

Be What You Are Don't Fake Nature

(From News-Observer)
In some counties women are admired most who pull the scales down at a figure which shows they are plump, or "fat, fair and forty." In recent years in America so many women have been convinced that slenderness is essential to produce beauty and secure popularity that they have gone to extreme to prevent increase of flesh. Twenty-five scientists have issued a warning against the dangers of over effort to reduce. They tell us that these three reasons have prompted women to get rid of flesh.
1. To keep that girlish figure.
2. To be attractive and youthful.
3. To retain the love of their husbands.

Commenting upon the action of those struggling, often against nature to reduce, Roy Moulton, writing in the Washington Herald says:

"It was, we believe, Socrates who said: 'If you are born to be a clothes-horse, be one. If you are born a hippopotamus, be one. But, don't monkey with Nature.'"

Old Sock was as near right in that as any man can be, and live. Even though perhaps he didn't say it.

In some feminine circles, a girlish figure is more to be desired than great riches. Not for a man however. This writer never made a nickel until he was over 200 pounds in weight and he hasn't slept on a park bench since. There hasn't been one wide enough.

It is now considered a terrible disgrace for anyone of either sex to weigh over 110 pounds. The ideal of manly beauty is a guy whose ribs stick through his overcoat and whose knees rattle like a Salvation Army tambourine. However, he keeps his knees covered. The ideal of modern feminine beauty is the same, with knees in sight.

All of which, of course, is a lot of grease.

Reduction has assumed such national proportions that all over the land it is generally believed that a potato is poison and eating a piece of candy is a gesture toward suicide. In order to live you are allowed to eat only the things you don't like

and which are tasteless. No explanation is made by the dietary brotherhood as to why the Lord put good things to eat on the program in the first place.

Keeping Cows In Lincoln Paid Well

They Added \$54,800 to the Income of Lincoln County Farmers Shows a Survey.

Lincoln County News.
An added income of \$54,800 a year is enjoyed by Lincoln county farmers indirectly as a result of keeping cows, according to the Larrowe Institute of Animal Economics. This income is in the form of a more fertile soil due to the manure of the dairy cows in this county. On the basis of practically a \$20 fertilizer valuation per animal per year, this means a total of \$54,800 added to the richness of the soil in this county every twelve months.

Manure is a source of the most valuable plant food obtainable, says the institute, but to preserve it at its highest value or efficiency, it should either be put directly to the fields each day or conserved until such a time as the opportunity offers itself to spread it. Feeding trials have proven that an ordinary cow, while putting from 15 to 18 per cent of the total energy of the feed she consumes into milk, actually returns to the soil 80 per cent of the elements of soil fertility in her feed in the form of manure. This led many dairymen to discover that the purchase of good concentrates feeds for their cows not only more than pays for itself in increased milk production but that it also supplies necessary food to farm crops that are expensive when bought in the form of commercial fertilizer.

Make a Barrel of Kraut.

Mecklenburg Times.
A farmer who lives in the eastern part of the county had some extra cabbage last summer and made up two barrels of sauer-kraut. This winter it has all been sold in Charlotte and the people are buying for more. "I should have made five barrels," he said. A Charlotte woman told us that if she could get kraut like this

Pure Water Problem Is Far-Reaching One

Some idea of the pure water problem which will face big cities in the future if they continue to neglect the population at the present time may be gained by the report of the survey of a commission appointed by the 1924 Massachusetts legislature. This body reviewed the findings and recommendations of the joint board that reported in 1922 on the feasibility of sources of water supply (including filtration) of the Boston metropolitan water system. The cost of the projects advocated will total close to \$100,000,000, and will extend the system which supplies Boston and the metropolitan district well up into the center of the state.

Demand \$25,000 In Mental Anguish Suit

Suit against the Western Union Telegraph Company for \$25,000 alleging "mental anguish" filed in Charlotte by J. V. Rogers, of Belmont, Gaston County.

The plaintiff says that the Western Union Branch at Belmont required five days to deliver a telegram to him informing him of his mother's death at Charlotte. The plaintiff sets forth that the message was filed at Charlotte, June 11, 1925, and reached him June 15.

President H. W. Chase, of the University of North Carolina, will be asked by the board of trustees, to remain at Chapel Hill and not consider the proposal to become head of the University of Oregon, a dispatch from Raleigh indicates. President Chase has not indicated his decision.

D. A. R. meeting, to elect a national vice president general, and to transact other business, was opened at Charlotte last night.

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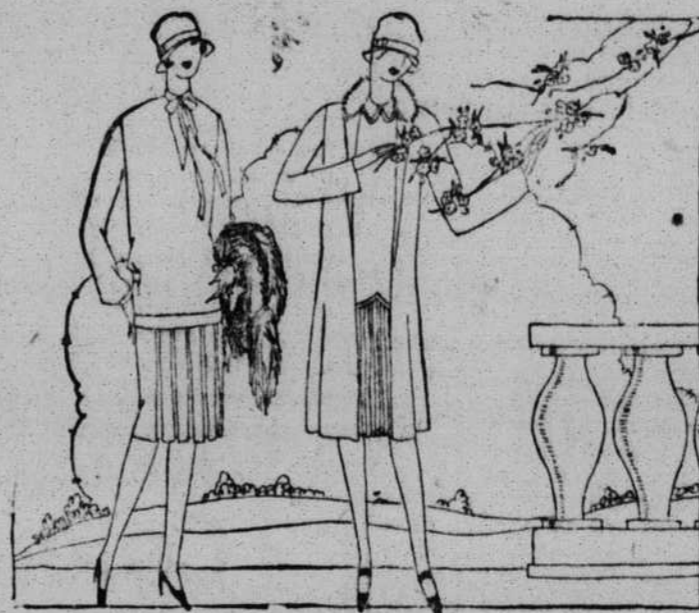
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