# 

HINTS FOR HOUSEWIVES

RECIPES - HOME ECONOMICS

SPONSORED IN THE INTEREST OF BETTER FOODS AND EDIBLES.

MORE FOR YOUR MONEY-

-REAL COFFEE-"A TRADE MARKED NAME"

T. P. ESKRIDGE ROYSTER BUILDING. PHONE 394. CITY DELIVERY.

A STORE THAT WILL GIVE YOU REAL GENUINE SERVICE

THE BEST GRADE OF HEAVY AND FANCY

FANCY GROCERIES AT

REASONABLE PRICES

McBRAYER-HOEY CO.

TWO CARS OF HAY EXPECTED.

SEASONABLE ITEMS

PRICED TO MEET YOUR APPROVAL
Fruits and Vegetables at PIGGLY WIGGLY stores are

received FRESH every morning-are conveniently ar-

ranged INSIDE the store, away from the dust and dirt

-and are ALWAYS the choicest stock that can be ob-

1 pound can

YOU CAN TRADE HERE

WE HAVE A SPLENDID HAND AND WILL BE GLAD TO SERVE YOU AT ANY TIME.

C. H. Shull & Son PHONE 134.

1 Pound Box

FULL CREAM.

RUMFORD 1-2 pound can \_

### LOOK BOYS! FREE!

--- WAGON ---To the boy selling the SUPPLY OF MEATS ON most packages of Washing Powder out of a lot of 100. SALE STARTS MONDAY

> Call us for the best GROCERIES QUICK DELIVERY. We sell the famous Iredell and Nosoca Flour.

BASIL GOODE PHONE 74.

## Recipes Made By Home Folks

Combination Salad.

- cucumber.
- per to taste.

tomatoes. 1-2 cup French dressing.

cold and crisp.-Mrs. Roscoe Lutz.

moderate oven. When nearly done family Now and then you will see utes turning the chicken occasion-dash top with cream.—Mrs. T. W. bargains that will repay you hand- ally. Watching it closely to keep

Southern Spoon Bread.

- cup corn meal. ) 1-2 cups boiling water.
- cup sweet milk.
- teaspoon salt.

tenspoons baking powder.

butter in baking dish and let get whites of eggs beaten stiff. Pour into butter over it and serve on hot platsmoking hot; put batter into this and smalls pans or one shallow pan and ter with sliced lemon. Mrs. F. O. Gee.

Chow Chow Pickle 1 gal. cabbage.

1-2 gal. green tomatocs.

1 qt. onions. ing: 10 cts. tumeric, cloves, cinnaon celery and white mustard. Brown sugar to taste. Let boil until thoroughly done. Seal .- Mrs. Z. C. Mau-

Graham Muffins.

teaspoon of sugar and two teaspoon- the butter, perper and salt. Then fuls of baking powder, sift together, pour over the toast and serve. tablespoonful of melted butter or mix with one cupful of milk and one GARDNER INTRODUCED AS lard, add last 1 egg beaten very light Put in well greased gem pans and bake 20 minutes in hot oven .- Mrs. Colin Hull.

Kiss Pudding.

- egg yellows. tablespoons flour.
- qt. milk. tablespoons sugar.

Flavor with vanilla, bake and put whites of egg on top .- Mrs. Oscar

Vegetable Hash.

Chop 1 cup of celery and 1 cup of Irish potatoes, add 1 finely chopped illness of our mother etaoin shruu onion, pepper and sakt. Cook until We wish to thank the neighbors and dore, add 2 cups of chopped cooked friends for the kindness and helpfulchicken, beef, veal or pork. Add 2 ness shown us during the sickness and tablesspoons of butter and 1 of flour death of our father and the severe illand 1-2 cup milk. Serve on buttered ness of our mother. toast. Very good .- Mrs. C. R. Hoey. The Family of B. F. Gold.

NOT GOOD AFTER JANUARY 1, 1926.

The Star Market

This issue introduces The Star's | Proctor and Gamble soaps and wash market page which we hope to have ing powders are household necessiappear each Friday, representing the lies and a special bargain offer is grocers, meat dealers and bakers, available in Shelby Saturday. Pied-Housewives buy 90 per cent of the mont Grocery Company, McBrayersupplies that enter every home and Hoey Co., Oscar O. Palmer, Piggly-1 teaspoon grated onion, salt and they are entitled to have some shop- Wiggly, Cash Grocery store, Basil ping guide. It is quite a problem for Goode, J. N. Dellinger and Campa housewife to plan her meals day bell's Department store offer for a in and day out. Such planning calls Saturday special \$2.15 worth of Pro-Wash crisp lettuce, cut with seis- for ingenuity such as is not demand- cter and Gamble products which you sors into shred, peel and dice toma- ed in any other industry. Our Shel- should not overlook. Here is the toos and cucumbers. Season and add by merchants are, therefore, anxious list of the pan full which you get for dressing. Toss about to mix and serve to help her plan and are always will- only \$1.29 at either of the above with vegetables. Everything must be ing to give us the best variety the named grocers: markets afford. They are alert busi- 5 cakes P. and G. White Naptha, ness men, always scouring the mar- 2 cakes Guest Ivory, . 1 cake Ivory ket of farmers and manufacturers Soap (medium size.) 4 cakes Star practice and manufacturers soap (medium size.) for wholesome things to eat. They Soap, 2 packages Star Naptha Pow-Soak one compressed yeast cake in are constantly looking ahead, buying der and 2 packages Chipso (medium a glass of water with two teaspoon- to replenish their stocks daily. What and 1 Large White Enamel Dish fulls of sugar, sift two quarts of this class of merchants have one Pan. flour and two teaspoonfuls of salt, day to offer the housewife might not work in one large spoonful of lard be available next day, but they althen add yeast and sufficient water ways have another edible that is. Have the chicken split for broilto mix a rather stiff dough, grease wholesome and nutritous. House- ing and place it out, spread on a well and let rise all night. The next wives, read this page each Friday. roasting pan with 1-2 cup of beiling morning make into rolls well greated It will have good suggestions for you water, cover lightly, cook on top of and let rise two hours, then bake in in your daily problem of feeding the the stove over a hot fire for 20 min-

Cheese Souffle.

somely.

table spoon flour, half cup of milk, needed. —Mrs. W. H. Jennings. 1-2 teaspoon of salt, three eggs one cup grated cheese, dash cayenne.

Scald meal with boiling water and ag in a saucepan. Pour in the milk it out flat. Have pan very hot, grease ctir until blended. When cool, add slowly and let it come to a boil; add it with mop. Put fish in pan directwell beaten eggs, then salt and bak- seasoning, the yelks of the eggs well by over fire. Baste it with melted buting powder. Put two tablespoons of beaten and cheese. Pour into a bowl ter. Turn when brown. Pour a little bake immediately in quick oven .- bake in a moderate oven 20 minutes. -Mrs. J. S. McKnight.

Beef Loaf.

2 1-2 lbs of beef, 1 lb. pork chopped fine, 1 pt of grated crackers, Grind in food choper put in a sack yolks, of 3 eggs, 11 cup of rich milk with a single handful of salt and let pepper and salt to taste, 2 large drip over night. Put in a boiler and tablespoons of butter, make in shape cover with vinegar with the follow- of a loaf and bake 1 hour.

Oyster Toast.

Make a slice of dry toast, butter it and lay it on a hot dish, put 6 oysters half teacup of their own liquor, and half a cup of milk, put in a basin Two cupfuls of Graham, flour, one and boil one minute. Season with a lit-

NEXT GOVERNOR OF STATE

Greensboro, Nev. 11 .- Max Gardner, of Shelby, who came here to make an address at the Armistice Day memorial service Wednesday, was a guest last night of the Florist association. He was introduced by Julian Price, of this city, president of the Jefferson Standard Life Insurance company, as the next governor of North Carolina, Mr. Gardner made a few remarks, but would not talk poli-

Card of Thanks.

\$2.15 Value For Page On Fridays Only \$1.20 Saturday

from burning. At the end of that time the water should be just gone. Spread the chicken with a generous coating of butter on both sides, cook 10 min-Two tablespoons of butter, one utes longer adding more butter if

Broilded Trout.

Stir flour in the butter while heat- After fish has been dressed, open

CENTRAL HOTEL DICK BRABBLE, Lessee ...

Dinner, Nov. 15, 1925

. Soup

Consomme au Rice

Mixed Pickles, Sliced Tomatoes

Fried Spring Chicken, country style.

Roast Fresh Pig Ham, Apple

sauce

Candied Yams, Louisiana

Steamed Rice Early June Peas, Brown

Potatoes

Fruit Salad

Ice Cream and Cake Coffee, Tea or Milk

Catering to Civic, Bridge and Dinner Parties.

## PIEDMONT GROCERY

and

#### MEAT MARKET

We don't have to label our products fresh-Everyone knows we keep only the best.

This is just to remind you that we still back our

GROCERIES and MEATS Phone 570 Phone 231.

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We are offering to the people of Shelby and surrounding territory the services of experienced butchers.

We use absoluted the best grade of Western Meats obtainable, and stand back of every package delivered or carried from our store.

We carry a full line of cured meats.

STOWE BROTHERS MARKET HIGH QUALITY FRESH MEATS, FISH & OYSTERS. COUNTRY EGGS AND DRESSED CHICKENS.

\_\_\_PHONE 587\_\_\_

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Yet Get The Best The Market Has To Offer Is The Desire Of Every

Housewife.

YOU WILL FIND IN OUR STORE THE BEST THAT THE MARKET AFFORDS AND A FAIR PRICE

> PAUL WELLMON HEAVY AND FANCY GROCERIES.

ON EVERY ARTICLE.

BRING YOUR BASKET HERE-

And you will be able to fill it with Better Groceries for less money.

Our prices prove the saving and our products are of the best quality.

SWOFFORD Grocery Co. PHONE 71

MANY AND VARIED-

Are the cuts of fine Fresh Meats that you can buy here at all times-And the prices are as low as you would have to pay anywhere.

E. F. McKINNEY -Phone No. 5-

## Save Bost's Bread Wrappers

AND GET A FREE TICKET TO WEBB THEATRE

FOR RETURN OF 25 BOST'S TOP-NOTCH, BUTTER FLAKE, BOST'S BETTER BREAD OR BOST'S CAKE WRAPPERS BROUGHT TO BOST'S BAKERY YOU WILL GET A TICKET GOOD FOR ANY SHOW AT THE WEBB THEATRE.

Children's Tickets for 25 Wrappers, all of a kind or assorted, just so you have 25. Tickets for Adults are Are 35 Wrappers. BE SURE AND SAVE THESE BOST'S WRAPPERS AND GET A FREE TICKET.

In addition to this great offer we have added to our plant a nice retail store where you can get Fancy Cakes, such as Lemon Snaps, Vanilla Wafers, Drop Cakes, Cinnamon Buns, Butter Horns and all nice little cakes, also Pound Cake in any size pieces, Layer Cake cut in any size pieces. That famous Betty Brown cake and all other flavors you want. This is now open for you. These goods are all guaranteed to be made of nicest fresh eggs, butter and shortening that can be bought and made with very nicest methods of baking and made up by skilled labor which assures you of finest bread and cakes that can be had.

Patronize your home industry and get the best goods. Bost's Bakery has been here 16 years and has grown with the town, and we appreciate your patronage.

BOST'S BAKERY, Shelby, N. C.

## A MARKET

CONDUCTED ON A "CLEAN CUT," SANITARY BASIS-

And Only The Best Meats That We Can Obtain Are Delivered To Your Home.

A Glance At These Prices Will Convince You Of Our Fairness-

Pork Sausage ...... 30c lb. Mixed Sausage ...... 20c lb. Best Cuts of Steaks ...... 30c lb. Cured Hams (Center Cuts) ...... 45c lb. Breakfast Bacon, sliced thin, skin off, 50c Fresh Country Butter ...... 40c lb. Liver ...... 25c lb. Lamb (all cuts) ...... 20c to 45c lb.

Dressed Chickens, hens ...... 30c lb. Fryers ..... 40c lb. Let Us Have Your Orders For Thanksgiving Turkeys Early.

SANITARY MEAT MARKET-

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