THE CLEVELAND STAR SHELBY, N. C.

MONDAY, JULY 21, 1930

Believed by police to have been

information damaging to a per-

on or persons unknown, Mrs.

Edith

## Women Lose Waistline, Farmers Lose Their Shirts, Hyde States

Washington-Secretary of Agriculture Arthur M. Hyde has epitomized one of the saddest and most profound truths about the farm situation.

"The women are losing their waistlines," Hyde says, "and the farmers are losing their shirts."

If it weren't for that, one discovers on checking up the figures of the department's statistical division, about half the wheat problem would be solved. Once we were even with all the sandwich counters in drug stores and candy stores today we eat considerably less bread than before the war.

From 1898 to 1908 the per capita consumption of wheat was 5.6 **bushels** 

From 1909 to 1913 it was 5.3 bushels.

From 1926 to 1929 it was about 4.7 bushels.

The exportable surplus, which causes most of the wheat farmer's problems and keeps prices down, is about 200,000,000 bushels. If the pre-war capita consumption had een maintained it would be taking up about half of that wheat. The Federal Farm Board apparently is not very hopeful of persuading people to eat more bread, so it is trying to get the farmers to cut acre-

Senator Reed Smooth of Utah, who got himself married the other day at the age of 68 to Mrs. Alice Sheets, was invited to spend a few days at the White House, but Pres- and neighbors our sincere appreciaident Hoover wouldn't let him be tion of the many deeds of kindness photographed with his bride on the and the many expressions of symfront norch.

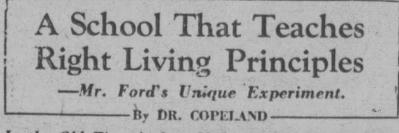
Of course that was just where all illness and death of our husband the photographer's stationed at the and father, J. H. Brackett. White House wanted to take pic-LAVINA BRACKETT and

tures of the bridal couple. But word came down from Mr. Hoover that the camera work on the Smooths could be done somewhere on the side of the White Houseanywhere, in fact, except on the front porch. The President men down-stairs with vacuum wouldn't pose greeting the happy cleaners. They say they have appair, either.

pointments to give demonstrations. Washington, probably notices un- Put them in different rooms and employment less than any city of tell them to get busy. its size. Members of Congress have had to go back to their own states off the government. Thus, as Uncle

to find out about it for themselves. Sam is still doing business with-The District of Columbia has no out any curtailment of operations, industries of its own, so there have the employment situation does not been no factory layoffs. vary a great deal from year to

About half the population feeds year. A dribble of people is always off the government, directly or in- coming in, looking for jobs, but directly, and the rest feede direct- never enough to provide any markly or indirectly, off those who feed ed demonstration of depression.



In the Old Wayside Inn, Made Famous by the Poet, Longfellow, A Class of Boys Are Being Taught Hygiene, Proper Diet and Self-Preservation.

## By ROYAL S. COPELAND, M. D. United States Senator from New York, Former Commissioner of Health, New York City,

NLY the other day I was read. Work is good for everyone. But life ing of a really fine school is not all work for them for they for boys, sponsored by Mr. have their fun and social good times. Henry Ford, in the old town of They dance in cotillions in the ball-Sudbury, Mass. It is attracting half old. room in the Inn, a century and a

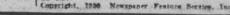
quite a good But there is another very impordeal of atten- tant factor in their daily program.

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## Answers to Health Queries

A.—She should weigh about 135 pownds. C. V. R. Q.—What would cause	A DAILY READER. Q-I am a man of 20, 5 ft. 7 in. tall. How much taller should I grow? What will help to increase my height? What is the average height for my age?
an aching in the head accompanied	A You will continue to grow and

develop until you are 21. Exercise A .- This may be caused by poor and proper living will help to some A.- This may be caused by poor circulation or too high blood pressure. Biliousness might also be a factor. Have your blood pressure tested and then proper treatment can be ad-vised. Copyright, 1956 Newspaper Feature Service. In:





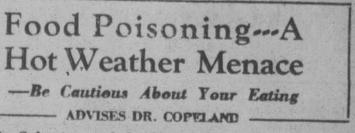
home at Saugus, Mass. slain because she had important Picture shows the crushed body being removed from her home (Inset) Motorcycle Officer Sul-livan of the Saugus police who discovered the body.

Thompson, attractive divorcee and detective special-ist in divorce cases was slain in disternational Newsreel



Fight That Old Fight Again

Battles of other years were fought again by Sergeant Bar-ton Howard (left), 53, of the member of the Black Watch. Black came to Boston from his home in New York to see his old battalion march famous Canadian Black Watch Highland Regiment, and Charles during the Massachusetts ter-Black, 86, of New York, # forcentenary.



PAGE THREE

Care in Selecting and Cooking Foodstaffs in Summer is Essential, for Ptomaines are Firulent Then, Says Authority, Suggesting First Aid Treatment

## By ROYAL S. COPELAND, M. D. United States Senator from New York. Former Commissioner of Health, New York City.

QOR the most part, the foods time of the poison, and one's re-For the most part, the foods lence of the poison, and one's re-tistance to disease. The attack may appear immediate-tions and care. The attack may appear immediate-tions and care. tions and careall the time poisons are es the body. One of the first symptoms of

ful inspection of all foodstuffs are so strictly carried in the out United States today that most foods come to us in splendid condition.

But because some foods contain deadly bacteria, or ptomaines.

is incumbent DR. COPELAND upon us to buy only of reliable dealers. We must learn what are the earmarks of

learn what are the earmarks of a good meats, as well as other foods. I We should know their origin, as well as the signs of their freshness and fitness for consumption. The trouble is that in some in-istances there is nothing about the food we buy, either before or after it is cooked, to indicate that it is un-safe to eat. Usually we know either by its taste or smell whether the meat or other food is good to eat. Sometimes these bacterial poisons are so resistant to heat that neither roasting nor boiling can destroy them.

them.

forced.

R. S. Q. What causes a soreness in my chest when I take a deep breath? I have not a cold. A.—This may be due to poor, cir-culation. Try to build up your gen-eral health and you will probably benefit generally.

J. M. J. Q .- What is the cause of cracking joints?

One of the first symptoms of food peisoning is intense liching or prick-ing of the skin. It is apt to grow in intensity until it is almost unbear-able. Soon there are cramps in the intestines, nauses, and vomiting. Fever, headache, dizzianas assi was' heart action follow. While waiting for the dector, the patient should be kept warm in bed. The bowels should be kept open. It is very necessary to eliminate the poisons in the system as soon as pos-sible, and to this end the patient should drink tepid water to which soda has been added. Vemiting may be induced in this way, or by stick

be induced in this way, or by stick ing the finger as far back in the throat as possible, the food will be

care in the selection and cooking Care in the selection and cooking of your foods will keep you from disease. Let us not trust to good

Answers to Health Queries

Ptomaine poisoning may come from canned meats, or other canned goods. This rarely occurs now, since A.--This condition is due to lack of synovial fluid. Try massaging the joints with a little warm cod liver oil every night before retiring. "Interested Roader." Q.--Is elec-tricity helpful for neuritis? overnment inspection is rigidly en-There is probably no animal tissue that decomposes and forms pto-maines as quickly as fish. When

taken from its natural element, the

water, fish die and decompose very rapidly. Bacteria of a deadly nature A.-Tes in some instances. The cause must first be removed before the trouble can be cleared up.

rapidly. Bacteria ef a deadly nature form very rapidly in the tissues. Such poisons form much more quick-ly in the heat than in the cold. Therefore it is very necessary to keep all fish on ice in order to have them fresh and safe for eating. Apart from the influence of food, there are some poisons that develop in the human body. This is true in diseases like typhus fever, Asiatic cholera, or lockjaw.

Ptomaine poisoning varies very such in its severity and character. A .--- Treatment should be outlined much in its severity and character. by your family doctor. Its severity depends upon the viru- Copyright, 1936, Newspaper Fasture Service, I





Singer, the Bronx youth, who at-tained championship heights by virtue of his one-round knockout victory over the former lightweight titleholder, Sammy Mandell. Sing-er dropped Mandell to the canvas three times before he knocked him Jut (International Newsreel)

An excellent smiling head of Al

**Knockout Brings Him** 

Lightweight Crown

FAMILY.

CARD OF THANKS We wish to express to, our friends pathy extended to us during the

Knew Her Onions

Maid-(to spring-cleaning mis-

tress)-"There are half a dozen