

Babington Draws Praise For Work

Mooreville Enterprise.

Robert B. Babington, of Gastonia, founder of the North Carolina Orthopaedic hospital, is probably the greatest benefactor the state has produced within the last half century, or perhaps in her entire history. It was due to his untiring efforts, energy and sacrifice that hundreds and perhaps thousands of little children, deformed and crippled from disease or birth, have been restored to normalcy and have been given a place in the general run of affairs to do for themselves; otherwise would have been handicapped all through their lives. Did you ever talk to a little girl or boy who were patients at this institution? Never has one gone there for treatment that has wanted to leave, and to see the glorified expression when telling of the wonderful results attained is sufficient to give Mr. Babington first place in the hearts of the people of our great commonwealth. This great man and his efficient corps of assistants have rebuilt a large number of human bodies in a mould that otherwise would have been misfits in the general scheme of life. The hospital has recently finished a new dormitory for the accommodation of 135 additional patients, and provisions have been made for taking care of the colored as well as the white children of the state. North Carolina contributes to this institution in a generous way and the state is being repaid by the sunshine and happiness it dispenses in the reshaping of the bodies and limbs that were misshapen in the outset. We join with the big chorus of little folks throughout the state in singing the praises of Mr. Babington and his highly developed plans of reconstruction of the human bodies.

Before A Long Trip.

If about to embark on an extended trip, have the sashes and roof of your house examined before you leave. Then there will be no nasty leaks causing ruined walls and furnishings while you are away.

ADMINISTRATOR'S NOTICE.

Having qualified as administrator of the estate of Clyde Carpenter, deceased, this is to notify all persons having claims against said estate to present them to the undersigned properly verified, on or before the 6th day of October, 1929, or this notice will be pleaded in bar of their recovery.

All persons indebted to said estate will please make prompt settlement with the undersigned.

This the 6th day of October, 1929.
DESSIE CARPENTER, Administrator.
R. L. Huffman, Atty for Adm.
Morganton, N. C.

ADMINISTRATOR'S NOTICE

Having qualified as administrator of the estate of Sarah Hamrick, deceased, this is to notify all persons indebted to said estate to make immediate payment to me; and this is further to notify all persons holding claims against said estate to present them duly itemized and verified to me on or before the 10th day of September, 1929, or this notice will be pleaded to bar any recovery thereon.

This September 7, 1929.
T. GROVER HAMRICK, Administrator.
Newtown & Newtown, Atty.

LANDIS SHOE SHOP

The place for up-to-date Shoe Rebuilding and Rebuilt Shoes for sale. Third door from Western Union, West Marion Street.

J. A. DAYBERRY, Manager.

Bargains In Used Cars

- '28 Chevrolet Coupe.
- '28 Chevrolet Landau.
- New Chevrolet Touring.
- New Chevrolet Roadster.
- '27 Ford Roadster.
- '25 Ford Touring.
- '25 Ford Sedan.
- '24 Ford Sedan.
- '24 Ford Touring.
- '26 Dodge Roadster.
- '24 Dodge Coupe.
- '26 Chevrolet Coupe.
- '26 Chevrolet Coach.
- '26 Chevrolet Touring.
- '27 Oldsmobile Sport Coupe.

Number of other good cheap used cars for sale.

J. T. CAMP
OLDSMOBILE DEALER.
Phone 107. Moss Bldg.
FOREST CITY, N. C.

RADIO ELECTION SCORE CARD

(Courtesy National Broadcasting Company)

STATE	ELEC. VOTE	HOOVER	SMITH
ALA.....	12		
ARIZ.....	3		
ARK.....	9		
CALIF.....	13		
COLO.....	6		
CONN.....	7		
DEL.....	3		
FLA.....	6		
GA.....	14		
IDAHO.....	4		
ILL.....	29		
IND.....	15		
IOWA.....	13		
KAN.....	10		
KY.....	13		
LA.....	10		
ME.....	6		
MD.....	8		
MASS.....	18		
MICH.....	15		
MINN.....	12		
MISS.....	10		
MO.....	18		
MONT.....	4		
NEB.....	8		
NEV.....	3		
N. H.....	4		
N. J.....	14		
N. M.....	3		
N. Y.....	45		
N. C.....	12		
N. D.....	5		
OHIO.....	24		
OKLA.....	10		
ORE.....	5		
PA.....	38		
R. I.....	5		
S. C.....	9		
S. D.....	5		
TENN.....	12		
TEX.....	20		
UTAH.....	4		
VT.....	4		
VA.....	12		
WASH.....	7		
W. VA.....	8		
WIS.....	13		
WYO.....	3		
TOTAL.....	531		

We are publishing this for the benefit of our 4,800 subscribers. Cut this out and keep the tabulation. The five blank spaces at the opposite side may be used to tabulate state or county votes. The Cleveland Star will receive and announce election returns at the office of this company on Tuesday night. We have a special leased wire and radio connections for this night. Everyone is invited to come.

Copeland's Health Talk

BY ROYAL S. COPELAND, M. D.

(United States Senator and Former Health Commissioner of New York.)

Recently there appeared a bulletin from one of our best health departments, indicating that diabetes is on the increase.

"Hand in hand with this has been a corresponding increase in the per capita consumption of sugar," says the report, "so that it appears probable that we, especially the ladies, are overtaxing our bodies with too much sugar."

I am not in harmony with the implied suggestion that sugar eating is responsible for diabetes. Frankly, I do not believe it.

There can be no question, I think, that one who actually has diabetes, must reduce materially his intake of sugar. But as to its use being an important factor in the cause and development of the disease, I believe there is serious doubt. Indeed, it is, in my opinion, a proposition which would be extremely difficult to prove.

There are many other practices and habits that might be pointed to as just as likely to be productive of diabetes. It has long been held that disturbances in the nervous system have a large part in the development of the disease. Tumors, hemorrhages and injuries of the brain and upper part of the spinal cord; disturbances of the so-called ductless glands; the effects of overwork and serious fever; all these are factors of importance.

As one great authority puts it, "We are left with the problem as to whether the condition arises because there is an over liberation of sugar into the blood or because the tissues are unable to consume it." In short, in the present state of our knowledge, we just do not know the exact cause or causes. In any event, as I see it, it is unscientific to jump to the conclusion that sugar consumption is responsible for diabetes.

It is natural to associate excessive sugar eating with excessive quantities of sugar in the blood. But long before sugar, as we take it, can possibly be utilized by the body, it must be converted and transformed into other chemical forms than pure cane sugar. It is the failure of this function and its associated processes that result in the unpleasant symptoms of diabetes.

There are abundant reasons for practicing temperance in the consumption of sugar and, indeed, of all other foods. But there is no reason at present why the use of sugar should be held up as the particular menace to modern society. It is too valuable a food-stuff to be submitted to such attack.

It may be said in all fairness, I

A.—Rest is absolutely essential. Eight hours of sleep every night should be the minimum.

A. B. A. Q.—What should a woman weigh who is 29 years old and 5 feet 2 inches tall?

A.—For her age and height she should weigh about 124 pounds.

N. H. Q.—How can I overcome bashfulness?

A.—This can be overcome by forgetting yourself and becoming interested in everything happening around you. Read good books and periodicals so that you will not be at a loss for conversation. Bashfulness is usually associated with extreme youth and disappears as one grows older and has more poise.

B. K. Q.—Does the use of lemon juice on the skin promote the growth of hair?

2.—Is _____ reliable?
A.—No.
2.—Yes.

J. S. D. Q.—My hip was broken about a year ago and is now all right, but the cords of the right leg have contracted. Will you suggest a liniment or treatment for this condition?

A.—Baking or electrical treatment should be helpful. Go to one of the large hospital clinics for treatment. Massaging at home with any good liniment should also be helpful in addition to the other treatment.

Korean lespedeza in Rowan county is yielding a harvest of from 15 to 25 pounds of seed per acre.

Notice of Service By Publication

North Carolina, Cleveland county, in the Superior court.
T. J. White, plaintiff vs. Sallie L. White, defendant.

The defendant above named will take notice that an action entitled as above has been commenced in the Superior court of Cleveland county, N. C., wherein the plaintiff is suing for divorce absolute from the defendant upon statutory grounds, as provided by law; and the said defendant will further take notice that she is required to appear at the office of the Clerk of the Superior court of Cleveland county, within the time prescribed by law, and answer or demur to the complaint in this action or the plaintiff will apply to the court for the relief demanded in the complaint.

This October 24th, 1929.
A. M. HAMRICK, C. S. C.
Cleveland County.
Bynum E. Weathers and Maurice R. Weathers, Atty.

Answers To Health Queries

J. L. Q.—How many hours sleep does a girl of 25 years need?

Would Abolish All County Farm Agents

Republican Nominee Wants To Raise Big Sum To Advertise State's Rich Resources.

Charlotte, Oct. 27.—Advocacy of an advertising fund to exploit the virtues of the state and five counties of the twenty-seventh senatorial district, and an attack on the present system of employing county agents, were the high spots of a statement made here by Mr. A. M. McWhirter, of Hendersonville, Republican nominee for the senate from the counties of Cleveland, Rutherford, Henderson, McDowell and Polk.

"The district in which I reside needs more payrolls and I am strongly in favor of the creation of an advertising fund, with which to tell the outside world of the trial establishments," asserted Mr. McWhirter.

"We are now spending thousands of dollars to make a census of the assets of this state; to take an inventory of our natural resources. What for? Apparently only for our own knowledge. We need to advertise these assets, and try to induce capital to come here and establish new industries," continued the nominee.

Mr. McWhirter pointed out, that by increasing the industrial wealth of the state the wealth of the farmer, the laborer, and the small business man would be increased proportionately.

A better market will be developed and the products of the North Carolina farms and the farmers will not be forced to depend on the fluctuations of a market in other states for the profits on the crops produced by their labor.

"I am unalterably opposed to the present system of employing county farm demonstration agents" asserted Mr. McWhirter. These men, due to the system which gives the commissioners of the various counties the right to employ these experts, have become political footballs.

"A change of administrations usually means a change in farm demonstration agents, unless that demonstration agent has played 'good politics,'" he declared.

"I am in favor of the passage of a law providing that these agents shall be appointed by the state agriculture department, all expenses incident thereto to be borne by the state and that such other legislation shall be enacted which will place these men outside of the political realm, so they can give more of their time to their work as demonstration agents, rather than being forced to give much of their time to building their political fences."

The present tax system also was

ADMINISTRATOR'S NOTICE.

Having this day qualified as administrator of the estate of P. L. Buff, this is to notify all parties having claims against the said estate to present them to me properly proven on or before the 12th day of October, 1929, or this notice will be pleaded in bar of any recovery thereof. All persons owing the said estate are asked to make immediate settlement to the undersigned. This October 10th, 1929.
A. L. Buff, R. 5, Vale, N. C., Administrator estate of P. L. Buff.

FLOWERS

Corsages, Bouquets and Funeral Designs a Specialty. Complete line of Cut Flowers.

SHELBY FLOWER SHOP

— PHONE 580 —
"Say It With Flowers"—
The Gift Supreme.

Do You Have Afternoon Headaches?

Many men and women wonder why they quickly tire at work while others enjoy the vigor of early morning all day long and do not become fatigued out. This annoying brain fog is often due to poor eyes. Faulty eyesight unbalances the entire nervous system. Physical and mental fatigue quickly results.

Continued neglect of poor eyes is invariably the cause of nervousness, headaches, depression, chronic irritability and often indigestion.

GOOD GLASSES PROPERLY FITTED GIVE IMMEDIATE RELIEF.

Dr. D. M. Morrison

Eyes Examined. — Glasses Fitted And Repaired. Located Downstairs Next To Haines Shoe Store.

TELEPHONE 585. SHELBY, N. C.

NOTE: Dr. Morrison Is In Rutherfordton Every Thursday.

FOR JEWELRY

Watches, Rings, Clocks and other gifts that you may desire, also for your Watch and Clock repairing call at the

Morrison Jewelry Store

Located Next To Haines Shoe Store. Phone 585. Shelby, N. C.

A TONIC

GROVE'S TASTELESS CHILL TONIC restores Energy and Vitality by Purifying and Enriching the Blood. When you feel its strengthening, invigorating effect, see how it brings color to the cheeks and how it improves the appetite, you will then appreciate its true tonic value, 60c.

Liver Pills

A package of Grove's Liver Pills is enclosed with every bottle of GROVE'S TASTELESS CHILL TONIC for those who wish to take a Laxative in connection with the Tonic.

FOR—

Real Estate

Fire Insurance

Liability Insurance

Stocks

Bonds

Rentals.

It Will Pay You to See

CHAS. A. HOEY

N. LaFayette St.

Phone 658.

RALLY CITIZENS OF CLEVELAND

On Tuesday night, one of our noble citizens will be elevated to the governorship of North Carolina, the highest office in the gift of the people. That man will be our noble and worthy countyman, Max Gardner. It is the first time in the history of the county, which was formed from the ribs of old Rutherford and Lincoln in 1841, that Cleveland has ever furnished a Governor. It may be the last time in the lives of those living today.

SHOW YOUR LOYALTY

That he will be elected, goes without saying, but men and women of Cleveland show that loyalty and pride which we have in our native sons. It will be an honor worthily bestowed and no less an honor to have a native son of Cleveland at the head of affairs in North Carolina.

Let's give him a solid vote. Let's show that we appreciate what he has done for Cleveland. He is appreciated by Republicans as well as Democrats, those who do not favor Smith and those who will not vote the national ticket at all, so let every man and woman rally to a worthy son of Cleveland on Tuesday and make his heart glad that the folks back home, regardless of party affiliation are proud to have a part in this election.

Max Gardner has done more to bring Cleveland county to the forefront than any other man in it. He does not feel that the county owes him a debt to be paid on election day. He has a pride in the county and has led in agriculture, industry, civic and religious affairs because he loves old Cleveland the county of his birth.

Max Gardner is "our great commoner." He loves the people with whom he has lived and labored. He knows how to sympathize with those who undergo hardships and live by the sweat of their brow. He is a great executive, a man of ability, honesty, integrity, a natural-born leader, yet one who has come up from the ranks and when he gets to Raleigh, the front door of the Mansion and the executive office in the capitol will not be closed in the face of the humblest citizen of the county, be he Democrat, Republican or anti-Smith follower.

Don't forget Gardner on Tuesday.
THE CLEVELAND STAR

Lee B. Weathers.

EDITOR