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## THE TONGUE

(Sermon by D. P. Waters, Pastor of Shelby Circuit.)

"But the tongue can no man tame."—James 3:8.

Philosophers have striven to discover what faculty most clearly separates man from the brute. They have found that man is the only animal that cooks, walks upright, and laughs.

Most thinkers, however, are of the opinion that the power of speech, with all that has grown out of it, is the clearest and most important distinction of mankind, and the surest indication of the superiority that God has conferred on the race.

By examining tongue of a patient, the physician finds the disease of the body, and the philosopher finds the disease of the mind. The tongue is, at the same time, the best and worst part of man. Xanthus, the heathen philosopher, ordered distinguished company, expecting his servant Esop to provide the best thing for dinner the market could supply. He purchased tongue. Next day he ordered him to get the worst thing the market could supply. He got tongue. On being asked what he meant said: "I have the worst: In man's existence tongue is the worst as well as best."

1. Speech is a test of character. "Speak that I may see thee" said Socrates. "Thy speech betrayeth thee," was said to Peter. When you hear a man talking God's name in vain, telling smutty jokes and using other vile and obscene language you may find who his father is by reading John 8:44.

2. Guiding power of the tongue. The rudder or helm turns the ship in its course. James, with his experience on the sea of Gallilee, may not have seen such ships as we have today, or even those of Paul's day when sailing to Rome, but they are guided by a still smaller helm. The tongue includes the pen. Take the great orations: Demosthenes on the crown, Cicero against Cataline, Webster's reply to Haynes, Lincoln's speech at Gettysburg, and the Jews saying, "Crucify Him." These all show the power of the tongue in the lives and characters of men and nations.

3. Destructive power of the tongue. "How great a matter a little fire kindleth." A fire-cracker carelessly used on the Fourth of July burned the city of Portland. A lamp turned over burned the city of Chicago. The Indians in the West set the dry grass afire and the flames are fanned by the wind until it circles far and wide. Unruly tongues set whole communities to burn and flame with evil. Cowper said, "Whoever keeps an open ear for tattlers will be sure to hear the trumpet of contention. The practice of tale-bearing is disgraceful. It is said of Domitian, a Roman emperor, that he spent his leisure hours in catching and tormenting flies. This shows how cruel and mean he was. But how much better is one who is employed in catching up and exposing every dirty little rumor that buzz through the neighborhood?"

No doubt there are people in town today who might have been in heaven if they had not had tongues. They are tongue damned. The religion of Jesus Christ is the only thing in this world that can control the tongue, and make it a power for good.

Woman! What shall we say about her? She is the capstone of creation, and the balance wheel of the universe! Her burdens are the heaviest, her duties are the most monotonous, her constitution is the weakest. She needs all the love and sympathy her loved ones can give her. But she has a tongue! A preacher visited a home where the father had died. "What were your father's last words?" he asked a little boy. "He had none," said the little boy. "Ma always has the last word."

4. Every tongue shall confess to God. Lord have mercy! I hear the angel say time shall be no more, the clouds are rolling together like a scroll, graves begin to open, multitudes are screaming, they look up and down, but no way of escape for a single soul. Then we shall confess with our tongues that we are not as good as we thought we were, that we did not honor God as we should, that we were too stingy to help support the church, that we grumbled too much and did too little, that we danced when we ought to have been praying, that we spent many Sabbaths in ungodly ways, and that we stood in the way of others coming to Christ.

"Take my tongue, and let it be consecrated, Lord, to thee."

## KITCHEN CUPBOARD

By NELLIE MAXWELL

### Aids for the Housewife

A LITTLE meat with dumplings and the combination of vegetables makes a meal sufficiently hearty for the ordinary appetite. Ground caraway seed is nice for a spice cake, making a new variety of flavor.

A few nuts coarsely chopped added to cookies make them quite fancy cakes.

A teaspoonful of dry sulphur mixed in hot milk is good for a sore throat.

If grease is spilled on the kitchen floor, dash on cold water and it will harden and prevent it from soaking into the floor. Much of it may be scraped off with a knife.

Brooms should be hung when not in use and turned often using in pairs and they will keep from spreading.

A pinch of salt added to whites of eggs will cause them to whip up lighter.

A little soda rubbed into spots of grease will aid in cleaning when scrubbing the floor.

A supply of soft tissue or paper towels is economical to use for wiping out greasy dishes before washing and for wiping the hands.

A teaspoonful of turpentine added to the boiler of clothes will whiten them.

Oil of lavender is good to put into bookcases to keep books from molding. If the cases are closed for any length of time.

A little sand put into the bottom of vases will keep them from tipping when filled with flowers.

Boiled flaxseed strained and sweetened with lemon juice added is good for a cough.

Rub a little lard or soap on the side of the drawer that sticks.

Use lemon juice on mildew stains. Mildew is a plant and must be killed to stop its growth.

When lighting the gas strike the match before turning on the gas, then turn it slowly; if turned on full force it causes an explosion which makes the meter jump and this increases the bill. When cooking always turn off the gas before removing a dish; this saves many a cubic foot of gas.

(© 1926, Western Newspaper Union.)

Lose your job as a caddy? said one boy.

Yep, replied the other. I could do the work all right, but I could n't learn not to laugh.

## "ACHED & ACHED"

Lady Says Her Back "Hurt Night and Day"—Least Noise Upset Her. Better After Taking Cardui.

Winfield, Texas.—"My back hurt night and day," says Mrs. C. L. Eason, of R. F. D. 1, in this place. "I ached and ached until I could hardly go. I felt weak and did not feel like doing anything. My work was a great burden to me. I just hated to do up the dishes, even. I was no-account and extremely nervous. "My mother had taken Cardui and she thought it would do me good, so she told me to take it. My husband got me a bottle and I began on it. I began to improve at once. It was such a help that I continued it until after the baby's birth.

"I took eight bottles and I can certainly say that it helped me. It is a fine tonic. It built me up and seemed to strengthen me. I grew less nervous and began to sleep better.

"I can certainly recommend Cardui to expectant mothers, for to me it was a wonderful help. . . In every way I felt better after taking it and I think it is a splendid medicine."

Cardui is purely vegetable, and contains no harmful drugs. For sale everywhere. NC-162



## BUSSES OPERATE TO OUTDO RAIL MODE OF TRAVEL

They Have Direct Competition Over Three Thousand Miles In State. Rys. Curtail

Raleigh Times.

Seventy-two per cent, or 3,269 miles of the bus line mileage in North Carolina is parallel to the tracks of railroads, and in direct competition with the railroads as far as short haul passenger service is involved, according to a brief, filed by R. O. Self, director of motor vehicle transportation for North Carolina, at the Interstate Commerce Commission motor bus inquiry at Asheville.

Of this mileage 1,174 miles parallel the Southern Railway and associated lines; 640 miles parallel the Seaboard Air Line; 512 miles parallel the Atlantic Coast Line; 564 miles parallel the Norfolk Southern; and 370 miles parallel miscellaneous short lines.

The average length of the motor bus line in North Carolina is 46.75 miles and as a result of this short haul competition there have been numerous curtailments of service by the railroads allowed by the State Corporation commission.

According to Mr. Self on August 14 there were 456 motor buses operating over 4,500 miles of State highways.

Self's Brief

"We have made passenger traffic studies in order to determine the public convenience and necessary for certain schedules on particular roads," says the brief.

"One study of a seven-day period on a ninety-mile run showed 6,115 passengers carried, of which only 234 were through passengers and 5,881 were local. Miles operated during period of study were 9800 and average fare per passenger was less than forty cents.

"The passenger bus miles traveled by all operators, year ended June 30, 1926, estimated from the records in this office were 11,350,040. The total revenue from passenger operations for the same period was \$2,370,800, the tax paid on six per cent basis being \$142,250. From these figures, it appears that the average bus mile revenue was 20.9 cents.

Statistics on Revenue "We have obtained statistics from only the operators who keep records in a manner that the operating cost can be obtained. They operate on 1,775 miles of highway, or 38.7 per cent of the State highway mileage under bus operation and operate 63.9 per cent of the total daily bus mileage. These ten operators forty per cent of the total seating capacity and had an average operating cost of 20.25 cents per bus mile. In this connection it may be stated that the average bus mile revenue for the ten operators is somewhat higher than the average for the state.

"On August 14, 1926, seventeen express or freight certificates were outstanding and under these there were being operated 83 trucks on 1,756 miles of road. Of these operations, 945 miles parallel the Southern Railway and associated lines; 214 miles parallel the Seaboard Air Line; 242 miles parallel the Atlantic Coast Line; 245 miles parallel the Norfolk Southern and 50 miles parallel miscellaneous lines, making total of 1,696 miles paralleling rail lines or operating between points common to both.

Freight by Motor

"In this connection I may state that we have 33,661 trucks operating within the State transporting property either for their own use or under private contract; and under our law there is nothing to prevent these from exercising every privilege of a property carrier under the bus law, except that of advertising regular schedules and publishing tariffs. One property carrier handled 2,842 tons over a twelve month period July 1, 1925 to June 30, 1926. The average haul was forty-five miles. Another property carrier handled between January 1 and June 30, 1926, 2,398 tons of freight and express. The average haul of this tonnage did not exceed 55 miles; the longest haul was 123 miles. From a rough estimate, it appears that the tonnage carried by trucks operating under the law did not exceed 15,000 tons. Each carrier transports less than hundred-weight packages at package rates, which is not included in the above tonnage. The total revenue of such carriers for the fiscal year ended June 30, 1926, was \$122,568.97. Because of the package revenue being included in this amount, the average revenue per ton cannot be estimated. The six per cent tax from such companies was \$7,353.14.

Girls who paint their faces like to run around with men who paint the town.

Where did the automobile hit you? inquired the claim agent. Well, explained the lady victim, If I had been wearing a license tag, it would have been terribly bent.—Motor.

## KITCHEN CUPBOARD

By NELLIE MAXWELL

### Favorite Fruits

NEXT to the taste and palatability of our food, we like to have it appeal to the eye. Food daintily garnished and nicely served will be more appetizing than that which is served carelessly.

For a centerpiece a luscious basket of fruit garnished with its own leaves when possible, is an ornament to any table.

When fresh fruit is not available, mold a few preserved berries in orange, lemon or pineapple gelatin. Serve the quivering mounds with whipped cream and a few of the berries.

Halves of muskmelons filled with ice cream and garnished with small pieces of candied or preserved ginger to simulate seeds, are both pretty and palatable.

Muskmelon or watermelon, cut with a French potato cutter into balls, filling sherbet or cocktail glasses with same, and adding a sauce of lemon or ginger sirup makes a most delicious first course for the beginning of a dinner.

Grated apple, added to egg white and powdered sugar and beaten until stiff, then served surrounded with a thin custard, is a most acceptable dessert.

Stewed pears cored and the cavities filled with jelly and served with whipped cream, is a rather dish worthy of trial.

Baked pears dressed with lemon juice, butter and sugar and baked while baking, is a delicious dish to serve with meats.

Peaches put through a sieve after removing the skin, add to ice cream mixtures. Serve with fresh sliced peaches.

For those who cannot eat uncooked fruit try this: Stew apples or pears (coring them first), in a lemon or sugar sirup until tender, then decorate with quartered almonds, almost sticking the tender fruit quite full of the nuts, so that the apples look like young porcupines. Sprinkle with powdered sugar and set in the oven to brown the tips of the almonds. Serve with whipped cream.

(© 1926, Western Newspaper Union.)

## KITCHEN CUPBOARD

By NELLIE MAXWELL

### Some Choice Recipes

FOR variety try this recipe; it is as pleasing to the palate as it sounds:

Stuffed Pork Chops.—Have pork chops cut one and one-half inches thick, split each chop to the bone and stuff with bread crumbs seasoned well with melted butter and eggs and onion, pepper and salt. Roll in cracker crumbs and beaten egg and fry in deep fat until brown on both sides. Now place in a baking pan and cover with the following: One small can of tomatoes, one small onion chopped, one tablespoonful of butter, a teaspoonful of sugar and one of salt. Fasten together with a toothpick before frying and bake until thoroughly well done.

Olive Salad.—Take one cupful of stoned olives, two cupfuls of celery chopped fine, four hard-cooked eggs sliced fine. Mix with a cupful of mayonnaise and serve on lettuce.

Raisin Fudge Cake.—Cream together one and one-half cupfuls of brown sugar and one-half cupful of butter, add two egg yolks, one cupful of chopped raisins, four ounces of melted chocolate, one-half cupful each of hot water and sour milk, two and one-half cupfuls of flour, one teaspoonful of soda, one-half teaspoonful of cinnamon and one-fourth teaspoonful of cloves. Bake in sheet pan in moderate oven. Cover with boiled frosting, using the two egg whites and two cupfuls of sugar, adding water to moisten and boil to a thread, pouring over the beaten egg white. Sprinkle a half cupful of blanched almonds over the top of the cake.

Vegetable Curry.—Mix one cupful each of cooked carrots, potatoes, turnips and peas together. Pour over them one cupful of white sauce, one tablespoonful of lemon juice, one-fourth teaspoonful of curry powder, all cooked in the white sauce. On a large platter heap seasoned mashed potato, with plenty of butter dotted over it make a border and brown in the oven. Pour the vegetable curry into the border and sprinkle the whole with finely minced parsley. Serve very hot.

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## Nature Wonderful Thing With These

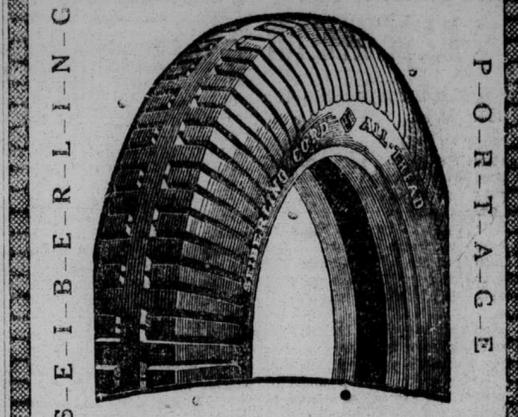
(Eugene Ashcraft in Monroe Enquirer.)

Observing a young man sitting between two young women in an automobile, his arms extended protectively around each, I remembered that a man's arm is 36 inches in length and a woman's waist 36 inches around. Aint' nature wonderful?

## Will Bury Man 15 Years After Death

Boston.—After lying forgotten for fifteen years in the undertaker parlors of a Dorchester funeral director, the ashes of Frank W. Weston, known as "the father of bicycling in America," are to be buried with appropriate ceremony.

Old friends, members of the Boston Bicycle club, which Weston, an Englishman, founded half century ago, will conduct the services. Burial will take place next Friday at dusk, beneath a tree that club members planted on the Fairbanks Estate in Dedham ten years ago.



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CLEVELAND STAR EVERY-OTHER-DAY

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