Old Theory That Beauty and Brains Are Never Found Together Has Been Exploded

By MARIAN MAYS MARTIN

BEAUTY and brains are practically an unbeatable combination. The woman endowed with both belongs in the goodman-cannot-be-kept-down class. The old theory was that the two were seldom found together. One must admit, however, that in this day and age there are any number of women who are eligible to qualify under both standards. WHEN women rise above this.

A MONG the successful business women today, and among successful writers, and certain actresses are many beauties who have arrived not solely because of their good looks. In fact, as the world is now geared, beauty without brains will not get you very far. The world is too full of beautiful but dumb Doras to have any but the most exceptional make any particular dent in ones consciousness. Good looking girls are all over the place. The average bathing beach today can produce as many beauties as an Earl Carroll or a Ziegfeld and those who have brains plus pulchritude are on their way-not always to many millions, but perhaps to make them.

BEAUTY is just as much an asset in business as it is anywhere else. Good looking people whether men or women, are apt to "get the breaks." The person who does not prefer to be surrounded by good looking people to homely ones has something radically wrong with him, and that something is-jealousy.

"CATTY" women are never catthat they do not for some reason fear, or feel inferior to. The brainy woman does not demean herself by being catty-which is invariably a sign of weakness-but rather puts on her armor and sharpens her wits to best her adversary. Men have their personal anticipathies, their jealousies, petty and otherwise, and their strong personal dislikes, to say nothing of hates, but they are wise enough to refrain from indulging in petty bickerings in spiteful retorts or opinions. Other men immediately understand what lies behind such remarks.

ONE often hears the charge made against women as a class that they are pretty or that they have no sense. It must be admitted that there is plenty of ground for such a charge, but freed of their intense injustice to each other, women are capable of really straight thinking and of some splendid achievements. It is the exceptional woman who will ever give another woman anything like a fair deal. The well-worn formula beginning with "you see, wife does not understand me-" would never have had such an amazing record of success had women the slightest wish to be fair to each other.

PRAINS do not seem to help a woman even a little but when confronted with a situation such as this statement implies. This is not because they are incapable of using brains but because they absolutely refuse to do so. It seems to be possible to be equipped with a perfectly good brain and to refuse to use it. What other explanation can there be to many of the situations in which clever women find themselves. One is constantly being astounded at the ease with which men dupe women who are extremely clever in business or in a profession and who are beautiful besides. The explanation is usually to be found in one of two things-either the lady has been flattered into insensibility or she has plunged ahead because of a determination to "put it over" another woman-maybe for no more rational reason than just "because."

MODES AND MANNERS

By MARTHA MAXWELL

QUESTION: Why do people bend the corner of their visiting cards when they leave them at a friend's house to indicate they have called? K. U.

ANSWER: This practice, which is not as familiar as it used to be, signifies various things. For one, it may indicate that all the women of that one family made the call. Other people bend their cards to show that they have called in person and that the card was not sent through the mail. Others have been knowr to do it out of force of habit.

QUESTION: If you are given a card which invites you to make use of a private club's dining room. does that mean you may eat there without any expense, becoming a guest of the club for the time be-

ANSWER: I think not. Members and guests of clubs are expected to pay for all service, The card probably accords you entrance into the club, which you say is a private one and, therefore, open only to members

one of their basic traits, they

show themselves invincible either

in their social or business career

there is no limit to the heights

they may attain. No woman was

ever so beautiful that sne found

brains a burden. The famous

beauties of history were not of the

By JANET WILSON

Tomorrow's Menu

Luncheon

Split Pea Soup

Cream Cheese and Olives

Sandwiches

Stewed Fruit with Custard Sauce

Dinner

Kidney Bean Casserole

Cauliflower with Cheese Sauce

Sliced Peaches

Date Crumbles

Children's Dishes

IN most households the feeding

problem. They must be fed not

only to nourish their rapidly

growing bodies but also to take

care of the wear and tear of their

do double duty as far as possible

by providing calories and vitamins

So it is well to make every dish

For instance, instead of feed-

ing a child clear soup, make it a

Work as many cereals into the

thick nourishing black bean soup.

menu as possible. A sprinkling of puffed, crackled or flaked cereal

over the bowl of soup makes an

attractive garnish. A glass of

orange juice may have dissolved

Kidney Bean Casserole: One

No. 1 can kidney beans, three cups

canned tomatoes or tomato puree,

three-quarters cup uncooked rice,

one pound ground steak or pork,

salt and pepper. Parboil the rice

in salted water for ten minutes.

Drain and rinse well in cold

water. Then put into a deep, oiled casserole a layer of rice.

dotted with butter, a layer of to-

matoes, a layer of beans, a layer

of meat and so on, finishing with

a layer of meat on top. Cover

crumbs and bake in moderate

Date Crumbles: One cup but-

ter, one cup sugar, one cup flour,

two and one-half cups rolled oats,

one teaspoon soda, one teaspoon

salt. Cream butter and sugar and

then add the other ingredients

When the mixture is crumbly.

press half of it into a snallow

baking pan and spread with the

following: one pound pitted

dates chopped, one cup milk, two-

thirds cup sugar, two tablespoons

butter. Cook until smooth, spread

over mixture in pan and cover

with remaining half of crumbles.

Bake in moderate oven 30 min-

ture for older children.

utes. Nuts may be used in mix-

Cheese Sauce: one and one-

half tablespoons butter, one and

one-half tablespoons flour, one-

half teaspoon salt, few grains

pepper, one-half cup evaporated

milk, one-half cup water, one-

third cup grated cheese. Melt fat

in top part of double boiler; add

flour and seasoning and mix

thoroughly. Add the evaporated

milk diluted with water and stir

constantly until smooth and

thick. Add grated cheese. Place

over hot water and continue cook-

Creamed Vegetables: Use two

sauce use the water in

Variety may be obtained

cups of vegetables to one cup of

white sauce. In making the

which the vegetables have been

cooked, rather than plain water.

Pour the white sauce over the

vegetables and mix gently with a

fork so as to preserve the dices,

squares, strips or slices of vege-

by adding grated cheese, diced

pimento, shredded green pepper.

chips of broiled bacon, or celery

salt to the white sauce.

ing for ten minutes.

oven for about one hour.

with bread or cracker

lentil soup or split pea soup.

very energetic tireless play.

the same time.

green vegetables.

of children is part of the meal

beautiful but dumb variety.

and if they have beauty to boot

SECOND EMPIRE INFLUENCES THE COSTUMES AT FETE DE L'ELEGANCE



Paul Poiret contributed the costumes and Rose Valois the hats for these two mannequins at the fete. The taffeta jacket at left and the costume at right with parasol are particularly Second Empire. The capeline at left is also interesting.

Speaking of Style

By IRENE VAIL

THE white satin evening dress has been the best eller of the month-and of every month this summer for that matter. Beige appeared, but was really an also ran. Then came a sort of nudist movement when women decided to match their satins to their sunburn and this of course brought in pinkish beige, and flesh of every tint flesh is heir to.

in it the unbeaten white of egg. milk may be enriched by the ad-Those who went in for these dition of eggs and malted cocoa. subtly tinted satins had them Don't forget the daily quota of made on form revealing lines. To vegetables and fruits as well as this end many diagonal and bias eggs, cereals, milk and some meat. treatments were introduced. Dresses began discarding their For the underweight child serve vegetables with plenty of butter belts and developing princess prinor a cream sauce. An egg beaten ciples. Street dresses are belted into a cream sauce for vegetables but those worn for evening are deor a little grated cheese will add fining the figure and are becoming a higher calory value for the independent of belts.

Among the newer colors to fol-low in the wake of these pearl and chalk white satins may b mntioned several yellow and a number of pink tones.

Velvet is sure to be much worn this winter. There are many twopiece velvet suits offered for early fall in opposition to the many satin ones being shown. This rivalry persists for evening, satin and velvet both being highly fav-

ored for dinner and dance frocks. Naturally velvet and satin are also often combined. A velvet girdle and shoulder straps, both twisted, is one way of effecting this alliance. The Paris openings gave further impetus to the rope-like girdle or the rope or twisted shoulder strap or neck finish.

There are no points of difference between formal pajamas and formal dresses excepting the slash which makes a divided skirt of the former. Formal pajamas are made of the same fabrics as are used for formal dresses, laces, velvets, satins, chiffons and even metal clothes being used indiscrimin-

Buttons have returned and are not confined to street or even daytime clothes. Evening buttons are scintillating affairs and used almost entirely as a decoration. One has several choices, including crystal and rhinestone.

It is impossible to go very far into the discussion of fall fashions without commenting on the importance of fur as a trimming. Last season brought us ever so many fur bordered sleeves, these usually occurring on models that were otherwise untrimmed. This season finds fur bordered skirts. fur bordered peplums and fur edge necklines as well as many more unusual placements of fur. As an example, a regal black velvet evening gown with deep back V neckline has bands of ermine widening from the narrow shoulder to the waist where the fur ended in a

sort of tab. Bows of fur are another interesting trimming. One may also have a fur belt.

Guide to Charm

Diet Is the Most Important Factor in the Care Of the Hair

By JACQUELINE HUNT

DIET is probably the most important factor in the care of the skin. No matter how regular your features are, you cannot be beautiful unless your skin is firm and healthy. Beauty depends on health, and a healthy body, in turn, depends primarily on the proper food and the proper elimination of the waste matter.

serious answer that follows.

ingly to her pride and joy.

his mind about mothers.

you that he is. And I'm inclined

to agree with her because I think

he is trying hard to express him-self and that he does so to the best of his ability.

old. And so his vocabulary consists mostly of sounds. But he has

mastered quite 1 variety. He can utter a few consonant sounds, some

vowel sounds and occasionally he

twangs something nasal that sounds like "ing."

sounds even in an infant's cry. At

any rate it cannot be denied that

gry, cold or ailing and in pain.

derstood long before baby has

mastered "bye-bye" or some other

this point onward not to confuse the youngster. For instance she doesn't say, "hello" for "bye-bye"

or "hot" when she means "cold."

Some adults do this deliberately.

They think it very amusing to see

But his own mother tries to

associate certain sounds in his

mind with certain definite actions

or things. When she puts on his

hat and coat she repeats "Bye-

bye; baby's going bye-bye." When

she feeds him, she says distinctly,

"Open mouth." or "swallow" when he is inclined to play with his

food. Thus by the time baby be-

gins to imitate sounds and words

he is already equipped with some

Language is a matter of train-

ing and it is never too early to

She is particularly careful from

wo syllable word.

a little one bewildered.

There are recognizable speech

This baby is about eight months

No beautician can recommend a set diet for you. If any abnormal condition manifests itself through your skin or general health, you must consult a doctor. He alone can tell you if some organic disorder is responsible or if the trouble comes through your diet. Do not try to reduce or gain weight without consulting your physician first. Then, if he says your general health is good, you can ex-periment with your food, cutting out or adding calories as they are

You must remember that there are basic foods that are essential for carrying on the body func-tions and cannot be left from the diet without injury to your health, whether you are underweight or overweight. Among these basic foods, well-known diet specialists include a quart of milk daily to supply the proper proportion of calcium and vitamines to the body. Use skim milk if you are inclined to be overweight, or add cream to it if you are thin,

Two salads each day, preferably raw greens, and other leafy vegetables such as swiss chard, spinach, kale, beet tops and cabbage. are included among the basic foods. Eat little bread or cake and meat in proportion to the ex-

ercise you get.
Two glasses of fruit juice or its equivalent in fresh juicy fruits will help "regulate" the system. Raw vegetables — carrots especially — eaten occasionally will clear up the complexion and help overcome faulty elimination. Drink a minimum of ten glasses of water each

Dear Miss Hunt: I have numerous problems which are worrying me and I hope you can help me overcome them. Since vacation started I have gained eight pounds (I weigh 123 pounds.) I am five feet two inches tall, so I am nine or ten pounds overweight. It is increasing and I would appreciate some exercises to help me reduce my thighs and hips. Can you also give me some exercises for constipation?

Miss M. F.

Perhaps you've become a little bit lazy since school is out! Since you are only a few pounds overweight, I suggest that you get out and take a brish hike every day. If you live near the beach, you might also go swimming once or twice a week. These forms of exercise are more fun than going through a lot of motions. Twisting and bending exercises and attention to your diet will correct the

TO KEEP ICE FROM

MELTING If for any reason you feel that your ice is melting too rapidly, you can protect it by covering with a home-made insulating pad. Get a piece of heavy felting about an inch thick. Place this between two sheets of galvanized wover, wire. Before placing on the ice, be sure that the pad is smaller than the ice chamber so that it will not interfere with the circulation of Also run cold water over it before you bring it in contact with the ice. Care should be taken to wash the pad to prevent it from getting slimy.

begin. It is unfair to the child to encourage baby-talk until he is ready for school and then expect him to outgrow it overnight. By Clark Watson

knowledge of language.

When baby is about a year old it is very easy for him to acquire the habit of crying for things. He drops his toys or reaches for some object beyond his reach and mother promptly comes to his rescue. It doesn't occur to her that she is teaching him sloppy habits. All she is concerned about at the moment is to satisfy him so he will stop crying. But if mother says, 'No, no," firmly before picking up the desired object and repeats "say mama," while she hands him the toy, he will be silenced into attentiveness. And it won't be long before he catches on that saying "Mama" and not cries are for him the means to

HOW TO REMOVE INK STAINS

Accidents will happen, particularly if there is an open inkwell on a desk and children playing around. The best way to remove ink stains that have become deeply imbedded in furniture is with a mixture of oxalic acid and water. The water must be fairly warm and about a half of teaspoon of the acid to a small basin of water will be sufficient. Do not rub, but merely apply with a brush as many times as seems to be necessary, taking care each time to let the mixture dry thoroughly before applying another After the last application has dried, go over the stain with warm water in which a little soap has been dissolved. After this has dried, if there are any rough spots, they may be smoothed off with sandpaper.

BLACK, WHITE FOR RIDING HABIT



Copyright, 1931, by Fairchild. A snowflake tweed in olack with white nubs is sponsored for the fitted and flared jacket of the fall riding habit. Gray cavalry twill breeches are sponsored with it.

Home Making By ALINE STERN

baby's cry during early infancy takes the place of language. His mother can pretty soon clearly tell by his cry whether he is hun-Lemon juice if bottled and sealed will keep for a long time if placed Children understand certain in a cool dark cupboard. When lemons are cheap, it pays to buy them in the bulk. The juice should sound (and sounds from words) long before they are organically be squeezed out and the same developed to speak them themamount of sugar added. Then selves. The thoughtful, helpful after it is bottled, it may be kept mother recognizes this ability and on hand ready for use. The mixlearns to make herself clearly unture may be used for lemonade,

> In hanging clothes on the line. the job of getting them ready for ironing will be lessened if all garments of the same kind are hung together. Sheets, slips, napkins and the rest of the flat pieces should be hung smoothly and folded in place as they are taken dry from the line. Although some housewives consider it lazy, it really is not necessary to iron sheets or towels.

> lemon pie, or any other beverage or dessert in which this flavor is

A new kind of ink now being marketed is doing away with the necessity of using a blotter. About three seconds after a letter has been written with this in it is all dry. It is also effective in keeping the fountain pen or the inkwell from becoming corroded with dried ink, as its chemical constituency prevents this from

Clear soup should never be boiled as this makes it thick and induces accumulation of skim. Let it simmer gently and the result will be much more appetizing and sat-

Party Hints

By LEATRICE GREGORY

CORTUNE TELLING is enjoyable at a shower party. There cards, the lines of the palm, tea

leaves or by fortune telling stunts. This one requires three small cups or saucers. Place them on the table. Fill one half full of water, another with milk, and the third with vinegar. Blindfold the girls one after the other, and lead each one up to the cups and tell her to dip a finger in the con-tents of the first one touched. It it contains milk, a happy married life is in store; if it is vinegar, her mate will have a sour disposition: if it contains water, she may ex-

pect a life of single blessedness. For the next stunt, ask one of the girls to act as seeress. She is dressed in mask and long white robe and told to stand in the center of a circle formed by the others. They join hands and dance around her until the mysterious lady cries, "Stop." Have a clever girl, who has been selected in advance, interrogate the "soothasking questions that might apply to someone in the circle. The soothsayer answers the question, steps forward and points some girl in the circle. questions are asked until almost everyone has had an answer.

THE PINGOS

WHAT'S THE MATTER WITH YOU BLUE EYES? ly was very anxious to meet the new

I SAID ... WHAT 15 THE MATTER WITH YOU CURLY PAIR 2 For hours and hours he sat around ...







Shensuddenly Winnie Interrubted his day-dreaming extreme annoyance!!!