demned Chinese will accept and

the work will go forward. He

has asked to have the whole

work described to him and is

deeply interested-except that

he has a mortal fear of blind-

ness. If the doctors can satis-

fy him on that score, it is be-

lieved he will agree to their pro-

posal-and will, thereby, escape

'Flat-Foot" Is

Often Cause

Of Aches

Many Supposed Organic

Troubles Have Been Traced

to Weakened Arches, Says

Authority

By R. S. COPELAND, M. D.

U. S. Senator from New York. Former Commissioner of Health,

New York City.

is bound to cause all manner of

disagreeable symptoms. If your

Many a per-son has be-lieved himself DR.CODELAND

to be suffering from rheumatism, or even some sort of kidney or spinal trouble, when these organs and parts are really perfectly normal. He is merely paying the penalty of walking on a foot which has become too weakened in certain parts of its delicate structure to perform its function properly.

"Flat-foot" is the common name

given this trouble. It is a displace-ment of the bones of the foot which receive the weight of the body when standing or walking. As a result the arch of the foot is depressed or flattened.

foot is thrown

out of its

natural position,

strain is bound to be the re-sult. Such

strain is capa-ble of causing pain extending anywhere from the feet itself,

through the leg and into the back.

NYTHING that interferes

with the natural and free use of the feet in walking

the electric chair.

Would You Risk Total Blindness To Escape Death?

Santa Fe, N. M .- A condemned Chinese murderer named Woo Dak San is on the verge of escaping the electric chair in one of the most unusual ways ever recorded-but he isn't altogether sure that he wants to

Woo Dak San is under sentence to be electrocuted for killing Yee Foo, a merchant of Silver City, N. M., back in 1926. Specialists making a study of trachoma, the painful eye in-

-BILLIARDS-Cleveland Cigar

Store Hotel Charles Bldg., Corner

Trade and W. Warren Sts.

Just Like An Ostrich A medical authority says that a person who tries to cover up skin blemishes and pimples with toilet creams and powders is just as foolish as an ostrich that buries its head in the sand to svoid danger. Skin cruptions are nature's warning that constipation is throwing poisons into your blood stream and weakening your whols constitution. Remove the constipated condition and you will strengthen your system against disease and clear up your disfigured skin. The best way to do this is with a course of Herbine, the wagestable medicine that acts naturally and easily, which you can get at medical authority says that

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And Return Friday, Aug. 1st

Southern Railway System

Tickets on sale August 1st only. Limit five days. Fine opportunity for weekend vacation. ASK TICKET AGENT

BAD been rough a bad all of sickness ich lett me very ak, says Mrs. Stapleton, Va. was pale and tiffeless, and strength did return.

"I spent most of my time on the bed. I was very nervous, and the least thing upset me. I did not have strength amough to lift a proom. At mose I would have bad headaches, which would have be a proof of the control of

would hurt me until I could hardly see.

"Someone asked me why I did not try Cardui. I had read of it, so I thought I would see what it would do for me. It was really remarkable how I came out. My strength returned, and my health was better than it had been in years. I gained in weight about ten pounds. My color was good, and I ceased to suffer from head-aches. I have told my friends about Cardui because I was benefited after taking it."

fection of southwestern Indians which often causes blindness, have asked the state to spare his life on condition that he let them make tests on him. By these tests, they believe, they can provide a cure.

Woo Dak San is willing-provided he can be assured that he will not lose his sight.

"It is better to be dead than blind," he says. Prison officials say he would prefer to go to the electric chair rather than to be blinded by the experiments the scientists want to make. The doctors, however, say that the disease would not be allowed to go far enough to inflict permanent injury.

Even if Woo Dak San finally

agrees to the experiment, Warden P. J. Dugan of the state prison may object. He is afraid other prisoners may be infected if the germ is introduced into the penitentiary.

Apparently, however, the con-ADMINISTRATOR'S NOTICE

Having qualified as administrator of the estate of W. J. Allen, deceased of Cleveland county, North Carolina, this is to notify all persons having claims against the said estate to present them to me properly proven on or before the 19th day of July, 1931. All persons owing the said estate will please make immediate settlement to the undersigned.

This July 19th, 1930.

J. W. ALLEN, R. I. Mooresboro, Admr. W. J. ALLEN, deceased.

6t July 21C.

ADMINISTRATOR'S NOTICE.

Having qualified as administrator of the estate of John R. Gantt, late of Cleveland county, N. C., this is to notify all persons having claims against said estate to present them to me properly proven on or before the 11th day of July, 1931, or this notice will be pleaded in bar of any recovery thereof. All persons indebted to said estate will please make immediate settlement to the undersigned. This July 14, 1930.

TOM W. GANTT, Administrator of John R. Gantt, deceased.

ADMINISTRATOR'S NOTICE.

Having qualified as administrator of the estate of Florence E. Rippy, late of Cleveland county, North Carolina, this is to notify all persons having claims against said estate to present them to me properly proven on or before the 11th day of July 1931 of this notice will be pleaded in bar of any recovery thereof. All persons indebted to said estate will please make immediate settlement to the undersigned. This July 14, 1230.

This July 14, 1930.

G. C. PATTERSON, Administrator of Florence E. Rippy, deceased.

lorace Kennedy, Atty.

8t July 14p

DR. R. C. HICKS - DENTIST -Office Phone 421.

Residence Isaac Shelby. Phone 74.

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Seller

Phone - 82

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Toledo, Ohio _____ \$36.93

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urday, June, July, August. Final limit 30 days.

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Washington-Aug. 30, Sep-

SEABOARD

tember 19, Oct. 17-31.

standing or walking. As a result the arch of the foot is depressed or flattened.

There are many causes for this condition. Chief of these are improperly fitted shoes. They may be shoes with excessively high heels, or narrow or short shoes, or shoes which do not give necessary support to highly-arched insteps.

Another cause for flat-foot is the turning of the feet outward in walking. Weakened muscles and ligaments due to exhausting illness, poor health, old age, rapid growth in a child, overweight, prolonged standing on hard floors, corns and bunions and specific diseases—all these are factors in producing flat-foot.

The first measure to take in the treatment of flat-foot is to get properly adjusted shoes. As a matter of fact, foot discomfort from any cause is likely to disappear if the shoes are correctly fitted.

Everybody should cultivate correct attitude in standing and walking. It is a good thing to develop the feet by throwing the weight of the body frequently upon the outer side of the feet while standing. One should walk with the feet held parallel and pointed forward, with the weight on the outer side.

Every sensible person will give close attention to the selection and fit of his shoes and to the cultivation of a prepar attitude in standing and walking. He must de this if he is to avoid foot trouble.

You take all sorts of treuble in the selection of a hat. You study "models" and "styles" and fairly suffer until the purchase has been determined upon.

How much care de you take in selection water shoes? You take in

mined upon.

How much care de you take in selecting yeur shoes? You should take pains because your comfert and health depend upon properly fitted shees. Please don't forget this.

Answers to Health Queries

J. A. F. Q.—How can excessive spering be prevented?
2. I am a girl of 13. 5 ft, 2 in. tall. What should I weigh?

A.—The cause of snoring must be determined. Almost invariably snoring is the result of mouth breathing. For further information send a self-addressed, stamped envelope and repeat your question.

2. You should weigh about 113 pounds.

A Reader, Q.—What would cause silver lines moving like streaks of lightning before the eyes? Headaches

A.—Bilieusness er auto-interica-tion would be apt to cause symptons such as you describe. Correct the diet and watch the elimination. These are symptoms of one form of "sick headache."

W. J. Q.-Can blackhent he re-. . . F. S. H. Q.—Would sinus trouble cause dull pains in the head?

A .- Yes. It would be advisable to consult a nose and throat specialist for an examination.

J. H. D. Q.—What do you advise for scars left by pimples? A .- Apply hot and cold compre alternately for ten minutes night and morning. The X-ray is also helpful. oright, 1836, by Nowspaper Feature Service. Inc.

666

Relieves a Headache or Neuralgia in 3 minutes, checks a Cold the first day, and checks Malarie in 3 days. 666 also in Tablets.

FOR LETTER HEADS, ENVEL-OPES, BILL HEADS, CARDS OR ANY KIND OF JOB PRINTING PHONE NO. 11 QR 4-J. OR SEE A STAR REPPRESENTATIVE

Joining the "Bloody Eight"



6, of Boston, Mass., was strung up when he was found by his mother in an almost strangled

This is the way Jean Ouellette, + condition. He was being initiated by his playmates into the "Bloody Eight."

(International Newsreel)

Quake Toll in Sunny Naples



Premier Mussolini (inset) promptly set the wheels of re-lief in motion. At his orders the Italian Red Cross leader sped to the area most affected by the earthquake, which swept the entire country south of Naples. Upper pictures shows an

nteresting view of the city of Naples, where, it is reported, damages have been heaviest. (Lower) Looking down into the cone of pouting Vesuvius, while volume of dense smoke are arising from the molten depths. (International Newsreel)

Change Primary Date.

(Raleigh News and Observer.) The Henderson Dispatch and near the date of the state primary be changed from Saturday. If the contest is close, the interest goes over Sunday and imposes unnecessary Sunday work. In large precincts in Raleigh, the poll holders did not finish counting until Sunday morning. There is no more reason for holding a primary on Saturday than for holding the regular election on that day. The legislature would do well to

consider putting the primary on the



Dr. D. M. Morrison

OPTOMETRIST

Upstairs-Woolworth Building Shelby, N. C.

Eyes Examined, Glases Fitted and Repaired.

second Tuesday in August. With good roads, daily newspapers everywhere, radios, telegraph and telephone the necessity for long camall other papers are urging that paigns no longer exists. There is no reason for June primaries in this



The best money can buyno fillers

Anheuser-Busch Budweiser Barley-Malt Syrup

LIGHT OR DARK RICH IN BODY NOT BITTER

Sex Responsibility Not What It Was

Greensboro News Miss Frances McClenny, "prom-inent Richmond, Va., girl" missing since July 1, is home once more. An enterprising newspaper reporter found her in company with an undivorced garage mechanic at Waynesboro, Va., and fetched her back to face the music. In a signed statement Miss McClenny says she went with Dickinson of her own free will, knowing at the time he had a wife and child.

If we wished to draw a moral deer mr. editor:form all the tales which have been women who have reached the age every thursday at 2 p. m. and stay knees while hammering on the shoe. of 20 years are no longer abducted; but we find nothing interesting in searching for dirt. The thing which not only interests but in a sense to whom it might consarn: comforts is the fact that Miss Mc-Clenny accepts her full share of

contend that 20-year-old girls day at 2 p. m. so's we can do what hundred miles a peace and got back should make a practice of disapolder married men. It isn't altogether safe, and it rather jars on
gether safe, and it rather jars on
stuff for black berries and eggs
you can expose them in the paper.
stuff for black berries and eggs our late-Victorian sensibilities; but ansoforth, so be the governor acwe hail with sincere satisfaction the readiness with which presentday feminine youth demands the right to travel under its own pow-

A dozen or so years since Miss McClenny's statement would have stand). been unthinkable. The old-fashfoned girls who took a chance were always "over-persuaded." Their male companions in adventure were she is bank ruptcy, but as soon all of them "seducers" and fiends as she gets out, she will sign the in human form. With the emancipation of woman has come a mous. there is 1 good thing about change. It has always been admit-our town: the members of same ted by some that two are required always pull together, and it will be for each bargain; there now is a a big relief for us to forget the willingness to concede that it is financial world for an afternoon possible for both parties to enter each week and we can all find time willingly into a compact which while fishing to meddy tate on cheats them collectively and indi- hoover prosperity and the farm re-

This is not a romance which is being brought to an end by the return of the girl to her home and the holding of the man for trial. and so did bill jones, but he was It is a piece of folly, which both ketched 3 different times slipping will rue and which all right-minded people must regret. Its sordidity, however, is somewhat relieved by the honesty of the woman in the

Was She Shocked?

The prim old maid was dining one evening, and while the waiter was standing by the table she asked him to find out the title of the piece the orchestra was playing. Other duties claimed the waiter for a time and when he returned the woman had completely forgotten her request. Imagine her confusion when he bent towards her and softly whispered: "What Can I Do to Make You Love Me?"

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ient Schedules. ASK TICKET AGENTS

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Atlantic City, N. J. \$25.60

Tickets on Sale July 2, 8, 16, 22, 30; August 5, 13, 19, 27; September 2, 10, 16.

Tickets Limited 18 Days. For Information Call Agent

SEABOARD

Nobody's **Business**

GEE McGEE-



the flat rock pledge flat rock, s. c. julie the 31, 1930.

closed till the next morning at 5:30

we the undersigned firms and biz-

We would not for one moment table places of bizness every thursly and sevrally to close our respecpearing in company with slightly take notis that none of us ain't cordingly

mike Clark, rfd. (beef market.) mike clark, rfd. (stoar.) mike clark, rfd. (filling station). sallie clark, (goober parcher)

mike clark, rfd. (sody watter

bill jones, (black smith shop).

lief bored.

back to his black smith shop to shoe a few mules ansoforth, and then the other firms got mad and onner count of the days being so opened up allso. bill says that he McClenny's family put out the re-port that she had been abducted, it port that she had been abducted, it firms of our town signed the fol- jake parallisis yet and therefoar would be that prominent young lowing sub scription to close up can't hold a mules legs betixt his

> well, mr. editor, i believe that is all for this time, but you will no doubt be glad to see us take this step forward so's our clerks can ness men hereby agree both joint- have a sort of vacation, both of them got in their fords the first day we closed and drove nearly a we please and our customers will by morning, if anyboddy back slides, i will rite or foan you so's

mike Clark, rfd.

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The same of the same