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OPTOMETRIST
Office Days: Every Wednesday
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Eyes Scientifically Examined.
Glasses Fitted, Lenses Dupli-
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Civil Engineer And
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BAKING
POWDER
SAME PRICE
for ever
40 years
It's double acting
25 OUNCES FOR 25¢
MILLIONS OF POUNDS USED
BY OUR GOVERNMENT

SPECIAL LOW
Round Trip Fares
June 19, 1931
Shelby To
Washington \$13.00
*Baltimore \$14.00
xBaltimore \$15.00
Richmond \$ 9.75
Portsmouth \$10.75
Old Point \$10.75
Virginia Beach \$11.25
*Via Norfolk and Boat.
xVia All Rail.
Tickets limited June 24.
For information call on
Ticket Agent.
H. E. Pleasants,
D.P.A. Raleigh, N. C.
SEABOARD

BILIOUS
"I have used Black-Draught... and have not found anything that could take its place. I take Black-Draught for biliousness. When I get bilious, I have a nervous headache and a nervous, trembling feeling that unfit me for my work. After I take a few doses of Black-Draught, I get all right. When I begin to get bilious, I feel tired and run-down, and then the headache and trembling. But Black-Draught relieves all this."—E. C. Hendrix, Kernersville, Ga.
For indigestion, constipation, biliousness, take
Thedford's BLACK-DRAUGHT
Women who need a toilet should take Cassell's. Used over 50 years.

Some Facts About 'Jake' Paralysis

U. S. Public Health Service Issues a Warning Against Harmful Jamaica Ginger Substitutes

By R. S. COPELAND, M. D., U. S. Senator from New York, Former Commissioner of Health, New York City.

THE United States Public Health Service announces that cases of Jamaica Ginger paralysis are still present in this country. This is no laughing matter. This paralysis is indeed a serious condition and I want to warn all my readers to guard against its dangers.

Some time ago various vague ailments of a serious nature were traced to the use of Jamaica Ginger. At first it was believed to be due to impure ginger, but later it was attributed to a harmful substitute for ginger. Dr. Copeland

In the manufacture of certain brands of so-called Jamaica Ginger extracts, it has been found that certain substitutes were used. The resulting product is similar in composition to the chemicals used in the manufacture of varnishes, shellacs and like preparations. It is not astounding that the consumption of such a vile concoction would produce paralysis of the body. Official action has been taken to prevent this evil practice. Vendors of such "ginger" extracts are being prosecuted to the full extent of the law.

Unfortunately, irresponsible makers of so-called ginger extracts have flooded the market with the product. Though vigorous steps have been taken against a recurrence of this peril, there still remains a great danger to the public, because this substance is still on the market, hidden away in obscure drug establishments. Make sure you get real Jamaica Ginger extract, put up by reliable firms and sold by reputable druggists. This menace to the public welfare is now undergoing careful study by the United States Public Health Service. The watchful eye of this great Service is turned upon this evil. From time to time, official statements in reference to the matter will be issued by the United States Government.

Answers to Health Queries

A. B. C. Q.—What can be done for blind pimples?
1.—Does lemon juice harm the hair?

A.—Correct the diet and keep the system clear and you will not be troubled with pimples or other blemishes. For full particulars send a self-addressed, stamped envelope and repeat your question.

2.—No, although too much may have a drying effect upon the scalp.

F. E. R. Q.—What causes the legs and ankles to swell?

A.—This may be due to a heart or kidney condition. It would be wise to have an examination and urinalysis.

H. B. Q.—Could I contract tuberculosis by visiting a friend who has tuberculosis of the kidney?

A.—No.

MRS. M. M. Q.—What causes pains in the chest and back, making breathing very hard?

A.—This is probably due to indigestion. Correct your diet.

E. D. Q.—What causes dizziness?

3.—What do you advise for indigestion?
3.—What will relieve head noises?

A.—Dizziness may be due to a circulatory disturbance, to an eye or ear condition or to some intestinal disturbance. An examination will determine the exact cause and then definite treatment can be prescribed.

2.—Correct your diet and avoid constipation.

3.—Nasal catarrh is often responsible for this trouble and should be treated.

There are 3,792 plants in North Carolina which had an output amounting to \$5,000 or more each in the last census year.

EXECUTOR'S NOTICE.

Having this day qualified as executor under the last will and testament of D. J. McCall, late of Cleveland county, N. C., this is to notify all persons having claims against the said estate to present same to me properly proven on or before the 30th day of May, 1931, or this notice will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate payment. This the 30th day of May, 1931.

WILL S. FORTENBERRY, R-2, Kings Mountain, N. C., Executor of D. J. McCall. 8t May 1931

ADMINISTRATOR'S NOTICE.

Having this day qualified as administrator of the estate of J. C. Runyan, deceased, late of Cleveland county, North Carolina, this is to notify all persons having claims against the said estate to present same to me properly proven on or before the 30th day of May, 1931, or this notice will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate payment. This the 30th day of May, 1931.

B. H. RUNYANS and CRAIG RUNYANS, Administrators of the Estate of J. C. Runyan. 8t June 1931
Peyton McSwain, Atty.

ADMINISTRATOR'S NOTICE.

Having qualified as administrator of the estate of J. B. Rhyne, deceased, late of Cleveland county, North Carolina, this is to notify all persons having claims against the estate of said deceased to present same to me properly proven on or before the 30th day of May, 1931, or this notice will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate payment. This the 30th day of May, 1931.

Around Our TOWN Shelby SIDELIGHTS

By RENN DRUM.

The gang of fellows, who were "that no 'count bunch of boys" about Shelby 25 years ago, seems to have started something when they suggested holding a reunion of the gang here on fair week this fall.

References to the old scenes and the old days stirred fond memories in many breasts, and from east, north, west and south comes word that former Shelby and Cleveland county citizens will join in with the boys of other days and make it a real home-coming event. Dr. J. S. Dorton has already stepped up with an announcement of prizes for former citizens who return.

The big kick of the proposed home-coming week, however, will be the pleasures of once more visiting boyhood and girlhood scenes and mingling once again with friends of younger days.

From the early interest already shown, this colyum is lead to believe that Shelby streets will be packed on the first of October with scores of native sons and daughters, wandering here and there recalling when such and such a house stood on this spot and when so-and-so lived on that one. There'll be trips to the favorite swimming holes of other days, visits back to the old farm, and many yarns spun about events that are now just a delightful bit of history.

Former Shelbyites, now living elsewhere, may as well begin planning to come back then. It will be too much to miss seeing Shelby of yesterday and Shelby of today all drawn together again.

While the subject is up, this corner would assure the old "dirty dozen" group that Chapel's Bend is still Chapel's Bend. If a single one of the boys of other days, when they come back the last of September, can swim up through the rocks at the old Broad river swimming hole, the drinks will be on this corner.

Harry and Charlie Woodson, Buck Hardin and this colyum tried it last week. Not one in the group could make more than half the distance up the swift current of water where Shelby boys for 40 years tested out their swimming prowess.

And up on the steep hillside above, leading to the railroad track, are initials of bygone and forgotten love affairs. Here's a boy's initial carved in a heart with those of a girl. Dates ranging from 1900 on until two years ago can be seen there. What memories they will stir—memories of days when Susie was Bob's girl and Bob was Susie's fellow. (Substitute your own names).

"ARIZONA LIGHTNING" DIED GOING BACK.

Sad news, this! A letter from C. O. Greene, who gives us a swelled feeling by claiming to be a regular reader of this corner, informs that "Arizona Lightning," the horned toad sent the colyum some time ago by Ramblin' Bill, was found dead near the home of F. E. Greene, R. F. D. carrier, seven or eight miles from Shelby.

Apparently the horned toad tired overnight of Carolina climate and started back for the blistering sands of his Arizona desert. The toad was found on the Seaboard tracks but was not bruised and evidently had died a natural death because he could not become acclimated. (Mr. Green contends that the water and chicken hash this colyum tried to feed him killed the toad). Our idea is that he tried to get back home too quick and had heart failure while traveling along the Seaboard tracks west.

If Ramblin' Bill, or his offspring, will send another, we'll dig him a box of sand and slay files for him all summer.

Dances are not as large as they once were in Shelby, and, as Chic Sale says, we'll tell you why:

Those of the older set, as they grow older, find it hard to "make a night of it" any more, and these ultra modern youngsters never believe in starting to a dance until 11 o'clock or later.

And, there you are!

Shelby Shorts: "Wonder," wonders L. E. D., "how many times the beans have been picked up and turned over and sifted through hands in that seed counter in front of Suttle's drug store?" ... Have you ever noticed how people stand there and sift the beans as they watch the passing throngs? ... One of our scouts informs that Major Hopper sells more peanuts (parched goobers) than any merchant in town, and McSwain and Son sell more plug tobacco. ... Dr. Dorton is the plainest-talking man in town—when he's uptown. ... Shelby girls who "dassen't" wear pjajamas on the streets are buying them to wear at the beach and on their vacations this summer. ... Hundreds go up and down the steps to the second floor of the court house here each week and it's a two-to-one bet that no one can tell how many steps there are without going back to count them. ... A former Shelby girl is now with a circus in the state of Maine. ... Most people go to Reno to get divorced. Fel Babington, former Shelbyite, moved there several months ago and only recently got married. ... More overhead street signs swing over business places along the east side of South LaFayette street than upon any other street in town. ... A little group of Shelbyites gathers each morning at 6 o'clock at the mineral water spring in Cleveland Springs Estates and—guzzle water. ... A speedy bunch of college girls home for the summer to show the old town things and not a single Miss Shelby nomination in the contest. ... By the way, not a single candidate has been entered in the contest to determine who owes the largest grocery bill in town.

OH, DEAR! IT WAS NOTHING BUT A GOAT

What an ordeal it is, but it must be carried out.

For generation after generation in this county peopled by sturdy farm folk it has been a by-word that "when you see it in The Star, it is so." Occasionally, as is the way with mere mortals, even those who contribute their bit to getting out a newspaper, errors slip in. Last week such a thing happened. Remember the boxed story about the deer that galloped (do deers gallop, or just gracefully lope along?) through South Shelby last week? Well, (how mortified we are!) it wasn't a deer. No really it wasn't. It was nothing but a goat, a brown goat at that. The information comes from P. W. C., he who brought the goat to town, and he should know. For the stumblie, a thousand apologies. The Star's reputation for veracity must be upheld.

J. M. B., H. N. M., and W. C. H., passing it from one to another inform that the numerals of every year in which there has been a bad business depression will total 13.

Believe it or not, but here are the figures:

1	1	1	1
9	9	9	9
0	1	2	3
3	2	1	0
13	13	13	13

And for your consolation, if those hoodoo "13" figures do not lie, there'll not be another such year for 99 years, or in 2099.

DID YOU KNOW ALL THESE THINGS?

Mrs. Hoover calls her distinguished husband "Bert."

Supt. B. L. Smith, of the Shelby schools, will now be known as a "superintending-principal." That's the new title given all superintendents by the legislature.

President Zachary Taylor's blond wife smoked a pipe regularly. A century plant, supposed to bloom only once in a hundred years, will really bloom every seven or eight years in warm climate.

Page Solomon if that is not enough information for one day.

Nobody's Business

GEE McGEE

Almanac Stuff.

Do you feel bloated after eating and have shooting pains in the stomach, and become dizzy after gazing over a precipice? If so, you should take Dr. Killen's New Discovery for Pink People. For sale by all un-reliable druggists and book stores.

Do you have bad dreams after eating pork chops, and feel all run down when you have played bridge only 5 or 6 hours with unstinted continuity? Do you gulp your food and drink coffee? This condition for bodes epileptic fits, and possibly fallen arches. Dr. Chikem's Vegetable compound for Wild Women will put you straight. Sold by all reliable foot peddlers and bill collectors. Terms 10 cents down, balance at the cemetery.

How's your liver? You beich, don't you, after chewing Browns Mule, and eating pigs knuckles, and drinking home-brew? Don't you stare at flappers, talk in your sleep, doge your landlork and eat between meals? It will take only 2 bottles of Dr. Bull Shooters Sialcat to put you on your feet again. For sale everywhere it can be found. Price only \$1.20 for a 15 cent bottle, war and luxury taxes included.

Do you feel like you are choking to death after your meals? Are your digestive organs functioning? Do you see spots in front of your eyes? Do you see stars when you bump your head? Do you roll and tumble at night after dissipating because gas has accumulated within your abdomen? Do you want to get well and stay well? Then use 2 bottles of Dr. Swindler's Digesto according to directions, and good health is yours. Mrs. Spookdoodle couldn't eat but 8 biscuits before she took "Digesto," but now she eats all she wants. It helped her husband also. It is good for both man and beast, and even a legislator runs no risk when he uses it instead of wood alcohol. Send 2 dollars for a trial bottle.

Does your wife disagree with you? Do the girls shun you? Did you know that Hallie Tosis leads one to the grave? Does your head swim and your nose run and your heart flutter and your kidneys wiggle when you lean forward or backward or sideways? These are sure symptoms of galloping consumption, or acute anti-geometric incoepient-itis of the cere-menosty of the inter-seception of the perenial gland which supplies gastric juices to the lower intestines. Nothing within reach of mankind today will cure this maldy except Dr. Hittem Hard's Thornberry Juice with Sallie Patuca base. For sale at all bootleggers.

Now, just yesterday, Mrs. Brown came down town with a cotton string tied around her little finger to remind her that she should take a loaf of bread home with her. Up till very recently she used silk exclusively for this purpose.

Miss Iva Figger of the Plainview neighborhood told my cousin Willet Hurt that she uses cotton thread altogether now in basting her knickers preparatory to sewing them up with floss. (I do not know this to be a fact, as I never saw Iva step into a Ford.)

Then there's Reddy Jaxner of Legg-centre: she cut her finger a few days ago while helping her mother open a box of sardines for supper.

And furthermore, there's the bathing beauties. I am told that they stuff cotton in their ears when they dive ansforth. So, as I see it, prosperity has have in sight.

While Miss "Nono" Kidd was bending over looking at a silk dress in a show window I observed that she had darned her hose with Flappers Darning Cotton but as the rip had occurred considerably above he knees, the cotton feature did not show except on sight-seeing occasions. (I think nearly all of the younger set are trying to help the poor cotton farmer out as much as possible).

I have also understood (from an unmarried gentleman's source) that the draw-string the women use in keeping their armless BVDS on is made of twisted cotton cord. This is a very recent innovation, and takes the place of silk straps which formerly passed over the shoulders and then downward toward the hips.

Miss Shera Lyre of the Peekaboo community says that she sent her last wedding present through the mails tied with a cotton string instead of a silk ribbon. If all contributors to impending newly-weds would resort to cotton for tying the presents extracted from them, at least 2 bales of the fleecy staple would be consumed for that purpose in the course of 15 or 20 years. (Every little bit helps—as the old woman said when Brother Brown gave her a penny for the missionary society).

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Bed Bugs
Moths

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DELIVERIES FROM PLANT TO JOB
When in need of FACE OR COMMON BRICK write us, or phone 75m, Mt. Holly, N. C. With our fleet of trucks, we can make quick deliveries to jobs, saving freight and double handling, thereby putting brick to jobs in much better condition.
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only Sunday only Sunday only
8:30 am 8:30 am lv Monroe ar 8:25 pm 8:25 pm
9:15 am 9:15 am ar Charlotte lv 7:40 pm 7:40 pm
9:25 am 9:25 am lv Charlotte ar 7:20 pm 7:20 pm
10:31 am 10:31 am lv Lincolnton lv 6:10 pm 6:10 pm
11:15 am 11:15 am lv Shelby lv 5:25 pm 5:25 pm
11:53 am 12:15 pm ar Ellenboro lv 4:49 pm 4:49 pm
11:53 am 12:45 pm lv Ellenboro ar 4:49 pm 4:49 pm
12:30 pm 1:55 pm ar Rutherfordton lv 4:00 pm 4:10 pm
Effective Sunday, June 1st, 1931.
FOR INFORMATION SEE AGENT
H. E. PLEASANTS, D.P.A., RALEIGH, N. C.
SEABOARD

Here Is the Medicine That Brought Me Health and Happiness
Thousands of people are testifying daily as to the merits of HERB EXTRACT formerly called HERB JUICE in that it restored them to health after other medicines and treatments failed.
These cases consist of stomach and liver down condition. If you are troubled with disorders, indigestion, kidney trouble, biliousness, nervousness, bad complexion, coated tongue, severe headaches, back-aches, loss of sleep and appetite and run-down condition. If you are troubled with any of these conditions it will pay you well to get a bottle at once. Recommended and for sale by druggists everywhere.—Advertisement.

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AND LEADING DRUGGISTS EVERYWHERE

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There's no uncertainty when you telephone! No "ifs" or "buts." You talk directly to the person you want to reach and get an immediate answer.
Your telephone takes you to anyone, anywhere, at any time. To friends or stores in other cities—to the folks "back home" to children away at school or college.
Telephoning out of town costs little. To most places 25 miles away, the station-to-station day rate is about 25 cents; 40 miles away, 35 cents; 75 miles, 50 cents; 125 miles, 75 cents; 150 miles, 80 cents. Where the station-to-station day rate is more than 35 cents, the rates are even lower during the evening and night periods.
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(INCORPORATED)

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