## Vagabond Minstrel Publishes His Will Before He Passes

I am fulling in health fast, every expected may happen.

I personally am not always swayed by "popular custom", fads or notions if for none else than sentiment I would have you publish my will as soon as you have space for any legal or fitting procedure rethe unborn generations yet to come in the far future and that I have been afforded this many years to live and have enjoyed Life's opportunity to learn, love, labor and laugh with joy at the untold greatness. beauty peace and plenty of God's universe and wide domain of things created for happiness of and for all who may chance Life's mysteries wisely and well.

Yours with love to all the world, HARRY W. FULENWIDER. Shelby, N. C.

Shelby, N. C.

County of Cleveland. I. Henry Wilfong Fulenwider, age 68 in the aforesaid city, county and state, being of sound mind and clear memory but considering the uncertainty of my earthly existence, will and testament:

North Carolina

1.-I desire that my body be buriled in the old family burial plot in as I shall hope to meet the Grim the cemetery at Shelby, N. C., Reaper bravely and courageously. around which city, for more than 50 years, my tenderest memories and fondest recollections have clung and and devise, share and share alike, abided; for, though a "Genteel Vagabond" for nearly half a century, always my heart's most cherished per stirpes, to my two neices, Mrs. impulses have clustered around and Myrtle (R. W.) - Nowell and Mrs. about the land and city of my nativity and the early and unforgettable scenes of my hapy and irre- rights, plates, books, manuscript, sponsible boyhood days. Being of the clay of Cleveland county, I desire that my last mortal remains be returned unto the same immortal go, the sales of this book will in-

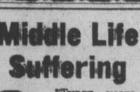
2. I have the honor of wearing my country's uniform and serving reprints. It is not a perfect book.

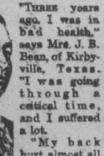
### - SPECIAL -LOW FARES SHELBY

To Savannah, Ga. \_\_\_\_ \$8.00 Jacksonville, Fla. \_\_ \$16.00 Miami, Fla. \_\_\_\_ \$26.00 St. Petersburg, Fla. \$23.50 Havana, Cuba \_\_\_ \$50.75

And Other Florida Points and Return. Saturday, July 19, 1930

> For Information Call Agent SEABOARD





hurt almost all the time, and my legs and ankles ached. My head hurt me until sometimes I would be al-

most past going.
"As I had used Cardui before, and knew how much I had improved after taking it, I got a bottle and started taking it. I continued to use it for several months. After awhile I regained my health, and I feel that I

gh that awful time lelps Women to Health

ould never have gotten

I hand you herewith a duplicate under my country's flag in the er form of education would have copy of my only and last will and Spanish-American war; I am proud meant to me, but if I have missed to have been a soldier in that war a great deal in that respect, if I It may seem to some, as eccentric and to have seen the star of my have been denied a college degree or one to desire it published before country arise and shine in ever un- with its veneer of culture and learnones decan, but since I realize that dimmed lustre; I am proud that my I have been and am rich in the heart beat in that cause to the possession of a few tried and testday, I want to taink about a little transport of patriotism and freedom ed friends, whose comradeship and properedness for the final end that and proud indeed to have served association have been to me as the may come at a time when the least with gallant comrades and to have gentle rays of the declining sun that grasped their hands in the exulta- fall sweetly and softly on the heart. all good and perfect gifts smile end of my days, I fain would lie

> and bless them. lowed and soothed my heart, would with precious freight: towered to its eternal rest.

4. I shall probably die a poor man, as worldly goods are counted, but I shall die with the knowledge that I am free from debt. I shall also carry with me the consciousness do make and declare this my last that I have done no man a wrong knowingly, and that I have always tried to live honestly and honorably

Such property, real or personal or mixed, as I shall die seized and possessed, of any nature whatsoever present or prospective, I bequeath Ruth (W. R.) Simpson, both of Hamlet, N. C., including all copyetc., connected with my book "31 Years of Genteel Vagabonding". I hope that as the years come and crease, giving pleasure to many, and showing sufficient profit to justify out its preparation gave me much joy. I myself may soon be forgotten

but it is my earnest hope and de-Notice is hereby given that I have this day qualified as executrix of the estate of W. W. Richards, late of Cleveland county, North Carolina and that all people having claims against the said estate must present same, properly proven, to me on or before the 10th day of June, 1931, or this notice will be pleaded in bar of any recovery thereof. All parties owing the said estate are asked to make immediate settlement to the undersigned. This June 15th, 1930.

ELLA RICHARDS, Lawndale, RFD, Executrix estate of W. W. Richards.

6t June 16p.

ADMINISTRATOR'S NOTICE.

ADMINISTRATOR'S NOTICE.

Having qualified as administrator of the estate of Florence E. Rippy, late of Cleveland county, North Carolina, this is figures available here indicate that said estate to present them to me properly proven on or before the 11th day of June, 1931, or this notice will be pleaded to make immediate settlement to the undersigned.

This June 15th, 1930.

G. C. PATTERSON, Administrator of the estate of Florence E. Rippy, deceased. Horace Kennedy, Atty.

6t July 14p

ADMINISTRATOR'S NOTICE.

T. W. Ebeltoft Grocer and Book Seller

Phone - 82

## DAN FRAZIER Civil Engineer And Surveyor

Farm Surveys, Sub-divisions, Plats and General Engineering Practice.

- Phone 417 -

### SPECIAL LOW FARES SHELBY

OAALDD 1	
то	
Washington D. C	\$24.85
Baltimore, Md	\$27.05
Philadelphia, Pa	\$32.20
Atlantic City, N. J.	\$35.30
New York, N. Y	\$37.10
Detroit, Mich	\$40.03
Chicago, Ill.	
Cleveland, Ohio	
Toledo, Ohio	\$36.93

AND RETURN

Tickets on sale every Saturday, June, July, August. Final limit 30 days.

For Information Call On Any Seaboard Agent

SEABOARD

sire that my book, child of my brain and companion of my travels to and fro, may long be remembered by those who read it and cherished by those whose assistance and encouragement made its production

5. Being self-educated and selfsupporting since I was 11 years of age. I realize how much some hightion of victory. May the Giver of Now that I am coming toward the sweetly upon their declining days down beneath the fragrant flowers; not as the guest of winter, but of 3. I suggest that communication fair and levely hours; I would build filling in. I may have it probated be had with the adjutant, U. S. Na- me a fair and perfect city, withwith the Cleveland county Clerk for | tional Veterans bureau, Charlotte, out bleeding, tired feet, or salty N. C., for funeral expenses. If pos- tears, where rainbows and raindrops quired for such approval. I will add sible, a simple marker for my last would mean naught, where there here that I am grateful to God and earthly resting place, and if it is would be love, of course, not base not asking too much, I should ap- or with regret, but with music,, and preciate very deeply indeed being visions, and lilies; without glare or accorded the military funeral rites racking pains or brilliant lights, but by the local camp of the Spanish a city dotted with familiar spots war veterans. I make here one spe- and whispers that I miss! Melancial request: My favorite song, both choly? Perhaps-for the angel of in words and music, is "The Last winter has spread her wings over Rose of Summer"; it has been said the gold and the green, and the that poets say for us things we shadows are dfm as I look out into cannot say for ourselves; in that the night, but around the corner tender ballad I have found great there is always Hope, wonderful and comfort and consolation, and it deep, and if the guide lights seem would be a blessed balm in my re- to falter, we know they will not fail maining days to know that that at last. The breeze, though chilly, same song which has so often mel- wafts the craft of Faith; it is laden be sung at the grave as my body is "A shallop whose white wings enfold

Dim dreams of argonauts and gold". Ave et que vale

IN TESTIMONY WHEREOF, Henry W. Fulenwider, have hereunto set my hand and seal, at Shelby. this the fifth day of October, 1929.

HENRY W. FULENWIDER, (Seal) Signed, sealed, published and de- Farmer Getting Low Prices For lared, by said Henry W. Fulenwider as and for his last will and testament, who at his request and in his presence and in the presence of each other have subscribed our ames as witnesses thereto

F. D. QUINN, W. S. BEAM.

Farm Convention.

farmers and farm women are expected to attend the annual convention at State college, July 28 to August 1.

#### -BILLIARDS-Cleveland Cigar Store Hotel Charles Bldg., Corner

Trade and W. Warren Sts.

ADMINISTRATOR'S NOTICE.

Having qualified as administrator of the estate of John R. Gantt, late of Cleveland county, N. C., this is to notify all persons having claims against said estate to present them to me properly proven on or before the 11th day of July, 1931, or this notice will be pleaded in bar of any recovery thereof. All persons indebted to said estate will please make immediate settlement to the undersigned. This July 14, 1830.

TOM W. GANTT, Administrator of John R. Gantt, deceased.

6t July 14pd.

In the Superior Court. North Carolina, Cleveland County-Pleas Smith, Plaintiff



What you expect you get with

Anheuser-Busch Budweiser Barley-Malt Syrup

LIGHT OR DARK RICH IN BODY NOT BITTER

Star Advertising Pays percent this season.

# New Champ Returns Greeting DISTRICT HEALTH



While winging through the nineteenth consecutive day of fly-ing, one of the Hunter brothers ateps on the catwalk of the "City of Chicago" to wave a greeting at an approaching

newspaper plane. The Hunter brothers have already set a new endurance record and are still going strong after 19 days aloft.

(International Newsreel)

## Retail Prices, As Usual, Not Falling With Wholesale Prices

Product But Consumer Benefits Little.

Washington -- Retail prices of food have been coming down, but by no means as rapidly as as wholesale prices. They never do.

When the farmer gets low prices for his products the consumer some Three thousand North Carolina times eventually gets a little of the benefit, but not until the middle By R. S. COPELAND, M. D. man and the retailer get theirs, if

C. B. Denman of the federal farm board recently pointed to sharp declines in the prices of beef. Dressed beef in Chicago, he says, has been selling for from 20 to 37 per cent less than a year ago the to his needs. It is true enough greatest reduction being in the that most persons will eat enough cheaper cuts. Retail prices for beef he assured all housewives ought to

retail prices about 5 per cent. The monthly survey of retail food prices made by the bureau of labor statistics covers 22 of the most commonly used articles of food and its wholesale survey 121 items so no exact comparison is possible. The bureau depends upon about 1500 retailers for the information for its surveys, so it never compiles comparative wholesale and retail prices, which would make the retailers

Vs.

Effic Smith, Defendant.

The defendant above named will take notice that an action entitled as above has been commenced in the Superior court of Cleveland county, N. C., to seeline a divorce absolute on account of adultry on the part of the defendant and that the said defendant will further take notice that ahe is required to appear before the clerk of the Superior court of Cleveland county at Shelby, N. C. on or before the 16th day of July, 1930, and answer or demur to the complaint of the plaintiff will apply to the court for the relief demanded in the complaint.

This the 16th day of June, 1930.

A. M. HAMRICK, Clerk Superior Court.

Jas. Cline, Atty. for the plaintiff.

4t June 16c

Retailers are reluctant to change their prices, either upwards or downwards, it is explained. Sometimes they feel that slight increases would be justified and yet fear to offend the consumer by making them. On the other hand, it is naturally much easier to refrain from cutting prices when wholesale price as drop. The retailers never notice lower wholesale prices as quickly as they observe whole prices.

Usually there are two steps between the producer and the continuous c

sumer-the jobber, or middle man. and the retailer. The wholesale price, as commonly understood, is the price aid by the middle man. The middle man usually gets a slice during the invariable lag between declining wholesale prices and declining retail prices, but experts on these facts believe the retailer usually gets the larger slice. The wide-awake retailer knows his price trends and he can make the middle man observe them easier than the ultimate customer can persuade the retailer to follow

Some blame is placed on the con summer, however, for increasing retail costs. It costs more to retail food now than it did. Time was when people bought potatoes by the bushels, flour by the barrel, apples by the peck, meat in huge chunks and eggs at least by the dozen. In these days of kitchene tes the reailer finds himself taking out two or three eggs or a single lamb chop at a time and flour, potatoes, apples and such food are bought often in one-pound lots.

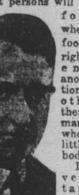
Corn Good In East. Fine prospects for a good corn crop are reported from all parts of

## Is Chance the Dictator of YourDiet?

Learn the Fuel Requirements of Your Body and Avoid **Nutritional Failure** 

U. S. Senator from New York. New York City.

T has been said that the normal person, when free to choose, will select the food best suited to his needs. It is true enough



food is of the right kind is entirely another ques-tion. On the other hand, many persons little for the

and you can't DR. COPELAND chance, to the dictates of your appetite, or to taste just what is good for you.

t is not so simple as that. Everyone should learn how to avoid nutritional failure. There are plenty of sources from which to draw information on the subject.
The libraries, the schools and the lecture room afford plenty of knowledge in nutrition. There are four factors that should

always be considered. They are the fuel requirements of the body, for which there must be fuel to produce energy; the protein intake; the mineral substances, and the need of vita-

A normal six-year-old boy requires a total daily average of about 1,600 calories. Calories are units indicatoffend the consumer by making the energy-producing value of food. We must have energy to run this machine—the body. Girls returally much easier to refrain from

calories.

At ten years of age the average boy needs about 2,300 calories daily to furnish him with enough energy for his so active life. A girl at this age requires about 2,200 calories. During the next few years the girl's needs slightly exceed the boy's. At fifteen the boy's needs are again greater—3,300 calories daily, while a girl's needs are about 3,200.

The pretein of milk, cereals. The protein of milk, cereals, legumes, such as peas and beans, and other vegetables are all readily utilized and are important in the diet of every growing child. A child needs at least one quart of whole milk every day.

It is difficult to set a guide for everybody in selecting the amount of proper food elements needed. In general it has been estimated that the average adult needs proteins 118 grams, carbohydrates 500 grams, and fat 56 grams.

A vigorous, active boy puts forth an enormous amount of energy in a

an enormous amount of energy in a day. He burns up a great deal of fuel through his incessant play and muscular activity. This is true to a leaser extent of the gir.

It is necessary to include in the fiet the vegetables and fruits that contain iron lime, phosphorus, and other fininersts, so necessary to bone structure. These minerals also take part in the formation of many organic compounds to form the cell structure.

If you are to protect yourself and our children from those diseases which we call the deficiency dis-ases, if you want health, strength and a vigorous constitution to with-tand the rigors of living, you will used to regulate the diet in such a vay as to furnish all the food ele-ents needed by the body in the ork it must do. ork it must do.

Another step in building back the northeastern Carolina by county beef cattle industry of Jackson farm agents. In some counties the county was made recently when acreage has been increased by 40 Tyra Davis purchased a pure bred Shorthorn bull.

## go through the schools and find what appears to them to be physical defects, which defects are re-

Laughinghouse Thinks Graduate Nurse In Each County Would Improve Departments.

them physically whole Raleigh.-While it may be too much of a financial burden for public to avoid patent medicines some of the smaller counties of the and other types of quackery, and state to employ a full time health train them to have profound reofficer and maintain a complete spect for and confidence in the county health unit, every county in practitioners of regular medicine. the state should at least employ one graduate nurse, and can afford to do this, since in many counties a good nurse can do almost as much work as could a full time physician, harvested 100 acres of Abruzzi rye according to Dr. C. O'H. Laughingwith his new combine last month house, state health officer. and reports a saving in time and In fact, Dr. Laughinghouse believ- expense.

es that the most efficient way to administer public health work in North Carolina, is to organize this work by districts, rather than by counties, with the various counties the elaborate wedding)-Are you the bearing their proportionate share of bridegroom? the expense and with only one health officer to a district, and with minated in the semi-finals. the work in the various counties being done entirely by nurses. This plan will reduce the cost to the counties almost by half and still not sacrifice any efficiency, Dr. gun at yore little brother. Hit Laughinghouse believes. There are at present 52 counties

in the state in which there is not now any county health unit in operation some of the counties frankcounty health department. But virtually all of these counties could afford to maintain a public health nurse supply her with an office and transportation, and this nurse could do almost as much as a regular health department, in the opinion of Dr. Laughinghouse.

Many letters have been received from persons in these counties with out county health units, asking how some sort of public health work may be had in them. In reply to one of these letters, from a physician in one of the counties, Dr. Laughinghouse wrote as follows: "Your county, while unable to af-

ford a whole time health officer, and a complete personnel as a health deartment, can easily and should afford a nurse to do nothing but public health work We are finding this plan in small rural counties with limited wealth for taxation exceedingly practical The plan is to procure the services of one food. But of more graduate nurses who have whether that had training in the specialty of public health work. The medical societies in the counties where they carry on are all unanimous in the agreement to permit them to vaccinate against smallpox typhoid, diphthria and whooping cough. Thy are also permitted to gather together the midwives in the coun-Ity and teach them how to be socia body needs.

Diet is a to do; and how exceedingly necesly if not surgically clean; what not sary it is to direct their patients to physicians when any evidence stecia occurs.

on prenatal classes and sometimes take blood pressure and make examinations. Whenever they find a woman not in the pink of condition they prevail upon her to go immedately to the family physician. In this way confinement cases are directed to the profession, rather than to the midwives. Opportunities to ive service in prevental care is afforded the physicians through

Unintentional Suicide

Many people are slowly poisoning themselves just as surely as if they drank locline every morning for break-fast. 'They are daily absorbing the oxins, or poisons, created by accumu-ated waste matter in their constipated ligestive systems. Sooner or later sease will conquer their weakened

If you have dissy spells, headaches, coated tongue, bad breath, insomnia, no appetite, bilious attacks or pains in the back and limbs, you are probably suffering from self poisoning caused by constination. The surest and pleasantest relief for this condition is Herbine, the vegetable cathartic which acts in the natural way. Get a bottle today from PAUL WERR & SON AND

PAUL WEBB & SON AND CLEVELAND DRUG CO. (adv.)

#### SPECIAL **EXCURSION FARES**

GEORGIA, FLORIDA AND CUBA

SATURDAY, JULY 19, 1930 ROUND-TRIP FARES FROM SHELBY N. C.

Savannah, Ga ..... Brunswick, Ga. ..... \$13.00 Jacksonville, Fla, \_\_\_\_\_ \$16.00 Miami, Fla. ----Tampa, Fla. \_\_\_\_\_ \$23.50 Havana, Cuba \_\_\_\_\_ \$50.75

Stopovers Permitted Both Directions.

Tickets Good Going And Returning Regular Trains.

ASK TICKET AGENTS "TRAVEL BY TRAIN" SOUTHERN RAILWAY SYSTEM

#### prenatal classes, and classes in infant care are carried on in various sections of the county which direct children not absolutely up to par to the medical profession in the

"In addition to this, the nurses

corded, brought to the attention of

the parents and the children are

urged to go to the physicians in

the county for such medical- and

surgical treatment as will make

"Lastly these nurses train the

Harvest Rye.

J. G. Shields of Halifax county

Next Best Things.

Old Gentleman (bewildered at

Young Man-No. sir: I was eli-

Staving Off a Squawk.

son)-Ezry, quit pointin' that thar

might go off and kill one of them

chickens he's playin' with.

Mountaineer (to three year old

DR. R. C. HICKS - DENTIST -Office Phone 421. Residence Isaac Shelby. Phone 74.



Regularly DRS. H. D. & R. L.

WILSON **OPTOMETRISTS** Office Over Paul Webb & Son's Drug Store.

**CALL MAUNEY** BROS. For prompt and efficient RADIO SERVICE Parts carried for all popular makes. "Service Is Our Specialty." - Phone 518 -

ly do not want a county health unit, while others cannot afford a JUST ARRIVED — ANOTHER LARGE SHIPMENT

#### **KYANIZE FINISHES**



In the KYANIZE line there is special varnish or enamel for every refinishing requirement,

KYANIZE LUSTAQUIK-

Quick-drying, beautiful finish for furniture, woodwork and interior surfaces. Dries hard in one hour. Easy to apply.

KYANIZE

Brilliant, easily applied, acid and water proof, transparent. For floors, furniture and wood-work.

FLOOR FINISH—

KYANIZE FLOOR ENAMEL—

Floors, inside or out. Gives a so lid color, opaque, waterproof, wear-resisting surface. KYANIZE CELOID FINISH—

Produces the effect of expensiv e hand-rubbed finish - without rubing. For furniture, walls or wood work.

# - SEE OUR WINDOW DISPLAY -

## HUDSON the World's

**Largest Selling** 

### CEBIGHT'S Registrations officially recorded by every State in the Union show

that for this year more Hudson Eights have been delivered to consumers than any other eight in the world.

See For Yourself the Increasing Number of **Hudson Eights on the Street** 

Hudson Beauty, Hudson Quality, Hudson Performance and Hudson Value frankly question the wisdom of ever paying more for any car. They have made Hudson the world's largest selling Eight. And the growing power of this conviction is shown in the increasing numbers you see everywhere.

Nine other models just as attractively priced. Wide range of colors. All prices f. o. b. Detroit, Factory.

# Beam Motor Co.

WEST YARREN ST.

SHELBY, N. C.