### Veteran Goosebone Prophet Is Loser To Weather Science

Philadelphia. - Science led soothsaying by a windvane and a couple of gadgets today in the weather-guessing sweep-stakes between George S. Bliss, government weather bureau expert, and Sam Brunner, veteran goosebone prophet,

The contest is being conducted by a Philedelphia newspaper to determine the comparative accuracy of scientific methods of forecasting as opposed to the barnyard variety involving goosebones, groundhogs your Uncle Dudley's 'rheumatiz' and similar rinkoboo. It began January 1 and is to continue for one month

The newspaper's scorecard giving the daily forecast shows Bliss predicting at an .800 clip and Brunner .600. One full game, in this case a forecast of tomorrow's weather, separates them.

Bliss has won four and lost one; Brunner has three wins and two losses. Each was scored with a win and al oss yesterday.

Bliss said it would cloudy, with moderate winds; Brunner that it would be clear and cold. The day was clear, with warm

The contest has divided a considerable portion of the city into two camps, and both are pretty hot, despite the season. Bliss, with all the scientific doo-dabs at his disposal issues the more complete forecast 24 hours in advance, while Brunner hits the high spots only. He made his complete predictions for the month weeks ago after casting his weather eye aloft and studying the old goosebone and a tattered alma-

"Rain and mild temperature today," said Mr. Bliss. "Moderate temperature, rain and snow," said Mr. Brunner.

NOTICE OF STOCKHOLDERS MEETING Notice is hereby given of the annual meeting of the stockholders of The First National Bank of Shelby, N. C., for the election of directors for the ensuing year and for any other business coming before the meeting, to be held Tuesday, January 13th, 1931 at 11 o'clock a. m. at their banking house in Shelby, N. C.

FORREST ESKRIDGE, Cashier.

## 666

Colds & Headache It is the most speedy remedy know 666 also in Tablets

> FOR QUALITY **DIAMONDS** See

YOUNG'S

SHELBY'S LEADING

JEWELERS North LaFayette Street



ifice Days Every Wednesday And Friday. Eyes Examined, Glasses Fitted And Repaired.

## Pale and Weak

"I THINK Cardui is a wonderful medicine, for I improved greatly after taking it," says Mrs. A. W. English, of R.F.D. 4, Roanoke, Va. "When I was just a girl of 13, my mother gave this medicine to me, and it did me a great deal of good. I was weak and run-down. After I had taken Cardui awhile, I felt much better.

"In 1924, my health was poor. I felt miserable, and hadn't enough strength to do my housework. It took all my willpower to keep up. I was pale and weak.

"I got Cardui again and took it. My improvement was wonderful. I can recommend Cardui to others, for my health was so much better after I had taken a course of the Cardui Home Treatment."

## Empire State Survey Finds Prisons Too Large; Commission Asks Wide Reforms

Prison Proposed in Preliminary Report-Would Be Limited to 504 Convicts and Every One Would Have a Room-Wants Convicts Classified by Psychiatric Tests-Would Abandon Auburn Woman's Prison



(By ALICE ALDEN)

New York.-No more prison riots and bloodshed. That is the utopian prospect held out to penal official in New York from even a casual of the preliminary report of the New York State Commission to Investigate Prison administration and construction. This report just issued is engaging the attention of prism authorities all over the country; and it is believed that it will influence widely penal institutions in many states.

Overcrowding is held by the commission to be mainly responsible for the many serious prison outbreaks that occurred throughout the year It is as a direct result of these riots that the commission was formed not to investigate the happenings but to seek methods of preventing their recurrence. And so the commission expresses its strong disapproval of the construction of any prison with capacity for more than 1,000 inmates. When a larger number of prisoners are housed in one institution, cliques and groups reate intrigue and often trouble the result of and the report recommends that old poor develop-prisons should be remodeled and ment of the

the capacity reduced. The commission urges that a Some persons orison should be erected with a are born with maximum capacity of 504 inmates weak feet, but and that it should be of a type that poor posture in DR. COPELAND will bridge the gap between the walking and fortress type of jail and the read camps where actual confinement is the most important causative factors. Work that necessitates at a minimum. The inmates should standing continuously on hard be housed in four separate wings, floors and pavements are other each three stories high with fortytwo rooms to a floor. By this method, it is claimed, group spirit and group life will be developed with abundant good results to the prisoner and so help his chances of rehabilitation. For intensified training and care of each unit will be

possible and made easier by the fact that each prisoner will have been carefully examined and classified at a designated receiving institution Further plans call for two shop. buildings in which prisoners will be taught trades, a mess hall, powerplant and an administration building. Each prisoner would have an individual room. Two sites for the institution have been recommended,

one in Ulster county, the other in

Orange county, both sites well away from towns. The road camp has been such a success that the commission recommends its continuation as well as the establishing of a new one. Other outdoor work and the development of pre-parole units are stressed as a means of lessening cell life and allowing prisoners to work their way to these units through good behavior and commendatory conduct. But at the same time, the commission condemns the amployment of prisoners in confidential work such as telephone operators, office workers, care of prison records, and recommends that this type of work be employed

by civilians and asks that additional funds be provided for this purpose. Under the new scheme, the commission would use Sing Sing and Attica as reception prisoners where men may be studied, grouped and given expert and thorough psychiatric examinations. And as it has been found that one out of every six prison immates is in need of the attention of a psychiatrist, it can readily be seen how important this recommendation is. Further, it Attica as reception prisoners where

## Poor Walking Posture a Cause of Flat Feet

-Slouching Results in Strained Foot Muscles

Weak Feet Is One of the Most Common Complaints of Modern Life, Says Dr. Copeland, Urging an Upright Carriage and Daily Foot Exercises.

> By ROYAL S. COPELAND, M. D. United States Senator from New York. Former Commissioner of Health, New York City

MIMITIVE people who go for any length of time. We ing is about barefooted or wear an effort, and they are only happy sandals never complain of when they can be off their feet. weak feet. On the other hand,

Heredity seems to play a role in this condition. Certainly it is not the most common complaint of uncommon for flat feet to involve civilized life is several members of the same family. weak feet, or as the trouble is Have you ever examined your children's feet to see whether they have good arches and are not flat-footed if the feet are not as they should be commonly called, "flat and show signs of strain, now is the Flat feet are

time for correction. Special care as to exercise of the feet and the proper selection of shoes will do much to prevent future trouble. In children, as well as in adults, exercise for the feet is simple and beneficial. While sitting on the edge of the bed try to grasp or hold a lead pencil with the toes. Then turn the toes so as to be able to see the sole of the foot. Bend the toes downward toward the floor and back again. Now lie on your back and, with your feet in the air, turn the ankle upward, and bend the toes toward the knee and back again. These exercises are to be done for ten minutes twice a day. The best times are preferably upon arising in

Stout people are more likely to have weak and painful feet than thin people. They carry more weight and this places a greater burden on the arches.

The feet control of weight feet control of the feet contr The treatment of weak feet consists essentially in the proper development of the muscles of the feet and legs. To this end proper posture in walking and the use of sensible footwear are of great importance.

be made too clear that proper shoes are essential for everybody. The shoe should be of simple design, broad in the toes and straight on the inner side. The shoe should fit snugly in the arch and loosely at the tees.

tance.

A flat foot is a weak foot, one in which the muscles have thoroughly relaxed. As a result of this relaxation the normal arch of the foot is no longer maintained. This change from the normal brings on pain in the foot, and frequently this is very work than they should from the normal brings on pain in the foot, and frequently this is very severe. The pain may not be confined to the foot, it may be felt up the back of the leg.

People with flat feet cannot stand supporting the movements of the foot, and frequently this is very severe. Walk with the head erect, chin and abdomen in, and back straight. In walking always carry the weight of the body on the balls of the feet.

Answers to Health Queries

Miss S. O. Q.—What causes hives? weight, you must not feel that fact

muscles of the

food which causes irritation. Yes.

2-Poor circulation is usually responsible. Build up your general health and increase your circulation. E. F. B. Q.—What causes white spots on the hands?

A .- This is due to loss of pigment or coloring matter.

B.V. Q .- Does yellow oxide ointment harm the eyes?

J.L. Q.—How much should a girl of 16, 5 ft. 3 ins. tall weigh?
2—Will carbolic vaseline used on the eyelashes prove harmful?

A .- She should weigh about 114 A. B. Q .- What do you advise me pounds. When I give you these figures you will understand I am speaking about the average person. If these show you are a few pounds the use of a good stimulating oint-under or a few pounds above this ment should help the condition.

this recommended that a psychiatrist can receive psychiatric treatment four negroes died from suffocation. Police said that the men had shut

A .- Try using hot and cold com-presses alternately for fifteen min-

A.—Try to gain weight in general. Eat plenty of good nourishing food, including milk, eggs, fresh fruits and vegetables. Exercise daily in

the open air, practice deep breathing

As a tonic take cod liver oil after

utes night and morning.

meals.

be established at the reformatory at amateur sports for the movies one Bedford Hills. It is recommended, is compelled to wonder what new that the home team will einch the too, that the women's prison at Australia develop for the pictures.

Real baseball fans are now certain presses, a c c u r a t e this the 27th of December, 1930, that the home team will einch the the women's prison at Australia develop for the pictures. Bedford Hills. It is recommended, is compelled to wonder what new that the home team will einch the too, that the women's prison at Au- stars will develop for the pictures. rag early in the race.

## Things He'd Like To See

Fanning Hearon's "Backtrack" In Spartanburg Herald.)

I should like to have seen: The Garden of Eden . . . The flood from the fo'ca'sle of Noah's Ark . . . . Christ as He delivered the Sermon on the Mount . . . Cleopatra's jeweled barge . . . The assassination of the greatest of the

Alexander the Great, in his tenier twenties, weeping as he realized ne had no more worlds to conquer . . . The destruction of Pompeil by Vesuvius . . . . Narcissus as he made love to his shadow in the pool . . . . The Spartans and the Persians at Thermopylae.

death in the teeth of Rome . . . Peter as he slashed the Roman's ing the mark of 39 for outfielders ear . . . Mary's countenance when make by Mike Mitchell, of the Cinshe saw the open sepulchre that first Easter morning in the East.

The construction of the pyramids of Egypt . . . . The building of the Varsity Star Wins Tower of Babel . . . . The baby Moses floating in the pitch basket in the river reeds . . . . The death of Ansnias . . . The opening of the Red Sea . . . . Samson as he pulled down the Temple.

A band of Crusaders entering the Holy Land . . . Charlemagne upon his throne . . . . Lucrezia Borgia brewing a portion of her poisons . . . The fleets of the Norsemen . . . . A clan of those fair-haired, blue-eyed giants of the North . . . . The death of Goliath . . . The eyes of the sailors of Columbus as they saw the

The landings at Jamestown and Plymouth Rock . . . Pocahontas hrowing herself upon the neck of John Smith . . . . Daniel Boone as he looked over the mountains and across the grasslands . . . . The Boston Tea Party . . . . Paul Revere as he flashed through the night.

Bunker Hill . . . . Valley Forge The crossing of the Delaware . . . And Colonel Patrick Ferguson, the Scottish leader of the British, as his white stallion knocked fire from the rocks of Kings Mountain . . . and the rema William Cody (Buffalo Bill) in full eign college. tilt after buffalo . . . . Custer's last

wilkes Booth as he leaped stage with: "Sic semper tyrannis" On Pension Roll . . . The opening of the Panama Canal . . . The second battle of the Marne . . . . The Red Knight of Germany flying wild way yonder in the smoky blue . . . . A British tank federate veterans remained on the mearing barbed wire entangle- state pension rolls at the last semiments.

ther at word of the Armistice . . . .

Firpo slamming Dempsey over the ropes . . . Notre Dame with South- of veterans, 28, while Mecklenburg ern California on the run . . . . and Surry had 36 each. Yancey had State of North Carolina Department of State.

Alabama with Washington on the 33, Davidson 32, Wilkes 30, Rowan To All to Whom These Present May Com-

appetite at the same time. Special- four class "B" widows. Miss S.C. Q.—What causes hives?

Can you suggest a remedy?

2—What is the cause of enlarged veins in the hands and wrists?

A.—Hives are usually due to some food which causes irritation. Yes.

2—Poor circulation is usually re
Clothes 7,000.

"Eager to Know." Q. - What treatment do you advise for enlarged pores? boys and girls clothing, being 3,000 State Auditor Baxter Durham. When H. V. Q.—What will fatten the more than he gave last year.

> Having this day qualified as executors of the estate of D. B. F. Suttle, deceased of Cleveland county, North Carolina, this is to notify all persons having claims against the said estate, to present same to us properly verified on or before the 7th day of January, 1932, or this notices will be pleaded in bar of any recovery thereof. All persons owing the said estate will please make immediate settlement to the undersigned. This January 7th, 1931. EXECUTORS' NOTICE.

should be on full-time duty at each institution to help the work of rehabilitation.

Women convicts, it is recommended, should also be cleared through a classification clinic to be established at the reformatory at Bedford Hills. It is recommended that a psychiartrist treatment according to the findings of the findings of the findings of the institution to help the work of released that the men had shut themselves in the truck to sleep and lighted three oil lamps to supply warmth. The oxygen, being exhaustof New York.

Police said that the men had shut themselves in the truck to sleep and lighted three oil lamps to supply warmth. The oxygen, being exhaustof New York.

With Tilden and Jones deserting be established at the reformatory at Bedford Hills. It is recommended.

Bedford Hills. It is recommended that a psychiartrist treatment according to the findings of the findings ever paid. Phone 11 count.

#### Star Outfielder in Baseball Last Year



The luxuries baths that boiled out the power of Rome . . . Hannibal during the 1930 baseball season crossing the Alps . . . Napoleon's grim little face when he saw Moscow . . . The Christians defying cow . . . The Christians defying long-standing record. Klein complete the control of the co plled a total of 44 assists, exceedcinnati Reds, in 1907.

Rhodes Scholarship



Julius Byles, varsity player on the Princeton football team, was one of the thirty-three students select-ed in the United States from 529 applicants to be awarded a Rhodes Scholarship. The scholarship pro-vides \$2,000 annually for three years, with the stipulation that the first two years be spent at Oxford and the remaining year at any for-

# Wilkes Booth as he leaped on the Only 1,430 Vets

annual payment, as of December 15, Enemy hosts running toward each at which time there were 79 negro servants drawing \$200 a year, or \$15,800 a year. The veterans drew

Cleveland Pensioners.

Cleveland county received a total of \$13,117.50 from the last semi-annual advance distribution in December, including \$7.117.50 for the 39 veterans; \$200 for the two negro servants; \$2,250 for the 15 class "A" or completely disabled widows, and \$3,550 for the 71 class "B" widness and \$3,550 for the 250 for a veteran dies during the six-month period before the check is distributed, the money goes to the next

photograph which "saw" 320 miles was exhibited to the American Association for the Advancement of

The picture was taken recently from an airplane in South America showing level pampas stretching ahead for nearly 300 miles, ending in a long range of the Andes, and behind them, 320 miles from the plane, the peak of the volcano Acin

The distant horizon line of the nampas bent slightly downward a one end, like a photograph of the curving edge of the moon.

Tracing the just distinguisha'de curve with his finger, Dr. C. E. R. Mees, director of research of the Eastman Kodak company, said there is a science in photography not yet realized even by most cientists.

The picture of the earth's curvaure was made possible by developnent of photographic plates sensible to rays of light invisible to the eye The picture as taken by Capt. A W. W. Stevens, U. S. A., who point ed his camera in the direction o he mantains, although he could not see them.

One snap of the camera shutter of one-fifteenth of a second recorded a panorama of an area ex ceeding some states in size.

EXECUTOR'S NOTICE.

Having qualified as executor of the estate of Dr. F. H. Lackey, deceased, late of Cleveland county, North Carolina, this is to notify all persons having claims against said deceased to exhibit them to the undersigned at Faliston, N. C., on C. before the first day of December, 1931, or this notice will be pleaded in bar of their recovery. All persons indebted to said et tate will please make immediate payment.

This the 1st day of December, 1930.

R. A. LACKEY, Executor of Dr. F. M. Lackey, Deceased.

EXECUTORS' NOTICE.

Notice is hereby given that we have this day qualified as executors of the will of A. C. Miller, late of Cleveland county, N. C., and all persons having ciaims against said estate are hereby notified to present them to us properly proven for payment on ot before December 22nd, 1931, or this notice will be pleaded in bar of their recovery. All persons indebted to said estate will make immediate payment to the undersigned. This December 22nd, 1930.

R. T. LeGRAND, R. L. RYBURN Executors of the will of A. C. Mil ler, deceased. Ryburn & Hoey, Attys. 6t Dec 22

ADMINISTRATORS' NOTICE.

Having qualified as administrators of Irs. Vio Palmer (Mrs. Joe Palmer) all presons holding claims against said estate re hereby notified to present same propely proven to the undersigned on or beare the 19th day of December, 1931, or his notice will be pleaded in bar of any right to recover thereon. All persons indebted to said estate will please make immediate payment to the undersignd.

This the 18th day of December, 1930.

L. C. PALMER and COLEMAN BLANTON, Administrators of Mrs. Vic Palmer's Estate.

B. T. Falls, Attorney.

6t Dec 22c

EXECUTOR'S NOTICE.

Having this day qualified as executor of the estate of Rossie Grigg, deceased, late of Cleveland county, North Carolina, this to notify all persons having claim against the state of said deceased to pre (By M. R. Dunnagan.)

Raleigh, Jan. 5.—Only 1,430 ConRaleigh, Jan. 5.—Only 1,430 Con-

notice will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate payment
to the undersigned.

This the 15th day of December, 1930.
P. F. GRIGG, executor of the estate
of Rossie Grigg, deceased.
Seyton McSwain, Atty.

6t Dec 22c

EXECUTORS' NOTICE.

CERTIFICATE OF DISSOLUTION.

Alabama with Washington on the run.

33, Davidson 32, Wilkes 30, Rowan 29 and Gaston and Yadkin 28 each. Wake had 23 and Surry 21 completely disabled widows. Mecklen-burg had 95 and Iredeil 92 class "B" widows. Thirty-one counties had all the 79 negro servants, Granville with 8, Gaston with 6 and Harnett Union and Yadkin three each Dare has only one veteran on the pension rol and Tyrrell has only four class "B" widows.

33, Davidson 32, Wilkes 30, Rowan 70 All to Whom These Present May Come —Greeting: Whereas, It appears to my satisfaction burg had 95 and Iredeil 92 class "B" widows. Thirty-one counties had all the 79 negro servants, Granville with 8, Gaston with 6 and Harnett Union and Yadkin three each Dare has only one veteran on the pension rol and Tyrrell has only four class "B" widows.

33, Davidson 32, Wilkes 30, Rowan 70 All to Whom These Present May Come —Greeting: Whereas, It appears to my satisfaction burg duly authenticated record of the proceedings for the voluntary dissolution thereof by the unanimous consent of all the Lutz Power Line, Inc., a corporation of Cleveland, state of North Carolina (J. P. Lutz being the agent therein and in charge thereof, upon whom process may be served), has compiled with the requirements of chapter 22, Consolidated Statutes, entitled "Corporations." preliminary to the issuing of this Certificate on Dissolution:

Secretary of State

Earth Is Round

Picture Proves

Cleveland.—Man's first visual evidence of the earth's curvature and by virtue of a certain mortage deed executed by H. H. Denton and wife, Ada Denton, to Chas, A. Wortman and dated February 16, 1929, securing an indebtedness to the said Chas. A. Wortman, said mortage deeds, page 457 in the office of the register of deeds of Cleveland county, N. C., and said mortage deed being assigned to C. A. Brittain and default having been made in the payment of same, I will sell at public auction at noon

of same, I will sell at public suction at noon

January 17th, 1931.

on the premises the following described real estate, to wit:

Lot No. 2. Situated in the town of Casar adjoining the lands of Mrs. A. W. Propst and others. Beginning on an iron stake, Clyde Eaker's corner, now D. O. Melton corner, running S. 37 E. 10 poles and 14 links, to a stone in Propst line, thence N. 77 1-2 E. 5 poles and 20 links to an iron stake; thence N. 36 W. 14 poles and 5 links to an iron stake in Eaker's line (Now Melton line) thence S. 43 W. 89 feet to the beginning, containing 64-160 part of an acre more or less.

Terms of sale cash on day of sale. This December 19th, 1930.

C. A. BRITTAIN, Holder of Mortgage 4t Dec 223

HOSIERY HOSPITAL, Inc (Of Charlotte N C.)
Branch At
Mrs. Harmon's Hemstltching

Shop (Under Chocolate Shop)
Hosiery and Knitted Goods Neatly
Repaired.
All Hose Musi Be Laundered.

#### DR. S. F. PARKER - PHYSICIAN

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DR. R. C. HICKS DENTIST -Office Phone 421. Residence Isaac Shelby.

Phone 74.

T. W. Ebeltoft

Grocer and Book Seller

Phone - 82

**BILLIARDS** -Visit the Shelby Cigar and Billiard Parlor and BARBER SHOP For Clean Sports and Barber Work.

Corner South LaFavette and East Graham Sts. M. C. PUTNAM AND J. E. ELLIOTT

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Surveyor Farm Surveys, Sub-divis ions, Plats and General Engineering Practice.

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FAYETTEVILLE. FOR ASHEVILLE AND INTERMEDIATE

Leave SHELBY: -9:45 a. m.; 3:45 p. m.; 8:45 p. m. FOR CHARLOTTE AND INTERMEDIATE

LEAVE SHELBY:-7:50 a. m.; 10:50 a. m.; 12:50 p. m.; 4:50 p. m.; 9:50 p. m.

FOR WILMINGTON AND INTERMEDIATE LEAVE SHELBY:-10:50 a. m.;

FOR FAYETTEVILLE AND INTERMEDIATE POINTS: LEAVE SHELBY:-7:50 a. m.; 10:50 a. m.;

FOR FURTHER INFORMATION - I'HONE 450 QUEEN CITY COACH COMPANY