

Bost In Praise Gardner Stand

Opens Strong Fight For Tax Reduction And State Economy (Tom Bost in Greensboro News.)

Raleigh, Jan. 12.—Friendly Governor Max Gardner stood before the North Carolina general assembly Friday, picked the pockets of some 40 or 50 thousand friendly North Carolinians, knocked the heads off some of the biggest and friendliest commissions, and after an hour and 10 minutes of fighting left the ring with everybody groggy.

The heavyweight champion was himself pretty much horsed out combat at the close of the engagement. For courage, hammer and tongs, Graeco-Roman, and catch-as-catch-can style of wrestling with state problems the like has never been seen here. When he took the floor in a handsome suit that made Herbert Hoover appear an utter scrubby by comparison, the natives never looked upon a nobler human being.

The Gardner who spoke Friday is the friendly gentleman whom the state has had no occasion to know before. Always there has been a feeling that his excellency rarely went out of his way to get placed on a controverted issue; but Mr. Gardner until 1929 was a candidate for governor. Since then he has been it and if there was anything on which he did not plant those huge feet of his, nobody saw what it was. He took a position and when he got himself fixed one thought of him in the elder days when as tackle for State and Carolina he held the earth under him with all the power that the Lord put in him.

Rutherford Tax Valuations Drop

Listings in 1930 Practically \$1,000,000 Below Figures For 1929.

Rutherford, Jan. 12.—The total value of all property listed for taxation in Rutherford county in 1930 was \$34,663,301, as compared to \$35,690,819 in 1929. This is a reduction of practically one million dollars and there was no revaluation on real estate. While the amount of taxable property decreased the rate increased, due to bank failure last February.

Lattimore Wins Over Forest City 34 To 26

(Special to The Star.) Lattimore, Jan. 12.—Lattimore won over the strong Forest City team Friday night at Forest City 34 to 26 in an exciting game. Forest City started off as if they would win in a walk, but the Lattimore boys soon made their shots good after missing many in the first quarter.

Woman's Party Banner Unfurled



The gift of Mrs. Oliver H. P. Belmont, president of the National Women's Party, the Georgian mansion at 184 B St., Washington, was dedicated as headquarters for the party and will henceforth be the centre of feminist activity not only in this country, but for women throughout the world. A speech by Senator Watson, of Indiana, opened the dedication ceremonies.

Gardner Message Rated One Of State's Greatest; Urges Cut In Official Salaries, And Tax Cut

(CONTINUED FROM PAGE ONE) state; and many cities levied such substantial increases that he purpose of the general assembly to effect a reduction was largely nullified.

High Spots. Here are the high spots of Governor Gardner's message: "Our problem at this hour is not to spend 60 days in lamentations over the mistakes of the past or in over-boasting of the progress of the past. Our challenge is to lift, to conserve and to keep on solid ground."

"I recommend that this general assembly cut by ten per cent the salaries, wages and fees, or compensation of officers and employees who receive pay from public funds—this cut to apply to every salary from the governor down and to apply to every employee of the state or its political subdivisions. I recommend that this cut become effective on July 1, 1931—the beginning of our next fiscal year, and continue for a two year period only."

"I urge this general assembly to face the question of taxation fairly and fearlessly, divested of personal or sectional or class selfishness, and in the light of a reasonable interpretation of the facts to reconstruct our taxation scheme."

"I firmly believe that no additional bonds should be authorized for permanent improvements at this session."

"I say frankly that one of the most serious elements in the intricate maze of interlocking difficulties that this state is now grappling with and that we lump together under the head of 'economic depression' is the fact that its farmers are receiving for their 1929 crops of cotton and tobacco \$80,000,000 less than they received for their 1927 crops."

"Live-At-Home" Drive To Open

(CONTINUED FROM PAGE ONE) sumption during a period of twelve months. Charts and tables showing the production of the important food and feed crops in the counties were prepared by Mr. Sheffield and his associates and these are being present at the meetings and explain to those attending. The charts also graphically reveal shortages, in what crops more acreage is necessary and give in actual figures the amounts which farmers are forced to spend outside on foodstuffs and feeds and also the surpluses and their value in dollars and cents.

"I speak to you the sober truth when I declare my conviction that the greatest foes of North Carolina's well-being today will be found among those of us who fall to sense the conditions as they are and who fall to meet our responsibilities with courage."

"I recommend that the gasoline tax be increased to six cents per gallon, that the law authorizing refunds of gasoline tax be repealed, and that with the funds derived from two cents of this tax together with the \$500,000 annual appropriation from the highway fund for county roads... the state take over the full maintenance of the county road system."

"It is needless to remind you that while North Carolina has forged ahead in many fields it has not set the pace in the efficiency with which our government is operated."

"The financial plight of some counties today is evidence enough that additional restrictions are necessary upon their borrowing power."

"The state's endeavor through the county government advisory commission to assist counties in their problems has been met with hearty favor in all counties, but the volume of this assistance should be enlarged."

"After 35, Lean Live Longer Than the Fat"

—Health Statement Favors the Thin Dr. Copeland, Impressed by Recent Statistics, Discusses the Relative Health Advantages of Fatness and Leanness After the Thirty-Fifth Year

By ROYAL S. COPELAND, M. D. United States Senator from New York. Former Commissioner of Health, New York City.

DURING recent years we have heard a great deal about dieting and other methods to reduce weight. Unfortunately, however, too many persons have approached the subject only from the standpoint of beauty.

As a consequence, we have on one hand men and women who have sacrificed health in ill-advised efforts to achieve a fashionable figure. On the other hand, there are still more who have resigned themselves to being fat.

After more or less spasmodic attempts to change, they have decided that the result would not be worth the struggle necessary to attain it.

If appearance were the only consideration, perhaps this would be a sensible decision. But what are the facts? What are the relative advantages of fatness and leanness? Does health suffer when excess weight is acquired?

I am naturally interested in this health aspect of the question, but as a matter of fact, the question of beauty depends on it. Without the glow of health perfection of form amounts to very little.

An interesting statement has recently been issued by the Illinois State Department of Public Health. It begins by saying: "After the age of 35 the lean live longer than the fat."

It quotes certain figures compiled by the Metropolitan Life Insurance Company, showing the difference in death rates among the overweight and the underweight.

Where Five Died in Ohio Mine



Five men were killed in an explosion in the Midvale Coal Co. mine No. 4, at Midvale, O. This photo shows the crowd at the mouth of the mine awaiting word from the rescue crews.

To Live Wisely—THE Resolution for 1931

—Dr. Copeland's New Year's Message Face the Coming Year Determined to Profit by the Marvelous Advance of Health Science, Urges Dr. Copeland—Keep Well by Living Well.

By ROYAL S. COPELAND, M. D. United States Senator from New York. Former Commissioner of Health, New York City.

What does the New Year Day mean to you? Is it a day of regrets, or one of hopeful outlook? What is your attitude toward the coming year?

It is the ambition, the imagination, the foresight of man that makes him different from the lower animals. He can plan, and, having planned, can make his dream come true.

It is natural for one to translate life into terms of health. I do this because long experience has taught me that, in comparison, nothing else counts.

One of the comforting facts of today is that the horrid concoctions, medicines and local applications of the other days have been thrown into the rubbish heap. They have been discarded by all thinking persons. They did very well in the ignorant past, but in 1931 we are more enlightened.

Right living is known now to be more important than all the prescriptions that can be written. Disease and death are defeated by preserving the body, rather than by "curing" it, or repairing it.

His Car Struck Fallston Farmer And Killed Him

(CONTINUED FROM PAGE ONE) the two others about the whiskey. They got out and left me, walking towards Shelby. I carried the suit cases of whiskey out by the side of the road, hid them, left my car and started on to Shelby. I caught up with the others just as they were getting in town.

Did Not Know It. Lyles declared he did not know then, nor until the next day that he had struck or killed anyone. They came on to Shelby, he said, to his brother's home where he borrowed five dollars. A taxi was then hired to take them to Gastonia. The next night Lyles returned here to see, he said, what had happened to his car. It was then he learned that Mr. Dixon had been killed. "I then went to Columbia," he said, "and caught a train to Florida."

So troubled was he by thoughts of the fatal accident that he could not eat or sleep. Finally he stated that he told his landlady all about it and that he could stand it no longer and was coming back.

As he related his hard trip back, walking and hitch-hiking, his voice broke. "I just decided that I had to come back and get it off my mind," he said.

His story, that of a conscientious man, impressed the court spectators. Other witnesses for the state bore out the story, even to the foggy night.

Gets Sentence. After he was bound to high court under a bond of \$1,000 in connection with the death, Lyles was given the alternative of a three months road sentence or a fine of \$500 on the charge of transporting and possessing the nine gallons of whiskey.

D. A. TEDDER.

Points Out Need Of Industrial Bank

Polkville Women Clothe And Motherless Tots

Aged Citizen Of Kings Mt. Passes

Penny Column

Job Printing Of all kinds at lower prices than you have ever paid.

STERCHI'S SPECIAL SALE