PAGE TWO

All These Things Were Crazy Once duce. Fea

Colliers Weekly.

Bir Thomas More, who wrote More foresaw the development

use ne put his conscience above time setting hens would be displa his king. Only a word was needed ed by incubators and that inst to save his life, but he refused to ments might be made to measu ny nis faith.

during four hundred years men would not be hanged for theft ar have treasured. One of them pic- when mothers would nurse the The ideal country of Nowhere own infants. He even had vision hich he called Utopia.

tear. which practical men know sick. a pever be realized.

with streets twenty feet wide. Such bribery! coustress could be found only in In most of its details Utopia has

for motor traffic. More pictured a city supplied with hoped it would be.

water running down from the hills. The Romans had such cities but terday's achievements. ed another dream.

In Utopia men worked only nine We are no stronger than men hours a day and Sir Thomas More have been during known history. argued long to prove that such a We can do no more physical drudpeople could survive starvation. gery. We think no better than men We have the eight-hour day and did four hundred or two thousand

in some industries the five-day years ago.

Physicians Announce Scale of Prices and William Shakespeare had

adopt the following scale of fees. beginning February 15, 1929:

Day visits within city limits \$3.00; night, visits \$4.00. Dover and Ora Mills, day visits \$3.50; night visits \$4.50. Obstetrical fee and calls in the several districts to remain as the several districts to the several districts to remain as the several districts to remain as the several districts to the several districts the several di the several districts to remain as

CI CUUSI	
	B. B. MATTHEWS,
and in	E. A. HOUSER,
4454.4	E. L. LATTIMORE,
2 B	BEN GOLD,
34	D, F. MOORE,
In same	THOS. B. MITCHELL,
. State	W. F. MITCHELL,
	E. W. GIBBS,
1. 4. 1. 1. 1.	S. S. ROYSTER,
1.1.2.3	T. O. HAMRICK. a



week. Our problem is to distribute To Become Citizen and to consume the goods we produce. Fear of starvation has been

Many other of the Utopian prephecies_have long been fulfille topia, was one of the bravest men weather forecasting, with the for recorded history. I telling of the approach of ra He was beheaded by Henry VIII and storms. He guessed that so

the movement of the sun. When he died he left books which He looked to the time when me of houses with glass windows an Even to this day Utopia means with spacious gardens. He describ possibly good, the ideal ed the building of hospitals for the More extravagant still, he de-

Yes much of Utopia is the com- scribed a government in which ofmomplace of today. fices were neither bought nor sold Sir Thomas More wrote of cities and in which there would be no

a dream city when he wrote. Today, been long passed even though hua twenty-foot street is very narrow man nature may not be as gentle and kindly as Sir Thomas More

Utopia's dreams are actually yesduring the Dark Ages the comforts The force which made the Utoof civilization were forgotten. So plan vision of one day the commondint water for bathing seem- place accomplishment of our genl eration is science.

Thomas More, Francis Bacon

We, the undersigned physicians minds at least as good as those of practicing in Shelby, N. C. agree to any man now alive. Scientific research made Uto-

ably. The very abundance which

machinery produced is the foundation of the generosity and the good will which make our civilization seem better than what went before. Even our characters are thus im-



Ruemann (above), once a member of the General Imperial court, is a self-support ing artist here and intends to become an American citizen she divorced the ex-Kaiser's son, Prince August Wilhelm in 1920, afterwards marrying iormer Commander Alexander Ruemann of the Imperial German Navy. In her own right

Holstein. (international Newsreel)

proved. With the aid of science we peer into the influences and mo- Stop The Circus? tives which make each of us what we become. Knowledge drives out

much of the blind fear which accounts for so much of the wrong Rocky Mt. Telegram. and cruelty of mankind.

mind off a certain headline which follow. No modern man has lived a finer life than Thomas More, or Confu- stared out at us from one of North clus for that matter, but the aver- Carolina's morning papers yester-

tights? Say not so. Think of the

children, think of their happiness,

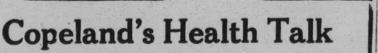
think of their enjoyment, think of

age man and woman are better by day. far than were their ancestors for a "Says Circuses Would Quit Showfew hundred years back. Through ing in State" fairly shouted the type science virtue is proved to be prof- in the double column head to which we refer. Can it really be true?

itable. Ignorance always has forged the Is there a likelihood that the white vegetables possess. They must have chains of slavery for the spirit as tops may be prevented from comwell as for the body but science is ing to North Carolina through the all the other elements necessary for erection of prohibitive taxation barsetting men free. Apply the scientific method to riers.

our own problems. Seek to under- The thought of such a possibilstand the facts you deal with ity staggers us. No more peanuts,

without prejudice. Open your mind no more red lemonade, no more to the new things which day by snorting callopes, no more sawday are being uncovered. So you dust rings, no more swaying elein to create a civilization bet- , nho



Faulty Diet Hurts

BY ROYAL S. COPELAND. M. D. United States Senator And Former Health Commissioner of Nes Fork.

One of the sad things about life is that strive as we may there their winter home at Fort Myers are sure to be unhappy experiences. I regard the mother job as the most important in the world. If I had it in my power to do so. I should had his teeth taken out, Mrs. Ediconfer good health upon every baby born into the world. By doing son explained. "His teeth gave him this, I should bring happiness to every mother on trouble for years, so he decided to

the face of the earth.

Perhaps the most discouraging of the many experiences mothers have, is the failure of their for a winter vacation, but not Mr. babies to develop. In spite of what the mother Edison. "I'll start work tomorrow," thinks is proper feeding and in spite of all the he said as he puffed a long black love showered upon the infant, it does not grow. cigar. He is eighty-two and he told Doctors speak of undevelopment, loss of one questioner he expects to live

SULLAN N C ... EDNECDA BEB & 1000

weight and low vitality as being evidences of a few years longer. "malnutrition." The word is applied to those thin, pale, delicate children with dark rings rubber for this country in case of round their eyes, rough nair and flat stests. They future wars is the problem now are apt to be nervous, restless, disturbed in sleep he will find the solution. and fussy about their tood.

The most common cause of malnutrition is a his mind at active as ever. faulty diet. By this I mean that the food is in- "Yes," was the quick reply, "I sufficient in amount or improper in kind. Be- . can see no difference." ides, the habits in eating may be bad.

"Night Winds."

(By Lloyd Mauney.)

Bringing the dancing shadows

To cover the earth and ground.

Their song of mirth

The night winds steal

The sunset's colors

Old hazy songs

And scatter them far afield,

Laughing at its masterpied

And playfully settle down,

Even a child breast-fed by an apparently healthy mother may not be getting enough milk. Even though the quantity may be sufficient, the quality of the milk may be below par.

A child, particularly in those early months when growth should be pronounced, must have an abundance of lime. The most dependable

source of lime is milk. Unless this; mineral is supplied in abundance, there is sure to be evidence of malnutrition. What I say about the baby is The night winds whisper

equally true of the older child. It is an unfortunate thing that many growing children are permitted to eat candy and other sweets to the detriment of their regular meals. 1 have no objection, as you know, to candy and sweets at a seasonable time, but they must be taken so that they will not interfere in the

table. No! Never Do It regular times. These periods must

bers on the clock. If they are not, Some how, we cannot get our disorders of digestion are sure to

That brings the memories dear. On a par with this is the betweenmeal eating of older children. Before they have digested the food taken between times, they sit down

good things which are there. Children must have the minerals which Out where the life is b.l.

iron, phosphorus, the vitamins and development.

upon you today is that faulty diet is the chief cause of malnutrition.

that bleed after brushing?

oil as a general tonic.

lisorder.

es to appear on the face and body?

A .- This condition may be due to

STOCKHOLDERS MEETING.

in a child four years old? A .-- An examination by your fam-

ily doctor is necessary to locate the

Edison Gains When Teeth Are Pulled Wife Explains That Missing Molars

Caused Her Health To Improve.

Jacksonville. Fla. Why Thomas A. Edison has gained twenty pounds was explained by Mrs. Edison when they stopped here on heir way to "He began picking up when he

get rid of them. He did and he's feeling Jetter." Other folks may come to Florida

To evolve a domestic supply of occupying Mr. Edison. He believes One reporter asked if he finds

The Sun Vs. Electricity.

(From The New York Times.) At a meeting of the Academy of Cciences members were served with electrically ripened strawberries to show the possibility of f rcing the growth of plants by artificial light. Two research workers reported that in this way the berries had been ripened in 40 days instead of the 80 days required for sun ripening. The experiment, however, was expansive, for the cost was \$5 a berry.

Strawberries in January, a month of snow and sleet, scem a luxury that is bound to be expensive. But the New York mariet offers berries at 39 cents a box, and plenty of them, from our southern states. In this case rapid transportation is just as efficient as electricity in rushing fruits to the market.

EXECUTOR'S NOTICE

Having qualified as executor of the will of W. F. Gold, deceased, this is to hereby notify all persons holding claims against his estate to file same with me on or before the 7th day c January, 1920, or this notice will be pleaded in bar of recovery in same; and this is to further notify all persons to make payment immediately of any indebtedness ow'ny said estate. This January 7th, 1929.

J. M GOLD, Executor of Will of W. F. Gold, dec'd. Newton & Newton, Attys.



Everybody is invited to come to Casar, N. C., on

SATURDAY, FEBRUARY 9, 1929

And bring anything you have to trade on; such as live s'ock, cars, watches, clocks, guns and in fact everything you want to get rid of or exchange The people who are in business will have Auc-

tion Sales, beginning at 10 a.m. The horse traders invite all traders to come.

THIS EVENT WILL BE HELD THE 2ND SATURDAY IN EACH MONTH.

Each of the following concerns agree to sell at least 3) minutes at Auction: C A, BRITTAIN, J. B. RAMSEY, C. A WORTMAN, LOANC QUEEN, A A. WARLICK & CO., T. F. MORP'CON AND A. C. BRACKETT.

New low prices now emphasize FRIGIDAIRE'S unequaled value

******************************* Savings as great as \$90

on household models ************* Arey Refrigerating Co. Shelly, N. C. Phone 280.

eating of substantial dishes at the As darkness gives its yield. The night winds bring Regularity in feeding is of vital. Old memories back importance to children of all ages." Of things of long ago. The feeding of a baby must be at Arousing dreamy fancies A whispering soft and low be as well established as the num-The night winds sing

And casts a cheerful picture On fading visions near

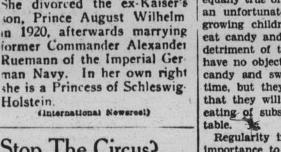
The night winds bring to the table without appetite for the The restless urge To leave and go away.

To go and not to stay.

The night winds sweep Upon their way The one thing I desire to impress Leaving naught it seems

With nothing left but fancies And some few idle dreams. X. Q.-What causes nose bleeds

Indifferent There.



THE CIEVALAND STAR

SURE

MAKE

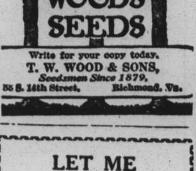
You are using Sinclair gas and Opaline oil. Upon the purity and quality of your gas and oil depends the mileage you get for your money as well as the cost of car maintenance. For the protection of your motor its wise to use Sinclair and Opaline.





ter by far than the best dreams of the builders of Utopias. Beets should be washed without their thrill, think of the pleasure breaking their skins, to retain the that will be denied them, and juices.





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AND

ROBBERY

INSURANCE.

CHAS. A. HOEY

N. LaFayette St

Phone 658.

the children and seeing the sparkle in their eyes. Can the children be deprived of their happiness, the opportunities to play hooky, their thrill which only the elephants can bring, through legislative enactment of a tax which will prohibit circuses from coming to North Carolina? Legislators may be hard hearted enough to slash appropriations for charitable institu-

tions, welfare agencies and state hospitals, but not enough, we are confident, to ban circuses and all the joy and happiness which they bring Certainly such hard - hearted

qualities will not be manifested merely to please the 47 fairs in the state which would have a 1926 license tax of \$1,000 a day placed on a circus, in addition to its state" tax of \$25 to \$250, if it showed in any town the week before, the week of or the week after the fair.

With 47 such fairs and a two weeks' period of circus banishment for each, the white top aggregations would find very few tax-free days left in the year, much less in the Fall months when they strike this

part of the country. And, any way, why should a circus be banned for a lot of fairs where the midway is the whole works? For our part and the children's part, we'll take a circus in preference to a carnival outfit, in which concessions and gambling devices irequently predominate, every old time.

Bar circuses from the state of North Carolina? . There's not a chance if you want to know what we think. Too many members of the general assembly have chil-dren that they must take to 'em.

ADMINISTRATOR'S NOTICE. Having this day qualified as ad-ministrator of the estate of Pinkney Little deceased, this is to notify all persons having claims against the said estate to present same to me for payment on or before the 14th day of December, 1929, or this notice will be pleaded in ba: of any recovery thereof All persons ow-ing the said estate will make immediate settlement to the under-signed This 14th day of December. 1928.

J. B ELLAS. Administrator Estate of Pinkney Little, deceased.

From The Hertford Herald. The drug store whiskey bill now

S. Q.-How can I gain weight? before the state legislature, does 2 .- What do you advice for gums not have much effect one way or the other in this section. Virginia -Add to your diet plenty of has it "script" law in effect, and milk, eggs, fresh fruits and vege- it is easy to step across the border tables. Drink water between meals. for a pint when the doctor says a

Avoid poor elimination and pracbuild up the strength. tice deep breathing. Take cod liver

2.-Do not brush so vigorously. ADMINISTRATOR'S NOTICE Having this day qualified as Ad-P. T. Q. -What causes red blotch-

ministrators of the estate of Joseph Palmer, all persons holding claims against said estate are hereby notified to file the same with the un-

little spirits would be good to help

dersigned properly proven on or be-fore the 8th day of January, 1930. poor circulation or some stomach or this notice will be pladed in bar of ...ny right of recovery there-on. All person, indebted to said estate will please make immediate Notice is hereby given that the nnual meeting of the stockholders

payment to the undersigned. of the Cleveland Building and Loan This the 7th day of January. association will be held in the di-rector's room of the Cleveland L. C PALMER, Lawndale,

Bank and Trust Co. at 4 p. m. on Thursday, February 21st for the election of directors and the trans-N. C., R-1, COLEMAN BLANTON. Shelby, N. C., R-5.

action of any other business that Administrators of Joseph Palmer's might come up. This January 30, Estate.

B. T. Falls, Attorney. J. L. SUTTLE, Sec.-Treas.

The Greensboro Daily News

A progressive, independent daily newspaper, popular among all classes because of its completeness as a newspaper in every respect, and its unerring purpose of giving the discriminating reading public all the news, all the time, from all the world.

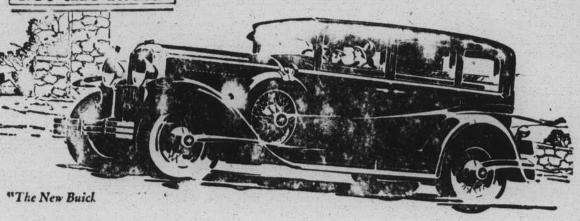
There is a difference in newspapers as in other commodities, and the buyer should consider carefully what he is getting before spending his money. We invite comparison of the most exacting sort. Over 35,000 daily subscribers, totaling possibly over 150,-000 readers, are satisfied to renew their subscriptions regularly to this great newspaper, and the total grows steadily each year. We believe that YOU will enjoy and appreciate our paper. A trial subscription will convince you as it has others.

Our rates, as low as the costs of producing a good newspaper will permit, are 20c per week by carrier delivery in all the larger cities and towns through-out the state; by mail: \$9 per year daily and Sunday, \$7 per year daily only.

CIRCULATION DEPARTMENT GREENSBORO DAILY NEWS GREENSBORO, N. C.

Get behing the wheel and Get the facts!

1



Drive before you buy----

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All cars are not the same . . . as a single drive in Buick will demonstrate conclusively!

Here in this dashing Buick is the new standard of power-getaway -acceleration - smoothness swiftness-virility-a standard so unique and unrivaled that Buick is winning more than twice as many buyers as any other automobile listing above \$1200.

Prove these points to your own satisfaction. Get behind the wheel and get the facts. Drive a Buick - and let results on the road determine your choice!

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SHELBY, N. C.