

# HOW'S your HEALTH

Edited by Dr. Lago Goldstein Academy of Medicine

### Warts On The Feet

Warts on the soles of the feet are called plantar warts, the word plantar indicating the under surface of the foot. These warts are very painful and may seriously handicap the sufferer, even to interfering with his occupation, particularly if the person is required to do much standing and walking.

The plantar wart is usually imbedded in the skin of the sole of the foot. Its surface may be pitted. Usually there is a circle of hard skin around it.

The most common site of the wart is across the weight-bearing area of the sole. It may, however, be found on the heel and other portions of the under surface of the foot.

Unlike most of the warts found on the upper extremities, plantar warts do not heal themselves. On the contrary, they appear to have a tendency to persist and to recur.

It is thought that the cause of these warts is a filterable virus. It is believed also, with good ground for the belief, that the condition is infectious, for it is not uncommon to find plantar warts among young persons attending the same school or gymnasium class.

The treatment of plantar warts is somewhat complicated and difficult. It is important to pay attention to footwear. While improperly fitting shoes or stockings do not of themselves cause the warts, they do contribute to the discomfort of the patient.

Ordinary corn removers, composed usually of salicylic acid, will at times soften and remove the upper layers of the wart and of the surrounding hard tissue, and thereby bring a measure of relief to sufferer. But for permanent relief it is necessary to remove the wart in its entirety. This may be done by the physician by cutting or by scraping, that is, curetting out the wart. An effective method of treating the plantar warts by means of x-ray. However, except in the hands of the expert, this treatment is dangerous.

### COUNTY WIDE HI-Y MEETING AT DALLAS THIS EVENING

GASTONIA, Nov. 4.—The first county-wide HI-Y club meeting of the year will be held in Dallas at 7:30 this evening, John Lewis of Dallas, president of the county organization and of the Carolinas HI-Y association, announced today. Carl A. Witherspoon of Hickory, Interstate HI-Y director, and HI-Y officials from over the county have been meeting, which will be the nature of a banquet and have indicated their willingness to accept.

### Still Coughing?

No matter how many medicines you have tried for your cough, chest cold or bronchial irritation, you can get relief now with Creomulsion. Serious trouble may be brewing and you cannot afford to take a chance with anything less than Creomulsion, which goes right to the seat of the trouble to aid nature to soothe and heal the inflamed membranes as the germ-laden phlegm is loosened and expelled.

Even if other remedies have failed, don't be discouraged, your druggist is authorized to guarantee Creomulsion and to refund your money if you are not satisfied with results from the very first bottle. Get Creomulsion right now. (Adv.)

### LEARN Beauty Culture AND BECOME INDEPENDENT

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### Assassin's Victim



Martial law prevails in Nanking, China, following attempted assassination of Premier Wang Chingwei (above), with three other high government officials. Their assailant was killed in the resulting confusion.

### NEW CHEVROLETS SHOWN SATURDAY BY D. H. CLINE

New master de luxe and standard Chevrolets for 1936, embodying marked advances in styling, engineering, and performance, were introduced Saturday at the New York automobile show and at D. H. Cline show rooms, which had already been liberally stocked with new models for display and delivery in Shelby.

Completeness in equipment, in appointments, and in convenience is stressed in the company's 1936 announcement.

The master de luxe, offered with either knee action or conventional springing, has been restyled to its more important appearance elements, notably by the adoption of a higher and narrower grille of distinctively original design, in combination with a new treatment of the hood louvers, new style headlamps mounted on the sides of the radiator shell, and new interior trim.

The lower priced standard models, have been completely redesigned in chassis and bodies. Last year the standards differed materially both in appearance and in construction from the masters; this year, the two lines are identical in all major features of styling, engineering and performance, the chief difference being only a matter of wheelbase.

Outstanding among the many new features of both master and standard models for 1936 are perfected hydraulic brakes; improved engines having higher compression ratio (6 to 1), balanced carburetor, full-length water jacketing, and other changes resulting in better cooling and improved gasoline and oil economy; and chromed rust-prevention of fenders and running boards.

Front doors of all models of both lines are now hinged at the front. The solid steel turret top, exclusive last year with the master models, has been adopted this year for the standard line also. Spoke-type pressed steel wheels, instead of wire wheels, are used on all standard models.

Body interiors of master models show marked advances in comfort and style. And important innovation is found in the design of the front seating arrangement of the master coach and town-sedan. Instead of the usual divided and hinged front seat of two-door models, a single seat cushion extends the full width of the car, permitting three passengers to ride comfortably. The seat-back is divided, the right side section being hinged to fold forward over the seat cushion to open a passageway to the rear compartment.

### Answers Roll Call At Conference For The Sixtieth Year

Rev. J. T. Stover, of Rutherford College, answered "present" for the 60th time with the opening last week of the Western North Carolina conference of the Methodist church at Salisbury. He holds the distinction of being the oldest member of the conference in point of years of service in the church.

Mr. Stover was admitted to the Methodist conference at Knoxville, Tenn., in 1875, but had been preaching prior to that time at Bluestone, Va., he says. He preached later in Tennessee for some years, and then came to North Carolina. He was a charter member of the Western N. C. conference when it was formed in 1899.

In 1919, he was placed on the superannuated list because of his health, but today is quite vigorous and active for his age. He attends all sessions regularly, and is one of the most interesting and colorful figures present.

### Pass In Review

Notes And News From Here And There About Cleveland County People You Know

POLITICAL BULLETS are thought to be flying in Bellingham, Washington state where Elizabeth Thompson of Shelby is spending the fall with her uncle J. W. Austin. Miss Thompson writes to her parents, Mr. and Mrs. R. C. Thompson of this city that during the past few weeks a number of bullets have hit cars being piloted by county officials there. She was in one of the cars with her uncle during a recent volley. Political parties have just changed in Bellingham and feeling is very bitter.

WHAT IS THOUGHT to be one of the oldest postmasters in the United States from point of consecutive service is Dock Washburn of Cape Henry, Va., who has been in office since 1901 and has succeeded himself every time. He is a native of this county, but moved to Virginia in early manhood.

JUDGE SINK is one of the most traveled jurists in the state, having at one time been a member of the United States consular service and visiting many important ports of the world. He is well versed in national and international affairs, and is said to be one of the best informed men in North Carolina on diplomatic subjects.

WATCHING PEOPLE in a courtroom is one of the most interesting pastimes in a town the size of Shelby. There are those who are being tried, those who are conducting the case, and the onlookers. Every person has a different expression and different reaction to a statement. Here and there is a small child, sitting with his dad; here a tired man who has gone to sleep; others who chew their tobacco consistently and either expectorate out the window, in a spittoon or on the floor, usually the latter.

Some resent being quizzed by the solicitor and lawyers and still others rather enjoy it, knowing all along they may be fined for contempt, or at least convicted.

FOX HUNTERS of Cleveland county are anxious for cold weather to come. A number of foxes have been brought in for fall chases. And the Brushy Creek Fox Hunters club will hold its annual barbecue at Coleman Blanton's Friday night of this week.

THE MAIL ORDER business is better than ever before, according to Cleveland county rural letter carriers. They are stopped as many as

a dozen times on a trip to issue money orders to their patrons who "order off" for merchandise of every description. The old firm of "J. Lynn," the Massachusetts jeweler, popular a third of a century ago, still gets orders, although J. Lynn has been dead and out of business for years. This matter of receiving mail and parcel post and opening up packages with a feeling of expectancy, still has a fascination to some.

REV. R. M. COURTNEY, the new pastor of Central Methodist church is an uncle of B. L. Smith, city school superintendent.

### Miss Hazel Davis Weds In Washington

Of much interest here is the announcement of the marriage of Miss Hazel Davis, formerly of Blacksburg, S. C. to Mr. J. Conway Smith of Washington, D. C.

The wedding took place at the home of Rev. Alan F. Poore in Washington, on Saturday, Oct. 26, at 12 o'clock noon. The impressive ring ceremony was used.

The bride wore an attractive dress of royal blue with draped plaited sleeves with accessories to match.

Immediately after the wedding the couple left for a wedding trip to various points north after which they will be at home in Washington.

Mrs. Smith is the daughter of Mrs. J. Q. Davis of Blacksburg. She received her education at Blacksburg high school and in Washington, D. C. and now holds a position with the Federal Resettlement division of the U. S. government.

Mr. Smith, son of the late John W. Smith of Warrenton, Virginia, received his education at Warren high school and Virginia Polytechnic institute at Blacksburg, Va. He holds a position with the department of the interior of the government.

### Herbert E. Smith Of Tryon Is Dead

TRYON, Nov. 1.—Herbert E. Smith, head of the Carolina Stoker and Heating company for this section at his home early Friday morning. Mr. Smith had lived in Tryon for about three years. Surviving are his widow, one daughter, Jacqueline, of Shelby; his mother, Mrs. F. J. Bradley of Spartanburg, S. C. and Greensboro, and one sister, Mrs. Wolfe, of Spartanburg.

### Highly Suitable



A college touch seems to be embodied in this smart fall suit of brown and beige checked woolen worn by Rosalind Keith, film player. The casually tailored blouse is of white crepe.

## DOWN COMES THE COST

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That's true because you can use lower-priced coal with a Whiting Stoker. Many owners say they save from \$2 to \$3 a ton. And there's also less waste.

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# WHAT THE MILDNESS OF CAMELS MEANS TO FAMOUS AVIATORS

Lieutenant Commander Frank Hawks, U.S.N.R., famous holder of 214 speed records and the Harmon Trophy, says: "I've been flying for 19 years and smoking Camels almost as long. Making speed records tests the pilot as well as his plane. Camels never make me jumpy or bother my physical 'condition' in any way. As the athletes say, Camels are so mild they don't get the wind. And I've found they never upset my nerves. Camel must use choicer tobaccos."

*"Camels don't get your Wind" Athletes say*

"Speaking of cigarettes, I make it a rule to smoke Camels," says Mrs. T. W. Kenyon, sportswoman pilot. "They are the mildest cigarette I know. Morning, noon, and night, I can smoke Camels steadily. They never upset my nerves. And each Camel renews the zest and enjoyment of the last one!"

*"They Never Get on Your Nerves"*

"I appreciate the mellow flavor of Camels," says Sir Charles Kingsford-Smith, the transpacific flyer, in a recent interview. "Camels refresh me so when I'm fatigued," he continues, "and they are so mild that I can smoke any number without throwing my nerves off key."

*"They Never Tire Your Taste"*



"I smoke Camels all I want," says Col. Roscoe Turner (below), cross-continent speed ace. "Because of their mildness, Camels never tire my taste. A speed flyer uses up energy just as his motor uses 'gas.' After smoking a Camel, I get a 'refill' in energy."

*"Get a Lift with a Camel"*



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