

Let A Star Want Ad Sell It For You At Small Cost

What You Want In the WANT ADS

Rates For Want Advertisements In This Column. Minimum Charge For Any Want Ad 25c.
 This size type 1 cent per word each insertion.
 This size type 2c per word each insertion.
 This size type 3c per word each insertion.
 Ads that amount to less than 25c, will be charged 25c for first insertion.

IF YOU ARE PLANNING TO build, let us make an estimate. Plans and sketches cheerfully submitted. First class workmanship guaranteed. Lowmth Brothers, contractors. Phone 727-J. tf 18c

MEAT SCRAP FOR SALE, analyzes 55 per cent protein. Excellent for hog and chicken feed. \$70 per ton. City Abattoir. Apply at City Hall. tf 7c

FOR SALE: STOVE WOOD ready for use. Phone 406 Morrison Transfer Co. tf 8c

FOR SALE CHEAP TO QUICK buyer, nice desirable lot. Just off Highway No. 20 west of Shelby. Zeb C. Mauney. tf 28c

BUILDING LOTS—GOOD LOCATION. C. S. Young. tf-12c

DRY PINE WOOD FOR SALE. Phone E. B. or J. J. Lattimore. 12t 16c

WE ARE RECEIVING HAY every day. Prices advancing. See us quick. Best grades at best prices. Webb Bros. Grocery. 6t 8c

I HAVE SEVERAL thousand dollars to lend on improved farms in Cleveland county. See or write Marvin Blanton, Ledbetter building, Shelby. W-F-tf

FOR RENT: TWO HORSE farm, known as R. W. Elliott. Phone 16-W or call 808 N. La Fayette. tf-30c

HEMSTITCHING, MRS. H. W. Harmon, next door to Paragon, under Chocolate Shop, Phone 230. 9t 4c

WANTED SALESMAN TO SELL the Luther Burbank flowers and bulbs and garden seeds sold only by the Starks Bros. Nurseries Co., Louisiana, Mo. See or write me for terms. M. P. Ramsey, sales manager, Box 454, Forest City, N. C. 4t 6c

BABY CHICKS — POULTRY bringing best price in years. We hatch or sell you chicks cheaper than hen can hatch them. Rocks and Reds each Wednesday. Suttles Hatchery. tf 6c

FOR SALE — \$\$\$ for some one. Nice farm of 103 acres on hard surface road between York and Rock Hill just four miles from York. I am not a farmer and haven't time to look after the place. Here is your chance. Terms to suit. Carl H. Hart, York, S. C. 3t-8c

Barley is very nourishing and can be used instead of flour to thicken any soups.

WANTED! GOOD 2 HORSE renter, for splendid farm. Must have stock. Apply quick. D. A. Beam, Shelby, N. C., phone 95. 6t 11c

SEE US FOR HAY IF YOU want a bale or a car. Shelby Feed Co., located with Suttles Hatchery. tf 11c

FOR RENT: ONE ROOM FURNISHED. Apply 408 S. DeKalb St. Phone 356-J. 3t 11c

FOR RENT: STORE ROOM formerly occupied by Gilmer Brothers, 25x90 feet West Warren street, joins A. & P. store, fine location, short or long term lease. Anthony & Harris. 3t 11c

FURNISHED OR UNFURNISHED apartment for rent, reasonably new house, apply 500 W. Graham street. 3t 11p

FOR RENT: THE R. C. ELLIS store room, 25x90 feet. West Warren street, Gillespie stand. Reasonable rent. Anthony & Harris. 3t11c

WE HAVE CHICKS EVERY day in the week. Finish-out your hen with out chicks. Suttles Hatchery. tf 11c

HARMON & MOSS
 Electrical Contracting and Repairing. Located under Chocolate Shop. Phones: Office 230. Res. 203. tf-25

LOST LARGE POINTER DOG, white with brown head and ears. Answers to name of "Case." \$10 reward. Notify Dr. A. P. Beam, Shelby. tf 1c

IF NEEDING HAY, SEE US before buying. Have twenty cars choice hay, bought right and can save you money. Prices advancing weekly. Webb Brothers Grocery. 6t 8c

TENANT WANTS TO SECURE good two horse farm. E. C. Lemons, R-3, Shelby. 3t 8p

SCIENTIFIC TREATMENT OF Trees. Pruning, cementing and felling. Also sell and set water oaks under guarantee. F. B. Putnam, R-2, Shelby. tf4c

WE THRESH CANE SEED every Saturday. Morrison Transfer. tf 21c

GENERATOR, STARTER and magnetos repaired. We do general repairing. Phone 737. Turner and Williams Garage. tf

SEE US FOR HAY IN CAR load lots or less. Best prices. Webb Brothers Grocery. 6t 8c

WE HAVE IN STOCK ALL kinds of seed and feed oats. Prices right. See us. Webb Bros. Grocery. 6t 8c

LOST: MALE GERMAN police dog. Answers to name "Jack." Finder please return to Dr. B. M. Jarrett, Royster Bldg. Reward. tf6c

LOST BLACK, WHITE AND TAN Walker hound about three weeks ago. One ear cropped. Lost about one mile east of steel bridge on Broad River, South of Boiling Springs. Reward. Notify Herbert Blanton at Shelby Creamery. 3t-8c

For Sale—One Cash register; first condition. Bargain. Crane's Vulcanizing Plant, S. Washington street. 3t-8c

WANTED: RELIABLE PERSON interested in landscape gardening to handle our ornamental plants, etc., in Shelby and vicinity. Whole or part time. Write for particulars. Lindley Nurseries, Pomona, N. C. 3t 11c

NOTICE
 About 100 acres valuable land with lots of timber will be sold at the Court House Door in Shelby on Monday, Feb. 18th at 10:00 O'clock A. M. The land will be sold for divisions. . . George Barber, Commissioner
 J. R. Davis Atty
 3t-11c

WANTED: ONE REPAIR MAN for shoe shop work. P. T. Parker, Parker Grocery, South Shelby. 2t11p

LOST—WHITE & Black Fox Terrier. City tag No. 52. Finder return to Eskridge Garage. 2t-11c

FOR RENT: TWO CONVENIENTLY arranged, unfurnished rooms for light house keeping. See J. R. Elmore, 305 N. Washington St. 3t 18p

LOST: BUNCH OF KEYS WITH name on tag—"W. J. Ezell, Salisbury." Return to Star office for reward. 2t 13c

Star Advertising Pays

"GUS AND GUSSIE" — Future Conveniences



All how



Copeland's Health Talk

People Eat Too Much

BY ROYAL S. COPELAND, M. D.

(United States Senator and Former Health Commissioner of New York)

It is a great pity that people do not eat according to the work they perform. The office worker does not require the same kind of a meal as a farmhand must have in order to do his work. It is a pity that too many brain workers eat meals of the farm worker type.



DR. COPELAND

The average office man should be taken by the hand at mealtime and led to the right sort of a place to eat. Then he should be given a lecture on the choice of foods. The most important sentence in the lecture should be, "Eat half as much as you usually do."

Almost everybody overeats. I am not sure that the average man eats twice as much as he actually requires, but he certainly eats more than he needs for his highest good.

There is no economy in the selection of cheap food. Everybody should buy what might be called guaranteed food—food of high quality which has been protected against contamination, and which is known to be pure and wholesome. Then the food must be properly cooked and placed upon the table in such form as to appeal to the appetite.

It is safe to assume that three-quarters of the cases of indigestion are due to wrong eating. One of the lessons which should be taught in every household is how to choose a balanced meal.

Good sense should prevail in the eating of foods which appeal to the palate. Too much of any sort of food is bad for you. Just because you like a thing is no reason why you should confine your eating to that particular thing.

Indigestion should always be a warning that your eating habits require a survey. You should find out what change is necessary in order to protect your poor stomach against the outrageous treatment you have been giving it.

One of the crimes of modern life is the enormous consumption of denatured foods, foods from which the mineral elements have been taken, predigested foods, soft and mushy foods. All these take away from the teeth and from the digestive tract activities which are necessary to the health of the teeth and of the digestive tract. Unless your teeth are used for cutting and grinding, and unless your intestinal tract is given some rough and coarse food to stimulate its activities, digestion will not go on as it should.

You cannot afford to overlook indigestion if it is an everyday affair. It is a sign you are not living right. You are eating the wrong things. You are exercising too little. You are working your brain too much and your feet not enough. If you are suffering from indigestion, make a study of your table habits and see if you are not responsible for your own uncomfortable symptoms.

Answers to Health Queries.
 R. J. Q.—What causes grinding and gritting of the teeth while sleeping?
 A.—Perhaps you are troubled with intestinal or pin worms. For further information send a self-addressed, stamped envelope and repeat your question.

A. N. Q.—Is it possible to rebuild the age of twenty-ones, after that it is impossible to increase the height.
 L. S. Q.—What causes the whites of the eyes to be yellow and streaked?
 A.—Probably due to some disturbance of the liver. Consult your physician for the necessary treatment.

the age of twenty-ones, after that it is impossible to increase the height.

L. S. Q.—What causes the whites of the eyes to be yellow and streaked?

A.—Probably due to some disturbance of the liver. Consult your physician for the necessary treatment.

ADMINISTRATOR'S NOTICE.

Having qualified as administrator of the estate of T. W. Tucker, deceased, late of Cleveland county, North Carolina, this is to notify all persons having claims against the estate of said deceased to exhibit them to the undersigned at his office in Shelby, N. C., on or before the 30th day of January, 1930, or

this notice will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate payment. This 30th day of January, 1929.

FRANK L. HOYLE, Administrator of T. W. Tucker, decd.

ADMINISTRATOR'S NOTICE.

Having this day qualified as administrator of the estate of Pinkney

Little deceased, this is to notify all persons having claims against the said estate to present same to me for payment on or before the 14th day of December, 1929, or this notice will be pleaded in bar of any recovery thereof. All persons owing the said estate will make immediate settlement to the undersigned. This 14th day of December, 1928.

J. B. ELLIS, Administrator Estate of Pinkney Little, deceased.

Try Star Wants Ads.

666

Is A Prescription For
 Colds, Grippe, Flu, Dengue,
 Bilious Fever and Malaria.
 It is the most speedy remedy known

HAINES
 ONE-TWO-THREE STORE SHELBY HAS BEEN TAKEN OVER INTO THE GREAT CHAIN OF **HAINES**

The Shoe Wizard Stores.
 And Prices Will Be 98c — \$1.98 — \$2.98 — \$3.98 & \$4.98



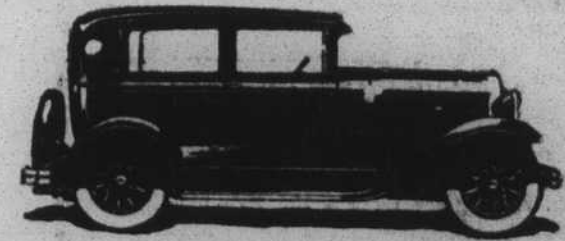
THIS IS THE MAN HAINES The Shoe Wizard

The Man Who Makes The Wonderful Possible. SHELBY STORE

No matter what you want in an automobile, measure this Oldsmobile by your highest standards, then

COMPARE ITS VALUE

Check its New Lower Prices



Oldsmobile for 1929 has not been radically changed. But desirable improvements have been added. And prices have been reduced.

Its big high-compression engine now delivers 62 horsepower. And the piston pins are pressure-lubricated—a characteristic of high-priced cars.

Style touches include new headlamps mounted on chromium-plated standards, a new quad-visor

and new, sparkling colors. Interiors are more luxurious—with richer upholstery—deeper, softer seat-cushions—and the wonderful new Fisher adjustable front seat.

See the 1929 Oldsmobile. Check its features and its new, lower prices. Drive it yourself. Then you, too, will join the thousands who give it their unqualified approval.

NEW LOWER PRICE
 TWO DOOR SEDAN
\$875
 F.O.B. LANSING
 Spare Tire and Bumpers Extra

OLDSMOBILE

HAWKINS BROS.