

BEAVER DAM DOTS OF CURRENT NEWS

April 10—The B. Y. P. U. of Beaver Dam were fortunate in having Dr. J. B. Davis from Bowling Springs junior college with them Sunday night. Both junior and senior unions met together and turned the service over to Dr. Davis. Taking as his subject "Consecrated Youth" Dr. Davis delivered one of the most inspiring and wonderful messages ever delivered to young people. He pressed upon the minds of young people the importance of consecrating the life in young manhood and womanhood. The message will linger long in the hearts of those who had the pleasure of hearing it. We were indeed glad to have this honored guest and

man of God in our meeting. We sincerely hope he will be permitted to bring us another message in the near future.

A large crowd of young people were present at the group meeting at Beaver Dam Friday night. A very interesting program was rendered. The next group meeting will be held at Sandy Plains in May.

The singing convention was largely attended Sunday afternoon. The music rendered was among the best ever heard. There was music from various places and those present reported a fine time.

Misses Harriet Roberts and Kathleen Kings from Patterson Springs were the attractive week-end guests of their school mate Miss Alice Padgett.

Mr. and Mrs. Glenn Blanton and mother, Mrs. Zeb Blanton and children visited Mr. and Mrs. G. T. Jarrett in Cherryville Sunday afternoon.

Mr. Clarence Pension visited Mr.

and Mrs. A. H. Padgett Sunday afternoon.

Mr. and Mrs. S. E. Jones visited Mr. and Mrs. Charlie Blanton in Shelby Sunday afternoon.

Mr. and Mrs. A. H. Morgan spent Sunday with Mr. and Mrs. J. H. Morgan.

Mr. and Mrs. A. G. Kendrick and children spent Sunday night with Mr. L. P. Yarboro. They returned to their home in Merry Oaks Monday.

Mr. and Mrs. Bert Blanton of Lattimore visited Mr. and Mrs. A. H. Padgett Sunday afternoon.

Mrs. Hatcher Walker and baby and Mrs. Adelin Monroe of Lattimore visited Mrs. D. L. Jarrett Tuesday afternoon.

Misses Mertie and Lena Bridges spent Saturday night with Mr. and Mrs. W. A. Green in the Double Springs community.

Mrs. Alice Willis and Mr. and Mrs. Alexander of Hickory were guests of Mrs. D. L. Jarrett and Mr. and Mrs. R. W. McCurry Sunday.

Several young people from our community attended the declaimers contest at Bowling Springs junior college Saturday night.

Mrs. M. E. Threat from Lattimore spent Wednesday with her mother, Mrs. D. L. Jarrett.

Mrs. Cleaton Humphries and Mrs. J. L. Blanton visited Mrs. Humphries' mother Mrs. Alonzo Hamrick Tuesday afternoon, and also attended a party given by Mrs. Therman Hamrick at her home in the Poplar Springs community.

Mr. and Mrs. S. A. Jarrett of Red Springs visited their mother Mrs. D. L. Jarrett during the week-end.

The many friends of Mrs. L. P. Yarboro were sorry to learn of her death Friday night. A large crowd was present for the funeral.

Copeland's HEALTH TALK

● Watch The Aches
By ROYAL S. COPELAND, M. D.
(United States Senator and former Health Commissioner of New York)

Everybody hates to have pain. A man will do almost anything to be relieved of it. He will try any prescription offered. That is why "pain killers" have such sale.



DR. COPELAND

There is little choice in pains. It seems to you the particular pain you have, is the worst that ever happened to anybody. You just "can't stand it."

Perhaps I have told you the story of the old lady who telephoned a new doctor at two o'clock in the morning. She wanted him to "come over at once. I can't stand this pain another minute!" "How long have you had it?" asked the sleepy doctor. "Thirty years, and I can't endure it any longer!"

Some patient persons do put up with pain for a long time. They appear to regard it as inevitable, or have faith to believe it will wear out after a while. But the time comes when resistance is broken and there is a demand for relief.

There are many cases of drug addiction that can be traced to the desire for control of pain. Unfortunately, there are tens of thousands of drug addicts who have no such excuse for their condition. We can pity the sufferer who becomes addicted, but not the social addict who takes the drug for the physical enjoyment he gets out of it. "Joy riding" and pain killing are two different things.

What should we do about pain?
There is always a cause for pain. I need not tell you this. But many times it is difficult to find that cause. Yet it must be located, if a real cure is to be effected.

Toothache and earache are so definitely located that, in most instances, the cause of the pain is readily found. Headache, neuralgia, neuritis, "rheumatic" pains, and pain in the abdomen, are more obscure as to cause.

It is not "natural" to have pain. Persistent, or periodical pain must always be viewed with suspicion. It must not be disregarded. Even though it may come from something of no particular consequence in itself, the efficiency and happiness of the victim will be impaired. You can't do your work well if you are suffering. But there may be a cause which has other possibilities, worse than pain.

I plead with you to give early attention to any annoying symptoms, the cause of which is a mystery to you. For your peace of mind, as well as for the relief of pain, find out what is wrong.

There are few troubles, very few indeed that cannot be treated successfully in the first stages. It isn't fair to your doctor, to your family and associates, and particularly to yourself, to neglect a searching examination to locate the cause of your misery.

Answers To Health Queries.
F. S. S. Q.—How much should a girl aged 13, 5 feet 5 inches tall weigh?
A.—She should weigh about 119 pounds.

Kathleen V. Q.—How much should a girl aged 23, 5 feet 3 inches tall weigh?
A.—She should weigh about 124 pounds.

Anna B. Q.—What should a girl aged 19, 5 feet 5 inches weigh?
A.—She should weigh about 126 pounds.

John C. Q.—How much should a boy aged 16, 5 feet 5 inches tall weigh?

A.—He should weigh about 125 pounds.

"Buddy" Q.—What are the symptoms of high blood pressure?
A.—Pains in the head, dizziness, nose bleeds and nervousness.

A large moonshine still was among the debris floating down the Tennessee river past Decatur, Ala., during the recent high stage of the stream.

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29x4.40—SW	\$4.95
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SMITH'S GARAGE
FALLSTON, N. C.

GOODYEAR TIRES

ADJUSTMENT BOARD WOULD SERVE GOOD ENDS

From The Anderson Independent.

The Charlotte Observer, in commenting on recent labor disputes in the South, shares the opinion of The Independent that conciliation and mediation is needed to settle the difference involved. Such a board as we have outlined, with representatives of manufacturers and of operatives, could go to the bottom of facts presented to it by both sides and approach reasonable adjustment, based on common sense and reason. Often, such adjustments would be made before a strike came about, with the consequent saving to the mill owners and to the operatives, both of whom profit by the continuity of operation.

With so many government inspectors and other officials snooping about, it is comparatively easy for an impostor to get in his work. In Nashville, a bandit armed with a fake search warrant, robbed two homes to which he was admitted, obtaining about \$6,000.

The recent census taken in Marash, Turkey, brought about an amusing episode. Through mistake the census-takers put down the name of a camel Haroun Kaha, who was summoned for jury duty and was taken to the court by his owner.

AND WHAT'S THE GOVERNMENT GOING TO DO ABOUT IT

From The Wilmington Star.

North Carolina as a whole declined to become alarmed over the invasion of Communists, who promoted a strike at Gastonia, but the department of labor, the American Federation of Labor and the adjutant general agree that the situation is serious. Federal conciliators, sent to Gastonia by the department of labor to attempt a peaceful settlement have announced they will not treat with the strikers in so long as Communists are accepted as their leaders. President Green, of the American Federation of Labor, is swinging East-

ward, with a stop-over at Elizabethton, Tenn., and the announcement has gone out that organized labor holds precisely the same view of the situation as the government. Adjutant General Metts is quoted as saying that if radicals succeed in establishing schools to teach their beliefs, there will be added gravity to the danger that now exists.

THE PERSON WHO HAS NOTHING

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2. Cover twice the area of ordinary shingles with a saving of over a third in labor and nails.
3. Have the distinctive arched cut-out, extra wide butt and are slate surfaced in colors of red, green, blue-black or art-blende.
4. Are packed in easy-to-handle bundles.
5. These shingles are for new work or right over the old shingles.

Neponset Twin Shingles are made by Bird & Son, Inc. (Est. 1795) manufacturers of Bird's Shingle Design Roofing, Art-Craft Roofing, Paroid Roofing, Neponset Black Building Paper, Bird's Insulating Blanket, and Neponset Board. There's a Bird product for every sort of building!

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