Growing

and Blossom Under Rays of

Sun, Says Authority.

By R. S. COPELAND, M. D.,

Former Commissioner of Health

New York City.

Dr. Copeland

nourishment

light or its substitute, cod liver oil,

Sun Baths Indoors

ually increased until the baby has a coat of tan. Then for a half hour

more he may frolic in the sun

S. Senator from New York.

BUNDANT sunlight is of tre-

absence.

Sunlight is

It is a well

absolutely necessary for

Do You Want To Buy Or Sell? Thousands Read Star Want Ads.

What You Want In the WANT ADS

Rates For Want Advertisements In This Column. Minimum Charge For Any Want Ad 25c, This size 1 cent per word each insertion. This size type 2c per word each insertion. This size type 3c per word each insertion.

erat Electric Refrigerators and not Lackey, Butck garage. one has ever spent one cent for service. Robert C. Hord, Dealer, S. Washington St., Shelby.

Expert work, 24-hour service. Enlarging and tinting. Hollywood Studio, over Woolworth's. tf 20c

WATCH, CLOCK AND JEWELRY age, large or small. tf 16c

DON'T NEGLECT FEET 30 x 3 fitted correctly by shoe ex-"It Costs Less to Ride on U. perts at A. V. Wray & 6 Sons, S. Tires." SMITH'S GARAGE, tf-27c

WHEN YOU NEED A PLUMBER OPENING, ROOM 16, LINEplumbing and heating specialist. Telephone 569. tf 20c

IT COSTS BUT A FEW CENTS a day to protect your income when disabled from sickness or accident Write for full details. North American Accident Insurance Co., Box 12, Shelby, N. C.

FOR RENT: EIGHT ROOM house, steam heated, well located, good condition, formerly occupied by T. P. Eskridge on W. Marion St A. Blanton Grocery Co.

I REPAIR LAWN MOWERS AND repair shoes too, at Sellers Shoe Shop.

OBSERVE NATIONAL FOOT Comfort Week, June 13th-20th. Two shoe and foot specialist with us. A. V. Wray and 6 Sons.

NEW AND USED AUTO PARTS. "All parts for some cars, some parts for all cars." Automobile glass installed. Fink Iron and Metal Co., Trade Alley, Phone 580.

PAY \$1.00 OR MORE ON subscription to The Star and subscription to The Star and es at a liberal dis- spurlin was 39 years of age, and map of Cleveland county. It count from list. The married to zulia Eskridge. shows the various types of Star. Phone 11. tf14c roads, township lines, towns, large streams and consolidated schools. The map is just out. Get yours now.

CITY FOLKS: PEACHES, WHEN you city people want fine fruit, vegetables and so forth, call at Lathan's Roadside Orchard at Pat-3t 12p

MR. FARMER: This Produce Co. tf-12c

BRING YOUR LAWN MOWER Shoes and parasols to the Sellers Shoe Shop for repairs.

WANTED TO RENT: TWO rooms for light house keeping. Must be very reasonable. Address "H" care Cleveland Star. 3t 15p

FOR SALE TWO FRESH JERSEY

WANTED 25,000 TO JOIN THE Independent Burial association. Cost is one-half cent per day. For information see W. G. Spake, county agent, 206 Suttle street . tf-17c

WANTED 10 AGENTS TO WRITE membership in the Independent Burial association, Inc. See W. G. Spake, county agent. 206 Suttle St. 3-17c

WE WILL PAY this week for chickens: leghorn hens 12c; heavy hens 14c; friers 23c; roosters 7c. Cleveland Produce lar. Answers to name "Wanna." Re-Co. Shelby, Phone ward if returned to R. V. Toms, City 694. 2t-15c

FOR RENT: TWO LARGE FURrooms. Newly papered. Mrs. Gene

TWO ROOMS FOR RENT in kitchen. Bath on same floor, Mrs.

D. A. Beam Co. 6t17c 11.

NEARLY TWO HUNDRED FOR SALE AT A BARGAINusers in Cleveland county of Gen- 1930 Chevrolet coach. J. Lawrence

YOU'LL NEVER FIND tf 25c better Tire Prices than these, no mater how hard you try. WE DEVELOP KODAK FILMS. Typical of the bargains we result of the United States supreme offer:

29 x 4.40 — 21 ____ \$3.98 30 x 4.50 — 21 _____ \$4.69 28 x 4.75 — 19 _____ \$5.46 30 x 5.00 - 20 ____ \$5.81 070 for Cleveland county pensioners. \$3.48 these hot summer days. Be 30 x 3 1-2 - 0. S. ___ \$3.68

Fallston, N. C.

tonia Conservatory of Music a visit to relatives in Gastonia. -enrollment a n d lessons Thursday, May 21, and every A specially built train of 50 cars Thursday. Music under the and bearing 149 new Buick automofessor William Goldman Branch Studios at Cherryville, or diplomas with each course.

tions and announcements. Copperplate Engraving, Reliefgraf (raised letter) Joe E. Blanton's plantation two and printing. Samples road died Tuesday evening at 7:15 upon request. All pric- o'clock following an illness of near-

AN ECONOMICAL BUY-1930 model Ford 4-door sedan. See J. awrence Lackey, Buick garage.

FREE, NEW HIGHWAY map of Cleveland county showing the 793 miles of roads to be taken over by the state week we have a spe- under the new road bill. You cial price on peas and can get one of these maps by cane seed. Cleveland paying \$1 or more on your subscription to The Star. tfp

> MR. FARMER, GET your peas and cane seed from Cleveland Produce Co. Prices right. Phone 694. tf10

AUGTION SALE PERSONAL property. All the household goods, milk cows. J. Coren Campbell, near and personal property of the late J. 3-17p C. Runyans will be sold at auction at 2 o'clock p. m., Saturday, June WANTED- TYPING , SHORT- 20th, at the home of the late J. C. hand lessons, Inquire at Star. It 17p Runyans in South Shelby, B. H. and Craig Runyans, Administrators.

> BUICK AT A SACRIFICE-4door sedan; in good mechanical condition. J. Lawrence Lackey, Buick garage.

> PLUMBING AND Repairs. W. T. Randall, Phone 329. 8t-12

> CHOICE OF TWO BUICK cars at a big saving-Sport coupe or coach. Excellent condition; excellent values. J. Lawrence Lackey,

LOST: FEMALE YELLOW COL-LIE dog, wearing small leather col-

BEAUTIFUL WED. nished or unfurnished, connected DING Announce trisc ments and Invitations. The famous Recheap, to couple without children. liefgraf at a liberal Furnish or unfurnished. Sink discount from list W. C. Lutz, phone 258-J, 606 N. La- prices. Looks like copper plate engraving, DON'T BUY HAY-butconsiderably Sow peas, soy beans, cheaper. We keep secane. We sell these crets of weddings to and other field seeds. be. The Star. Phone

Just Ten Years Ago A Peep Or Two Back In 1921

(Items Taken From The Cleveland Star of 1921.)

From Issue of The Star, June 17,

Refund of more than a quarter of a million dollars representing taxes Sunlight and collected from automobile dealers in North Carolina is staring State Treasurer Lacy in the face as the court decision invalidating section 72 of the machinery act.

Clerk of the Court Geo. P. Webb repairing. L. O. Davis, next door to 29 x 4.75 — 20 _____ \$5.54 for Confederate veteran and their 29 x 5.00 — 19 _____ \$5.74 widows, the total amounting to \$6,-

The many friends in Cleveland of "It Costs Less to Ride on U. Mr. Frank Wilson will be inserested to learn of his marriage Wednesday evening at 7 o'clock at the home of Mr. Wilson's pastor, Rev. W. G. Camp near Bethlehem church. The or steam fitter, call the Modern BERGER building, of Gas- Lakeland, Florida, who has been on

> A specially built train of 50 cars personal supervision of Pro- biles passed through Shelby yesterday on the way to Charlotte.

> Plumbers are at work every day Lawndale, Lincolnton and on the rest room which will be pro-Shelby. Private or class les- vided for ladies in the court house sons on any musical instru- in the two rooms formerly occupied ment for beginners or ad- by Supt. J. Y. Irvin as offices. It is vanced students. Certificates expected that the rooms will be finished by the middle of next week.

Mr. Ed P. Hord of the Elizabeth known as rickets. This disease is characterized by poor development of the bones of the body, by flabby muscles of the body and marked under nourishment. THREE GRADES arrive from overseas about June 15. Sergeant Hord was killed in battle of Wedding Invita- while in action Nov. 9, 1918 overseas and when his body arrives home, it will be buried with honors at Elizabeth Baptist church.

Mr. Ira Spurlin who lives on Mr,



Quality Furniture On Easy Terms. Phone 592. Shelby, N. C.

Pays To Advertise

Ella Mill Village Personal Mention

Earl. June 16 .- The singing convention will be held at the New Hope Baptist church Sunday afternoon, June 21, beginning at two o'clock. The out-of-town singers invited are as follows: The Spence quartet of Spindale, the McSwain quartet of Spartanburg, the Grover quartet and the Humphries quartet of Gaffney, also other singers. Mr. Wade Humphries of Gaffney will be in charge.

Mr. and Mrs. Odell Sepaugh spent part of last week visiting relatives in Fairmont, Mt. Tabor and Autry-

Mr. Hubert Beachum of Charlotte was the guest Saturday of his parents Mr. and Mrs. John Beachum. Like a Flower, Children Thrive Mr. Wade Austell, of Charlotte. spent the week-end as guest of his

brother, Mr. B. Austell. Mr. and Mrs. P. F. Nichols spent the week-end in Spartanburg visiting relatives.

The many friends of Dr. J. P. Aydolette will be glad to know that he has returned home from a Charmendous importance in the lotte hospital where he has been development of an infant. Like a flower, the child thrives and undergoing treatments for diabetes. His condition is improved. Mr. and blossoms in its presence and Mrs. Walter Nance and Miss Jessie Williams accompanied him home. withers in its Mr. and Mrs. P. R. Camp spent

Sunday in Shelby as guests of their son, Mr. Marion Camp. the proper growth of a baby. Though food may be plentiful, without sunlight the home of Mrs. P. C. Lavender.

Mrs. C. W. Ellis and son, Ted, of Charlotte, spent the week-end at the home of Mrs. P. C. Lavender.

Mr. and Mrs. Robert Neal of Clindrate Sunday of the latter's mother, Mrs. T. Mrs. C. W. Ellis and son, Ted, of M. Moss.

body cannot properly utilize the food. Mr. and Mrs. E. H. Sepaugh, Mrs. Odell Sepaugh, and Mr. Columbus Sepaugh made a business trip to Kings Mountain Friday afternoon. Mrs. J. E. Haas and children Thad and Mary, of Ninety Six, S. C. were dinner guests Sunday of Mr.

and Mrs. H. P. Hass. Mr. and Mrs. Raymond Jones of Lattimore were week-end guests of Mr. and Mrs. Paul Hulsey. Mr. and Mrs. E. A. Jones, of At-

Tears before the actual value of sunlight was understood, it was customary to feed cod liver oil to all children. Today, with our knowledge of the ultra-violet ray and the place of the vitamins, very little cod liver oil is necessary. lanta, Ga., are visiting relatives in the village this week. Mr. and Mrs. Purvis Runyan and family of Charlotte spent the week-

Sun Baths Indoors

It is important to remember that sunlight is only beneficial when the rays actually reach the skin. Window glass and clothing keep out the beneficial rays. When tanning of the skin occurs, one can be assured that the beneficial rays of the sun have reached the body.

Sun baths may be given to an infant as early as the third or fourth week. The child should not be exposed too suddenly.

The first treatment may be for three minutes to the front of the body and three minutes to the back. The length of exposure may be gradually increased until the baby has end with his mother, Mrs. J. M. Runyan. Messrs, Jessie and Charles Ellis, Hazel Jones, Carl Beachum, Fred Nichols and Travis Wall motored to

Charlotte Sunday. Mrs. Sarah McSwain is spending this week in Shelby with her daughter, Mrs. Will Griffin.

Mr. and Mrs. Will Porter and family of Belwood were the guests of North Carolina classified as ur- being classified as rural. Sunday afternoon of Mr. and Mrs. ban and rural, and by sex, color, Tom Moss.

rish for her a quick recovery. or not the sunlight is injurious to the eyes. As long as the rays do not strike the eyes directly there is no injury. When the child is very young, as in the first month of life it is well to keep the face turned away from the sun while giving a sun bath.

ers in the village Sunday. spent Monday in Gaffney visiting The urban population of North farm population, taken alone, in-

sun bath.

Also, please remember that a sun bath may be given indoors. The child is placed in a crib near the open window. The crib is so placed that the sun rays fall upon the child. um of Charlotte are spending this population formed 25.5 per cent of 194,402, or 34.2 per cent. and Mrs. John Beachum

Ohio Death Chair to Get Its First Woman Victim

For the First Time in State History, Ohio Justice Imposed the Supreme Penalty on a Woman When It Sentenced Mrs. Maude Lowther.



When Mrs. Maude Lowther, 23-year-old West Virginis mountain girl of Indian ancestry, met and fell in love with Trilby Smith, trucking contractor, of Ashtabula, Ohio, one of these triangles was formed that nearly always have the same inevitable end. For Smith, already married and dissatisfied with his wife, planted seeds of murder in the heart of his new love, which had a climax in the shooting to death of Mrs. Clara Smith, his wife, by the half-savage mountain girl. Now Smith is awaiting execution and Mrs. Lowther has been sentenced to death in the electric chair, the first woman on whom the State of Ohio death in the electric chair, the first woman on whom the State of Ohie has ever imposed the supreme penalty.

Datailed Population Figures Given North Carolina; Shown 55 Per Cent Males Gainfully Work

Seventeen Percent of Women Gainfully Employed. Largest Number Employed In Mills.

age, marital condition, illiteracy, Mrs. J. M. Runyan is indisposed etc., have been issued by the bureau Carolina in 1930 was 2,360,429, com- ing to the bureau of the census, at this writing her many friends of the census in a bulletin (Popula- prising 1,579,220 persons living on Washington, D. C. Mr. and Mrs. Geo. Randall and position and Characteristics of the farms, representing as a whole an family of Rock Hill, S. C. were call- Population." This is a pamphlet of increase of 291,676, or 14.1 percent, 74 pages, 9 by 11 1-2 inches, con- as compared with the rural popula Mesdames R. L. and Frank House sisting mainly of statistical tables. tion in 1929 (2,068,753). The rural-

at the home of Mr. and Mrs. Arthur Carolina in 1930 was 809,847, rep- creased 97,274, or 6.5 percent, beresenting an increase of 319,477, or tween 1920 and 1930, while the ru-Little Frances and Charles Beach- 65.2 percent, since 1920. The urban ral-non-farm population increased

1920. Urban population, as defined by the census bureau, is in general that residing in cities and other in- color, sex, age, etc., and an extencorporated places having 2,500 in- sive presentation of statistics for the Statistics for the 1930 population habitants or more, the remainder rural-farm population and the ru-

Rural Population.

and practically all of the white population are native, there being only three-tenths of one per cen foreign born. Likewise, of the na tive white population, nearly all ar of native parentage, there being only six-tenths of one per cent o foreign or mixed parentage. Person born in England formed 13.7 pe cent of the 8,788 persons compris ing the foreign-born white popula tion of North Carolina. More than one-half of the foreign-born white population have been naturalized.

Increase of 24 Per Cent, The population of North Caroline as a whole increased 611,153, or 231 per cent, between 1920 and 1930, and of this increase 70.4 per cent wen in the age groups under 35 years The number of children under | year of age showed an increase of 3.8 per cent, while the entire group under 5 years increased 9.0 per

The proportion of the population 7 to 13 years of age attending school increased from 87.0 per cent in 1921 to 93.0 per cent in 1930, and of those 14 and 15 years of age, the proportion increased from 77.4 per cent in 1920 to 79.1 per cent in 1930. The percentage of illiteracy in the population 10 years of age and over decreased from 13.1 to 10.0.

Half Males Employed. There were 1,141,129 gainful workers in the state in, 1930, of whom 867,807 were males, representing 55.1 per cent of the male population, and 273,322 were females, representing 17.1 per cent of the female population. Including both farm owners and farm laborers, agriculture employed 499,923, or more than one-third of all the gainful workers of the state. Of the 227.561 farm laborers, 133,637, or 58.7 per cent, were unpaid family workers. The various manufacturing and mechanical industries employed 286,245 persons, the largest numbers being in cotton mills, in the building industry, and in cigar and tobacco factories. There were 53,968 persons engaged in transportation, 99,193 in trade, including banking and insurance; 13,483 in public service (not elsewhere classified); 55,-702 in professional service; and 101,436 in domestic and personal

In the bulletin which has just been issued there are a number of features not contained in the 1920 census reports, including a presentation of the number of gainful workers in each of about 30 industry groups, by counties; detailed age data for counties; a classification of the population of each town by ral-non-farm population.

A copy of this bulletin for North The rural population of North Carolina may be obtained by writ-

State Shapes Plans For Sale Of Bonds

Raleigh, June 15 .- Plans are now being shaped for issuance of a part of the second \$2,000,000 in bonds for loans to World war veterans auweek with their grandparents, Mr. the total population (3,170,276), as Of the entire population of North bly and approved by the voters of compared with 19.2 per cent in Carolina, 70.5 per cent are white, the state in the 1930 election

TOOTS AND CASPER-

"Keeping" A Secret.



A Lack Of Appreciation.

