

Mt. Sinai News Of Current Events

Ellis Child is Very Sick. Planning For Achievement Day. Personal.

(Special to The Star.) Shelby, R-2, Dec. 4.—Little Rebecca Ellis, small daughter of Mr. and Mrs. Gordon Ellis, is seriously ill at this writing with membranous croup.

Miss Rheaer Clary returned to her home Friday, after spending several days with Mr. and Mrs. Burt Hamrick of Boling Springs.

Mr. and Mrs. Bessie Putnam and children, Mrs. Cecil Baber and Mr. Bruce Putnam of Shelby, spent Thanksgiving with Mr. and Mrs. L. R. Putnam.

Mr. and Mrs. Grover Hamrick and children of Sharon visited Mr. and Mrs. Lebron Rogers Sunday afternoon.

Mr. and Mrs. Wilburn Putnam and children of Lattimore were dinner guests of Mr. and Mrs. Cliff Putnam Sunday.

Misses Rhea Hunt and Vernie Ellis spent Tuesday night with Miss Helen Putnam of Earl.

The following were dinner guests last Thursday at the home of Mr. and Mrs. W. L. Harrill and family: Mr. and Mrs. Olive Moore and children of Shelby; Mr. and Mrs. Thurman Hamrick and daughter of Poplar Springs; Mr. and Mrs. Ector Harrill and children of Kings Mountain, and Mr. Cline Harrill of Chapel Hill.

Mr. and Mrs. Clarence Self and son, Gene, of Shelby, spent the week end with Mr. and Mrs. Daid Champion.

Mr. E. R. Ellis of Shelby visited Mr. C. T. Ellis during the week end. Mr. W. L. Harrill has been confined to his home for the last several days.

Messrs. J. C. and Ben Bridges visited Messrs. Elmo Bridges and Shafar Putnam in Whitmore, S. C., last Thursday.

Mr. and Mrs. L. E. Weaver of Gaffney, S. C., were callers in the community Sunday.

Mr. Reuben McSwain and children Rena, Reba and Reuben Jr., and Miss Nell Ellis, were callers at the home of Mr. and Mrs. Larkin McSwain in the Beaver Dam community Sunday.

Mr. and Mrs. Brainard Westmoreland and children of Blacksburg, S. C., visited Mr. and Mrs. J. C. Bridges Sunday.

Messrs. Norine Bolland of Gaffney, S. C., Buna Rollins and Nora Ellis were visitors in the Ross Grove section Sunday afternoon.

Mrs. W. H. Putnam and two daughters, Margaret and Mary Ann, of Lattimore are spending some time this week with relatives of this community.

Mr. and Mrs. Dewey Rollins spent Sunday with Mr. and Mrs. J. M. Hunt.

Among the callers at the home of Mr. and Mrs. Gordon Ellis Sunday were: Mr. and Mrs. Rastus Williams and children, Mr. and Mrs. Reed Blackburn of Lawdale, Mr. and Mrs. Yates Putnam; Mr. and Mrs. Roy Ellis and Mrs. C. T. Ellis.

Messrs. L. C. and W. H. Putnam were dinner guests of Mr. and Mrs. J. H. Hawkins on Monday.

Mr. Trent McSwain of Earl spent Saturday night with Mr. Webb Hunt.

Mr. Cliff Putnam visited Mrs. Reila Dyaart of Lattimore last Saturday.

We are glad to note that Mrs. J. D. Branton is improving after being sick for several weeks.

The Womens club met at the home of Mrs. F. B. Putnam on Monday night to plan for the big achievement day at South Shelby on Friday December 5.

RED STAR Sulphurated Sanative WASH For Itch or Scabies. It kills the Itch mite germ. Your children are helpless against this dreaded germ in crowded school rooms. Get a bottle at your DRUG STORE and use as directed.

TRUSTEE'S SALE. By virtue of the power vested in me as trustee in a certain deed of trust, executed by Beverly Jolly and wife, Miss Jolly in that certain deed of trust, dated October 1, 1927, and recorded in book 145, page 292 of the register's office for Cleveland county, N. C., and default having been made in the payment of the indebtedness and demand having been made upon the trustee to execute the trust, I will sell to the highest bidder at the court house door in Shelby, N. C. on Saturday, December 27, 1930 at 12 o'clock M. or within legal hours, the following described real estate: Situated in the town of Shelby, N. C. and being a portion of lots Nos. 14 and 15 of the partial revision of the subdivision of the Mrs. E. Green lands by D. E. E. Frazer, C. E. and being all of said lots excepting 50 feet out from the back of said lots, said partial revision appearing by map recorded in book 1 of plats, page 45 of the office of the register for Cleveland county, N. C., situated on the E. E. side of Carolina avenue, and beginning on a stake in the edge of said avenue, corner of lots Nos. 13 and 14 and running thence with the dividing line of same S. 54-48 E. 156.55 feet to a stake in said line; thence N. 47 E. 50 feet to a stake in dividing line of lots Nos. 15 and 16; thence with the same N. 34-48 W. 154.00 feet to a stake in Carolina avenue; thence with the edge of same S. 53-12 W. 50 feet to the beginning.

TOLUCA AND KNOB CREEK GLEANINGS

Practically All Goods Taken. Plan Tabernacle for Singing Conventions, Mr. Crow Generous.

(Special to The Star.) Toluca, Dec. 4.—The Womens Missionary society of St. Peters met at the church last Sunday afternoon and re-elected the old officers for the coming year.

Prof. J. D. Huggins of Boling Springs was at Carpenters Grove last Sunday and made a talk on the needs of the college at Boling Springs also made an appeal for the acre of cotton to be planted for the college.

Owing to the cold rainy day on last Sunday there was not a very large crowd present at the singing convention at Zion Hill. Professor and Mrs. Bridges were there from the Baptist orphanage of South Mountains with several of the children. A collection was taken for this institution. Preparations are being made to build a tabernacle for holding the singing conventions of the South Mountain association, Mr. D. P. Crow of near Toluca has made them the offer to give the land and pay for one-tenth of the cost to build it.

Thieves at Toluca. Thieves entered the store of Mr. Joe Leatherman last Monday night and made a get away with most of his goods. No trace of the thieves has been found at this writing.

Dr. and Mrs. F. D. Edwards were dinner guests of Dr. and Mrs. L. E. Crowell of Lincoln on last Friday.

Mr. and Mrs. F. A. Boyles and children, Ruth and Wayne, were dinner guests of Mr. A. C. Costner on last Sunday.

Miss Edith Sain who teaches near Chapel Hill spent the Thanksgiving holidays at her home in Toluca.

Misses Ruth Costner and Corrine Hoyle spent last Saturday night with Miss Ines Propst.

The following enjoyed a big Thanksgiving dinner at the home of Mr. and Mrs. A. D. Willis: Mr. and Mrs. Plenny Hoyle, of Lincoln county, Mr. and Mrs. Fred Eaker of Dallas, also Mr. and Mrs. M. S. Boyles.

Mr. and Mrs. Walter Boyles and son Mr. Earl Boyles of Lincoln county were dinner guests of Mr. and Mrs. L. E. Boyles Sunday.

Mr. and Mrs. Burt Sain spent last Friday at the home of Mr. Sain's sister Mr. and Mrs. Wylie Costner of Double Shoals.

Master Loy Hartman spent some time the past week with his sister Mr. and Mrs. Ed Rhoney of Catawba county.

Misses Edith Sain, Willie Houser and Mr. Eli Houser visited Boone over the week end.

Mr. and Mrs. Alvin Deal and little son Thomas of Rockdale, Mr. and Mrs. Odus Norman of Belwood spent the week end with their parents Mr. and Mrs. S. A. Sain.

Mr. and Rupert Ivester of Belwood spent last Sunday at the home of Mr. and Mrs. J. R. Hoyle.

Rickets Is Rare in Out-Door Children —Sunlight a Preventive of This Disease

Youngsters Who Get Their Daily Share of the Sun's Rays and a Balanced Diet Seem to Escape This Comparatively Modern Ailment, Says Authority

By ROYAL S. COPELAND, M. D. United States Senator from New York. Former Commissioner of Health, New York City.

ON a recent tour I inspected some public beaches. It was with great joy that I watched the youngsters romping on the beach. Their little bodies were scantily covered by clothing. Almost every part was exposed to the rays of the sun.



How different the picture was years ago. Children were advised not to play in the sun for fear of becoming "over-heated."

As a result of our modern ways of living, rickets may easily be acquired. Its prevalence in children is common, and only within recent years has it been on the decline.

It is an ailment most common in children under two years of age. It may occur in older children as well as in adults. It is ten times more prevalent in artificially fed infants, although it occasionally occurs in breast-fed infants.

Children living in dark homes, with no sunlight, as in the city tenement houses, are more prone to develop rickets. I have seen terrible cases in the slums of Europe.

Rickets is a disease which soon renders children restless, should be suspected of rickets. A more definite sign is the tossing and moving of the head upon the neck, a habit which soon rubs off the hair from the back of the head.

Children with rickets learn to walk at a late stage. Their muscles and bones are extremely weak and cannot support the body. They do not play well with other children, and are backward in their general development.

Bowed legs or knock-knees soon develop because of the muscular and bony weakness. The muscles of the abdomen are likely to relax, giving the child the so-called "pot-belly."

These children, in addition to growth retardation, are anemic and extremely nervous. Where rickets exists, or there is a tendency toward it, cod liver oil should be given. As a preventive, rather than as a curative measure, exposure to the direct rays of the sun should be encouraged.

Infants should not be shaded from the sun, but should be reasonably exposed to the sun. All children should be encouraged to play as much as possible in the sunlight.

A diet lacking Vitamin D will produce rickets. Yet a deficiency of Vitamin D, if there is an abundance of sunlight, will not produce the disease. It is apparent that both these factors are important in the prevention of rickets.

Answers to Health Queries. A. D. R. Q.—What can be done for head noises? I have been treated without results.

A.—This disturbance may come from several different things: A catarrhal condition, high blood pressure or nervousness may be at the source. If there is any tendency to catarrh it should be cleared up first of all.

As a result of our modern ways of living, rickets may easily be acquired. Its prevalence in children is common, and only within recent years has it been on the decline. It is an ailment most common in children under two years of age. It may occur in older children as well as in adults. It is ten times more prevalent in artificially fed infants, although it occasionally occurs in breast-fed infants.

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JEANS MILL SECTION NEWS

Box Supper And Cake Walk For Benefit Of School. Personal Mention.

(Special to The Star.) Beams Mill, Dec. 4.—There was a large crowd at Sunday school and B. Y. P. U. Sunday evening.

Mr. and Mrs. Max Gardner spent Sunday evening with Mr. and Mrs. Lem Hamrick.

Mr. and Mrs. F. L. Ledford spent Sunday with Mr. and Mrs. John Ledford.

Those calling at the home of Mr. and Mrs. J. R. Wright Sunday were Mr. and Mrs. George Spangler and family, Mr. and Mrs. Lloyd Hamrick, Mr. and Mrs. Lawrence Wright, Mr. and Mrs. Thompson Hamrick and family and Mr. and Mrs. Doyle Hendrick and family of Shelby.

Messrs. Hall Williams and Defay Costner spent the week-end at their respective homes with Mr. and Mrs. Kem Williams and Mr. and Mrs. Plato Costner.

Mr. and Mrs. Onley Wright spent Saturday night with Mr. and Mrs. Furman Wright.

Mr. and Mrs. Wray Wilson spent the week-end with her parents, Mr. and Mrs. Chesley Hendrick.

Mr. Chivous Hoyle of Boone spent the week-end with his parents, Mr. and Mrs. Gaston Hoyle.

Mr. and Mrs. Julius Costner spent Sunday with Mr. and Mrs. Furman Wright.

A large crowd attended the box supper given at Pleasant Grove school last Friday night. Quiet a number of boxes were contributed by the school girls. They were sold in the midst of fun. In the beauty contest Miss Beatrice Hendrick was the most beautiful girl. Mr. Forrest Lutz was the lucky one to get a dime in the cake cutting contest.

Mr. Thurman Ledford got the other two dimes. Then came the cake walk which was enjoyed very much. Mr. Elbert Selman and Miss Elizabeth Bridges won the cake. The music was furnished by Messrs. Colon and Edwin Smith of New Prospect and Messrs. Leslie Book-out and Taft Smith of Cherryville.

Twenty-three dollars was taken in to go for the benefit of the school in whatever way the teacher sees best.

Will Reassess Real Estate In Rutherford

Rutherford, Dec. 3.—Charles C. Moore, of Forest City, was today appointed tax supervisor of Rutherford county by the county commissioners. He will go to Raleigh next week for three days' instructions and will start work around the first of the year. He will have three assistants in each township and will re-assess all the real estate in Rutherford county.

Star Advertising Pays

Try Star Wants Ads.

Children Almost Hate Cross, Nervous Mother

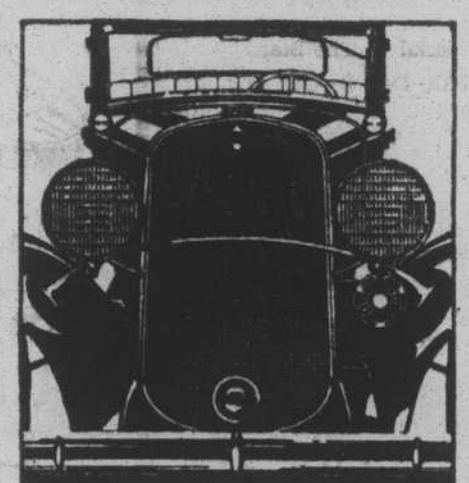
"My children almost hated me, I was so cross. Thanks to Vinol, my nervousness is all gone and we are happy again."

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Very FIRST bottle brings sound sleep and a BIG appetite. Nervous without people are surprised how QUICK Vinol gives new life and pep! Tastes delicious. Quina's Drug Store.

Easy to Grow Roses... Shrubs. We offer 110 varieties of rose bushes and climbing roses. Guaranteed healthy stock. Thousands of other plants. You can plant your grounds at low cost. Write TODAY for catalog, containing planting directions. FRUITLAND NURSERIES, DESK V-1, P. O. DRAWER 210, AUGUSTA, GA. SOUTH'S OLDEST NURSERY

BIGGER AND BETTER THE GREAT AMERICAN VALUE. Fine-car distinction and quality in the new Chevrolet Six. Again, Chevrolet and General Motors have utilized their combined resources to establish a new and higher standard of value for the American motor car.



These basic advantages have made it possible to build a finer car at lower cost. They have enabled Chevrolet to offer important improvement throughout the new Chevrolet Six—to give it a longer wheelbase—greater roominess and comfort—strikingly smarter style—impressive new luxury—more thoroughly satisfactory performance—greater dependability—and to pass on these savings of efficient manufacturing to the Chevrolet buyer in the form of low prices!

Table with 3 columns: Car Model, Price, and Special Equipment Extra. Models include Phaeton, Coach, Roadster, Sport Roadster, Standard, Coupe, Standard Five-Window Coupe, Sport Coupe with rumble seat, Standard, Sedan, Special, Sedan.

CHEVROLET IT'S WISE TO CHOOSE A SIX D. H. CLINE, Inc. SHELBY, N. C. "We Serve To Satisfy."

MAKE THIS YOUR CHRISTMAS STORE. SUGGESTIONS FOR SANTA CLAUS. CHILD'S COASTER WAGONS. CHILD'S VELOCIPEDS. ROLLER SKATES. SPOTLIGHTS. There are Many Other Christmas Suggestions in Our Store. Come, See. Shelby Hardware Co. Phone 330.