

Boiling Springs News Of Interest

Hallow'en Party, Wiener Roast, School Faculties Entertained, Personals.

Special to The Star.
Boiling Springs, Oct. 29.—Mrs. J. H. McBrayer, Mrs. J. Y. Hamrick and Mrs. H. R. Honeycutt were joint hostesses at a lovely Hallow'en party at the home of the latter Friday evening at 8 o'clock. The members of the Philonian Book club their husbands and several other guests were present.

The home was attractively arranged with Hallow'en decorations and abundance of lovely fall leaves and fall flowers. An unfinished story entitled "The Tragic Story" of Miss Holly Veen" was given the guest to complete. Mrs. Ladd Hamrick and Mrs. D. W. Mooe were winners. An identification contest of leaves was given. Mrs. Rosina Grigg and Prof. O. P. Hamrick made the highest score in this. The winners were presented lovely prizes. The guests found their fortunes in peanut shells tied with dainty little ribbons. These were read aloud.

The hostesses served delicious salad and sweet courses.

After the party was seemingly over the guests surprised Mrs. Honeycutt who is a recent bride, with a shower. A large jack-o-lantern with a miniature bride and groom placed on top was brought in. It was filled with lovely and useful gifts for the bride. Mrs. Honeycutt in a few well-chosen words expressed her appreciation for the gift and the lovely thought which prompted giving the shower.

Wiener Roast.
The Rhamsaer Literary society entertained the Athenian, Kalarrarian and Kallergonian societies at a wiener roast last Saturday evening on Mt. Walker's lawn.

Miss Lorene Stroop president of the Rhamsaer society, welcomed the guests. Games were enjoyed during the evening. The guests were seated around the bon-fire and the members of the faculty were called upon to perform stunts.

Wieners, rolls, sandwiches, marshmallows apples and peanuts were served in picnic style.

The ladies of the Woman's Missionary society, the community Y. W. A. and community college girls were entertained by the college Y. W. A. Monday afternoon in the reception hall at the college.

The college Y. W. A. girls have been adopted as foster daughters by the ladies of the W. M. U. The party was given in honor of their foster mothers. The room was attractively decorated with fall leaves and flowers.

The Y. W. A. presented a pageant entitled "The Crowning of Motherhood", after which the daughters were introduced to their mothers. Delicious Russian tea and sandwiches were served.

School Faculties Entertained.

Mr. and Mrs. W. C. Lynch entertained the members of the college and high school faculty at the regular monthly social Saturday evening at 7:30 o'clock. The Hallow'en idea was cleverly carried out in the decorations. One feature of the evening which was quite amusing was the initiation of the new members. Mr. and Mrs. Jordan, Mrs. J. H. McBrayer and Mr. Hill. Following these several games and contests were enjoyed. The refreshments suggestive of the Hallow'en season were served at the close of the evening.

The senior B. Y. P. U. of the community gave a program at Mt. Sinai church Sunday evening. An interesting program on the work and importance of the B. Y. P. U. was given. Members of the junior, intermediate and senior unions with their leaders were present.

Mr. and Mrs. J. H. Jones and family spent Saturday and Sunday in Lumberton with Mr. Jones father, who has been quite ill but is much better at the present.

Miss Ollie Moore of High Point and Miss Kate Moore of Thomasville spent the week end here with their parents, Mr. and Mrs. John Moore.

Mr. and Mrs. Dean White and children spent the week end in Chesnee, S. C. with Mrs. Whites parents.

Mrs. C. C. Goode and baby are spending this week in Chesnee, S. C. with her parents Mr. and Mrs. Vasey.

Dr. and Mrs. B. M. Jarrett and children of Shelby visited Mrs. J. L. Pruett Sunday.

Rev. and Mrs. J. L. Jenkins and family returned home Saturday from Wagram where they have been visiting.

Shelby Circuit Sunday Services

Rev. R. L. Forbie asks that services be announced on the Shelby circuit as follows:

El Bethel—Sunday school 9:45 Z. T. Crawford superintendent, Preaching at 11 by the pastor.

Salem—Sunday school will be at 10 o'clock Sunday morning, and the pastor will preach in the evening at 7 o'clock.

Steel, Rock, Water Guard French Gold

Banque de France Houses Nation's Supply of Precious Metal in Impregnable Vaults, Built to Withstand Ravages of Time, War and Revolution



MORE GOLD FOR STORAGE. How Precious Metal is Stored

Ninety-six feet below one of the busiest thoroughfares in Paris are the vaults in which the Banque de France keeps the nation's gold reserve. Fitted into a pocket hewn from solid rock, the vaults containing 30 per cent of the world's gold are considered absolutely impregnable. Officials of the Banque de France, of which Emile Moreau is the head, claim that in the event of war or revolution, the personnel of the bank could retire to the vaults and hold out for several weeks. They are equipped for such an emergency with offices, kitchens, food and sleeping accommodations. The 96 feet of solid rock that tops the steel roof of the vaults is protection against shell fire or bombing in the event of war. Tunneling is also guarded against as there is a water jacket provided by a subterranean river, completely surrounding the treasure chest. Inside the vaults are thousands of gold ingots neatly stacked on steel shelves. Each ingot weighs 12 kilos (26.5 pounds) and is valued at \$230,000. With the exception of the United States, France now holds the greater share of the world's gold and its stock is growing larger every day.

Better Service To Veterans Is Asked By Hines

(By The American Legion Hospital News Service.)

Washington, D. C.—In an effort to improve the service available to disabled veterans and their dependents from the various branches of the Veterans' Administration, Frank T. Hines, administrator, recently issued instructions urging all officials and employees of the administration to assume personal responsibility in seeing that each applicant be so advised and directed that the procedure to be followed by him in securing his rights is plain and understandable.

"With the bringing together under the Veterans' Administration of the Veterans' Bureau, the Pension Bureau and the National Homes for Disabled Volunteer Soldiers," states the instruction, "the three governmental agencies heretofore having to do with the benefits of all ex-service men under the law, comes a new opportunity for service as well as a new responsibility for all. We are now not merely officials of some of those agencies but of the Veterans' Administration, which, in a broad sense, means them all.

Personal Responsibility.
"And it follows that we can not function to the fullest degree of usefulness to the veterans without understanding the problems and in a general way the procedure followed by them all. Not infrequently persons applying for benefits under the Veterans' Administration are eligible to certain rights which previous to the reorganization would have made it necessary for them to contact more than one of the superseded governmental agencies mentioned above.

"The one first contacted was not in a position to be helpful in connection with the second agency to be contacted. That is no longer the case. The first contact by the applicant for benefits is now with the Veterans' Administration and the first responsible official of that administration contacted either personally or by correspondence is expected to feel a personal responsibility for seeing that the applicant be so advised and directed that the procedure to be followed by him in securing his rights is plain and understandable.

Advice To Claimants.
"Moreover, it is my wish that the feeling of personal responsibility go farther and be not waited until final settlement of the question is made. From time to time applicants for benefits have reached me personally with accounts of administrative difficulties which I believe were due largely, if not entirely, to a lack of proper advice and direction on the part of officials contacted. I do not expect each to be a specialist along all lines, but I do expect that each shall know where to find the specialist needed and shall direct the prospective claimant accordingly."

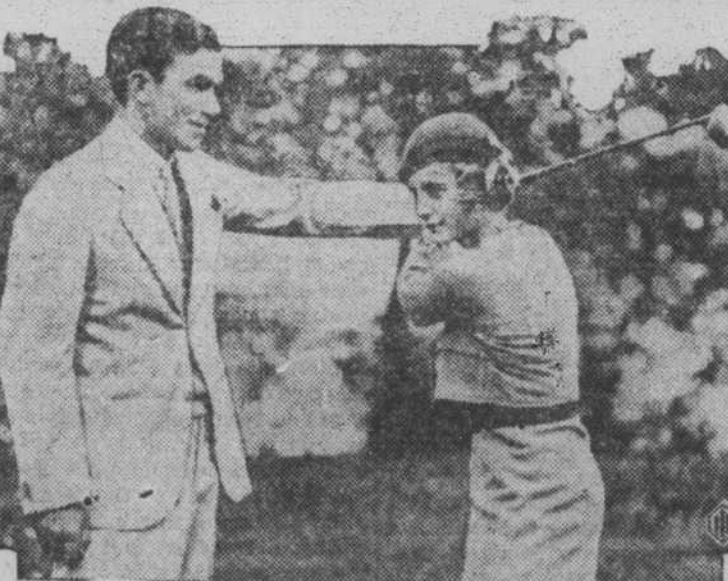
It Won't Be Long Now; The Bob Has Returned

Beauticians Who Dictate Styles in Milady's Crowning Glory Decree New Vogue of Short Hair and Profuse Waves.



Whether or not she adopts the platinum standard in hair dressing, the American woman will undoubtedly model her coiffure on the Diane bob, that made its appearance recently at the American Beauty Congress in New York. Here we have a pre-view of it, the sides cut short so that they may be made to wave softly over the ears. The top of the head must be smooth in the interests of the new hats, but below that the hair swirls and curls in a reckless manner. Three inches below the hair line is the proper length for the back hair, but these three inches must curl above the hair line. This year it is plain to see a Woman cannot be set in her waves.

Tee for Two—with Cupid



Johnny Farrell, former open golf champion, is showing his fiancée, Teresa Hush, a few of the fine points of the game that has made him famous. Miss Hush, who is the daughter of Mrs. Catherine Hush, of Old Greenwich, Conn., is to marry the golf star this fall. The couple is shown at Quaker Ridge Golf club, Mamaroneck, N. Y.

We Should Slow Down and Enjoy Longer Life

Modern Mode of Living—Overeating, Too Little Exercise and Strain—Is Affecting Health of Americans, Says Authority

By ROYAL S. COPELAND, M. D.
Former Commissioner of Health, New York City
United States Senator from New York.

WITHIN the past decade, statistics show an increasing mortality rate in the United States for persons of the age of forty and over. This is an unpleasant fact. To what can we attribute this increase? There is no doubt it is due to negligence on the part of individuals. This negligence has persisted in spite of warnings in youthful years. Even though certain ailments have been known to exist, their victims have neglected to visit their doctors at regular times.

Our modern mode of living tends to decrease the average span of life rather than to increase it. Overeating of rich, spicy foods, and foods rich in protein, such as meat, fish, fowl and eggs, contribute greatly to chronic disorders of the body. In temperate quantities these foods are most desirable, but their overeating is a great mistake. As a rule, many people indulge too little in exercise. The automobile

Answers to Health Queries

- T. O. Q.—What is progressive muscular atrophy?
A.—This is a progressive weakness of various muscles and is an obstinate and chronic disease.
- 2.—Do you advise any preparation for increasing the growth of the hair?
A.—This condition is most likely due to poor circulation caused by a run-down state of health. Build up your entire system. For other information send a self-addressed, stamped envelope and repeat your question.
- MISS R. D. Q.—What causes white spots underneath the fingernails?
A.—These spots are usually due to injury to the base of the nail and grow out with the nail itself. They may be caused by improper handling of manicuring instruments, or they may be caused by a blow or some similar injury.
- W. K. Q.—What causes low blood pressure?
2.—How can I reduce?
A.—This is a condition usually found accompanying such diseases as infection, fever, anemia, diabetes, shock, general debility and auto-intoxication.
- 3.—Weight reduction is merely a matter of self-control as regards diet. For further particulars send a self-addressed, stamped envelope and repeat your question.
- HENRY. Q.—What causes "tremors" or "chills" in and around the brain?
2.—What is the cause of "night mares"?
A.—This condition is most likely due to poor circulation caused by a run-down state of health. Build up your entire system. For other information send a self-addressed, stamped envelope and repeat your question.
- 2.—Very often this is due to indigestion or intestinal disturbances. Proper diet and correct exercise will usually alleviate this trouble. For other information send a self-addressed, stamped envelope and repeat your question.
- ANXIOUS. Q.—What is the cause of deafness? Is there any cure?
2.—Would an operation on the nose and tonsils prove to be very painful?
A.—In many instances deafness is due to poor circulation of the blood. Be sure to clear up any tendency in this direction first of all. For full particulars send a self-addressed, stamped envelope and repeat your question.
- 2.—Not necessarily, but this would depend upon the seriousness of the operation. Your doctor will advise you.

Off for Amazon Adventure



Donald C. Beatty (left) and Jack Whitney (in plane), well-known pilots are ready to take off from New York for a seven months' trip among the headhunters of the Amazon River in South America. Their plane, an Ireland amphibian, was christened the "Simon Bolivar" by John L. Merrill, president of the Pan-American society.

Edison's Death Takes Old Pal



Seated beside the first phonograph (an invention they had perfected after months of labor) are Thomas A. Edison (right) and John Ott, his co-worker for half century. In youth the two worked side by side on many of the inventions which are now hailed as mankind's greatest boons. They grew old together. When Ott heard that the great genius and his old friend had died, the shock was too great for him. He, too, passed away.

Formula for Modifying Milk for Baby's Needs

In This, the Fifth of the Series on Infant Feeding, Dr. Copeland Explains the Method of Making Cow's Milk Safe for the Baby

By ROYAL S. COPELAND, M. D.
United States Senator from New York
Former Commissioner of Health, New York City.

IN THIS series I have been attempting to explain to the young mother the problems involved in feeding her baby. As I have said on repeated occasions, the baby is much better off if it can be fed from the breast. But of course breast feeding is not possible in every instance.

The reason why mother's milk is preferred to an artificial food, is because it is exactly suited to the needs of the human infant. Mother's milk is more dilute than the milk of the lower animals. It is peculiarly rich in fat, and fat of a remarkably fine globule. This makes it much more readily digested than the fat of cow's milk.

The percentage of sugar in mother's milk is higher, while it contains a smaller proportion of protein. Because of these differences between human milk and cow's milk, it is necessary to make certain modifications in order to fit the cow's milk to the digestive requirements of the infant. If it were attempted to feed the child with the unchanged, unmodified cow's milk, there would be digestive disorders at once, loss of weight, and general debility.

The first thing we must do to prepare the cow's milk for the baby's needs is to add water, to make it more dilute, more like human milk. But when we do this, we have lessened the proportions of fat and sugar. As a result, the calories, the heat-producing elements, are lacking. To overcome this, the next step in modifying the milk is to add sugar and a certain amount of fat in the form of cream. Just exactly what these proportions shall be, depends upon the age of the baby. Let me

give you an example. For an infant one month old, the feeding for twenty-four hours would be made up as follows:
Out of a total of 16 ounces there would be 3 ounces of cream from the top of the milk bottle, 2 ounces of skimmed milk, and 11 ounces of water. To this mixture would be added a little more than 2 table-spoonsful of milk sugar. The resulting pint of prepared milk would have practically the same proportions of ingredients as an equal quantity of breast milk.

As the child grows older, the quantity of cream would be increased slightly. At the same time, the skimmed milk content would be increased, and the water gradually decreased, until at six months of age not more than 5 ounces of water would be included in the 16-ounce mixture.

When larger quantities of food are required, the same proportions are maintained. It is the practice of some physicians to use barley water or some other cereal water after the baby has reached the age of four months. I shall speak of this again. In my next article, which will appear Thursday, it is my plan to speak somewhat in detail about how these mixtures are made, and the care which must be exercised in their preparation. Some advice will be given, too, regarding the total quantity of formula-milk to give in each twenty-four hours.

Principals in Strange Case



The strange case of the eccentric uncle of a bygone era, who was found to have hoarded more than a million dollars in her New York hotel room for many years, has the world sympathizing with her for the efforts of kin to acquire her riches and faces criticism from others for her secreting of the treasure which did nobody any concrete good. Mrs. Ida W. Wood, now 93 and declared incompetent to handle her wealth, is shown (inset) as she was at 21. Mr. and Mrs. William C. Shields (above), she claiming to be a distant kin of the aged recluse, are endeavoring to have her present guardian changed, although they deny they seek any of Mrs. Wood's money.

5,000 HOMES RECEIVE THE STAR Every Other Day. That Means 20,000 intense Readers. If you have something to sell, tell these 20,000 People about it in these columns.

THE STAR EVERY OTHER DAY \$2.50 PER YEAR THE STAR EVERY OTHER DAY \$2.50 PER YEAR

TRY STAR WANT ADS FOR RESULTS