

# REPUBLICANS WILL VOTE BIG NUMBER

West Predicts Heaviest Vote in History Of Party This Fall As Victory Is Scented.

Raleigh.—Paul C. West, Republican manager for eastern North Carolina, issued a statement here predicting that 300,000 straight Republican votes will be cast on November 6.

"We know we have got more than that many Republicans in North Carolina," Mr. West said. "We've gone over the field just as carefully as possible, mapping out the vote in every county. Remember we polled about 233,000 votes in 1920 and this is the first time in many years a North Carolina Republican could go to the polls and cast his vote without realizing he was throwing it away. The result has been that they have not voted. But they will this year."

In commenting on the anti-Smith campaign being carried on in the state, Mr. West said that "the main thing I'm counting on the anti-Smith 'Democrats' for us to man the polls and get a clean count. Of course we'll have our men there too, but the count is going to be important. Everything else they give us, all the Democratic votes they turn to Hoover, will be so much velvet. Of course we hope to get a lot of those—Senator Simmons is still a powerful figure in North Carolina—but we're not having anything to do with their campaign, we're just tending to our own job—getting out the whole Republican vote that hasn't voted in years."

A free country is one that passes laws to please its conscience and then breaks them to please its appetite.—Brooklyn Times.

Notice Of Service By Publication North Carolina, Cleveland county, in the Superior court.

T. J. White, plaintiff vs. Sallie L. White, defendant.

The defendant above named will take notice that an action entitled as above has been commenced in the Superior court of Cleveland county, N. C., wherein the plaintiff is suing for divorce absolute from the defendant upon statutory grounds, as provided by law; and the said defendant will further take notice that she is required to appear at the office of the Clerk of the Superior court of Cleveland county, within the time prescribed by law, and answer or demur to the complaint in this action or the plaintiff will apply to the court for the relief demanded in the complaint.

This October 24th, 1928. A. M. HAMRICK, C. S. C., Cleveland County. Bynum E. Weathers and Maurice R. Weathers, Attys.

# Copeland's Health Talk

## LIVE FOR 250 YEARS

BY ROYAL S. COPELAND, M. D.

(United States Senator And Former Health Commissioner of New York.)

Not long ago I read a ridiculous tale. It was to the effect that a citizen of North China, Mr. Li Ching-Yun, celebrated his two hundred and fiftieth birthday!

I suppose we need no further evidence. Mr. Li, who has a significant name, admits his great age. Unlike many persons who seek to hide the number of years, this gentleman boasts of his.

Nearly two hundred surviving descendants gathered to do honor to the old gentleman. Many of his family died a couple of hundred years ago, but there are plenty left.

Of course, candor compels me to state that I am decidedly skeptical, but a hundred years, more or less, count little in this story. It is remarkable enough, even though Ching-Yun is but one hundred and fifty.

But what the venerable man says about living is more interesting to me than the tale of the centuries. He was asked for advice about how to live long. Here is his remarkable reply:

"Keep a quiet heart.

"Sit like a tortoise.

"Walk sprightly like a pigeon.

"Sleep like a dog."

This is not a bad programme. Let us study it for a moment.

Have you ever thought about it, that old men when asked for advice about how to live never recommend tonics, pills, powders or other medicines? All their suggestions relate to a manner of living which has for its object the prevention of disease. Suggestions are made which relate wholly to the care of the body by natural methods. They never trust to drugs and other medication.

"Keep a quiet heart," says Mr. Li. Fine.

To have this there must be temperance, temperate drinking and eating, temperance in the emotional life. Anger, excitement, everlasting running or other exertion, everything that sets the heart pounding—these are dangerous to men and women past middle life. I am not sure just how a tortoise sits, but I assume it rests quietly on the lower shell, absolutely relaxed in every muscle. If we could give our bodies such perfect relaxation when we sit down there would be restoration of strength and energy. You have seen the pigeon strut off with all the sprightliness of elastic muscles and every evidence of abounding energy. That is the way we should do. Let us not drag our feet walking along as if we were actually two hundred and fifty years of age. Let us be up and doing, walking "sprightly like a pigeon."

If we eat as we should and exercise when we should, getting into the warmth of the sunshine, then we too, would "sleep like a dog."



DR. COPELAND

To live that way will add years to our lives.

You are a philosopher, Mr. Li a philosopher such as your race has produced in such numbers. Whether your years are actually two hundred and fifty, or only a third of them, you have given a good formula, one well worth living. Thank you, venerable sage.

Answers to Health Queries  
C. A. Q.—Will glycerine correct indigestion?

A.—No. You must correct your diet. Eat simple, well-cooked food. Drink water between meals. Correct constipation, if present. Exercise daily in the open air.

S. K. Q.—What is the cause of excessive yawning? I get plenty of sleep.

A.—This condition may be due to auto-intoxication. For full particulars send a self-addressed, stamped envelope and repeat your question.

ADMINISTRATRIX NOTICE.  
Having qualified as administratrix of the estate of Clyde Carpenter, deceased, this is to notify all persons having claims against said estate to present them to the undersigned properly verified, on or before the 6th day of October, 1929, or this notice will be pleaded in bar of their recovery.

All persons indebted to said estate will please make prompt settlement with the undersigned. This the 6th day of October, 1928. DESSIE CARPENTER, Administratrix.

R. L. Huffman, Atty for admx. Morganton, N. C.

# What Will Be Fate Of Senator Simmons After Election Event?

If Smith Is Elected Or Carries North Carolina He May Fare Badly.

(Lynn In Charlotte News.)

Washington.—Discussion of the future status of Senator Simmons, Senator Heflin and Senator Blaine in the next session of congress is beginning to find a place in political speculation, though a very subordinate place. After the election, it will come to the front. In November, leaders of the senate will begin mapping their programs for the short session, opening December 3. They will be prepared to offer concrete suggestions when the party caucuses are held soon after congress meets.

Senator Simmons and Heflin, Democrats, are criticised for getting off the party reservation in order to oppose the election of Governor Smith, the party nominee for president. Senator Blaine, Republican, is in the position of refusing to support Mr. Hoover, the nominee of his party, and affirmatively advocating the election of Smith.

May Read Blaine Out.  
In the case of Senator Blaine, it is not unlikely that the Republican leaders will consider whether he should not be denied affiliation, though it by no means follows that the decision will be against him. Four years ago, the senate Republicans took disciplinary action against Bookhart and Frazier for supporting LaFollette. Not very long afterwards, however, the majority came to the conclusion that they had acted hastily, and the two senators

ADMINISTRATOR'S NOTICE.

Having this day qualified as administrator of the estate of P. L. Buff, this is to notify all parties having claims against the said estate to present them to me properly proven on or before the 12th day of October, 1929, or this notice will be pleaded in bar of any recovery thereof. All persons owing the said estate are asked to make immediate settlement to the undersigned. This October 10th, 1928. A. L. Buff, R. 5, Vale, N. C., Administrator estate of P. L. Buff.

ADMINISTRATRIX NOTICE.

Notice is hereby given that I have this day qualified as Administratrix of the estate of Alex Hoyle, deceased, and all persons indebted to said estate are notified to make immediate payment to the undersigned. All persons having claims against said estate will present them to me properly proven for payment on or before September 12th, 1929, or this notice will be pleaded in bar of their recovery. This September 12th, 1928. EVELYN HOYLE, Administratrix of Alex Hoyle, dec'd.

thereafter were treated as regulars.

Long before congress adjourned, Senator Heflin was in bad with a number of his Democratic colleagues, and his course since has intensified the resentful feelings of these colleagues. His case is more "aggravated" than that of Senator Simmons. At a caucus of senate Democrats towards the end of the last session, a resolution was ready censuring Heflin in connection with a sharp exchange between himself and Senator Robinson, the party floor leader. It was Senator Simmons, by the way, who put the quietus on this resolution, in the piece which the caucus passed a mild resolution merely reaffirming confidence in Robinson's leadership.

Simmons A Puzzle.  
The Washington bureau of the New York Times states the case of Senator Simmons thus:

"Senator Simmons, until this campaign a Democrat of the regular standpat type, is the puzzle of the

ADMINISTRATOR'S NOTICE

Having qualified as administrator of the estate of Sarah Hamrick, deceased, this is to notify all persons indebted to said estate to make immediate payment to me; and this is further to notify all persons holding claims against said estate to present them duly itemized and verified to me on or before the 7th day of September, 1929, or this notice will be pleaded to bar any recovery thereon.

This September 7, 1928. T. GROVER HAMRICK, Administrator. Newton & Newton, Attys.

TRUSTEE'S SALE OF LAND

Under and by virtue of power of sale contained in a certain deed of trust executed by E. L. Callahan and wife, Eldee Callahan, to me as trustee for Mrs. Beula Biggerstaff, to secure note for the sum of \$450.00, default in payment of same having been made at the maturity date thereof, I will sell at public auction, at the Court House door in Shelby, N. C., at 12 o'clock, noon, October 15, 1928, to the highest bidder for cash, the following real estate, to-wit:

Lying on the west side of Grog

— FLOWERS —  
Corsages, Bouquets and Funeral Designs a Specialty. Complete line of Cut Flowers.  
SHELBY FLOWER SHOP  
— PHONE 580 —  
"Say It With Flowers"—  
The Gift Supreme.

group. For the first time in his long career, for a quarter of a century of it the acknowledged leader of the North Carolina Democracy, he has bolted the national ticket of his party. Will he be permitted to retain his seat on the Democratic aisle or will he be requested to switch to the Republican side of the chamber, is asked. It likewise is asked whether he will be permitted by the Democratic senior member of the powerful committee on finance."

Veterans in politics with whom this writer has talked incline to the opinion that disciplinary action in the case of Senator Simmons is to be anticipated on the event of a sweeping Smith victory, or the defeat of Smith by the votes of North Carolina. Smith is defeated, and the event does not turn on North Carolina's twelve votes, the

TRUSTEE'S SALE OF REAL ESTATE.

Under and by virtue of the authority contained in those two certain deeds of trust, executed by Z. V. Costner and wife, to the undersigned trustee, said deeds of trust being dated October 20, 1925 and August 3, 1927 and recorded in the office of the register of deeds for Cleveland county, N. C. in deed book 135 at page 159 and book 145 at page 189, securing an indebtedness to the Shelby and Cleveland County Building and Loan association, and default having been made in the payment of said indebtedness, I will on

Saturday, November 3, 1928 at 12 o'clock, noon, or within legal hours, at the court house door in Shelby, N. C. sell to the highest bidder for cash at public auction that certain lot or parcel of land described as follows:

Situated in the northwest portion of the city of Shelby, N. C. lying on the north side of Lee street and bounded as follows: Beginning at a stake on Lee street, formerly Paul Wellmon southwest corner and runs thence with said line N. 2 E. 200 feet to a stake; thence with B. J. Eskridge's line N. 73 W. 80 feet to a stake; Spangler's corner; thence with their line S. 5 degrees 42 minutes W. 200 feet to a stake in the edge of Lee street, thence along same S. 73 E. 100 feet to the beginning, containing 18,000 square feet, more or less and being that same lot conveyed to Z. V. Costner by M. A. Putnam. This October 2, 1928. JNO. P. MULL, Trustee.

LANDIS SHOE SHOP  
The place for up-to-date Shoe Rebuilding and Rebuilt Shoes for sale. Third door from Western Union, West Marion Street.  
J. A. DAYBERRY, Manager.

disposition of experienced men in politics is to discount any action whatever directed at the senior senator from North Carolina.

Willing To Forget.  
Decisive defeat of Smith, it is forecast, will find the responsible Democratic leaders in the mood to salvage what can be saved out of defeat, and disposed to forget and forgive the party irregularities of colleagues in the presidential contest. Larger party problems also would give the leaders about all they would find time to consider, in the judgment of more than one shrewd commentator.

A slashing Smith victory might inspire a genuine fight on Sim-

mons at the behest of intense Smith partisans. Also, if the election were so close that the adverse votes of North Carolina kept Smith out of the presidency, there would follow demands for reprisals on the part of bitterly disappointed supporters of the governor.

Since few observers foresee a landslide victory for the Democratic nominee and since also the chances of the one state of North Carolina deciding the election, are somewhat remote, the probability is that no action will be taken by the senate Democrats in the case of Simmons, according to old timers in the political game in the national capital.

**"Please Stand By"**

How often have you heard it over your radio... "Please stand by". Foretelling something new and different about to come to you over the air. And now Oakland says... "Please stand by"... for the announcement of a new car. Oakland will present it soon... a magnificent successor to a justly famous name... a New All-American.

**A NEW All-American**

STORE OPEN 8 A. M. to 9:30 P. M. SATURDAYS.

Announcement

THE

# ACORN STORE

OPEN SATURDAY OCTOBER 27th FOR BUSINESS

FORMAL OPENING FRIDAY, OCTOBER 26

— No Merchandise Sold During These Hours —

ADDRESS  
NEW ROYSTER BUILDING  
S. LaFAYETTE STREET  
Next Door to Montgomery Ward & Co.

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Chas. Broadway Rouss, Inc.  
"MERCHANTS TO YOUR GRANDFATHERS"

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