County Delegation delegates from each B. Y. P. U. and For State Meeting one from each church without a B. Y.

vention meets at Meredith college, Ra. lar per day. Each representative is leign, June 22-24. The program will expected to carry sheets, pillows, tow begin Tuesday night with a receive els, soap, etc. tion by the Raleigh civy B. Y. P. U. There will be an afternoon given to and continue through Thursday night, sight-seeing. The young people going The state B. Y. P. U. convention is in a body to the state capitol, blind now recognized as the largest Baptist institution, state prison and other gathering in North Carolina and Perry places of interest. The young people Morgan, state B. Y. P. U. secretary, will also have an opportunity to visit says this bids fair to be the biggest Baptist headquarters in the Recorder and best ever held. A number of building. It is hoped that the Kings speakers from out of the state have Mountain association will send a large heen secured as well as some of our delegation. The nearest route by the best in North Carolina.

P. U. The delegates will be furnished The annual state B. Y. P. U. con-'t room, bed and three meals or one dol-

state highway is 205 miles.

POPULAR SEASHORE EXCURSION TO

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VIA

SOUTHERN RAILWAY SYSTEM **SATURDAY, JUNE 19, 1926.**

Round trip fare from Shelby to Norfolk \$10.00, Virginia Beach \$10.50.

Tickets good until June 22nd.

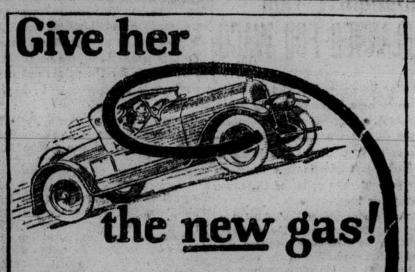
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Fine surf bathing, boat excursions and good fishing.

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> R. H. GRAHAM, Division Passenger Agent Charlotte, N. C.



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The basis of representation is one Double Springs News Of Recent Interest

(Special to The Star) As these notes are being written ant Ridge and Union were present. An

the long drought in our section is being broken by a fine shower of rain. Rev. J. W. Suttle, filled the regular appointment at Double Springs, Sunday. His text being Gen. 5:27. "And all the days of Methuselah were nine years: and he died." Mr. Suttle, said in part: "This is the only outstanding mencioned in the Bible about Methuselah. When many of our church mera-

bers of today are called from this world, all that can be said of them is the number of days they have lived

on this earth." He exorted his hearers to live useful, helpful lives, so whether

ce to God and man.

We were glad to have as visitors Sunday Miss Mary Covington, who is pending her vacation with her father Clyde Short of Shelby, who have been visiting relatives in this section.

Mr. and Mrs. Toy C. Stoeton and children, Mr. and Mrs. Oeland Toms and son George William, and Profeschildren of Lattimore, were also wei- its course.

The senior B. Y. P. U. presented special program Sunday night, and large delegations from three neighboring churches, Sandy Plains, Pleas-

overflowing congregation greeted both the morning and evening serv-

Mr. and Mrs. Jesse Bridges and Rev. J. W. Suttle, were dinner guests of Mr. and Mrs. Fred E. Green, Sun-

Mr. and Mrs. D. P. Washburn, and Miss Ethel Wright, were guests in the home of Mr. and Mrs. C. A. Ham rick, Sunday.

Mr. and Mrs. J. L. McSwain, have been sick for a few days. We hope for them a speedy recovery.

Professor Lawton Blanton and their days were few or many in this world, that they would be full of serv. family of Lattimore, and Misses Selma, and Lala Davis and Bonnie Lee

Jores, spent the day Sunday at the home of Mr. and Mrs. J. C. Washburn. A number of our young people are planning to attend the state B. Y. P. Mr. R. C. Covington, and Mr. and Mrs. U. convention at Meredith college, Roleigh, next week.

Once the girls used expensive outfits to burn wood; now they merely sor and Mrs. Lawton Blanton and park a cigarette and let Nature take training for a nurse at Morganton matic barrage near the crossing as the

Personal Mention From last week

(Special to The Star.) .Toluca, June 15 .- The people of

this section are busy now cutting wheat. Most of the wheat is extra good this year. We were glad to

see a good rain Sunday afternoon. We sure needed it as crops were suffering badly, especially gardens.

Mrs. Mary Costner has returned home from Shelby hospital, where she has been taking treatment. She is very low now, not expected to live very long.

Mr. and Mrs. John Hoyle of Charlotte visited Mr. and Mrs. Joe Bingham last Sunday.

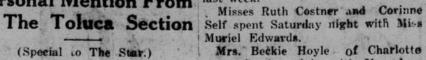
Misses Ola and Stelma Costner spent Saturday night and Sunday with Mirs Alice Huffman of Shelby.

Misses Mary and Lucy Sain spent Saturday night with Mr. and Mrs. Dennis Sain.

Misses Charleie and Georgiana Sain visited Miss Rena Alwran last Sun-

> Miss Selma Propst had as her guests Saturday night Misses Helen and Edith Sain.

hospital, spent a few days at home train approaches.



spent Sunday night with Mrs. Jane Hovle. Mr. Joe Carpenter spent a few days last week with Mr. and Mrs. Joe

Costner. Mrs. S. A. Sain and little son Thex-

ton were dinner guests of Mrs. S. T. Carcenter last Sunday. Mrs. Clarence Mode of Shelby visit-

ed her naren a Mr. and Mrs. J. L. Sain Saturday night and Sunday.

Mrs. A. A. Sain and Mrs. W. T. Mull visited Mr. and Mrs. D. M. Mull last Friday, Mr. Mull is greatly improving.

Miss Vernie Hasting of Newton was a visitor in Toluca a few days last week. Mr. and Mrs. Marvin Hoyle of Shel-

by, visited their parents last Sunday, Mr. and Mrs. Max Ledford. Mr. Thad Barber visited Mr. and

Mrs. Jack Hoyle Sunday evening. Election returns teach us that vir-

tue triumphs if it has a fat campaign fund and a darned good organizations. Miss Charlotte Peeler who is taking The best thing would be an auto-



In the Kitchen

(Editor's Note: This is one of a series of cosking articles contributed to this paper by six famous cocks.)

There never was a woman who kept house who didn't want her cooking to have an individual touch. And the

expressing this individuality.

Recipes for

several deli-

cious desserts are given in this article by Mrs. Belle De-KATE BREW Graf, San Francisco, home economics coun-

sellor, and Mrs. Kate Brew Vaughn, domestic science director, Los Angeles.

Santa Clara Dumplings

"For a quickly made dessert, 1 recommend Santa Clars Apricot Dumplings," says Mrs. DeGraf. "It takes less than half an hour to pre-pare them."

Here is Mrs. DeGraf's recipe:

- 1 cup sifted flour 2 teaspoons baking powder 3 teaspoon sait 3 tablespoons shortening 3 cup milk 1 dup strained, stewed

apricots

apricots Sift dry ingredients together. Rub in shortening, then gradually add milk, mixing with a flat knife. Turn on to a slightly floured board. Roll out in rectangular shape about 4 inches wide and 8 inches long. Cover top of dough with apricot pures, then roll up like a jelly roll. Cut off slices an inch thick, and place cut side down in greased Bak-ing dish. Bake in a hot even about 15 minutes. Serve with lemon sauce. Make the lemon sauce by mixing Make the lemon sauce by mixing the cup brown sugar, 14 cup where sugar, 14 cup where states a state find of one lemon, and tablespoon butter. Bring to be ook for five minutes. aplings and sauce should be

With Oranges Another interesting fruity r which Mrs. DeGraf provi for which Mrs. DeGraf provides recipe is Orange Custard Puddis 1 cup sifted bread crumbs cup milk cup orange rind eggs separated cup sugar

dd the grated rind of 1 orange to juice. Use soft bread crumbs t through a coarse strainer. Add Sift through a coarse strainer. Add milk and orange juice. Beat eggs separately. Add sugar to yolks and then add to the custard. Mix well, then fold in stiffly beaten egg whites. Poer in pudding dish. Set dish in a pan of hot water and bake until firm in center, about 30 min-utes, in a moderate oven, 360 degrees Echembett

"If men did the cooking they would insist on a good stove" Where is the woman who does not

agree with Mrs. Rorer's statement? Yet why will so many women put up

LEFT to right: Mrs. Sarah Tyson Rorer, Miss Rosa Michaelis, Mrs. Belle DeGraf, Mrs. Kate B. Vaughn, Miss Lucy G. Allen, and Miss Margaret Allen-Hall.



with an inefficient stove day after day?

RS. RORER, famous Philadelphia M cooking expert, and five other famous cooks who recently conducted a practical test of the Perfection Stove, agree that good cooking results depend agree that good cooking results depend to a great extent on a good stove. They agree, too, after critical, exhaustive cooking tests that the Perfection is a mighty good stove. Their comments on the Perfection's performance will give you some idea of what men would de-mand, and what experts do demand of a stove. a stove.

Easy operation. "I like equipment which is easy to work with," said Mrs. Belle DeGraf, San Francisco, home economics counsellor. "And the Perfec-tion certainly is. It lights at the touch of a match. And the heat is regulated by a simple turn of the wick."

Adaptable, too. "The Perfection proved its adaptability to me," com-mented Mrs. Kate B. Vaughn, Los Angeles, home economics director, "by performing many cooking operations at the same time-frying, baking, boiling, and broiling."

Ample heat supply. "And," said Miss Rosa Michaelis, famous New Orleans specialist, "there is no lessening of heat, regardless of how many burners are lighted. Each is an independent unit."

Dependable flames. "That's true," remarked Miss Lucy G. Allen, of the Boston School of Cookery. "And the flames stay just as you set them. They do not creep."

And clean. "There's no soot or odor, either, when you cook on the Perfection," added Mrs. Rorer. "The efficient long chimneys burn the oil completely be-fore the heat reaches the utensils."

Safe and economical. "All these points recommend the Perfection," said Miss Margaret A. Hall, Battle Creek College of Home Economics. "And, in addition, it is safe and economical in operation. What more could anyone ask of a stove?" . . .

In other words, the Perfection meets the high standards of the six critical cooks. It will meet yours, too. See the 1926 Perfections at any dealer's. All sizes from a one-burner model at '6.75 to a five-burner range at '120.00. Every woman who cooks deserves a good stove,

Manufactured by PERFECTION STOVE COMPANY Cleveland, Ohio

Clean, Even Cooking Heat

The long chimneys of the Perfection burn every drop of the oil before it reaches the kettle. Thus you get clean, even cooking heat free from soot and smoke.

You can be doubly sure of this sort of heat when you use a pure water-white Kerosene that burns cleanly, evenly and without odor -"Standard" Kerosene. It is specially refined.

All impurities that might cause smoke or leave deposits of soot are removed. This assures the maximum amount of heat. By sticking to "Standard" Kerosene you are sure of best results from your Perfection. Insist on it. You can buy it anywhere.

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Pineapple, Teo

Hawaiian Pineapple Pudding is a simple dessert which is very pretty. Mrs. DeGraf makes it with one sup rice. 1 cup grated pineapple. 2 cups whipped cream, and 1/2 cup powdered sugar.

Sugar. Wash rice well. Add 2 cups of coid water. Cover closely and set over a low flame, cooking for about 20 minutes, or until all the water is absorbed. When cooked, remove from fire, sprinkle with sait, replace cover and let stand five minutes. Turn into a bowl and set, aside to

cool. Just before iuncheon is served add remaining ingredients. File in sherbet cups and serve.

With Any Fruit

Strawberry Meringnesi Doesn't it sound like a most palatable des-sert? Mrs. Vaughn has a simple recipe for it.

recipe for it. • 3 egg whites 1 cup sugar • 4 teaspoon vinegar 1 teaspoon vanilla. Beat egg whites stiff. Add the vinegar to the egg whites and beat. Add sugar gradually, beating it with spoonfuls on oiled paper placed on baking sheet and bake in a slow oven. When finished, cut the me-ringues through the center and fill with crushed strawberries. Serve topped with whipped cream. Other fruits may be used in sea-son instead of the strawberries. This makes a dainty dish to serve at partles, too.



In Unusual Pie Mrs. Vaughn's fig ple is an unusual change from the ordinary ple. Here ps boiling water

find one lemon finely chopped figs

dry ingredients into to

likes a change of coo

"Guesswork" Baking

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