII and as part of the first U.S. occupation forces in Japan, earned his A.B. degree from Lynchburg College in Kentucky, obtain-

ed his teacher certificate with additional courses from Appalachian State University and married his childhood sweetheart, Ethel.

Ed West came to the Juvenile Evaluation Center in 1967. He served as the supervising teacher of the Reception Unit for two years, as assistant director for the Reception Unit from 1969 until 1973, and as a teacher in the Diagnostic Unit from 1973 to 1975. In 1975 he was promoted to assistant principal.

Ed is active in the Lions Club and NCAE, serving as president of the JEC unit in 1980-81.

The Juvenile Evaluation Center honored 10 other staff members for a combined 155 years of service. JEC students entertained the gathering of staff and student body in the Alexander Cafeteria with a musical program that included a song written and performed by the student council vice-president that called for a "spirit... of doing things right."

Receiving awards were: Lewis Robinson, five years; Aubrey Aiken, 10 years; Mary Sibbett, 10 years; and Napoleon Brewer, 15 years, from Campus Life; Merle Gaines, 5 years; Geneva Lamb, 10 years; Ed West, 30 years; and Ella Ragsdale, 35 years, from the academic department; Robert Reed, 10 years and Howard Craig, 10 years from the maintenance department; and Larry Landes, five years and Sybil Gragg, 10 years, from administrative services.



From left to right, Craig, Brewer, Gragg, Sibbett, Ragsdale, Aiken, Lamb, West, Landes and Reed.

Stress and the elderly

Health series at Lakeview Center

by Cynthia Reimer

"Use it or lose it," joked Ed Torrence, and he showed people how to "use it" without leaving their chairs.

Torrence leads exercises in a health program at Lakeview Center for older people, and it's muscles he's talking about using or losing.

Successful aging is the aim of the course of one-hour sessions sponsored by the Buncombe County Council on Aging. Some of the topics covered in the well-attended sessions include nutrition, home accidents, doctors, medicine, physical activity and stress.

Richard Patzfahl, Buncombe County Council on Aging director, presents the programs of slides, films and group discussion. Ed Torrence, retired YMCA director, leads the physical activity. Materials were created by MAHEC (Mountain Area Health Education Center) and are free to participants.

The elderly have special problems, Patzfahl said, and asked the group of 50 assembled last Thursday what made them feel stress.

"Irritation at forgetting things!" said a man.

"Staying so busy," said a woman. Loneliness, loss of health, moving to a new city, loss of a loved one and retirement were given as major causes of stress for the elderly.

"Stress is part of everyday life," Patzfahl said. "You can't avoid it." For release from tension without resorting to pills or alcohol, Patzfahl demonstrated a relaxation technique, leading the audience in relaxing every part of the body.

In a slide presentation created by MAHEC, two elderly people related how they dealt with two stressful situations.

Walter retired and moved to a new community. "The hardest part of retirement is to do nothing. The change in routine is a shock," he said.

Walter's advice: find something you like to do to replace the job you had. Walter decided he would devote his life after retiring to helping the elderly. Walter also advised people to begin to plan for the retirement years far ahead.

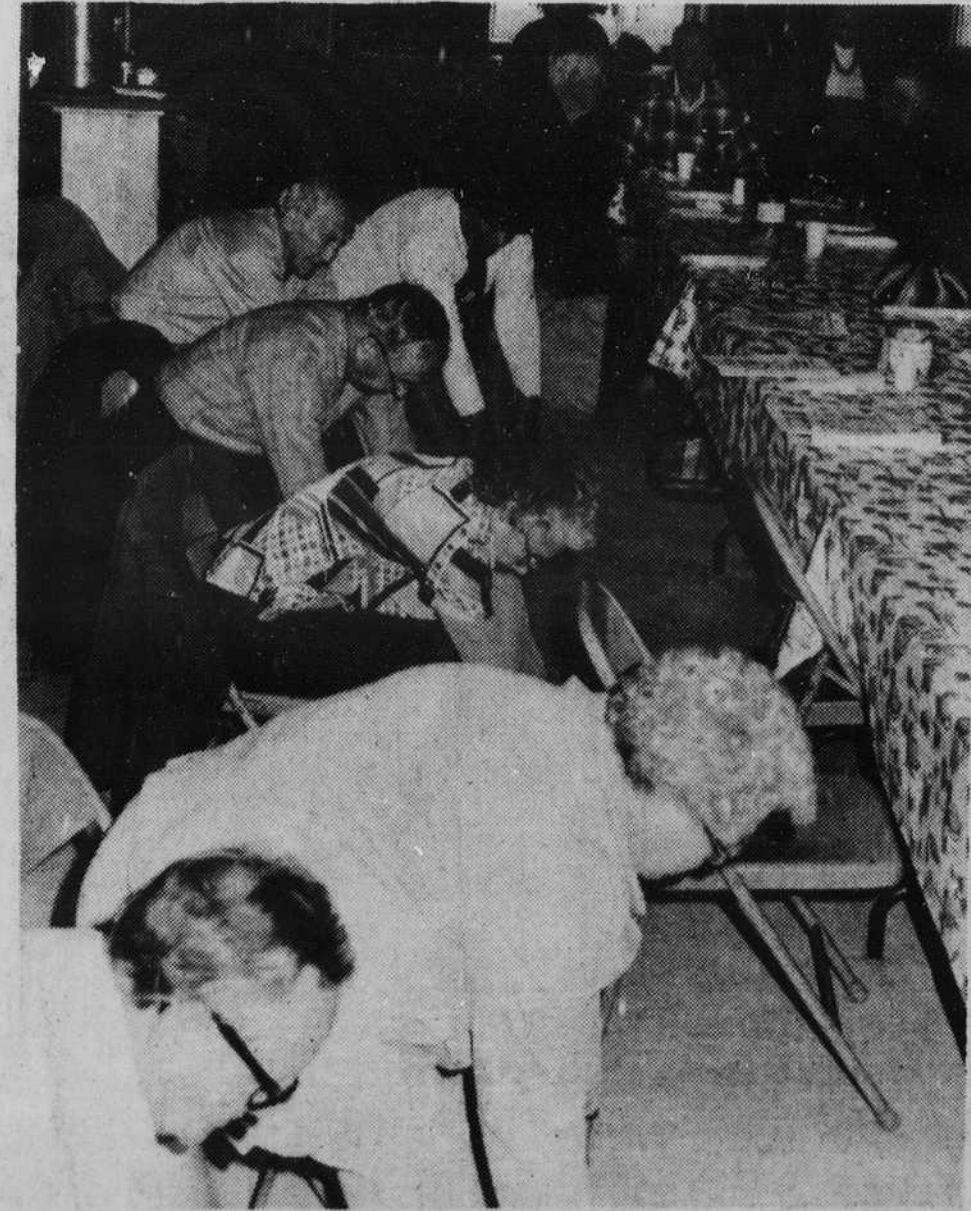
When Harriet's husband died, she was alone and lonely. "It's a terrible shock, the emptiness," she said. "You

think you can't stand it."

"You have to push yourself, get to other people to help you," Harriet said. Seeking support from others and expressing your feelings to others are necessary to feeling better, she said. Harriet began to invite neighborhood children into her home to help the

loneliness she felt, and she began art classes at a university.

There will be two more programs in the series, on Nov. 12 and 17. There is no charge for the program or materials. They are held at 11 a.m. at the Lakeview Center.



No, they're not searching for an escaped contact lens. These senior citizens are doing armchair exercises to improve their health.

Three elected in Montreat

Three unopposed incumbents were re-elected in Nov. 3rd elections for the Montreat Town Board. Of 50 votes cast,

E.A. Andrews Jr., Dr. Ivan B. Stafford and John K. Abernethy each received 50 votes.

Mail fraud subject for program

The United States Postal Service, with the co-operation of Warren Wilson College, will present a program titled "The Consumer Protection Program" on Nov. 17, at 7:30 p.m., at Bannerman Hall, Warren Wilson College.

The Consumer Protection Program is an effort to prevent people from becoming victims of mail fraud schemes by educating the public to both the traditional mail fraud schemes and those which are currently active. The educational program also makes the public more aware of the investigations being conducted by the Postal Inspection Service which lead to early reporting of mail fraud schemes and fewer people being victimized.

The program helps the public use the mails safely to conduct mail order business. They know the Postal Service is actively policing the few con artists who are using the mails to defraud.

Eighteen postal inspectors, known as consumer protection specialists, publicize the program nationwide through contacts with the media, senior citizen organizations, educational institutions and civic organizations.

Dave Kirkland, one of the 18 postal inspectors, will be guest speaker here. His postal career began as a city letter carrier. He then served in Atlanta Inspection Service Headquarters for two years, receiving his appointment as postal inspector in 1969. He now serves as a consumer protection specialist. He has had experience in all phases of inspection service investigation including armed robbery and mail fraud.

The public is invited to the program.

Parents invited to attend Owen classes

Owen High School will observe American Education Week with an open house for parents. Classes will be open during the school day Friday, Nov. 20 from 8:30 a.m. to 3 p.m. for any parent who would like to visit. American Education Week is Nov. 12-20.

Town Council

Well-digging to begin at In-the-Oaks

Goodbyes were the main business at Town Council Monday night, the last regular meeting of the present board. The only action taken was a motion by Alderman Tyson, seconded by Alderman Slagle, to provide the same Christmas bonus for town employees as last year.

Town Clerk Vinson Miller reported to the board that all necessary paperwork for wells to be dug on In-the-Oaks property was completed. Work is to begin between Nov. 16 and 20, with probably four to six weeks until they are operational.

Miller also reported that the Buncombe County Board of Commissioners had requested a letter from Black

Mountain stating how much money was needed for the purchase of the power rescue tool. Miller said he sent the commissioners a letter last Friday.

Closing the meeting, deposited aldermen Tyson, Brandon and Slagle thanked their families, town employees, committees, other members of the Board and the people of Black Mountain for allowing them to serve. They wished the new Board members well and offered their assistance. A.F. Tyson served on Town Council for 18 consecutive years.

Weather review



Nov. 3—high 72, low 38 degrees.
Nov. 4—high 70, low 43 degrees.
Nov. 5—high 62, low 43 degrees; .09 inches precipitation.
Nov. 6—high 58, low 46 degrees; .03 inches precipitation.
Nov. 7—high 56, low 37 degrees.
Nov. 8—high 66, low 20 degrees.
Nov. 9—high 64, low 25 degrees.

Weather courtesy of WFGW radio, Black Mountain.

School to be dedicated Sunday

Roy Taylor, former U.S. Congressman, will be guest speaker at the dedication service of the new Black Mountain Primary School Sunday. During the 30 minute program, Traber Associates, Asheville architects, will present the keys for the building. Mayor Tom Sobol will accept for the town, and Dr. James for the Buncombe County School Board.

After the 2:30 p.m. program, tours will be led by the Primary School staff. Refreshments will be served. The community is invited to attend.