

Upper Cleveland News Of Interest

Birthday Dinner for Mrs. Whisnant, Farmers Get Ready To Sow Wheat.

Caspar R-1, Oct. 29.—Rev. C. E. Ridge filled his regular appointment at Mt. Moriah church Sunday at 2:30 o'clock. He preached a very inspiring sermon. This was his last appointment before conference.

The children, relatives and friends of Mrs. A. A. Whisnant gathered at her home last Sunday and gave a big dinner in honor of Mrs. Whisnant's 71st birthday. A large crowd was present.

Miss Midge Gantt spent Saturday night with Misses Maude and Lucile Self.

Mr. and Mrs. Charles Mull and children of Clover, S. C. are spending this week with Mr. and Mrs. Zero Mull.

Mrs. Myrtle Jarrell of Virginia is visiting relatives in the community. The farmers are almost through gathering up their crops and are getting ready to sow wheat.

Mr. and Mrs. O. S. Hunt visited Mrs. Ada Devinney Sunday.

Guy Waters, Wade Dellinger and James Warlick of Lincolnton were callers in the community.

Miss Sadie Hunt left Sunday for South Mountain institute where she will enter school.

Mr. and Mrs. Robbie Newton and children spent Sunday with Mrs. Newton's parents, Mr. and Mrs. Z. T. Wall.

School will open up again Thursday at Moriah after closing for cotton picking season. Most of the children are ready to start.

Mr. and Mrs. Lloyd Johnson of Pisgah section visited the latter's mother, Mrs. Ola Hunt, Sunday.

Five Cotton Pickers Plunged To Death

Plantation Owner Was Driving the Truck Loaded with Cotton Pickers.

Memphis, Tenn., Oct. 30.—A truck trailer loaded with cotton pickers went into a ditch near Marion, Ark., early today carrying five persons to their deaths and injuring more than a score of others.

Occupants of the trailer, residents of Marietta and Curtisville in Prentiss county, Mississippi, were being moved to the Eason plantation, 35 miles north of Marion, where they were to pick cotton.

The dead: Mrs. Ollie Allen, 23; Alvie Cummings, 7; Herbert Gilmore, 18; Wiley Nichols, 23, and Wiley Nichols Jr., three months old baby.

Mrs. Wiley Nichols, Mr. and Mrs. Ab Nichols; their four months' old baby; W. A. Lindley and Gordon Cummings were injured seriously. Among those suffering minor injuries are Mr. and Mrs. Monroe Pace; their four children; Mr. and Mrs. Cummings and their three children; and Mr. Allen.

Cary Eason, plantation owner, was driving the truck with a trailer attached. About a mile and a half north of Marion the trailer broke loose and careened into a six foot ditch. There were 53 members in the party.

All the household goods of the families was carried on the truck and trailer. Passing motorists took the injured to Marion. The dead were brought to Memphis.

Child Falls From Car; Is Killed

Gleannie Keller, 11-year-old daughter of Mr. and Mrs. Durant Keller, of Mount Holly, died last night from injuries when she fell from the running board of a moving automobile and struck her head on the pavement.

Standing on the running board, the child was attempting to climb inside the car when she slipped and fell, it was explained. She was rushed to the Presbyterian hospital here but died a few minutes after reaching the hospital, at about 10:30 last night.

Gardner Urges Giving In Red Cross Drive

Raleigh, Oct. 30.—"Give without stint to the Red Cross" today was Governor Gardner's plea to the people of North Carolina in a proclamation announcing their annual state roll call November 11-16.

"Providence has distributed sun and rain and crops have been beautiful," the governor said. "It will be an everlasting reproach to our country if through lack of feeding one citizen falls prey to disease, it will be a crime if one child cries vainly for bread."

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ADVERTISING IN STAR NEWS PAGES.

Josephe Lights "Miss Liberty"



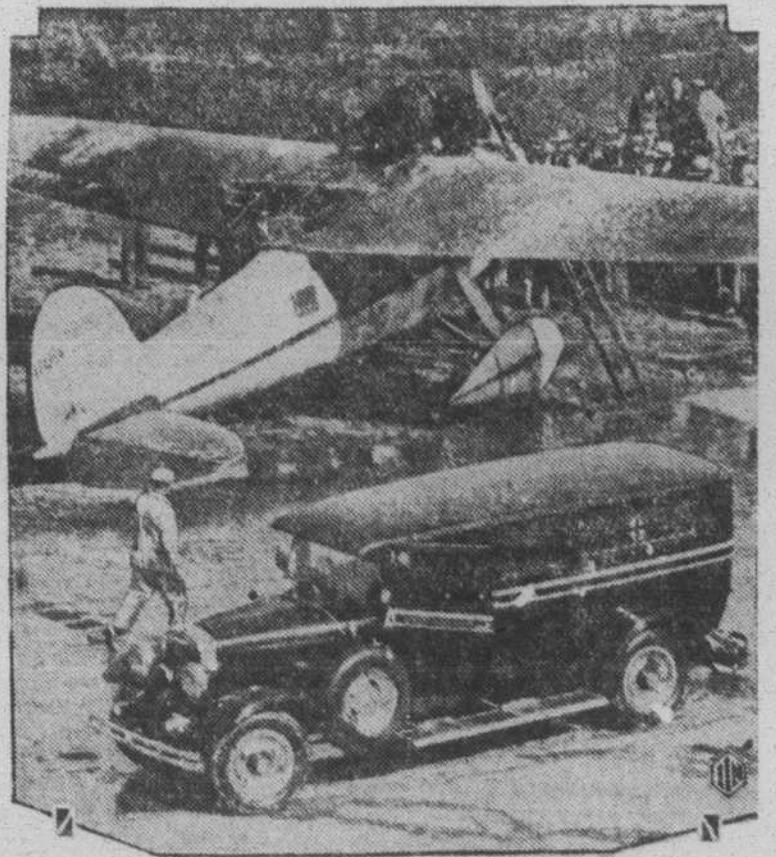
Illuminated by powerful beams of light which made her appear almost celestial in her brilliant whiteness, "Miss Liberty," the statue presented by France to the United States, is shown as it guided the liner which took Premier Laval and his daughter, Josette, out of New York harbor and back home. The statue was lighted and her torch ignited by Mlle. Laval (right), who, by holding her hand over the crystal, automatically flood-lighted "Miss Liberty" as a parting gesture to Premier Laval.

Study of a Trunk-Slayer



This remarkable camera study shows the delicate beauty of Mrs. Winnie Ruth Judd, self-confessed Phoenix-Los Angeles trunk slayer. The photograph, from its general appearance, might have been made by an exclusive photographer of a society debutante. But it wasn't. Mrs. Judd's confession shows that she will base her defense on claim that she was shot by Dedwig Samuelson, one of the two women she later killed. The two men who saw her in Phoenix with her hand unbandaged after probable time of slaying contradict this.

Ruth's Flame-Swept Plane



View of the flame-swept monoplane in which Ruth Nichols, noted society aviatrix, narrowly escaped death when sparks from the exhaust ignited a pool of gasoline beneath the plane as she attempted to take off from Louisville, Ky., for New York to complete a fast flight from the West Coast. Miss Nichols, warned by frantic shouts from airport attendants, leaped from the burning plane just in time. Note the hole burnt in wind over cabin.

THE STAR EVERY OTHER DAY \$2.50 PER YEAR

How Long Do You Expect to Live?

What Chance Have You to Go Beyond the Statistical Fifty-Eight Years, or the Traditional Three-Score and Ten. Asks Authority, Urging Care of Your Health to Aid Science in the Fight to Prolong Life

By ROYAL S. COPELAND, M. D.
United States Senator from New York.
Former Commissioner of Health, New York City.

It is often said that statistics are misleading and inaccurate. But it is certainly true that the health statistics compiled today are far more accurate than those of former times. A great deal of valuable information can be gained by studying this material.



Dr. Copeland

Figures given by the life insurance companies are more than interesting. They reveal facts of great importance to the human race. Of course these figures must be correctly interpreted, or they are indeed misleading. For example, according to the tables prepared, no one could hope to live beyond ninety-six years of age. Yet, as a matter of fact, there are thousands who live beyond a hundred, in spite of the tradition that man's age is three score years and ten.

According to the life insurance tables, the expectation of life at birth is fifty-eight years. Persons who live to fifty years of age have a further expectation of twenty years. It is shown by these figures that since 1871 the average expectation of life has been increased thirteen years. Of course, this gain has been made in the younger age periods. The reason for this is easily explained.

The discovery of diphtheria antitoxin and similar treatment for scarlet fever has gone far to lower

the death rate. With better care of measles, chicken pox and other childhood diseases, infant mortality has been greatly decreased.

In addition to the decrease in the common diseases of childhood, preventive measures have helped a lot. For instance, the removal of adenoids and diseased tonsils has greatly increased the health and span of life of the child.

Similar Studies of Adults

Investigations are being made concerning nutrition in its relation to the development of the body. This work, particularly in scurvy and rickets, has greatly lessened the sufferings of childhood. There is no reason why similar studies in adult life cannot be made.

Answers to Health Queries.

M. E. Q.—What will tend to thin the blood? Are pimples due to thick blood? What can be done in this case?

A.—If there is a blood condition which needs correction you should see your doctor. Pimples and such blemishes are due to impurities in the blood. Proper diet and care will usually bring about general improvement in this case. For full particulars send a self-addressed, stamped envelope and repeat your question.

Jean. Q.—Will bathing in epsom salts make one thin?

A.—No.

Mrs. S. Q.—Are nuts constipating?

A.—No.

Mrs. H. P. W. Q.—Every few weeks I am troubled with a throbbing or fluttering in the region of my stomach and up to the throat. What would cause this condition and what can be done for it?

A.—This is probably due to nervousness—try to find the underlying cause.

2.—This is usually indicative of a run-down condition—try to improve your health in general. For full particulars send a self-addressed, stamped envelope and repeat your question.

3.—These symptoms usually suggest auto-intoxication and indigestion. Watch your diet and make sure that your system is working properly. For further particulars send a self-addressed, stamped envelope and repeat your question.

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Why They're Giants or Dwarfs

Authority Explains How Disturbance of the "Ductless Glands" Affects Growth of the Body.

By R. S. COPELAND, M. D.,
U. S. Senator from New York,
Former Commissioner of Health.

WHO has not been to the circus and been thrilled by the elephants, tigers and lions? Our curiosity was aroused by the entrance of the "tallest man in the world" or "the smallest." As youngsters, we went home and dreamed of the giant. His wrists were as large as our legs, and his jaw protruded so that we actually believed we could walk on it.



Dr. Copeland

What are these giants? Why are there dwarfs? There are certain glands in the body which secrete substances having a marked effect on the growth of the body. Any disturbance in one of these glands may be shown by changes in the growth and development of the body.

Of all these glands, the so-called "ductless glands," the "pituitary gland" is of the greatest importance. This particular gland is located in the floor of the brain.

It is composed of two parts, an anterior lobe and a posterior lobe. The anterior, or front lobe, influences growth and development and is necessary to life. The posterior, or rear lobe, has marked influence on the reception by the body of the fats and carbohydrates we take in our foods.

A Common Symptom

In giants there is a condition called by the doctors "acromegaly." In this disease, because it really is a disease, there is a disturbance in the anterior lobe of the pituitary. It is characterized by an increase in the size of the face, hands and feet. If it comes on late in life there may be no other signs. If the disease occurs in childhood, it leads to gigantism. It accounts for the remarkable growth of the man in the circus.

In acromegaly there is a general enlargement of the bones of the body, but the skeleton maintains its proportions. The bones of the face, particularly the nose and jawbone, become thickened and enlarged, as do the hands and feet.

Headache is a common symptom. It is usually severe in nature and located in the front of the head. Dizziness occurs frequently. There is a change in the disposition of the individual, who becomes irritable and easily depressed.

The changes in the facial makeup are first noticed. There is a gradual increase in the size of the features. The victim finds that he must take a larger size of hat and gloves.

By way of treatment, little has been offered for this unusual condition. Where the disturbance of the pituitary gland is due to the pressure of a tumor surgery has been of value. Extracts of the gland have been tried with little success.

When we more fully understand the mechanism and control of the ductless glands we will be able to offer more than we can at present. This is true of other ailments than acromegaly.

Answers to Health Queries

J. A. B. Q.—What can I do for ringworm on my feet? I am an elderly woman and want to clear up the trouble before it gets too bad.

A.—For full particulars send a self-addressed, stamped envelope and repeat your question. Copyright, 1931, by Newspaper Feature Service, Inc.

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The Star is 16th in circulation of all the newspapers in North Carolina. It exceeds the circulation of 160 weekly newspapers and exceeds the circulation of 20 of the 35 daily newspapers.

No other form of advertising is more economical or effective.

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50 NEW COATS
TOMORROW AT \$14.95

These coats are being priced special for tomorrow's selling. The regular price is higher, so avail yourself of this opportunity by buying tomorrow. Sizes 14 to 46. Sport and dress styles in the lot.

12 NEW SUITS
AT \$10.00

These suits are fast sellers. Heavy enough to take the place of a coat. Sizes 14 to 20 only.

LACE WOOL BLOUSES \$2.95

MILLINERY
98c - \$1.95 - \$2.95

We are well pleased with the business we are doing in Millinery this Fall and it's all due to exceptional style and reasonable price.

A LARGE LOT SILK DRESSES
\$10.00 and \$12.50 Values.

TOMORROW \$7.95

Marvelous dress values for Saturday. This group is surely outstanding in value, styles and workmanship. Ask to see them.

NASH

County Manager For Rutherford County

Rutherfordton, Oct. 29.—George H. Blanton, chairman of the Board of county commissioners of Rutherford county has been appointed county manager under the laws of North Carolina. Since the county highway commission has been abolished and the county commissioners only hold two meetings a month, it was deemed wise for the county to have a manager. It was also agreed that Mr. Blanton be allowed the usual pay for a county commissioner, \$4 a day and mileage. This is the first time that Rutherford has operated under a manager plan and the experiment will be watched with much interest.

ONLY ONE MORE DAY TO ENTER FREE BABY CONTEST

As a number of Mothers failed to bring their children to the A. V. WRAY STORE here, Mr. Shelby, the Photographer, will return for one day only

Tuesday, Nov. 3

Bring your babies 6 years and under. They will be Photographed FREE. PRIZES TO WINNERS.

Penders

THE BETTER CHAIN
— 2 STORES —
N. LaFAYETTE STREET AND SOUTH WASHINGTON STREET

D. P. SLICED BACON - Hickory Cured Pound Carton **29c**

1/2 POUND CARTON 15c

BANQUET BACON - Armour's - Pound **25c**

Gold Medal Pancake or Buckwheat Flour

New England Syrup - 1 lb., 6 oz. Bottle,

1 Pound Package Swift's Pork Sausage,

COMBINATION ... **39c**

Hillsdale Broken Slice Pineapple - No. 2 1/2 can **19c**

D. P. COCOA - 1/2 POUND Can **10c**

Rockwood's COCOA - 2 lb. can 25c

D. P. COFFEE - The World's Best Drink - lb. **27c**

GOLDEN BLEND COFFEE - Pound **19c**

CAMPBELL'S PORK And BEANS - 2 Cans **15c**

CORN - Standard Crushed - 3 for **25c**

STRING BEANS - Best Grade - 4 cans **29c**

TOMATOES - No. 2 can - 4 for 29c

Full Line Of FRUIT CAKE Materials. QUAKER HOMINY GRITS - 2 Packages **15c**

PINTO BEANS - 6 Pounds 25c

NAVY BEANS - Pound 5c

Great Northern BEANS - Pound 5c

WHOLE HEAD RICE - 6 Pounds **25c**

SALT MEAT - Plates - Pound . . 8 1-3c

WONDER and SNOW CREAM FLOUR Plain or Self-Rising

98 Pound Bag \$1.99

48 Pound Bag \$1.05

24 Pound Bag 55c

Every bag guaranteed to give Satisfaction