

Clean-up, Paint-up, Repair! Make This the City Beautiful

THIS IS
CLEAN-UP
WEEK
IN
SHELBY



by making YOUR home beautiful

Everybody Help
to Stimulate
Employment



THIS IS
CLEAN-UP
WEEK
IN
SHELBY

IF YOU ARE GOING TO CLEAN UP

—GET YOUR—

- Rubber Hose, Rakes,
- Lawn Mowers, Shovels,
- Vacuum Sweepers, Mops,

—FROM—

FARMERS HARDWARE CO.,
Shelby, N. C. Phone 97.

—SOAPS AND POWDERS—

For the Clean Up Campaign. You can't clean without these and the prices are right:

Octagon soap, large size, 4 cakes for	25c	Bon Ami, powder	12c
Octagon soap, small size, 6 cakes for	25c	Bon Ami, cake	11c
Washing powders, all kinds, 6 for	25c	Ivory Soap Flakes, 3 packages for	25c
Dutch Cleanser, per can	8c	Household Amonia per bottle	13c

PIGGLY-WIGGLY

ARE YOU GOING TO BUILD OR REPAIR?

Our line of general building materials has been selected to meet the needs of all—everything or anything for a complete modern residence, a sleeping porch, a garage, an alley fence, or anything else in the building and constructive line.

Lime, cement, plaster, cement blocks.

L. U. Arrowood

ARROWOOD-HOWELL LUMBER CO.

"DISASTROUS FIRES RARELY EVER START ON CLEAN PREMISES."

Get this fact firmly fixed in your mind. Keep your premises clean and the fire risk is less. Cleaner premises mean lower insurance rates.

We pay money for ashes if you do have a fire.

—Insurance Department—

UNION TRUST COMPANY,
J. Frank Roberts, Mgr.

—STERILIZE YOUR HOME—

When you clean house, get the dirt you don't see, too.

We have a full line of disinfectants, germicides, etc., for a real Clean Up and Paint Up campaign.

El Vampiro, Black Flag, Bee Brand Insect Powder for flies—Killspray and sprays ant and roach killers.

Germicidal soaps of all kinds, floor wax, floor mops, furniture polishes, O'Cedar and Liquid Veneer.

RIVIERE DRUG CO., Phone No. 2.

ENTIRE CITY SHOULD HELP IN CLEAN UP AND PAINT-UP CAMPAIGN HERE

Are you doing your bit in Shelby's city-wide "Clean-up and Paint-up" campaign?

If you like to live in a beautiful city help make it so.

Our city is getting its face washed, its shoes polished and a brand new suit of clothes. The dust covered, unpressed, bedraggled garb that shows the marks of the long, sooty, dirty winter is being cast aside for brighter and more colorful array.

"This, the city's beauty bath and donning of new garments, is being accomplished with the co-operation of every business man, every employee and employer, every housewife and every boy and girl all working hand in hand.

"For some time past the plans have been laid to launch this campaign against all disease and fire hazards, and so far its progress has been gratifying indeed.

The purpose of the campaign is to eradicate dirt, rubbish and disorderliness, and to substitute therefore cleanliness and orderliness, and the paintlines that makes it easy to maintain cleanliness and orderliness.

"This is in the interest of health and happiness," the Campaign chairman and will mean much toward reducing the toll which our citizens annually pay for disease and fire."

Here are some ways you may help:

By not throwing paper, fruit-skins, nut shells, cigar and cigarette ends, burned matches and boxes, on sidewalks and streets.

Be securely in bundles all house rubbish for collection, such as papers, boxes, excelsior, pasteboard boxes, etc. Do not use rubbish bags, because they are unsanitary, and in the emptying, the contents are scattered over the street.

Put all garbage for collection in cans.

Put into ash-cans only ashes and refuse that cannot be burned. Be sure your ash-cans are not filled higher than four inches from the top.

Keep your premises looking clean and fresh by frequently painting all iron work, fences, woodwork, porches, etc.

Householders should keep the sidewalks clean in front of their premises. They are not permitted to sweep dirt or rubbish into the streets, but must take it up and put it in proper receptacles.

It is absolutely against the law to throw or deposit into or upon any lot garbage, refuse, or other offensive materials.

It is against the law to throw papers, rubbish, garbage or refuse of description out of windows into the streets, alleys, arcways or yards.

To Parents Of An Underweight Child

Advice as Given Out by Miss Bowman, City School Nurse of Shelby, Should be Beneficial.

If your child is underweight it indicates that he is:

- 1.—More susceptible to disease.
- 2.—More apt to become a victim of epidemics.
- 3.—More apt to be unhappy and un-companionable.
- 4.—More apt to fail to make his grade in school.

Mal-nutrition is not necessarily under-feeding.

Mal-nutrition means, in many cases, that the child has some condition which prevents the proper assimilation of the food eaten.

Has your child bad teeth, defective tonsils or adenoids?

Does he talk in his sleep cough or have asthma?

Does he retire regularly? How many hours does he sleep?

Does he bolt his food, drink it down or does he masticate it well?

If anything seems to be wrong, consult your school nurse. She will do the following for you:

- 1.—Take your child to a physician or dentist (if you have no one to do this for you).
- 2.—Arrange for diet instructions for your child.
- 3.—Help you to arrange for medical or surgical care (if lack of money prevents, the child from having such care).

In other words the nurse will help you to do whatever you wish to do.

Loss of weight is one of the early symptoms of tuberculosis. Do not neglect your underweight child.

Every underweight child should have:

- 1.—Plenty of milk, vegetables, cereals, fruits and coarse bread.
- 2.—Long periods of sleep, regularly.
- 3.—Two short periods of rest every day.
- 4.—Two light lunches every day (not sweets) besides the regular meals.
- 5.—Plenty of water to drink.
- 6.—Two good bowel movements daily. (Govern bowels by diet, not drugs).

An underweight child should not do the following things:

- 1.—Eat candy or other sweets, except at the close of a meal.
- 2.—Drink tea, coffee or other stimulants.

Important points for parents to guard against.

- 1.—Irregular habits of eating and sleeping.
- 2.—Over-fatigue from work or play.
- 3.—Music practice or other studies during vacation.
- 4.—Faulty health habits, care of body and teeth.

What shall it profit a child if he gain the whole curriculum and lose his own health?

TRY STAR WANT ADS.

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AN EDITOR AND OTHER MEN

Consider the editor! A child is born unto the wife of a merchant in town. The physician getteth 10 plunks. The editor writeth a sick and a half and telleth the multitude that the child tipped the beam at nine pounds. Yea, he lieth even as a centurion. And the proud father giveth him a Cremo.

Behold, the young one groweth up and graduateth. And the editor putteth two score and four iron men. Yea, a peach of a notice. He telleth of the wisdom of the young woman and of her exceeding comeliness. Like unto the roses of Sharon is she, and her gown is played up to beat the band. And the dressmaker getteth two score and four iron men. And the editor gets a note of thanks from the sweet girl graduate.

And the daughter goeth on a journey. And the editor throweth himself on the story of the farewell party. It runneth a column solid. And the fair one remembereth him from afar with a picture postal card that costeth six for a jitney.

Behold, she returneth, and the youth of the town falleth down and worship. She picketh one and lo, she picketh a lemon. But the editor calleth him one of our promising young men and getteth away with it. And they send unto the editor a bid to the wedding, and behold the bids are fashioned in a far city.

Flowery and long is the wedding notice which the editor printeth. The minister getteth his bit. The editor printeth a death notice, two columns of obituary, three lodge notices, a cubit of poetry and a card of thanks. And he forgetteth to read proof on the dead, and the damned thing cometh out "Gone to His Last Roasting Place."

And all that are akin to the deceased jumped on the editor with exceeding great jumps. And the pulleth out their ads and concleth their subs, and they swing the hammer even unto the third and fourth generations.—Exchange.

Cotton Prospect In Union.

(From Monroe Enquirer.)

Will Funderburk, a good cotton farmer, says that Union County has a fine opportunity to produce a good cotton crop this year. He is of the opinion that farmers generally had 75 per cent of their cotton up and growing before the rains set in last week and that by the 15th of the present month nearly all had good stands.

Noah may have organized the first stock company, but one thing sure, he never tried to float alone.—Judge.

It's not uncommon for a man to tell a girl he would wait a million years for her, but he never does.

—PREVENT FIRES—

Accumulations of rubbish and inflammable scraps always are dangerous, since they supply fuel for the chance spark or flame.

At least 75 per cent of the present annual fire loss is preventable and, therefore, can be avoided. Certainly there is no excuse for anyone to jeopardize their lives and property by permitting the accumulation of rubbish, old papers, rags, etc.

Make the Clean Up and Paint Up campaign a fire prevention campaign. Clean out your attic, cellar and closets, and keep them clean.

—Insurance Department—

CLEVELAND BANK & TRUST CO.

ABOLISH HOUSEHOLD PESTS!

Rid your premises of household pests that breed in snug places during the winter months.

It can be done if you will come in and let us show you how.

We make a specialty of disinfectants that are safe to use, but death to the pests.

SUTTLE'S DRUG STORE

Phone 370.

SAVE THE SURFACE AND YOU SAVE ALL."

Certaineed Paints are the best and fill every need.

See our window display on KYANIZE floor varnishes, floor enamels, furniture enamels.

Mops and furniture polishes.

Eclipse lawn mowers, wheel barrows and garden tools.

SHELBY HARDWARE CO.

PAINTS AND FLOOR MOPS

Scoo Paints, Linseed Oil, Dutch Boy White Lead, Turpentine.

Full line of floor mops and floor oils. Garden tools of all kinds. In fact everything that is used in Clean-up and Paint-up campaigns.

CLEVELAND HARDWARE CO.

MAKE YOUR HOUSE A HOME

That's one of the purposes of this Clean Up Campaign. We are for it strong.

Furniture is our main line. That's what we specialize in, consequently we can show you just what piece to add here and there to make your house a home during this campaign.

Everything for the kitchen, bed room, bath room, dining room, living room.

PARAGON FURNITURE COMPANY