

All These Things Were Crazy Once

Colliers Weekly.
 Sir Thomas More, who wrote Utopia, was one of the bravest men in recorded history.
 He was executed by Henry VIII because he put his conscience above his king. Only a word was needed to save his life, but he refused to deny his faith.
 When he died he left books which during four hundred years men have treasured. One of them pictured the ideal country of Nowhere which he called Utopia.
 Even to this day Utopia means the impossible good, the ideal which practical men know can never be realized.
 Yet much of Utopia is the commonplace of today.
 Sir Thomas More wrote of cities with streets twenty feet wide. Such spaciousness could be found only in a dream city when he wrote. Today, a twenty-foot street is very narrow for motor traffic.
 More pictured a city supplied with water running down from the hills. The Romans had such cities but during the Dark Ages the comforts of civilization were forgotten. So abundant water for bathing seemed another dream.
 In Utopia men worked only nine hours a day and Sir Thomas More argued long to prove that such a people could survive starvation.
 We have the eight-hour day and in some industries the five-day

Physicians Announce Scale of Prices
 We, the undersigned physicians practicing in Shelby, N. C. agree to adopt the following scale of fees, beginning February 15, 1929:
 Day visits within city limits \$3.00; night, visits \$4.00. Dover and Ora Mills, day visits \$3.50; night visits \$4.50. Obstetrical fee and calls in the several districts to remain as heretofore.
B. B. MATTHEWS,
E. A. HOUSER,
E. L. LATTIMORE,
BEN GOLD,
D. F. MOORE,
THOS. B. MITCHELL,
W. F. MITCHELL,
E. W. GIBBS,
S. S. ROYSTER,
T. G. HAMRICK, adv.



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Cleveland Oil Co. Distributors



To Become Citizen
 Princess Alexandra Victoria Ruemann (above), once a member of the General Imperial court, is a self-supporting artist here and intends to become an American citizen.
 She divorced the ex-Kaiser's son, Prince August Wilhelm in 1920, afterwards marrying former Commander Alexander Ruemann of the Imperial German Navy. In her own right she is a Princess of Schleswig-Holstein.
(International News)



Princess Alexandra Victoria Ruemann (above), once a member of the General Imperial court, is a self-supporting artist here and intends to become an American citizen.

Stop The Circus? No! Never Do It
 Rocky Mt. Telegram.
 Some how, we cannot get our mind off a certain headline which stared out at us from one of North Carolina's morning papers yesterday.
 "Says Circuses Would Quit Showing in State" fairly shouted the type in the double column head to which we refer. Can it really be true? Is there a likelihood that the white tops may be prevented from coming to North Carolina through the erection of prohibitive taxation barriers.
 The thought of such a possibility staggers us. No more peanuts, no more red lemonade, no more snorting callopes, no more saw-dust rings, no more swaying elephants, no more ladies in spangled tights! Say not so. Think of the children, think of their happiness, think of their enjoyment, think of their thrill, think of the pleasure that will be denied them, and meditate upon the thousands of adults who admittedly get no kick out of going to the circus but claim supreme happiness in taking the children and seeing the sparkle in their eyes.
 Can the children be deprived of their happiness, the opportunities to play hooky, their thrill which only the elephants can bring, through legislative enactment of a tax which will prohibit circuses from coming to North Carolina? Legislators may be hard hearted enough to slash appropriations for charitable institutions, welfare agencies and state hospitals, but not enough, we are confident, to ban circuses and all the joy and happiness which they bring.
 Certainly such hard-hearted qualities will not be manifested merely to please the 47 fairs in the state which would have a license tax of \$1,000 a day placed on a circus, in addition to its state tax of \$25 to \$250, if it showed in any town the week before, the week of or the week after the fair. With 47 such fairs and a two weeks' period of circus banishment for each, the white top aggregations would find very few tax-free days left in the year, much less in the Fall months when they strike this part of the country.
 And, anyway, why should a circus be banned for a lot of fairs where the midway is the whole works? For our part and the children's part, we'll take a circus in preference to a carnival outfit, in which concessions and gambling devices frequently predominate, every old time.
 Bar circuses from the state of North Carolina? There's not a chance if you want to know what we think. Too many members of the general assembly have children that they must take to 'em.

Time to Plant and the best varieties of Vegetables - Free Flower Seed Collections
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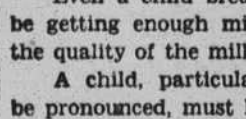
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Copeland's Health Talk

Faulty Diet Hurts

BY ROYAL S. COPELAND, M. D.
(United States Senator And Former Health Commissioner of New York.)
 One of the sad things about life is that strive as we may there are sure to be unhappy experiences. I regard the mother job as the most important in the world. If I had it in my power to do so, I should confer good health upon every baby born into the world. By doing this, I should bring happiness to every mother on the face of the earth.
 Perhaps the most discouraging of the many experiences mothers have, is the failure of their babies to develop. In spite of what the mother thinks is proper feeding and in spite of all the love showered upon the infant, it does not grow.
 Doctors speak of undevelopment, loss of weight and low vitality as being evidences of "malnutrition." The word is applied to those thin, pale, delicate children with dark rings round their eyes, rough hair and flat chests. They are apt to be nervous, restless, disturbed in sleep and fussy about their food.
 The most common cause of malnutrition is a faulty diet. By this I mean that the food is insufficient in amount or improper in kind. Besides, the habits in eating may be bad.
 Even a child breast-fed by an apparently healthy mother may not be getting enough milk. Even though the quantity may be sufficient, the quality of the milk may be below par.
 A child, particularly in those early months when growth should be pronounced, must have an abundance of lime. The most dependable source of lime is milk. Unless this mineral is supplied in abundance, there is sure to be evidence of malnutrition.



DR. COPELAND.

"Night Winds"
 (By Lloyd Mauney.)
 The night winds whisper
 Their song of mirth
 And playfully settle down,
 Bringing the dancing shadows
 To cover the earth and ground.
 The night winds steal
 The sunset's colors
 And scatter them far afield,
 Laughing at its masterpiece
 As darkness gives its yield.
 The night winds bring
 Old memories back
 Of things of long ago,
 Arousing dreamy fancies
 A whispering soft and low
 The night winds sting
 Old hazy songs
 That brings the memories dear,
 And casts a cheerful picture
 On fading visions near.
 The night winds bring
 The restless urge
 To leave and go away,
 Out where the life is bright
 To go and not to stay.
 The night winds sweep
 Upon their way
 Leaving naught it seems,
 With nothing left but fancies
 And some few idle dreams.

Indifferent There.
 From The Hartford Herald.
 The drug store whiskey bill now before the state legislature, does not have much effect one way or the other in this section. Virginia has it "script" law in effect, and it is easy to step across the border for a pint when the doctor says a little spirits would be good to help build up the strength.

ADMINISTRATOR'S NOTICE
 Having this day qualified as Administrators of the estate of Joseph Palmer, all persons holding claims against said estate are hereby notified to file the same with the undersigned properly proven on or before the 8th day of January, 1930, or this notice will be pleaded in bar of any right of recovery thereon. All persons indebted to said estate will please make immediate payment to the undersigned.
 This the 7th day of January, 1929.
L. C. PALMER, Lawndale, N. C. R-1,
COLEMAN BLANTON, Shelby, N. C. R-5,
 Administrators of Joseph Palmer's Estate.
B. T. Falls, Attorney.

STOCKHOLDERS MEETING.
 Notice is hereby given that the annual meeting of the stockholders of the Cleveland Building and Loan Association will be held in the director's room of the Cleveland Bank and Trust Co. at 4 p. m. on Thursday, February 21st for the election of directors and the transaction of any other business that might come up. This January 30, 1929.
J. L. SUTLE, Sec.-Treas.

The Greensboro Daily News

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CIRCULATION DEPARTMENT
GREENSBORO DAILY NEWS
 GREENSBORO, N. C.

Edison Gains When Teeth Are Pulled

Wife Explains That Missing Molars Caused Her Health To Improve.
 Jacksonville, Fla. Why Thomas A. Edison has gained twenty pounds was explained by Mrs. Edison when they stopped here on their way to their winter home at Fort Myers.
 "He began picking up when he had his teeth taken out, Mrs. Edison explained. "His teeth gave him trouble for years, so he decided to get rid of them. He did and he's feeling better."
 Other folks may come to Florida for a winter vacation, but not Mr. Edison. "I'll start work tomorrow," he said as he puffed a long black cigar. He is eighty-two and he told one questioner he expects to live a few years longer.
 To evolve a domestic supply of rubber for this country in case of future wars is the problem now occupying Mr. Edison. He believes he will find the solution.
 One reporter asked if he finds his mind as active as ever.
 "Yes," was the quick reply. "I can see no difference."

The Sun Vs. Electricity.
 (From The New York Times.)
 At a meeting of the Academy of Sciences members were served with electrically ripened strawberries to show the possibility of forcing the growth of plants by artificial light. Two research workers reported that in this way the berries had been ripened in 40 days instead of the 80 days required for sun ripening. The experiment, however, was expensive, for the cost was \$5 a berry.
 Strawberries in January, a month of snow and steel, seem a luxury that is bound to be expensive. But the New York market offers berries at 39 cents a box, and plenty of them, from our southern states. In this case rapid transportation is just as efficient as electricity in rushing fruits to the market.

EXECUTOR'S NOTICE
 Having qualified as executor of the will of W. F. Gold, deceased, this is to hereby notify all persons holding claims against his estate to file same with me on or before the 7th day of January, 1930, or this notice will be pleaded in bar of recovery on same; and this is to further notify all persons to whom payment immediately of any indebtedness owing said estate.
 This January 7th, 1929.
J. M. GOLD, Executor of Will of W. F. Gold, dec'd.
 Newton & Newton, Attys.

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